Contact Information

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Agenda

- Overview Senior Year
- College Application Process
- Financial Aid & Scholarships
- Overview Junior Year
- College Exploration & Standardized Testing

Timeline - Senior Year

- College applications the process
- Attend visits with college reps. at Regina
- Retake ACT/SAT
- College Fairs: at RHS and locally 2009-10 College Fair schedule go to: www.macrao.org

Timeline - Senior Year

- For current announcements go to <u>www.Reginahs.com</u> and click on Counselors' Notes
- Visit college campuses
- Attend Financial Aid Night-obtain a PIN from FAFSA website
- Review acceptance offers
- Finalize decision by May 1

College Application Process

- Discuss realistic options
- Apply to 3+ schools

Safety school

Match school

Reach school

Check schools' deadlines

Rolling Admissions (UM – Feb. 1)

Regular Admissions (Boston College – Jan. 1)

Early Decision

Early Action - Early Notification

Financial Aid

Apply before October 31 (if possible)

College Application Process

Application Components (On-line & Paper)

Application form (resume may be included)

Application fee (credit card or check)

High School transcript: still send in "hard copy", regardless of online app. status, by our staff. Transcripts include standardized test scores, and semester grades for first three years of high school.

Letter(s) of recommendation, **if needed** by more selective schools Essay(s) if needed

College Application Process

- Complete college application
- Turn it in to the guidance office secretary
 Transcript is sent with application/counselor form
- On-Line Applications
 Bring counselor recommendation page to the guidance office
- Cost First two are free, all others \$3, billed later in the year

Sample Criteria

Michigan State University

- Rolling admissions (through July 30)
- Early notification: October 12, 2009
- Financial aid: January 1
- Interview: optional, informational
- SAT or ACT: must be sent FROM the testing service
- Essay: personal statement

Sample Criteria

Boston College

- Restrictive Early Action: November 1
- Application deadline: January 1
- Financial aid: February 1
- Interviews: recommended, evaluative
- SAT plus SAT IIs (2 required) or ACT with Writing
- Essay & two teacher recommendations & counselor recommendation

Teacher Recommendations

- Ask 11th/12th grade teachers (core subject)
- Give the teacher at least 2 weeks notice
- Supply the teacher with your resume
- Include the separate college recommendation form, if needed
- Ask the teacher to turn the letter in to the guidance office, or indicate if they are submitting online
- Remind the teacher to keep a copy in case you need additional letters
- Wait two weeks, then confirm with the teacher that the letter was handed in
- Follow up with a "thank you" note to the teacher

When you write your essay

- Start early
- Read the directions carefully: answer the question!!
- Tell the truth about yourself
- Focus on your best side: what sets you apart!
- Tie yourself to the college
- Speak positively
- Write about your greatest assets & achievements
- www.essayedge.com (sample essays, free tips)

Resume

- Keep to one page
- Use quality paper
- Make it easy to read
- Be specific
- Customize to the college's preferences
- Include address, phone & e-mail address
- Go to <u>www.resumeedge.com</u>
- Include academics, athletics, activities, honors, volunteer/community service & work experience

Common Application

- If you are applying to selective colleges, use the Common Application, if you prefer.
 Supplements are generally required for each college
- Used by 275+ institutions
- Go to: www.commonapp.org

Campus Visits

- Go on-line to schedule a visit or call the school's Admissions Office
- With your campus tour
 ask to sit in on a class
 have lunch in a dining hall
 stay overnight in a dorm
 meet with a financial aid rep., if possible
- Pick a day the school is in session (week day)
 - October 14 (Testing Day)
 Recommended for seniors
 - October 29*, 30*, Nov. 1*
 Recommended for juniors/seniors

^{*}No school for Regina students

MME - Class of 2010 and 2011

Seniors took the Michigan Merit Exam (MME) test in the spring of 2009. The current status of the Michigan Promise Scholarship for the Class of 2010 is unknown at this time, due to budget cuts, restraints and decision making of our Lansing lawmakers. Visit the website: www.michigan.gov/mme for the most current information.

