Small rotation

Let J be rotation operators.

$$J_1 = \frac{1}{\hbar}L_1, \quad J_2 = \frac{1}{\hbar}L_2, \quad J_3 = \frac{1}{\hbar}L_3$$

Let U be the unitary transformation

$$U = 1 - i\epsilon J_3 - \frac{1}{2}\epsilon^2 J_3^2$$

1. Show that to order ϵ^2

$$U^{-1}X_1U = (1 - \frac{1}{2}\epsilon^2) X_1 - \epsilon X_2$$

$$U^{-1}X_2U = (1 - \frac{1}{2}\epsilon^2) X_2 + \epsilon X_1$$

$$U^{-1}X_3U = X_3$$

2. Show that to order ϵ^2

$$U^{-1}P_1U = \left(1 - \frac{1}{2}\epsilon^2\right)P_1 - \epsilon P_2$$

$$U^{-1}P_2U = \left(1 - \frac{1}{2}\epsilon^2\right)P_2 + \epsilon P_1$$

$$U^{-1}P_3U = P_3$$

3. Show that to order ϵ^2

$$U^{-1}L_{1}U = \left(1 - \frac{1}{2}\epsilon^{2}\right)L_{1} - \epsilon L_{2}$$

$$U^{-1}L_{2}U = \left(1 - \frac{1}{2}\epsilon^{2}\right)L_{2} + \epsilon L_{1}$$

$$U^{-1}L_{3}U = L_{3}$$

4. Show that to order ϵ^2

$$U^{-1}HU = H$$

where

$$H = \frac{1}{2m} \left(P_1^2 + P_2^2 + P_3^2 \right)$$