

COMMUNITY BELL

JULY EDITION

ROTARACT CLUB OF
KATHMANDU

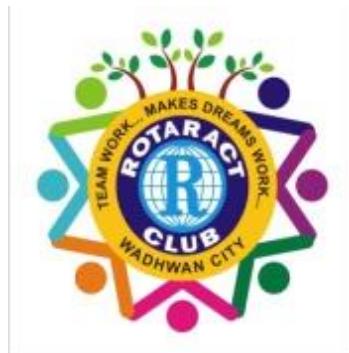
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ROTARY CLUB OF KATHMANDU
RI DISTRICT 3292

A MULTI
DISTRICT JOINT
BULLETIN

JULY
EDITION

12 CLUBS
10 DISTRICTS
8 COUNTRIES

Participant Clubs:



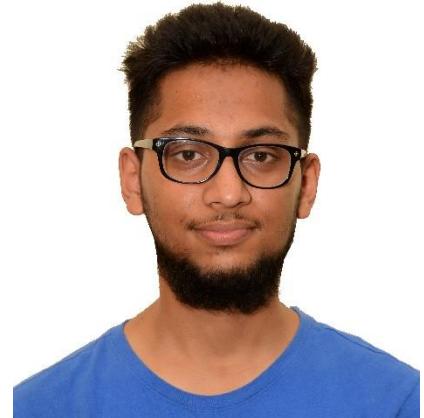
EDITORIAL

"Creativity - like human life itself - begins in darkness"

Dear Readers,

Amongst the hustle and bustle of the modern world, it can be often feel inconvenient to perform small tasks of no profound meaning. We tend to leave out matters which might easily be overlooked as worthless or time consuming and which will not make a big difference in the long run.

Take making your bed, for instance. We've learnt to make our bed in the morning and most of us do. It seems like such a small task to most of us, and yet so many of us just leave it as it is. However, scientific studies have shown that making your bed in the morning contributes to increased creativity and fosters healthier sleeping habits and better rest.



Such is the thing with small things in modern life; we do not think twice before skipping a step, taking a shortcut. What we fail to realize is, over time things like these add up to a very real amount. Today we fail to make our bed, tomorrow it feels useless to clean the room and soon, before we know it, our life is falling apart and we're trying to pull all the pieces together.

The important thing to draw from this, however, is that it can go both ways. A small step in the right direction can eventually make us a more positive and better person. Being creative and taking time to tend to our small mental needs can indeed make a big impact in our life over time.

Like a human being, each publication has its own journey. It starts as a small child, stumbling about until it can learn to walk and over time travels a thousand miles. Community Bell, our publication, is not different. Starting from a small idea, it takes a physical form that can reach thousands of people. With such a great pool of us Rotaractors, an idea we invest in today can turn out to be world shattering tomorrow.

It has been a pleasing experience compiling and editing this rich collection of ideas and actions from our fellow Rotaractors across all 12 clubs and 10 different Rota districts. On behalf of the editorial team, we would like to thank all involved Rotaract Clubs and their members for providing us with the content and making this publication a grand success. We would also like to thank all the ISDs for their constant communication and compliance. Special thanks goes to our ISD Rtr. Aakanksha Kunwar, for leading the project and supplying us with the materials in this publications. The project would also not have been possible without the constant support from our president Rtr. Lokraj Pandaya, who has been encouraging us to move ahead with no worries. Finally, I would like to thank the entire family of Rotaract Club of Kathmandu for entrusting me with such a phenomenal task and believing in me.

Community Bell is a medium that expresses the feeling of Rotaractors with color, joy, happiness, creativity and humor. We are extremely sorry for any errors on behalf of compilation and content management. As Pope Alexander famously said "*To err is human; to forgive, divine*".

HAPPY READING!!!

On behalf of the editorial committee,
Rtr. Abhijan Wasti
Editor (2019-20)
Rotaract Club of Kathmandu

RI

PRESIDENTIAL MESSAGE

I love to travel! I even enjoy the mundane process of getting from here to there. But last year, my wife, Gay, and I had one of those experiences that would strain the optimism of even the most cheerful traveler. We found ourselves with six hours to wait, at an airport where we were not scheduled to be, on a day we had not planned still to be traveling, having woken up that morning at a hotel unknown to us the night before. It was one of those days.

