6-7. Suppose the potential energy $V({\bf r})=-e\phi({\bf r})$ is the result of a charge distribution $\rho({\bf r})$ so that

$$\nabla^2 \phi(\mathbf{r}) = -4\pi \rho(\mathbf{r}) \tag{6.48}$$

In polar coordinates

$$I = \int_0^{2\pi} \int_0^{\pi} \int_0^{\infty} \nabla^2 \phi(\mathbf{r}) \exp\left(\frac{ipr\cos\theta}{\hbar}\right) r^2 \sin\theta \, dr \, d\theta \, d\phi$$