MATH3431 Machine Learning and Neural Networks III — Epiphany term 2025

Homework 1: Convex learning problems

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Exercise 1. Let $f : \mathbb{R}^d \to \mathbb{R}$ be a convex and β-smooth function.

(1) Show that for $v, w \in \mathbb{R}^d$

$$f(v) - f(w) \in \left(\langle \nabla f(w), v - w \rangle, \langle \nabla f(w), v - w \rangle + \frac{\beta}{2} \|v - w\|^2 \right)$$

(2) Show that for $v, w \in \mathbb{R}^d$ such that $v = w - \frac{1}{\beta} \nabla f(w)$, it is

$$\frac{1}{2\beta} \|\nabla f(w)\|^2 \leq f(w) - f(v)$$

(3) Additionally assume that $f(x) > 0$ for all $x \in \mathbb{R}^d$. Show that for $w \in \mathbb{R}^d$,

$$\|\nabla f(w)\| \leq \sqrt{2\beta f(w)}$$

Solution.

(1) If $f : \mathbb{R}^d \to \mathbb{R}$ is β-smooth then it is

$$f(v) \leq f(w) + \langle \nabla f(w), v - w \rangle + \frac{\beta}{2} \|v - w\|^2$$
$$f(v) - f(w) \leq \langle \nabla f(w), v - w \rangle + \frac{\beta}{2} \|v - w\|^2$$

If it is convex then it is

$$f(v) \geq f(w) + \langle \nabla f(w), v - w \rangle$$
$$f(v) - f(w) \geq \langle \nabla f(w), v - w \rangle$$

Together these conditions imply upper and lower bounds

$$f(v) - f(w) \in \left(\langle \nabla f(w), v - w \rangle, \langle \nabla f(w), v - w \rangle + \frac{\beta}{2} \|v - w\|^2 \right)$$

(2) For $v, w \in \mathbb{R}^d$ such that $v = w - \frac{1}{\beta}\nabla f(w)$, it is

$$\begin{aligned}
f(v) &\leq f(w) + \langle \nabla f(w), v - w\rangle + \frac{\beta}{2}\|v - w\|_2^2 \quad \text{(due to smoothness)} \\
&\iff f(w) - f(v) \leq f(w) - f(v) \\
&\iff \langle \nabla f(w), v - w\rangle + \frac{\beta}{2}\|v - w\|_2^2 \leq f(w) - f(v) \\
&\iff \left\langle \nabla f(w), \frac{1}{\beta}\nabla f(w)\right\rangle + \frac{\beta}{2}\left\|\frac{1}{\beta}\nabla f(w)\right\|_2^2 \leq f(w) - f(v) \\
&\iff \frac{1}{2\beta}\|\nabla f(w)\|^2 \leq f(w) - f(v) \\
&\|\nabla f(w)\|^2 \leq 2\beta(f(w) - f(v))
\end{aligned}$$

as $f(\cdot) \geq 0$

$$\|\nabla f(w)\|^2 \leq 2\beta f(w)$$

(3) From part 2, this is obvious because $f(x) > 0$ for all $x \in \mathbb{R}^d$, as

$$\|\nabla f(w)\|^2 \leq 2\beta f(w) \Leftrightarrow \|\nabla f(w)\| \leq \sqrt{2\beta f(w)}$$

Exercise 2. Let $f : \mathbb{R}^d \to \mathbb{R}$ be a λ-strongly convex function. Assume that w^* is a minimizer of f i.e.

$$w^* = \arg\min_w \{f(w)\}$$

Show that for any $w \in \mathbb{R}^d$ it holds

$$f(w) - f(w^*) \geq \frac{\lambda}{2}\|w - w^*\|^2$$

Hint: Use the definition of λ-strongly convex function, properly rearrange it, and ...

Solution. We use the definition of λ-strongly convex function; i.e. for all w, u, and $\alpha \in (0, 1)$ we have

$$\begin{aligned}
f(\alpha w + (1-\alpha)u) &\leq \alpha f(w) + (1-\alpha) f(u) - \frac{\lambda}{2}\alpha(1-\alpha)\|w - u\|^2 \Leftrightarrow \\
\frac{f(\alpha w + (1-\alpha)u) - f(u)}{\alpha} &\leq f(w) - f(u) - \frac{\lambda}{2}(1-\alpha)\|w - u\|^2
\end{aligned}$$

For $u = w^*$ it is

$$\frac{f(\alpha w + (1-\alpha)w^*) - f(w^*)}{\alpha} \leq f(w) + f(w^*) - \frac{\lambda}{2}(1-\alpha)\|w - w^*\|^2$$

When $a \to 0$

$$\frac{\lambda}{2}\alpha(1-\alpha)\|w - w^*\|^2 \to 0$$

I know that w^* is the minimizer of f. So 0 is the minimizer of g with $g(a) = f(aw + (1-\alpha)w^*)$ hence when $a \to 0$

$$\frac{f(\alpha w + (1-\alpha)w^*) - f(w^*)}{\alpha} \to \frac{\mathrm{d}}{\mathrm{d}\alpha} g(\alpha)\Big|_{\alpha=0}$$

So

$$0 \leq f(w) + f(w^*) - \frac{\lambda}{2} \|w - w^*\|^2$$

which concludes the proof.