MME - Class of 2010 (if applicable)

Levels of Performance

Level 1* - Advanced - Exceeding Michigan Standards*

Level 2* – Proficient - Met Michigan Standards*

Level 3 – Partially Proficient - Basic Level

Level 4 – Not Proficient – Apprentice

*Must achieve a score of 1 or 2 to qualify for immediate financial award

Students who do not achieve Level 1 or 2 may still be eligible for the Award. Criteria is pending.

MME - Class of 2010

The award was: \$4,000 for in-state institutions

FOR THOSE WITH LEVEL 1 OR 2 SCORES

\$1000 paid during freshman year

\$1000 paid during the sophomore year

\$2000 paid during junior year

FOR THOSE WHO DO NOT ACHIEVE LEVEL 1 OR 2

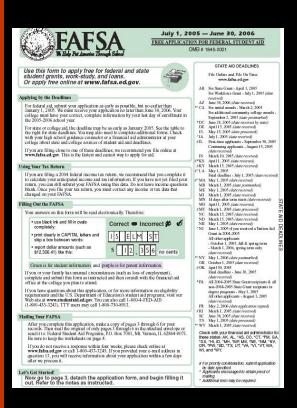
\$4000 paid after junior status is reached at college

Credits can be from 2 year, 4 year or technical college

2.5 gpa required

Legislation is still pending regarding MME.

Financial Aid



Free Application for Federal Student Aid (FAFSA)

- Paper application
- Web-based application www.fafsa.ed.gov

EVERYONE IS ENCOURAGED TO COMPLETE THIS FORM. Go on the website now to obtain your PIN number, both parents and students.

FAFSA - paper or on-line - Fafsa.ed.gov

- Available in the counseling office after November 1 (paper)
- Worksheet for online application is also available after Nov. 1
- File January 1 through February 15
- Use estimated tax information if your actual figures are not available
- Amend your estimated figures as soon as possible
- Make a copy for your files

Be aware of **CSS Profile** deadline— addendum to FAFSA — required by U of M etc. Juniors can use the FAFSA 4caster link now available at Fafsa.ed.gov

Scholarships & Financial Aid

www.fastweb.com financial <u>aid search through the web</u>

- Search more than 375,000 listings
- Scholarships
- Grants
- Loans
- Free website
- Local scholarship opportunities are the most beneficial, i.e. Elks Club, your employer, city governments, etc.
- DO NOT be scammed by those promising to get you scholarships if you sign up for their services.

Financial Aid

 Financial Aid Night: Guest Speaker, Judy Florian, F.A. Director at Macomb CC

November 11, 2009 – 7:00 p.m. Held in collaboration DeLaSalle HS, this year AT DLS

College Goal Sunday... FREE assistance with your FAFSA

February 13 or 14, 2010 – 1 - 4 p.m.

Metro Detroit locations

www.MICollegeGoal.org (very helpful website)

Timeline - Junior Year

- Explore College Representatives
- College Fairs
- PSAT Oct. 14
- ACT/MME Test Prep
- ACT/MME March 9, 10 & 11, 2010 (administered at Regina)

Timeline - Junior Year

- SAT / retake ACT April/May/June
- AP Testing May
- Late spring Create a tentative list of colleges
- Spring Summer Fall Visit college campuses
- Summer Work on essays and resume

Choosing a College

- Type of School
 - Two year or four year
 - Public or private
 - Single sex or coed
 - Religious affiliation
- Location
 - In-state
 - Out-of-state
- Campus setting
 - Urban
 - Suburban
 - Rural

College search programs

www.collegeboard.com

www.princetonreview.com (Counselor-o-matic)

www.petersons.com

Choosing a College

- School Size
- Small (fewer than 2,000 students)
- Medium (2,000 15,000)
- Large (15,000+)
- Diversity
- Percent of students with minority backgrounds
- Percent of out-of-state students
- Activities & Sports
- Greek life
- Choir/dance/radio/etc.
- Div I, II, III or club/intramural

Choosing a College

- Majors and Academics
 - Rugg's Recommendations
- Admissions Requirements
 - Curriculum
 - GPA
 - Test Scores
- Cost and financial aid
 - Tuition
 - Need-based aid