As we waited at John F. Kennedy International Airport in New York City, Gay and I took a walk to people watch. We went from one end of the terminal to the other and back, looking at every gate, every destination, every group of people waiting for their flights.



Each gate was its own island of humanity. When we walked down the center of the concourse, we were in New York, moving along with everyone in one river. But when you veered off into those seats, you left that current and landed on an island. You were already in Delhi or Paris or Tel Aviv.

As we started our walk, I thought: "All these different people, all these different countries, all in one place. This is like Rotary!" But as we walked past gate after gate, I realized something. It was not like Rotary at all. Because everyone in that river was heading for an island. And every island stayed an island. The people heading to Taipei might be talking to one another, but they were not talking to the people heading to Cairo or Lagos.

Contrast that with Rotary. Rotary allows us to connect with one another, in deep and meaningful ways, across our differences. It connects us with people we would never otherwise have met, who are more like us than we ever could have known. It connects us with our communities, to professional opportunities, and to the people who need our help.

Connection is what makes the experience of Rotary so very different from walking along that concourse at JFK Airport. In Rotary, none of us is an island. All of us are in Rotary together, whoever we are, wherever we are from, whatever language we speak or traditions we follow. We are all connected to one another — part of our communities and members not only of our clubs, but also of the global community to which we all belong.

This connection is what lies at the heart of the Rotary experience. It is what brings us to Rotary. It is why we stay. Please join your fellow Rotarians on this journey as Rotary Connects the World.

Mark Daniel Maloney

President 2019-20

PRESIDENT'S MESSAGE

Its a matter of pride to represent Rotaract club of Kathmandu through this message. Talking about Rotaract Club of Kathmandu, it has completed glorious 23 years in Rotaract Movement and is looking for many more in the days to come. Rotaract Club of Kathmandu is one of the pioneer club of Rotary International District 3292 which is sponsored by Rotary Club of Kathmandu, first rotary club of Nepal.

Rotary Year 2018-19 went wonderful under the leadership of Rtr. Sunil Phuyal. He is the epitome of great leader whose leadership made club achieve newer height. Looking to the RY 2018-19 we accomplished various project and activities like Project Shikshya, Dashain Aayo, Picturesque, Health Camp, Blood Donation Camp, Effective Public Speaking Training, Digital Marketing Workshop which helped member grow personally and professionally while providing opportunity to serve in the community. This is indeed an inspiration for us to work more and better in upcoming year. We had our 24th installation ceremony on the 7th July, 2019.



Rotaract Club of Kathmandu like any other rotaract clubs, basically emphasize on the professional development and fellowship of the members. And for supporting our claim, we are conducting Mental Health Awareness on 26th July, 2019 and also annual program Joint Dance Party on the occasion of Friendship Day jointly with other Rotaract Clubs on Aug 4.

Finally, once again I would like to wish your club a wonderful year ahead and this year we look forward to work together in any way possible for the betterment of all of us and global community. Beside, lets grow professionally and helps to groom each other personally .

Be Listener, Be Learner, Be Leader

Yours In Rotaract

Rtr. Lok Raj Pandeya
President RY 2019-20
Rotaract Club of Kathmandu
RID 3292, Nepal & Bhutan





Dear Fellow,

Greetings from Rotaract Club of Islamabad, Chittagong, RID 3282, Bangladesh.

This is Rtr Engr. Abdul Mannan Asif, President (RY 2019-2020) Rotaract Club of Islamabad, RID 3282, Bangladesh.

It is my pleasure to give you a brief introduction to our club. Rotaract Club of Islamabad, RID 3282, Bangladesh has been running successfully in Chittagong over the past 24 years.

It is one of the most sought after Rotaract clubs in the whole country. Our club has been working continuously towards sustainable development of our society by engaging youth in social and professional service through heartfelt fellowship.

