# **Habit Tracking Application**

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## Introduction

Everybody wants to stop unhealthy habits and create good habits in its place. They are turning to technology for assistance to achieving this. We want to create a habit tracking application to assist them to achieve their goals.

#### Problem statement

We need to create a backend for our habit tacking application.

### Requirements

#### Use cases

- 1. As a user I want to create a habit with a description / specification and frequency<sup>1</sup>
- 2. As a user I want to flag a task as completed at a specific date and time
- 3. As a user I want to be able to create a habit for at least two tracking periods e.g., daily, weekly, or monthly
- 4. As a user I want to analyse the data as follows
  - a. List of currently tracked habits
  - b. List of habits with the same periodicity e.g., daily, weekly, or monthly habits
  - c. What is the longest run streak for a habit?
  - d. Which habits do I struggle with?
- 5. As a user I want to store the data between sessions

<sup>1</sup> Frequency refers to how often a habit must be repeated

#### **Business Rules**

- 1. The user must complete a task once during the period otherwise he breaks the habit
- 2. The user must complete a task for x consecutive periods to establishes a streak

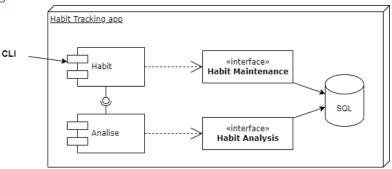
#### Methodology

I will follow a Test-Driven Development (hereinafter referred to as "TDD") approach. This is a software development practice that repeat the following steps

- 1. Write a test for a feature that fails
- 2. Write code to make the test pass
- 3. Refactor the code as needed

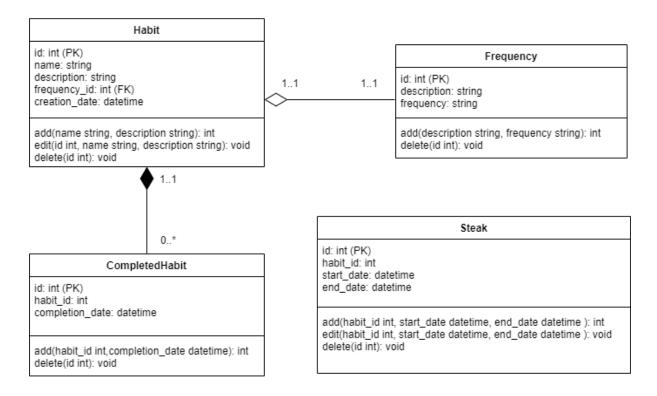
## **Design Overview**

## Component Diagram



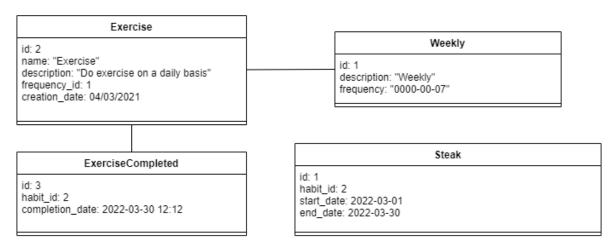
## Class Diagram

## Class Diagram



## Object Diagram

## **Object Diagram**



## Technology choices

- Python version 3.10.3 Project requirement to use 3.7 or later
- Visual Studio Code Popular IDE / source-code editor that runs on Windows, Linux and macOS.
- sqlite3 It is a library that provides lightweight disk-based database to persist the data
- pytest Framework for writing tests.
- FastAPI Framework for building APIs with python. This will provide an alternative for the CLI
- click Python library for creating command line interfaces
- **Docker** Container technology for running our application
- Pylint Linting tool that checks for coding errors and enforce coding standards
- Swagger UI interactive exploration to call and test your API from the browser

#### **Assumptions**

- 1. Preload / seed data on project start-up for testing
  - a. Load daily, weekly, and monthly data in the frequency table
  - b. Load five predefined habits (at least one weekly and monthly habit)
  - c. For each preloaded habit provide four weeks of tracking data
- 2. The Streak table will only be updated when the analysis module is executed
- 3. The Habit module will be developed using Object Orientated Programming and Functional programming for the Analysis module.
- 4. We do not require a frontend, but we will provide a CLI and Swagger documentation (OpenAPI specification OAS) for the user interaction.
- 5. Provide detailed instructions in a markup document (Readme.md) on how to start and use the system

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