College Admissions Criteria

Grades/Curriculum

Extracurricular Activities

ACT/SAT

Schools of Interest to Regina Seniors

Selector	Most Competitive	Highly Competitive	Very Competitive	Competitive	Less Competitive
GPA	A- or better	B+ or better	B or better	C+ or better	C or better
SAT (avg)	655-800	620-654	573-619	500-572	500
ACT (avg)	29 or better	27-28	24-26	21-23	20-21
Schools	Boston College Brown Carnegie Mellon Case Western Reserve Colby College Colgate Columbia Cornell Dartmouth Duke Emory Georgetown George Washington U. Harvard Johns Hopkins MIT Northwestern NYU Oberlin Stanford U. of Cal. – Berkley/LA U. of Chicago University of Michigan U. of N. Carolina U. of Notre Dame U. of Pennsylvania Vanderbilt Wake Forest Washington U. St. Louis Wellesley Yale	Beloit College of Wooster Denison Depauw Florida St. Illinois Wesleyan Kalamazoo Kettering Miami of Ohio Miami U. Mt. Holyoke Penn State Tulane U. of Illinois U. of Texas U. of Wisconsin	Albion Alma American Auburn Cedarville Colorado State DePaul Grand Valley Hope Indiana James Madison Loyola - Chicago Marquette Michigan State Michigan Tech Purdue St. Mary's U. of Arizona U. of Colorado U. of Dayton U. of Iowa U. of Wermont Valparaiso Wabash Wittenberg	Adrian Aquinas Ball State Central Michigan Eastern Michigan Ferris State Indiana Wesleyan Kent State Northern Michigan U Oakland U. Saginaw Valley U. of Detroit Mercy Wayne State Western Michigan U W. State College of Colorado	Baker College Columbia – Chicago Davenport Lake Superior State Northwood U. U of Toledo Siena Heights

ADMISSION GUIDELINES AT PUBLIC COLLEGES/ UNIVERSITIES

COLLEGES/ UNIVERSITIES	GPA COMPUTED ON:	AVG. GPA	AVG. ACT/SAT
CENTRAL	Academics	3.33	22/1034
EASTERN	All Subjects	3.1	21/1010
FERRIS STATE	All Subjects	3.18	21.3/NA
GRAND VALLEY STATE	All Subjects	3.53	23.9/1180
LAKE SUPERIOR STATE	Academics	3.1	21/1010
MICHIGAN STATE	Academics	3.4-3.8	23-27/1020-1250
MICHIGAN TECH	All Subjects	3.5	25.63/1782.54
NORTHERN	Academics	3.07	23/NA
OAKLAND UNIVERSITY	Academics	3.2	21.8/NA
SAGINAW VALLEY	All Subjects	3.23	21.3/NA
U of M- ANN ARBOR	Academics (10-11)	3.9	27-31/1920-2180
U of M- DEARBORN	Academics (10-11)	3.2-3.8	24/NA
U of M- FLINT	Academics	3.2	21.4/NA
WAYNE STATE	All Subjects	3.24	21.5/NA
WESTERN	All Subjects	3.38	22/NA

ADMISSION GUIDELINES AT PRIVATE COLLEGES/UNIVERSITIES

COLLEGES/ UNIVERSITIES	COMPUTED ON:	AVG. GPA	AVG. ACT/SAT
ADRIAN	Academics	3.4	23/960
ALBION	All Subjects	3.5	NA/1210
ALMA	All Subjects	3.49	23.8/1735
AQUINAS	All Subjects	3.4	23/NA
CALVIN	All Subjects	3.6	26/1181
HILLSDALE	Academics	3.72	28/1940
HOPE	All Subjects	3.75	26/1176
KALAMAZOO	All Subjects	3.65	28/1300
KETTERING	Academics	3.5	26/1210
LAWRENCE TECH	Academics	3.21	22.3/1072
MADONNA	All Subjects	3.3	22.5/NA
NORTHWOOD	All Subjects	3.1	21/990 (math/verbal only)
ROCHESTER COLLEGE	All Subjects	2.83	21/1030
SIENA HEIGHTS	All Subjects	3.0	21/NA
UNIV. OF DETROIT/ MERCY	Academics	3.4	23/NA