Some of the most dignified and successful persons in our country have been part of our club. For its continuous excellency, Rotaract Club of Islamabad has achieved "Best Club Award" for a record 5 times.

In the year we are working on the theme " Learn, Connect and Work Together". Knowledge is very important to start something so 1st we need learning, now we are leaving in a global village and this time connectivity is very important for productivity, and another important part is working together and teamwork, if we can do teamwork it will help us to do complex work also.

Rotaract is the best platform for Learning, Networking with like-minded people's, definitely also a great place for Teamwork and working together.

Best wishes for Rotaract Club of Kathmandu, RID 3292, Nepal. RY 2019-2020 team. It's a really great pleasure to work together on IJB- International Joint Bulletin V1, we are looking forward to working together in the future.

Thanks

Abdul Mannan Asif

President (RY 2019-2020)

Rotaract Club of Islamabad, RID 3282, Bangladesh.

Facebook : [fb.com/rcislamabadctgbd](https://www.facebook.com/rcislamabadctgbd)

WhatsApp : +8801828191719





I firmly believe that the essence of the human is the service and help other people.

During some years I was in some community service group, we helping children in their homeworks, we shared special moments, we knew their realities and we tried to contribute positively in their lives; this woke up in me the desire to go further, find a place where I can give all of me, I though and wrote some ONG's in mi country, when I wanted to give up I get to Rotary.

Rotary has converted in my second home, give me the opportunity to put my professional and personal skills at the service of others, I have about three years in the organization and I feel part of it like someone that has contributed for many years; the wheel was turn one more time and I was sure that the time to assume the responsibility to be president of my Rotaract Club Machala will come, even though I wait whit calm and meanwhile, I added knowledge that strengthened my learning as rotaractor.

During one year we were the inspiration in our communities, we give smiles, we share warm hugs, we give hope to people, we add knowledge and experience, we fill our heart and we souls with the service and fellowship that only Rotary gives us.

Today I invite you to continue the inspiration connecting the world with our goodness acts, living the internationality sharing humanitarian projects and together building the road to true leadership that contributes to the participation of younger who want to join this global family and want to make a better world to live.

I finish with an important reflection; "let's make live worth", let's make our positive actions transcend and like says Paul Harris "beyond Rotary means for us, the world has known for the works you do".

Now that you know, take action and let's take to each corner of the world the ideals of service, fellowship and leadership that Rotary give us, let's fight to reach ambitious goals that transform lives and allow us develop our potential.

Adriana Muñoz Trujillo
President 2019 – 2020
Rotaract Club Machala





Greetings from Rotaract Club of Alumni Mora,

I'm privileged to address and acknowledge the joint bulletin published by the Rotaract Club of Kathmandu on behalf of Rotaract Alumni Mora. After completing 6 years of service we have started a new journey this year with the 7th Installation Ceremony which successfully concluded recently. We hope to join hands with the Rotaract Club of Kathmandu in our future projects.

According to "Global Coastal Index" Sri Lanka has been ranked at 5th place among countries identified for dumping polythene and plastic to the oceans. This is already a major environmental issue we are facing right now. Therefore, we have decided to select a theme "Strive to Save the Earth" for the new Rotaract year 2019/20. Rotaract Sri Lanka has shown its concern in this area by focusing on the environment in the recent years. I strongly believe that as Rotaractors we can contribute to save the Earth through sustainable project initiatives that focuses on our environment. We can start this from our homes by reducing use of plastic and polythene and adopting very simple concepts like 4R (Reduce, Recycle, Reuse and Recover). This year, as Rotaract Alumni Mora, we have planned to initiate more projects for planting more trees, protecting the environment and inculcating a sustainable development and lifestyle.

This will be a jubilant year for Rotaract Sri Lanka as we celebrate 50 years of Rotaract in Sri Lanka. So, there will be a lot of celebrations going on Sri Lanka to felicitate this milestone. We invite all the Rotaractors across the world to join hands with us to celebrate this special event.

