# Practical Machine Learning Project

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# Background

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement - a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks. One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it.

In this project, we will use data from accelerometers on the belt, forearm, arm, and dumbell of 6 participants. They were asked to perform barbell lifts correctly and incorrectly in 5 different ways. More information is available from the website here: http://groupware.les.inf.puc-rio.br/har (see the section on the Weight Lifting Exercise Dataset).

### Aim

The goal of this project is to predict the manner in which they did the exercise. This is the "classe" variable in the training set.

### **Data Preparation**

The training data for this project are available here:

https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv

The test data are available here:

https://d396 qusza 40 or c. cloud front.net/pred machlearn/pml-testing.csv

The data for this project come from this source: http://groupware.les.inf.puc-rio.br/har.

Our data preparation work includes: 1. Loading the required libraries 2. Reading the training and testing datasets 3. Cleaning data with 'NA' or blank entries

```
#install.packages("caret")
#install.packages("randomForest")
#install.packages("rpart")
#install.packages("rpart.plot")
library(caret)
```

```
## Warning: package 'caret' was built under R version 3.1.2
## Loading required package: lattice
## Loading required package: ggplot2
```

```
## Warning: package 'ggplot2' was built under R version 3.1.2
library(randomForest)
## Warning: package 'randomForest' was built under R version 3.1.2
## randomForest 4.6-10
## Type rfNews() to see new features/changes/bug fixes.
library(rpart)
## Warning: package 'rpart' was built under R version 3.1.2
library(rpart.plot)
## Warning: package 'rpart.plot' was built under R version 3.1.2
#download.file("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv", destfile = "./pm
#download.file("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv", destfile = "./pml
trainingdata <- read.csv("pml-training.csv", header = TRUE, na.strings = c("NA", ""))</pre>
testingdata <- read.csv("pml-testing.csv", header = TRUE, na.strings = c("NA", ""))
dim(trainingdata)
## [1] 19622
               160
dim(testingdata)
## [1] 20 160
We trimmed the data by doing the following: 1. Delete variables with all missing values 2. Remove variables
not relevant for this project
#Delete variables with all missing values
trainingdena <- trainingdata[ , colSums(is.na(trainingdata)) == 0]</pre>
testingdena <- testingdata[ , colSums(is.na(testingdata)) == 0]</pre>
#Remove variables not relevant for this project
trainingcleaned <- trainingdena[,-c(1:7)]</pre>
testingcleaned <- testingdena[,-c(1:7)]</pre>
dim(trainingcleaned)
## [1] 19622
                53
dim(testingcleaned)
```

## [1] 20 53

# Splitting the Data

We split the cleaned training dataset into two datasets: 70% for training the model and 30% for validation.

```
intrain <- createDataPartition(trainingcleaned$classe, p=0.7, list=FALSE)
training <- trainingcleaned[intrain,]
validation <- trainingcleaned[-intrain,]
dim(training)

## [1] 13737 53

dim(validation)

## [1] 5885 53</pre>
```

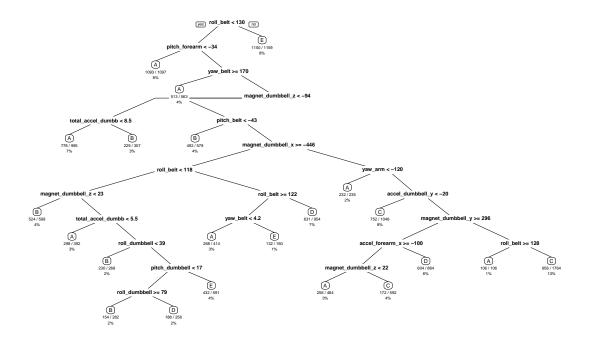
# Modeling

#### **Decision Tree**

We explore the decision tree approach in training a model.

```
trainingdt <- rpart(classe ~ ., data=training, method="class")
rpart.plot(trainingdt, main="Classification Tree", extra=102, under=TRUE, faclen=0)</pre>
```

