5-8. Note that equation (5.44) implies $G_A^*(x, x') = G_A(x', x)$. With this in mind show that for any two wave functions g(x) and f(x), both of which approach 0 as x goes to $\pm \infty$,

$$\int_{-\infty}^{\infty} g^*(x) \mathcal{A}f(x) dx = \int_{-\infty}^{\infty} \left(\mathcal{A}g(x) \right)^* f(x) dx \tag{5.47}$$

Any operator, such as A, for which equation (5.47) holds is called "hermitian" (see equation 4.30).

From equations (5.45) and (5.43)

$$\mathcal{A}f(x) = \int_{-\infty}^{\infty} G_A(x, x') f(x') dx'$$
 (1)

Hence

$$\int_{-\infty}^{\infty} g^*(x) \mathcal{A}f(x) dx = \int_{-\infty}^{\infty} g^*(x) \left(\int_{-\infty}^{\infty} G_A(x, x') f(x') dx' \right) dx$$

Combine factors.

$$= \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} G_A(x, x') g^*(x) f(x') dx' dx$$

By equation (5.44) substitute $G_A^*(x',x)$ for $G_A(x,x')$.

$$= \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} G_A^*(x', x) g^*(x) f(x') dx' dx$$

By complex conjugation of a product

$$= \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \left(G_A(x', x) g(x) \right)^* f(x') dx' dx$$

Factor out f(x') dx'.

$$= \int_{-\infty}^{\infty} \left(\int_{-\infty}^{\infty} \left(G_A(x', x) g(x) \right)^* dx \right) f(x') dx'$$

Then by equation (1)

$$= \int_{-\infty}^{\infty} (\mathcal{A}g(x'))^* f(x') dx'$$