The journey towards sustainability is not an easy one. One cannot pursue this journey alone. So as the Rotaract movement we can join hands together to strive to save the earth while we celebrate 50 years of Rotaract in Sri Lanka.

"I can do things you cannot, you can do things I cannot; together we can do great things." -- Mother Theresa

Viva la Rotaract!

Rtr. Hasitha Prashan Wellaboda
President 2019/20
Rotaract Club of Alumni of University of Moratuwa,
RID 3220, Sri Lanka & Maldives





It is an honor not just to lead, but also to give service to our fellow Rotaractors, to work hand in hand in achieving our goals for the common good and for the benefit of those people who need our hand. We, from the Rotaract Club of Metro Bacolod of Rotary International District 3850, are always grateful to be in partnership with other Rotaract Clubs not just in the Philippines, but also around the globe. In this way, we can truly promulgate the true essence of this year's Rotary International Theme, "Rotary Connects the World"



Rotaract club of Zenith takes immense pleasure in being associated with your Rotaract club. It's always great to have such initiatives which support the basic motto of fellowship and serve the purpose of the Rotaract movement. Hope this initiation will create a friendship between our club, not only for this year but for years to come. Let us as youngsters build a greater world for the future and let this bond becomes enriched ahead.

Happy Rotaraction

Regards,
Rtr. Balasubramanian
President 19-20
Rotaract Club of Zenith
RID 3232



Rtr Krupali Raval, the President of Rotaract club of Wadhwan city on behalf of her club, congratulates the President, Board & Members of Rotaract Club of Kathmandu. Connection is what makes the experience of Rotaract journey delightful & we are honoured to take this opportunity to connect with such a positive force. Best wishes to accomplish your goals for the RI year 2019-20.





The journey from rarely known club to the "best of the best club" was filled with excitement, achievements, enthusiasm, experience, love, laughter, fellowship, service and much more. It requires continuous increase in efforts and support each passing day to keep going and growing. Looking forward to much more achievements and success with each passing year.

Rotaract  **Junagadh**



Hello Rotaract Club of Kathmandu! It is a pleasure for the Rotaract Club Paseo de la Reforma to be able to collaborate with you. Our Club, although is young, has all the energy, and each of our activities carries all our love, effort and dedication.

We love the idea that your club become acquainted a little about what we do, as well as being able to meet people who share with us the same love for the world, that is why, the Paseo de la Reforma family will always be here to give a glad welcome to anyone of you with open arms.

Sincerely,
Verónica Padilla Vargas,
Current President of the Rotaract Club Paseo de la Reforma

Rotaract  **Paseo de la Reforma**
Ciudad de México



Dear Rotaractors,

I am immensely happy and overwhelmed to be associated with Rotaract International. It gives me a great opportunity to serve our society and needy people. I hope we as Rotaractors can make a difference in the world because we all are young and energetic. I hope we can bring the change and attract more and more people who can help us to bring a change in the society.

Lastly I want to thank Rotaract Club of Kathmandu for coming up with this great idea to publish monthly bulletin jointly with other international clubs.

"Change is the only Constant"

Rtr Debasish Purohit
President, RY 2019-20
Rotaract Club of Bhubaneswar Royal
RI Dist. – 3262

RI Dist-3262
Rotaract 
Bhubaneswar Royal

Rotaract Club of Kathmandu

Trekking to Langtang Valley



Langtang Valley Trek, known as "The valley of glaciers", is one of the popular and closest trekking regions from Kathmandu. Langtang valley trekking is a narrow valley which lies bet

ween the main Himalayan range to the north, bordering Tibet and a slightly lower range of snowy peaks to the south. A visit to the Langtang region offers an opportunity to explore typical villages, bag small peaks and visit glaciers at a comfortably low elevation. Langtang is one of the most popular trekking regions for those wishing a short trek from Kathmandu into the Himalayas influenced by Tibetan lifestyle.

The valley offers with the varieties of rhododendron, bamboo forests, majestic waterfalls, pine forest, swift mountain streams, rugged rock and snow-capped peaks, grassy down and meadows strewed with daisies and wild animals making the trek one of the most diverse treks. This treak took around 8-10 days to complete.