#### **Classification Tree**



```
trainingdt2 <- predict(trainingdt, validation, type = "class")
confusionMatrix(trainingdt2, validation$classe)</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
                 Α
                           С
                                D
                                     Ε
## Prediction
                      В
##
            A 1482
                          40
                               83
                                    40
                    154
                    707
                                    78
##
            В
                45
                          63
                               36
            С
                27
                    178
##
                         802
                              208 213
            D
                92
                     72
##
                         117
                              606
                                    43
            Ε
##
                28
                     28
                           4
                               31 708
##
## Overall Statistics
##
##
                  Accuracy : 0.7315
##
                    95% CI: (0.72, 0.7428)
##
       No Information Rate: 0.2845
##
       P-Value [Acc > NIR] : < 2.2e-16
##
##
                     Kappa: 0.6599
##
   Mcnemar's Test P-Value : < 2.2e-16
##
## Statistics by Class:
##
                        Class: A Class: B Class: C Class: D Class: E
##
                                                     0.6286
                                                               0.6543
## Sensitivity
                          0.8853 0.6207
                                            0.7817
## Specificity
                                   0.9532
                                            0.8712
                                                     0.9342
                                                               0.9811
                          0.9247
## Pos Pred Value
                          0.8238 0.7610
                                            0.5616
                                                     0.6516
                                                               0.8861
## Neg Pred Value
                          0.9530 0.9128
                                            0.9497
                                                     0.9277
                                                               0.9265
## Prevalence
                          0.2845
                                 0.1935
                                            0.1743
                                                     0.1638
                                                               0.1839
## Detection Rate
                          0.2518
                                  0.1201
                                            0.1363
                                                     0.1030
                                                               0.1203
## Detection Prevalence
                          0.3057
                                   0.1579
                                            0.2427
                                                     0.1580
                                                               0.1358
## Balanced Accuracy
                          0.9050 0.7870
                                            0.8264
                                                     0.7814
                                                              0.8177
```

Based on the confusion matrix, the decision tree model has a prediction accuracy of about 73%.

#### **Random Forests**

We then explore the random forest approach in training a model.

```
require(randomForest)
set.seed(123)

trainingrf <- randomForest(classe~.,data=training,ntree=100, importance=TRUE)
trainingrf

##
## Call:
## randomForest(formula = classe ~ ., data = training, ntree = 100, importance = TRUE)
##
Type of random forest: classification</pre>
```

```
Number of trees: 100
## No. of variables tried at each split: 7
##
##
           OOB estimate of error rate: 0.58%
##
  Confusion matrix:
##
             В
                        D
                              E class.error
        Α
## A 3902
                   0
             3
                              1 0.001024066
## B
       13 2637
                   8
                        0
                              0 0.007900677
## C
        0
            16 2376
                        4
                              0 0.008347245
        0
## D
             0
                  25 2226
                              1 0.011545293
## E
        0
              2
                   1
                        5 2517 0.003168317
trainingrf2 <- predict(trainingrf, newdata=validation)</pre>
confusionMatrix(trainingrf2, validation$classe)
## Confusion Matrix and Statistics
##
##
             Reference
## Prediction
                  Α
                             C
                                  D
                                       Ε
            A 1674
                       3
                             0
                                  0
                                       0
##
                  0 1136
                             3
##
            В
            С
                       0 1021
                  0
                                       0
##
                                 15
            D
                  0
                       0
                                948
                                       3
##
                             2
            E
##
                  0
                       0
                             0
                                  1 1079
##
##
   Overall Statistics
##
##
                   Accuracy: 0.9954
##
                     95% CI: (0.9933, 0.997)
##
       No Information Rate: 0.2845
##
       P-Value [Acc > NIR] : < 2.2e-16
##
##
                      Kappa: 0.9942
##
    Mcnemar's Test P-Value : NA
##
## Statistics by Class:
##
                         Class: A Class: B Class: C Class: D Class: E
##
                                               0.9951
                                                         0.9834
## Sensitivity
                            1.0000
                                     0.9974
                                                                  0.9972
## Specificity
                            0.9993
                                     0.9994
                                               0.9969
                                                         0.9990
                                                                  0.9998
## Pos Pred Value
                            0.9982
                                     0.9974
                                               0.9855
                                                         0.9948
                                                                  0.9991
## Neg Pred Value
                            1.0000
                                     0.9994
                                               0.9990
                                                         0.9968
                                                                  0.9994
## Prevalence
                            0.2845
                                     0.1935
                                               0.1743
                                                         0.1638
                                                                  0.1839
## Detection Rate
                            0.2845
                                     0.1930
                                               0.1735
                                                         0.1611
                                                                  0.1833
## Detection Prevalence
                            0.2850
                                     0.1935
                                               0.1760
                                                         0.1619
                                                                  0.1835
## Balanced Accuracy
                            0.9996
                                     0.9984
                                               0.9960
                                                         0.9912
                                                                  0.9985
```

Based on the confusion matrix, the random forest model has a prediction accuracy of over 99% which is significantly better than the decision tree model.

#### Predicted Results

Finally, we apply the random forest model to the initial testing dataset and display the predicted results.

answers <- predict(trainingrf, testingdata)
answers</pre>

## 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 ## B A B A A E D B A A B C B A E E A B B B ## Levels: A B C D E