9-3. Prove that the relation $\phi_{\mathbf{k}} = 4\pi \rho_{\mathbf{k}}/k^2$ simply means that $\phi_{\mathbf{k}}$ at any instant is the Coulomb potential from the charges at that instant, so that, for example, if ρ comes from a number of charges q_i at distances R_i from a point, the potential at the point is $\phi = \sum_i q_i/R_i$.

Integrate using polar coordinates.

$$\int_0^{2\pi} \int_0^{\pi} \int_0^{\infty} \frac{4\pi \rho_{\mathbf{k}}(t)}{k^2} \exp(ikR) k^2 \sin\theta \, dk \, d\theta \, d\phi = \frac{16\pi^2 i \rho_{\mathbf{k}}(t)}{R}$$

The result is Coulomb's law for

$$\rho_{\mathbf{k}}(t) = -\frac{iq}{64\pi^3 \varepsilon_0}$$

The above result is from the following integrals.

$$\int_0^\infty \exp(ikR) \, dk = \frac{i}{R} \qquad \int_0^\pi \sin\theta \, d\theta = 2 \qquad \int_0^{2\pi} d\phi = 2\pi$$

Note that for multiple charges q_i we have

$$\rho(\mathbf{r},t) = \sum_{i} q_i \delta(R_i)$$

$$\phi(\mathbf{r},t) = \frac{1}{4\pi\varepsilon_0} \sum_{i} \frac{q_i}{R_i}$$