Langtang Valley Trek passes through an ever-changing climate and offers trekkers an exceptional diversity of scenery and culture. Langtang valley expedition area is inhabited by Tamang whose religious practices, language, and unique dress is worth enjoying. According to a legend, a lama following a runaway yak discovered the valley, hence the name -Lang (Tibetan name for YAK), Tang (more currently "Dhang" means to follow) was given. A variety of sights including Buddhist monasteries, a cheese factory, and yaks make this trek an exciting one.



Rotaract Club of Islamabad

Club Activities of RAC Islamabad



Rotaract Club of Machala

WE CHANGE LIVES

Definitely Rotary is a school that surprise us more every day with the skills that allow us to develop with the tools they give us.

On Sunday August 6th 2017 we made a district campaign "**Have breakfast together**", we have prepared a breakfast and share it with vulnerable people that were in the street in the morning.



One of person that we share breakfast, there was "Don Arturo", a friend of a club member, he was seated in the street, with his dirty clothes, he has got long hair and beard, surely, he hasn't enjoyed a good shower in a long time. We sat with him and we talked a little; he had passed for many rehabilitation hospitals, but in short time he was on the street again, consuming his life, we offered our help, we extended a support hand and we made him feel he isn't alone, he had a new friends group that trust and believe in him.

On December we planned to make a different Christmas dinner, so we invited vulnerable people to share the dinner, we gave foods for their houses and one more time the destiny put us "Don Arturo" in our way, he changed, he wore clean clothes, he had got short hair and didn't have a beard, he felt very happy for meeting his friends.

After a year on December 7th 2018 we received a special and happy call, it was the first day of "Don Arturo" outside of the rehabilitation hospital. We didn't understand what happened and he told us that the day after Christmas dinner he decided to enter in a hospital and change his life.

He invited all the club to celebrate that after a long year of fight, he was inserted in the society with job and like a person that contributes to the community.

The words of "Don Arturo" were clear and he thanked us for giving him the opportunity of believing in himself and the power inside him.

This case made us stop one second and understand that life is valuable and the contribution we can make in the others' lives that the little actions when we make them with heart can generate big impacts.



Rotaract Club of Alumni of University of Moratuwa

Club Activities of RAC Alumni of University of Moratuwa





Share the Joy

Rotaract Club of Alumni of University of Moratuwa



United We Stand

Rotaract Club of Alumni of University of Moratuwa



Mora Medics 2019

Rotaract Club of Alumni of University of Moratuwa

Rotaract Club of Metro Bacolod

**CHINESE LANGUAGE, CULTURE AND ARTS ACADEMY
(描戈律大都会扶轮青年服务团中国语言文化学院)**



implemented online learning classroom. This is a yearlong academy in which there are themes for every month based on the Chinese Lunar Calendar.

Basic Chinese numbers and alphabets were taught as the foundation of the program. Appreciating it more by practicing conversation in order to develop the fluency of the language. Learning Chinese should be knowing how to Read, Write, Speak, Listen and most importantly Understanding. Chinese culture like norms, principles, traditions and practices were also being introduced and practiced through role playing. Chinese foods for each major festivals were also being tasted and also explaining the story behind why is it being practiced. Chinese calligraphy and arts like paper cutting were also introduced and being encouraged as a past time hobby that can also be income generating. Enhancing the strength of the community with singing of Chinese songs that would serve as the Culminating Graduation Song at the end of the year during its Graduation Rites in a Community Mall.

You need to level up in order to cope up with the changes of the society. Mandarin is now one of the Most Spoken Languages in the world. It could possibly surpass English as the Universal Global Language.

