Harmonic oscillator kernel

For a quantum harmonic oscillator, this is the kernel (propagator) to go from x_a at time t_a to x_b at time t_b where $T = t_b - t_a$.

$$K = \left(\frac{m\omega}{2\pi i\hbar \sin(\omega T)}\right)^{\frac{1}{2}} \exp\left(\frac{im\omega}{2\hbar \sin(\omega T)} \left(x_a^2 \cos(\omega T) - 2x_a x_b + x_b^2 \cos(\omega T)\right)\right)$$

Exercises

1. Verify that

$$\left|\psi_1(x_b)\right|^2 = \left|\int_{-\infty}^{\infty} K\psi_1(x_a) \, dx_a\right|^2$$