Consider equation (6.75).

$$\lambda_{mn}(t_b, t_a) = \delta_{mn} \exp\left(-\frac{i}{\hbar} E_m(t_b - t_a)\right)$$
$$-\frac{i}{\hbar} \int_{t_a}^{t_b} \exp\left(-\frac{i}{\hbar} E_m(t_b - t_a)\right) \sum_i V_{mj}(t_c) \lambda_{jn}(t_c, t_a) dt_c \quad (6.75)$$

Let  $E = E_1 = E_2$  and  $T = t_b - t_a$ . Then by (6.75) we have

$$\lambda_{11}(t_b, t_a) = \exp\left(-\frac{iET}{\hbar}\right) - \frac{i}{\hbar} \int_{t_a}^{t_b} \exp\left(-\frac{i}{\hbar}E(t_b - t_c)\right) v(t_c) \lambda_{21}(t_c, t_a) dt_c$$

$$\lambda_{12}(t_b, t_a) = -\frac{i}{\hbar} \int_{t_a}^{t_b} \exp\left(-\frac{i}{\hbar}E(t_b - t_c)\right) v(t_c) \lambda_{21}(t_c, t_a) dt_c$$

$$\lambda_{21}(t_b, t_a) = -\frac{i}{\hbar} \int_{t_a}^{t_b} \exp\left(-\frac{i}{\hbar}E(t_b - t_c)\right) v(t_c) \lambda_{12}(t_c, t_a) dt_c$$

$$\lambda_{22}(t_b, t_a) = \exp\left(-\frac{iET}{\hbar}\right) - \frac{i}{\hbar} \int_{t_a}^{t_b} \exp\left(-\frac{i}{\hbar}E(t_b - t_c)\right) v(t_c) \lambda_{12}(t_c, t_a) dt_c$$

FIXME