7-3. If

$$F(j(\mathbf{r},t)) = \exp\left(\frac{1}{2}\int\int\int\int J(\mathbf{r}_1,t_1)j(\mathbf{r}_2,t_2)R(\mathbf{r}_2-\mathbf{r}_1,t_2-t_1)d^3\mathbf{r}_2dt_2d^3\mathbf{r}_1dt_1\right)$$

where the integrals extend over all space and time, show that

$$\frac{\delta F}{\delta j(\mathbf{x},s)} = F \int \int j(\mathbf{r},t) \frac{1}{2} \left(R(\mathbf{r} - \mathbf{x},t-s) + R(\mathbf{x} - \mathbf{r},s-t) \right) d^3 \mathbf{r} dt \quad (7.27)$$

By equation (7.20) to first order we have

$$F(j(\mathbf{r},t) + \eta(\mathbf{r},t)) - F(j(\mathbf{r},t)) = \int \int \frac{\delta F}{\delta j(\mathbf{x},s)} \eta(\mathbf{x},s) d^3 \mathbf{x} ds$$

Let

$$f(f_1, f_2) = \frac{1}{2} \int \int \int \int f_1(\mathbf{r}_1, t_1) f_2(\mathbf{r}_2, t_2) R(\mathbf{r}_2 - \mathbf{r}_1, t_2 - t_1) d^3 \mathbf{r}_2 dt_2 d^3 \mathbf{r}_1 dt_1$$

Then

$$F(j(\mathbf{r},t) + \eta(\mathbf{r},t)) = F(j(\mathbf{r},t)) \exp(f(j,\eta)) \exp(f(\eta,j)) \exp(f(\eta,\eta))$$

Use the approximation $\exp(x) = 1 + x$ to obtain to first order in η

$$F(j(\mathbf{r},t) + \eta(\mathbf{r},t)) = F(j(\mathbf{r},t))(1 + f(j,\eta) + f(\eta,j))$$

Then by equation (7.20)

$$F(j(\mathbf{r},t))(f(j,\eta) + f(\eta,j)) = \int \int \frac{\delta F}{\delta j(\mathbf{x},s)} \eta(\mathbf{x},s) d^3 \mathbf{x} ds$$
 (1)

Substitute (7.27) into (1). The $F(j(\mathbf{r},t))$ cancel leaving

$$f(j,\eta) + f(\eta,j) = \frac{1}{2} \int \int \int \int j(\mathbf{r},t) R(\mathbf{r} - \mathbf{x}, t - s) \eta(\mathbf{x}, s) d^3 \mathbf{r} dt d^3 \mathbf{x} ds + \frac{1}{2} \int \int \int \int j(\mathbf{r}, t) R(\mathbf{x} - \mathbf{r}, s - t) \eta(\mathbf{x}, s) d^3 \mathbf{r} dt d^3 \mathbf{x} ds$$

which is easily verified.