

Mobile application for SB  
Self-Management

High-Level Use-Case  
Diagram

### Mobile Application

log in

Sign up

Change "Sleeping  
Hours" interval

#### Goal-setting Component

Set PA goal

Change SB  
remind  
interval

#### Feedback Component

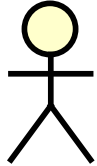
Send Notification

#### Monitoring Component

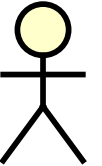
Check activity  
history

Check goal  
progress

Classify and  
log activity



User



HAR System