Rotaract Club of Metro Bacolod initiated the Chinese Language, Culture and Arts Academy (中国语言文化学院) in its adopted community, the San Antonio Formation and Enhancement Center in Bacolod City. This academy does not only focuses on the traditional classroom set-up for learning but using non-traditional approaches like festival immersions, practical output activities, community mall performances and the soon to be



- RICHARD JERIC L. CHUA, MICB, RCA, CTT, CAT, MRITax

Rotaract Club of Zenith

PEACHY CLEAN

We, "The Rotaract Club of Zenith", along with Environmental Foundation of India conducted lake clean up and restoration project which will help us in the near future to store water. This is a yearlong project which we took and we are planning to restore maximum lakes in this year. The main reason is to restore lakes in Chennai which will help future generation to save water. We also joined with 50 other International clubs and made a lake clean ups and wall paintings in various countries across the world.



ROTARACT ENTREPRENEURSHIP DEVELOPMENT – RED

We, "The Rotaract Club of Zenith", along with "The Rotary Club of Madras North East" and "Sathyabama University" cordially organized Entrepreneur Development Summit "RED" a platform to all Rotaractors in Rotary District 3232 to become an aspiring entrepreneur. In partnership with experts, world class entrepreneurship knowledge will be developed among Rotaract movement. An event which creates a great platform and would help the participants to enhance their business establishments. This unique development program drawing together the leaders of top Corporate and Government. The event which helped the young entrepreneur to know about how to register your company, Skill sets required for startup, Government Schemes for Startup's, Business Planning Process & Business models, Preparing business plan, Marketing plan, Financial plan and Organization plan, Schemes offered by various commercial banks and financial institutions.



Ulaviyal Pazhagu

Ulaviyal Pazhagu is a Professional Service project which focuses on sharing Psychological facts, to provide knowledge about one's own mind and its functions, the issues in the society and their psychological reasons behind it and how to develop a stronger Mental health and relationship with other units in society. About 100 facts were rolled out from November 2018 to June 2019.

ULAVIYAL PAZHAGU'S 50

Why one should practice PSYCHOLOGY in everyday life?? Read this..

Knowing how human beings think, behave, interact with one another, how society works, understanding errors one commonly makes help us to develop *Self Knowledge*, treat *mental health issues*, improve *education, employment, work settings, relationships*, moreover promote *wellbeing* in all aspects,

Thereby **Ulaviyal Pazhagu** helps to
Knead Thyself...

Rtr. Bala Sri
President 18-19
Rtr. Mary Theresa Karthic
UP Chairperson

Rtr. PP Aravindhan
Secretary 18-19
Rtr. Sai Prasad
UP Secretary

#50

FINALE FACT

ULAVIYAL PAZHAGU's 100

Psychology is all about one's own **mind, behaviour** and it's functioning. As like we control our **Conscious mind**, our **Unconscious mind** controls us in a greater magnitude, that's the reason why many of our behaviours couldn't be explained "why" it is happening. Hence, the more we try to understand our mind and observe behaviours, the more we can regulate and even control behaviours. This is the **key to master one's own mind**.

Thereby **ULAVIYAL PAZHAGU** helps to
KNEAD THYSELF...

Rtr. Bala Sri
President 18-19
Rtr. Mary Theresa Karthic
UP Chairperson

Rtr. PP Aravindhan
Secretary 18-19
Rtr. Sai Prasad
UP Secretary

#100

Rotaract Club of Wadhwani City

Rotaract Club of Wadhwani City is serving humanity and nature since 2009. Surendranagar town belongs to the dry region of Gujarat, hence rainfall and green cover is very scarce. Club had taken initiative to increase green cover in and around the town to combat the global warming issues.



Divyangotsav: A Khel Mahotsav for Divyang Children

Divyangotsav: A Khel Mahotsav for Divyang Children (i.e. Specially abled Children) is organized every year in co-operation of Jivan Smruti; a school for mentally challenged Kids. Various games based on the mental age group & capabilities are played by the Divyang Children. The Club aim to spread awareness in the society, focussing on the special abilities of Divyang Children thereby changing the perspective of the community towards them.



Rotaract Club of Junagarh

"BHALAI NU BOX" (BOX OF HELP)

We, the Rotaract club of Junagadh have set up boxes since 9 Months(279 days) at different crowded places where localities visit regularly and put the unused items of their home, we Rotaracters collect that and distribute them among the needy and poor families

The main objective of the project was to serve the basic necessities to poor and needy from the rich and wealthy.

