Subgroup	Mean score	95%–CI
Men Adults		
4 studies (RE model)		*0.17 [0.07; 0.26]*
$\tau = 0.0944$		
Women Adults		
4 studies (RE model)		*0.21 [0.12; 0.30]*
$\tau = 0.0944$		
Men Adolescents		
1 studies (RE model)		*0.20 [0.01; 0.39]*
Women Adolescents		
1 studies (RE model)		*0.36 [0.17; 0.55]*
Men Adolescents,Adults		
1 studies (RE model)		*0.30 [0.11; 0.48]*
Women Adolescents,Adults		
1 studies (RE model)		*0.30 [0.11; 0.49]*

0   0.2   0.4   0.6   0.8   1

Mean scaled score for Anxiety

Study	TE	seTE	Mean score	95%−CI
Men Adults				
51197	0.15	0.0075		0.15 [0.13; 0.16]
86588	0.18	0.0092		0.18 [0.16; 0.19]
86934	0.08	0.0012		0.08 [0.07; 0.08]
100692	0.27	0.0097		0.27 [0.25; 0.29]
4 studies (RE model)				*0.17 [0.07; 0.26]*
Women Adults				
51197	0.19	0.0058		0.19 [0.18; 0.20]
86588	0.24	0.0101		0.24 [0.22; 0.26]
86934	0.09	0.0007		0.09 [0.09; 0.09]
100692	0.32	0.0124		0.32 [0.30; 0.35]
4 studies (RE model)				*0.21 [0.12; 0.30]*
Men Adolescents				
86321	0.20	0.0159		0.20 [0.17; 0.23]
1 studies (RE model)				*0.20 [0.01; 0.39]*
Women Adolescents				
86321	0.36	0.0213		0.36 [0.32; 0.40]
1 studies (RE model)				*0.36 [0.17; 0.55]*
Men Adolescents,Adults				
109260	0.30	0.0123		0.30 [0.27; 0.32]
1 studies (RE model)				*0.30 [0.11; 0.48]*
Women Adolescents,Adults				
109260	0.30	0.0092		0.30 [0.28; 0.32]
1 studies (RE model)				*0.30 [0.11; 0.49]*

Mean scaled score for Anxiety