(2.3) Use eqns 2.46 and 2.62 to show that

$$\hat{x}_{j} = \frac{1}{\sqrt{N}} \left(\frac{\hbar}{m} \right)^{\frac{1}{2}} \sum_{k} \frac{1}{(2\omega_{k})^{1/2}} \left(\hat{a}_{k} \exp(ikja) + \hat{a}_{k}^{\dagger} \exp(-ikja) \right)$$
 (2.68)

$$\hat{x}_j = \frac{1}{\sqrt{N}} \sum_k \tilde{x}_k \exp(ikja)$$
 (2.46)

$$\hat{x}_k = \sqrt{\frac{\hbar}{2m\omega_k}} \left(\hat{a}_k + \hat{a}_k^{\dagger} \right) \tag{2.62}$$

 ${\rm FIXME}$