The club acts as a bridge between the donors and the needy.

Under this project the localities donate the extra and unused items from their home including wearables, toys, books, blankets etc. in the boxes set up by the club at various crowded places. The club members collect those items from the box every 2 to 3 days and distribute them to the poor and needy.

We distribute only among the workers who cannot afford the basic necessities inspite of working hard throughout the day and not to the ones who do not work for themselves. This inspires to work hard and earn for themselves instead of begging and also we boost enthusiasm of the poor working hard by providing them necessary items as a motivation. Thus the project works corresponding to current year's theme " BE THE INSPIRATION "

Our objective is aligned to the Rotary's area of focus of economic and community development. as we provide basic necessities to the hard working, this reduces their expense on basic needs which helps them to afford other services like education and health care and that ultimately leads to over.



Rotaract Club

Paseo de la Reforma

Rotaract supporting people from Tlaxcala, México



On January 5 of this year in a place called Españita, state of Tlaxcala; the Rotaract Club Paseo de la Reforma in collaboration with the Rotaract Club Tlaxcala Centro, created the event: "Abriquemos Tlaxcala", where we delivered approximately around 500 scarves, blankets, clothes to the people that live there; as well as balls to the children so they could play with them. Likewise, we did playful activities with these children that live in Españita, state of Tlaxcala.



An interactive museum celebrated Mexican children



On Children's Day (April 30), the Rotaract Paseo de la Reforma Club took 40 children from the association called Adolescencia Feliz Evitando Callejerización Infantil, A.C. (AFEECI), that means -Happy Adolescence, Preventing Street Childhood- a group of vulnerable children, to a place called Papalote Museo del Niño, a museum that is focused on learning, communication and coexistence of children through Interactive exhibitions of science, technology and art.



Rotaract Club of Delhi Riverside

In the scorching heat of Delhi when the temperature reaches upto 47 C easily , Rotaract Club of Delhi Riverside under the chairmanship of Rtr Himanshu Rajawat took the initiative of hosting Chabeel on 16th June, 2019. Governed by two ideas-

- 1- To serve cool water to majority of the people .
- 2- To minimize the use of single use plastic .

We used steel glasses for the same which were hired from the Barten Bank in Noida, The event we did had a record number of 4786 serving and was a well organized event . It was hosted at 4 places simultaneously . We also had a few collaborating clubs RAC Delhi Vikas, RAC Physiotherapy Scholars, RAC PGDAV, RAC USME and RAC Youth Leaders.



Rotaract Club of SLIIT

"Care to Share" was the first ever official project that was conducted by the Rotaract Club of SLIIT. The project was completed successfully with the assistance of students and various miscellaneous donors donating over 1200 books. The books were donated to the much needed library of Sir John Kothalawala Maha Vidyalaya, Piliyandala.

"Light up their world" was an award winning project put to life in the year 2017/18, to cater the education and literacy need of the country, for which this exercise was carried out for more than three long month at a child development and probation center in Panadura to teach basics in English to children from pre-grades to Advanced level. A team of more than twenty-five Rotaractors from SLIIT, took their time off of every weekend spending every second to improve the general English knowledge, drama and recitation skills, art and aesthetics and finally concluding the project with a mini-concert to showcase their learnings.

"One hand can heal another" is an annual project conducted by the Rotaract Club of SLIIT where the project intention is to distribute king coconut water (thambili water) among the patients undergoing chemotherapy at National Cancer Hospital, Maharagama.

One of the most remarkable projects done by Rotaract Club of SLIIT was "Team Alpha", an adventure-based team building professional development training session for the Rotaractors from District 3220 and non Rotaractors which won the Platinum Award for the most outstanding training and leadership development project. The session was conducted by a group of adventure professionals with the support of Sri Lanka Army; Gemunu Watch. The Rotaractors got the chance to practice and test their mental and physical skills as well as to test their leadership skills and team spirit with the guidance from the instructors.