GRADUATION REQUIREMENTS COMPARISON CHART

SUBJECT	REGINA HIGH	STATE OF MICHIGAN	SELECTIVE COLLEGES
	SCHOOL	Class of 2011	RECOMMENDATIONS
English	4 credits	4 credits	4 credits with honors & Advanced Placement
Foreign Language	Recommended - not	2 credits (beginning with the	4 credits of one or more languages
	required	class of 2016)	
Mathematics	4 credits – including one	4 credits: Alg. I, Geometry,	4 credits
	credit senior year	Alg. II, including one credit in	
		the Senior year	
Social Studies	3 credits including World	3 credits including Am. Govt.,	4 credits including AP level classes
	History, U.S. History &	Econ., World & U.S. History	
	Am. Govt. & Economics	& Geography	
Science	3 credits including Biology	3 credits including Biology,	4 credits including AP Biology, AP
	and Chemistry	Chem. or Physics, one	Chemistry, Physics or Anatomy
		additional science credit	
Fine Arts	1 credit	1 credit	Fine/performing arts
Health & Phys.	1 credit	1 credit	
Ed.			
Computers	1/2 credit	One on-line class or on-line	Computer literacy strongly recommended
		learning in each required class	
Religious Studies	3 ½ credits		
Christian	1/2 credit (60 hours)		
Community			
Service			
Electives	7 or more credits		
TOTAL	261/2 credits	16-18 academic credits	18-23 academic credits

College Admissions Tests

PLAN (Sophomores)

PSAT (Juniors)





ACT

SAT

Achievement

Aptitude

College Admissions Tests - PSAT

ONLY Wednesday, October 14, 2009

Dismissal – 12:00 p.m.

Length of Test – 2 hours 10 minutes

Measures: Critical Reading

Math Problem Solving

Writing Skills

Value of the Test: Feedback on academic skills

Practice for the SAT

Get used to standardized testing

www.collegeboard.com/psat (practice questions)
Official Student Guide to the PSAT with a full-length test

College Admissions Tests - PSAT

PSAT/NMSQT

National Merit Scholarship Qualifying Test

Juniors Only

Screening Test for National Merit Scholars

1.5 million students take the test

34,000 students are commended

16,000 students are semi-finalists

8,200 receive National Merit Scholarship awards

(one-half of the top one percent who take the test)

College Admissions Tests/MME

Michigan Merit Exam (MME)

MME INCLUDES:

ACT Plus Writing (college reportable score)

WorkKeys (Applied Math – Reading for Info – Locating Info)

Additional assessments in Math, Science, and Social Studies

MME

Regina 2009 MME Schedule

(State wide administration)

Tuesday, March 9 – ACT Plus Writing

Wednesday, March 10 – WorkKeys

Thursday, March 11 – Michigan Science, Math and Social Studies Assessments

MME

REGINA 2009 MAKE UP TEST DATES

Tuesday, March 23 – ACT Plus Writing Wednesday, March 24 – WorkKeys Thursday, March 25 - Michigan Science, Math and Social Studies Assessments

RETESTING DATES

2009–2010 National ACT Test Dates (legislation pending)

MME

- ACT score from the MME will be accepted by all colleges and universities and the NCAA (Clearinghouse - National Collegiate Athletic Association – www.ncaa.org)
- ACT score (plus writing score) will be available four weeks after the test
- MME Score will be available in the summer before senior year

MME

Website: www.michigan.gov/mme (Information for Parents and Students)

The New Michigan Merit Exam -- What it is, What it Means, and What it Offers

Your Guide to the ACT (Link to ACT Website)

Preparing to Take the ACT Plus Writing State Testing

Preparing for WorkKeys

ACT College Readiness Standards

ACT - Ready for College & Ready for Work: Same or Different?

