In his 1917 paper, "On the Quantum Theory of Radiation," Einstein uses the following argument to derive Planck's law. The argument requires induced emission, a process which was a theoretical discovery by Einstein. Prior to Einstein, no one was aware that induced emission existed.

Consider a gas at temperature T. Let N be the number of molecules in the gas and let N_n be the number of molecules with internal energy E_n . By the Maxwell-Boltzmann distribution we have

$$\frac{N_n}{N} = p_n \exp\left(-\frac{E_n}{kT}\right) \tag{1}$$

where k is Boltzmann's constant. The coefficient p_n is a statistical weighting factor that does not depend on T.

Let us now consider the processes by which an atom or molecule transitions between energy levels. The processes are absorption, induced emission, and spontaneous emission. Let E_m and E_n be energy levels such that $E_m > E_n$. Let B_{nm} , B_{mn} , and A_{mn} be coefficients such that

$$\frac{dN_n}{dt} = B_{nm} N_n \rho(\nu, T), \qquad \frac{dN_m}{dt} = B_{mn} N_m \rho(\nu, T) + A_{mn} N_m$$
absorption induced spontaneous emission emission

Absorption and induced emission are proportional to $\rho(\nu, T)$ which is the radiant energy density of the gas as a function of radiant frequency ν and temperature T. The A and B coefficients are presumed to not depend on temperature T.

At equilibrium, transition rates between E_m and E_n are equal.

$$\frac{dN_n}{dt} = \frac{dN_m}{dt}$$

Hence

$$B_{nm}N_n\rho(\nu,T) = B_{mn}N_m\rho(\nu,T) + A_{mn}N_m$$
absorption
induced spontaneous emission emission

Divide through by N.

$$B_{nm} \frac{N_n}{N} \rho(\nu, T) = B_{mn} \frac{N_m}{N} \rho(\nu, T) + A_{mn} \frac{N_m}{N}$$
absorption induced spontaneous emission emission

Then by the Maxwell-Boltzmann distribution (1) we have

$$B_{nm}p_{n}\rho(\nu,T)\exp\left(-\frac{E_{n}}{kT}\right) = B_{mn}p_{m}\rho(\nu,T)\exp\left(-\frac{E_{m}}{kT}\right) + A_{mn}p_{m}\exp\left(-\frac{E_{m}}{kT}\right)$$
absorption
induced emission
spontaneous emission
(2)

Multiply both sides by $\exp(E_m/kT)$.

$$B_{nm}p_{n}\rho(\nu,T)\exp\left(\frac{E_{m}-E_{n}}{kT}\right) = B_{mn}p_{m}\rho(\nu,T) + A_{mn}p_{m}$$
induced spontaneous emission emission

Note that for increasing T we have

$$\lim_{T \to \infty} \exp\left(\frac{E_m - E_n}{kT}\right) = 1$$

It follows that for $T \to \infty$ the equilibrium formula is

$$B_{nm}p_n\rho(\nu,T) = B_{mn}p_m\rho(\nu,T) + A_{mn}p_m$$

Divide through by $\rho(\nu, T)$.

$$B_{nm}p_n = B_{mn}p_m + \frac{A_{mn}p_m}{\rho(\nu, T)}$$

Energy density $\rho(\nu, T)$ increases with temperature T hence $A_{mn}p_m/\rho(\nu, T)$ vanishes for $T \to \infty$ leaving

$$B_{nm}p_n = B_{mn}p_m \tag{3}$$

Einstein reasoned that equation (2) is true in general based on the assumption that the factors involved do not depend on T. By substitution in the absorption term we can now eliminate $B_{nm}p_n$ and obtain

$$B_{mn}p_{m}\rho(\nu,T)\exp\left(\frac{E_{m}-E_{n}}{kT}\right) = B_{mn}p_{m}\rho(\nu,T) + A_{mn}p_{m}$$
induced spontaneous emission emission

Divide both sides by $B_{mn}p_m$.

$$\rho(\nu, T) \exp\left(\frac{E_m - E_n}{kT}\right) = \rho(\nu, T) + \frac{A_{mn}}{B_{mn}}$$
absorption
absorption
approximately a

Rearrange terms.

$$\rho(\nu, T) \exp\left(\frac{E_m - E_n}{kT}\right) - \rho(\nu, T) = \frac{A_{mn}}{B_{mn}}$$
absorption induced emission spontaneous emission

Factor out $\rho(\nu, T)$.

$$\rho(\nu, T) \left(\exp\left(\frac{E_m - E_n}{kT}\right) - 1 \right) = \frac{A_{mn}}{B_{mn}}$$

Solve for $\rho(\nu, T)$.

$$\rho(\nu, T) = \frac{A_{mn}}{B_{mn}} \frac{1}{\exp\left(\frac{E_m - E_n}{\nu T}\right) - 1}$$

We now consider the limit of $\rho(\nu, T)$ as $E_m - E_n \to \infty$.

$$\lim_{E_m - E_n \to \infty} \rho(\nu, T) = \frac{A_{mn}}{B_{mn}} \exp\left(-\frac{E_m - E_n}{kT}\right)$$

Then by equivalence with Wien's law (which is accurate for large ν)

$$\rho_{\rm wien}(\nu,T) = \frac{2h\nu^3}{c^2} \exp\left(-\frac{h\nu}{kT}\right)$$

we have

$$\frac{A_{mn}}{B_{mn}} = \frac{2h\nu^3}{c^2} \tag{4}$$

and

$$E_m - E_n = h\nu$$

Then by substitution we obtain Planck's law.

$$\rho(\nu, T) = \frac{A_{mn}}{B_{mn}} \frac{1}{\exp\left(\frac{E_m - E_n}{kT}\right) - 1}$$
$$= \frac{2h\nu^3}{c^2} \frac{1}{\exp\left(\frac{h\nu}{kT}\right) - 1}$$

Let us now consider the values of the A and B coefficients. The coefficient for spontaneous emission can be computed from quantum mechanics. For example, for hydrogen we have

$$A_{21} = \frac{e^{10}m_e}{26244 \pi^5 \varepsilon_0^5 \hbar^6 c^3} = 6.27 \times 10^8 \,\text{second}^{-1}$$

The coefficient for induced emission can be obtained from equation (4).

$$B_{mn} = \frac{c^2}{2h\nu^3} A_{mn}$$

The coefficient for absorption can be computed from equation (3).

$$B_{nm} = \frac{p_m}{p_n} B_{mn}$$

The ratio p_m/p_n is equal to g_m/g_n where g_m is the multiplicity associated with energy level m.

$$g = (2s+1)(2\ell+1)$$