Atomic transitions 1

Let $\Psi(\mathbf{r},t)$ be the following linear combination of two wave functions where $c_a(t)$ and $c_b(t)$ are dimensionless time-dependent coefficients such that $|c_a(t)|^2 + |c_b(t)|^2 = 1$.

$$\Psi(\mathbf{r},t) = c_a(t)\psi_a(\mathbf{r})\exp\left(-\frac{i}{\hbar}E_at\right) + c_b(t)\psi_b(\mathbf{r})\exp\left(-\frac{i}{\hbar}E_bt\right)$$

Let the Hamiltonian be

$$H(\mathbf{r},t) = H_0(\mathbf{r}) + H_1(\mathbf{r},t)$$

where

$$H_0\psi_a = E_a\psi_a, \quad H_0\psi_b = E_b\psi_b$$

We want to find solutions for $c_a(t)$ and $c_b(t)$. Start with the Schrödinger equation.

$$i\hbar \frac{\partial}{\partial t} \Psi = H\Psi$$

Evaluate the left side of the Schrödinger equation.

cancels with other side of Schrödinger equation
$$i\hbar \frac{\partial}{\partial t} \Psi = \overbrace{E_a c_a(t) \psi_a(\mathbf{r}) \exp\left(-\frac{i}{\hbar} E_a t\right) + E_b c_b(t) \psi_b(\mathbf{r}) \exp\left(-\frac{i}{\hbar} E_b t\right)}^{\text{cancels with other side of Schrödinger equation}} + i\hbar \dot{c}_a(t) \psi_a(\mathbf{r}) \exp\left(-\frac{i}{\hbar} E_a t\right) + i\hbar \dot{c}_b(t) \psi_b(\mathbf{r}) \exp\left(-\frac{i}{\hbar} E_b t\right)$$

Evaluate the right side of the Schrödinger equation.

cancels with other side of Schrödinger equation
$$H\Psi = \overbrace{E_a c_a(t) \psi_a(\mathbf{r}) \exp\left(-\frac{i}{\hbar} E_a t\right)}^{\text{cancels with other side of Schrödinger equation}} + E_b c_b(t) \psi_b(\mathbf{r}) \exp\left(-\frac{i}{\hbar} E_b t\right) + H_1 \Psi$$

After cancellations

$$i\hbar\dot{c}_a(t)\psi_a(\mathbf{r})\exp\left(-\frac{i}{\hbar}E_at\right) + i\hbar\dot{c}_b(t)\psi_b(\mathbf{r})\exp\left(-\frac{i}{\hbar}E_bt\right) = H_1\Psi$$
 (1)

Evaluate the inner product of ψ_a and equation (1) to obtain

$$i\hbar\dot{c}_a(t)\exp\left(-\frac{i}{\hbar}E_at\right)$$

$$= \langle\psi_a|H_1|\Psi\rangle = c_a(t)\langle\psi_a|H_1|\psi_a\rangle\exp\left(-\frac{i}{\hbar}E_at\right) + c_b(t)\langle\psi_a|H_1|\psi_b\rangle\exp\left(-\frac{i}{\hbar}E_bt\right) \quad (2)$$

Evaluate the inner product of ψ_b and equation (1) to obtain

$$i\hbar\dot{c}_b(t)\exp\left(-\frac{i}{\hbar}E_bt\right)$$

$$= \langle\psi_b|H_1|\Psi\rangle = c_a(t)\langle\psi_b|H_1|\psi_a\rangle\exp\left(-\frac{i}{\hbar}E_at\right) + c_b(t)\langle\psi_b|H_1|\psi_b\rangle\exp\left(-\frac{i}{\hbar}E_bt\right) \quad (3)$$

Let it be the case that the following amplitudes vanish.

$$\langle \psi_a | H_1 | \psi_a \rangle = 0, \quad \langle \psi_b | H_1 | \psi_b \rangle = 0$$

Then equations (2) and (3) simplify as

$$i\hbar\dot{c}_a(t)\exp\left(-\frac{i}{\hbar}E_at\right) = c_b(t)\langle\psi_a|H_1|\psi_b\rangle\exp\left(-\frac{i}{\hbar}E_bt\right)$$
 (4)

$$i\hbar\dot{c}_b(t)\exp\left(-\frac{i}{\hbar}E_bt\right) = c_a(t)\langle\psi_b|H_1|\psi_a\rangle\exp\left(-\frac{i}{\hbar}E_at\right)$$
 (5)

Let $E_b > E_a$ and let

$$\omega_0 = \frac{E_b - E_a}{\hbar}$$

Rewrite equations (4) and (5) as

$$\dot{c}_a(t) = -\frac{i}{\hbar} c_b(t) \langle \psi_a | H_1 | \psi_b \rangle \exp(-i\omega_0 t)$$

$$\dot{c}_b(t) = -\frac{i}{\hbar} c_a(t) \langle \psi_b | H_1 | \psi_a \rangle \exp(i\omega_0 t)$$

Let the initial conditions be $c_a(0) = 1$ and $c_b(0) = 0$. It was shown in "Perturbation example" that the first-order perturbation solutions are

$$c_a(t) = 1$$

$$c_b(t) = -\frac{i}{\hbar} \int_0^t \langle \psi_b | H_1(\mathbf{r}, t') | \psi_a \rangle \exp(i\omega_0 t') dt'$$

The integral is not as bad as it looks because $\psi_a(\mathbf{r})$ and $\psi_b(\mathbf{r})$ are independent of time t. For $H_1(\mathbf{r},t)$ representing an electric plane wave, the integrand reduces to a simple exponential of t' which is easily solved.