ACT 2009-10 National Test Dates

Test Date

September 12, 2009

October 24, 2009

December 12, 2009

February 6, 2010

April 10, 2010

June 12, 2010

Regular Deadline

August 7, 2009

September 18, 2009

November 6, 2009

January 5, 2010

March 5, 2010

May 7, 2010

Register on-line: www.actstudent.org

Regina CEEB code: 231-873

ACT 2009-10

Register On Line

Real Time Seat Assignment

Print Admission Ticket

View Scores – beginning 2 weeks later

ACT 2009-10 National Test Dates

2009–2010 ACT Fees and Services

ACT (No Writing)	\$32.00
ACT Plus Writing	\$47.00
Additional score reports (first 4 colleges are free)	\$ 9.00
Late registration fee (10 – 14 days after deadline)	\$21.00
Stand-by	\$41.00
Test Information Release	\$17.00*
Test date or center change	\$20.00

^{*}Available only Dec., April, June

ACT 2009-10

- Max. Times ACT can be taken: 12
- Writing Test: required by 15% schools
 UM MSU Kalamazoo Grace Bible College

88% - Go Up or Stay the Same (1.2 pts)

12% - Go Down

Dec – Apr – June \$19 – Get Test and Answers **English**

Math

Reading

Science

Writing

kills

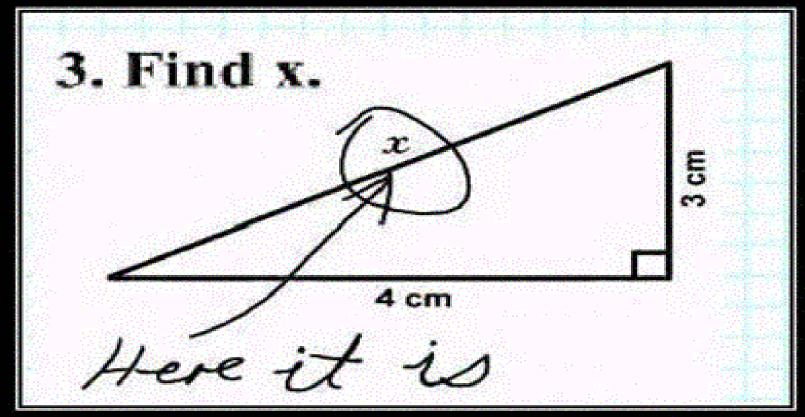
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skills

skills

kills





SIMPLICITY

The simplest solutions are often the cleverest They are also usually wrong



Test Prep – ACT/MME

ACT – One Day Workshop

Saturday – March 6, 2010 Regina High School 9 a.m. to 2 p.m. \$40.00*

*For students testing March 9 who are not enrolled in the ACT class. Price is \$20.00 for students enrolled in the ACT class.

Test Prep – ACT/MME

ACT/MME Test Prep Class

Eight week class (registration deadline is Friday, December 18)

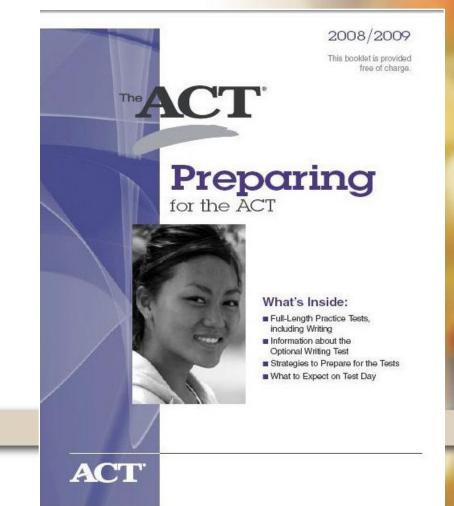
Tuesdays: Jan. 5, Jan. 19, Jan. 26, Feb. 2, Feb. 9, Feb. 16, Feb. 23 and March 2

Regina High School 3 – 4:45 p.m. \$185

If enrolled in the class there is a \$20.00 discount for the Saturday workshop on March 6 (9 a.m. to 2 p.m.)

