History This week 35 min 728 min 2-8 Jan 51 min 521 min Week details 26 min Details about the selected week activity min levels in minutes. 19 min Average inactivity interval 29 min Longest inactivity interval 38 60 min target exceeded x1 12 min OK min 5 - 11 Dec 2016 25 min 879 min 28 Nov - 4 Dec 2016 89 min 443 21 - 27 Nov 2016 57 min 501 min Weekly Daily