

Angular momentum 1

Let \mathbf{L} be the angular momentum operator

$$\mathbf{L} = \mathbf{r} \times \mathbf{p} = \begin{pmatrix} L_x \\ L_y \\ L_z \end{pmatrix}$$

From the cross product we have

$$\begin{aligned} L_x &= yp_z - zp_y \\ L_y &= zp_x - xp_z \\ L_z &= xp_y - yp_x \end{aligned}$$

Verify the commutation relations

$$\begin{aligned} [L_x, L_y] &= i\hbar L_z \\ [L_y, L_z] &= i\hbar L_x \\ [L_z, L_x] &= i\hbar L_y \end{aligned}$$

Let L^2 be the magnitude squared of \mathbf{L} .

$$L^2 = |\mathbf{L}|^2 = L_x^2 + L_y^2 + L_z^2$$

Verify the commutation relations

$$[L_x, L^2] = [L_y, L^2] = [L_z, L^2] = 0$$