ACT Toolbox K-12

"Preparing for the ACT"





Test Prep – ACT/MME

- Test Prep Websites
- www.actstudent.org
- www.collegeboard.com
- <u>www.kaplan.com</u>
- <u>www.princetonreview.com</u>
- www.collegequestmi.com
- Test Prep Resources
 - The Real ACT Prep Guide
 - ACT Prep On-Line (student edition)

SAT 2009-10 Test Dates

Test Date

October 10, 2009

November 7, 2009

December 5, 2009

January 23, 2010

March 13, 2010

May 1, 2010

June 5, 2010

Regular Deadline

September 9, 2009

October 1, 2009

October 30, 2009

December 15, 2009

February 4, 2010

March 25, 2010

April 29, 2010

register on-line: www.collegeboard.com or www.sat.org

Regina's CEEB code: 231-873

SAT 2009-10 Fees

SAT Reasoning Test \$45.00

SAT Subject Tests – basic fee \$20.00
 plus each subject \$9.00

New (as of last year)

Students may choose which SAT test results they wish to report

SAT/ACT - differences

If you are...

Try the...

good at Science & Science reasoning ACT

good at Math (up to trig) SAT/ACT

good at Punctuation & Reading ACT

good at Vocabulary & Reading SAT

Students planning to attend these Michigan colleges should take the ACT:

Ferris State University

Lawrence Technological University

Madonna University Livonia MI

Oakland University

SAT/ACT - differences

SAT-ONLY INSTITUTIONS

- California Institute of Technology, Pasadena, CA
- Harvey Mudd College, Claremont, CA
- Art Institute of Boston at Lesley Coll, Boston, MA
- Loyola College, Baltimore, MD
- Central Maine Medical Ctr Sch Nrsng, Lewiston, ME
- Wake Forest University, Winston-Salem, NC
- Charles E Gregory School of Nursing, Perth Amboy, NJ
- CUNY-Bernard M Baruch College, New York, NY
- CUNY-College of Staten Island, Staten Island, NY
- Webb Institute of Naval Architecture, Glen Cove, NY
- Johnson Technical Institute, Scranton, PA

SAT and ACT Score Comparison

This chart shows comparative scores for the ACT, the Current SAT, and the New SAT.

Last Current SAT: January 22, 2005
First ACT with Writing Test: February 12,2005 First New SAT:

March 12, 2005

ACT	Current SAT	New SAT
If you scored a	or a	It's about the same as a
36	1600	2400
35	1560-1590	2340
34	1510-1550	2260
33	1460-1500	2190
32	1410-1450	2130
31	1360-1400	2040
30	1320-1350	1980
29	1280-1310	1920
28	1240-1270	1860
27	1210-1230	1820
26	1170-1200	1760
25	1130-1160	1700
24	1090-1120	1650
23	1060-1080	1590
22	1020-1050	1530
21	980-1010	1500
20	940-970	1410
19	900-930	1350
18	860-890	1290
17	810-850	1210
16	760-800	1140
15	710-750	1060
14	660-700	1000
13	590-650	900
12	520-580	780
11	500-510	750

Explore Colleges

Upcoming College Representatives – Regina High School

(A reduced number, due to College Fair. Several have been here in September, such as U of M, MSU, etc. Please refer to Counselors' Notes on our website for a complete list of College Day reps.)

Oct. 12: Univ. of Dayton

Oct. 15: Grand Valley State

Oct. 19 Alma College

Oct. 22: Ferris State

Oct. 26: Wayne State U: Seniors only

Oct. 28: Albion College: Srs. only

Nov. 16: Lake Superior State

Explore Colleges

• College Night Programs www.macrao.org 6:30 – 8:00 p.m. (times may vary – please check website)

Mon., October 12 Tues., October 13 Thurs., October 15 Tues., October 20 Wed., October 28 Wed., March 17 Thurs., April 15 Troy Athens High School
Rochester Adams High School
Oakland Community College – Royal Oak
Grosse Pointe South High
Macomb Community College- South
Marian High
Metro Detroit National College Fair in Livonia

EDP – mydreamexplorer.com

- An Education Development Plan (EDP) documents an ongoing process in which a learner identifies both career goals and a plan of action to achieve them. The purpose of the EDP is to provide every student with a periodically updated and ongoing record of career planning that will guide in taking effective steps to enter a career of choice.
 - personal information
 - career pathway goals
 - educational/training goals
 - career assessment results
 - plan of action
- Seniors are required to do an independent project on career choices through their Christian Lifestyles Class.