"Taffeta path" was one of the overwhelming international services projects done by the Rotaract club of SLIIT to begin 2019, is where the club hosted 20 Rotaractors of RAC New Asia College from Hong-Kong for a period of one week here in Sri Lanka. Engaging the delegates in a number of mini-projects that ranged from cultural exchange to community services also including a tour around the island to let the delegation experience some fun and leisure.

Some of the other highlighted projects of the club include "Sightaract", "Raftiesta", "Sihina Tharanaya", "Greener Tomorrow", "Gear Up" and "Rotaract Idea Challenge". Rotaract Club of SLIIT has successfully completed 43 plus projects for the term 2018-19 and planning to serve more to the community "For a better tomorrow".





Rotaract Club of Bhubaneswar Royal

DAAN UTSAV

Daan Utsav - Joy of Giving Week. 'Daan Utsav' - is India's own festival of giving, celebrated every year from October 2-8. In this year Rotaract Club of Bhubaneswar Royal join this calibration with large enthusiasm.

In Day one, a Blood donation Camp was arranged in Capital Hospital Bhubaneswar where 20 units of blood were collected from members.

In Day two, A Cloth donation camp was arranged near Fire station square where we arranged cloths for 50-60 needy and distributed them with smile.

Day 1

RI Dist- 3262
Rotaract
Bhubaneswar Royal

Day 2

Rotaract Club of Bhubaneswar Royal, RID-3262

Day 3

RI Dist- 3262
Rotaract
Bhubaneswar Royal

Day 4

Rotaract Club of Bhubaneswar Royal, RID-3262

In Day Three, we celebrated it as "Joy of Feeding Needy" Our members shared their meal with needy today and nominated 10 members in their friend list .By this process by our 40 members we able to serve 600 people

In Day four of Daan Utsav Rotaract Club of Bhubaneswar Royal celebrated it as "Joy of helping physically challenged" where we served food in the evening near UNIT ONE market building Bhubaneswar.

In the fifth day of Joy of Giving week Rotaract Club of Bhubaneswar Royal went for Thanks to Swachata Army we met 40 sweepers, had interaction with them and served Food and energy drinks to them.

In the sixth day we arranged a sanitary pad awareness camp in slum and gave them 50 packets of sanitary pad free.

In Day seven, we distributed, medicines to Mission Ashra with our partner club Rotary Club of Bhubaneswar Royal and Masks and some energy drinks to Traffic Police .

This way the Rotaract club of Bhubaneswar Royal celebrated the Daan Utsav



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HAPPY BIRTHDAY!!



Rtr. Bishal Roka
Joint Secretary
July 3



Rtr. Pujan Shrestha
General Member
July 6



Rtn. Rajendra Gautam
Past President
July 8



Rtr. Aakhanksha Kunwar
International Service
Director



Rtr. Sonu Dongol
Club Service Director
July 30

The Purpose of Rotaract

The purpose of a Rotaract Club is to provide young men and women with an opportunity to enhance knowledge and skills that will assist them in personal development, to address the physical and social needs of their communities, and to promote better relations between all people worldwide through a framework of friendship and service.

Why Join Rotaract?

- To develop professional and leadership skills
- To gain experience and build your resume
- To build confidence
- To travel.
- To win scholarships for study abroad
- To access a worldwide network of business and professional leaders and the opportunity to work directly with them
- To develop knowledge and understanding of the needs, problems, and opportunities in the community and worldwide
- To build lasting friendships

The Rotary Year starts at July 1.

Rotary's first fiscal year began the day after the first convention ended, on 18 August 1910.

Just in Jest

Q: What do you call a classy fish?

A: Sofishticated

Got Any Poems, Jokes, and Articles??
 Send it to the Editorial Board at:
 editoratrac@gmail.com
 president.rackathmandu@gmail.com
 And get it published at the Community Bell in next edition.

It was thus recommended that RY year end its fiscal year at June 30 to give the Secretary and Treasurer time to prepare a financial statement for convention and board and to determine the proper number of club delegates to the convention.