

Vitamin



Case Manager Guide

Introduction

Communication is the most essential part of your job. Unfortunately, the best tools you have are inflexible and old fashioned. Are you stuck playing phone tag and faxing the same information back and forth to the same people? How much time would you save if you and your partners could have one place to collaborate on patient transfers and compliance?



Vitamin C is your patient management solution. We are a HIPAA-compliant communication platform that allows healthcare organizations to collaborate with each other and their patients in realtime. We do this by creating customized workflows for your organization. As a patient moves through their care plan, you don't have to wait to see their progress.

Best of all, it's quick and easy to set up for your entire organization.



Defining Vitamin C

CAREPLAN | Customized workflow for your organization and your patient populations. Vitamin C can be tailored to your own workflows or you can use nationally recognized, evidence-based careplans.

CARETEAM | These are the people who are responsible for a patient's well-being. A care team can consist of providers, family members, and case managers.

TRACKTION | A tracktion is a simple, trackable action for a patient's progress. This might be completing an exercise class, signing up for a followup appointment, or doing a set of daily stretches. Tracktions can be completed and verified by any member of the care team.

MISSION | Missions are how tracktions are grouped together and represent the logic of Vitamin C. Depending on a patient's progress, a mission might appear to remind the patient or alert the care team of any complications.

PROVIDER DASHBOARD | This is the dashboard which allows a case manager or provider to see all of his or her patients progress in a single view.

PATIENT RECORD | This is an online patient history which displays data necessary for the patient's careplan.

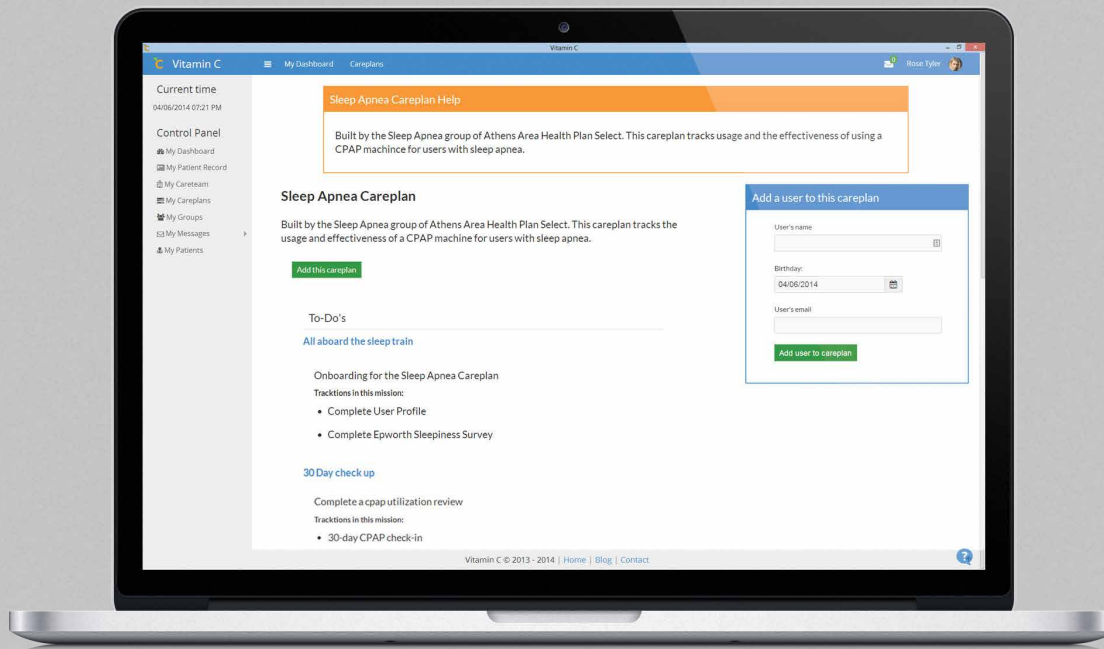


No additional
software needed

Easy setup

Customized to your
patient population





Step One: Use a careplan

Vitamin C uses careplans to take the faxes and phone calls out of your workday and replace them with structured, meaningful data. For example, we have created this compliance care plan for a client's sleep apnea population. The caregivers, patients, and providers all know what the patient needs to do and when they need to do it. Remember, by working with Vitamin C, we will tailor a careplan to your workflow and to the patient using the careplan.

The screenshot displays the Vitamin C Case Manager interface. The main window shows the 'New measure' screen for a '30-day CPAP check-in'. The left sidebar contains a 'Control Panel' with links to 'My Dashboard', 'My Patient Record', 'My Careteam', 'My Careplans', 'My Groups', 'My Messages', and 'My Patients'. The top navigation bar includes 'Vitamin C', 'My Dashboard', and 'Careplans'. The main content area is titled 'New measure' and includes a 'Helpful info' section with instructions for completing the '30-day CPAP check-in' for a 'Resmed S9 Series Bipap'. The form fields include 'Date (dd/mm/yyyy)' set to '04/10/2014 06:48 PM', 'hours of CPAP usage' set to '250', and a 'Comment' field with the text 'Getting a mask refit'. A green 'Record measure' button is visible. Below the form, it states 'No previous record'. An overlay window titled 'Completed Missions' is shown in the foreground, listing 'Sleep Apnea Careplan' with three items: 'All aboard the sleep train' (marked 'Ready to be confirmed' and 'Verified by Jordan Burke'), '30 Day checkup' (marked 'Ready to be verified'), and '60 Day checkup' (marked 'Ready to be verified').

New measure

Helpful info

30-day CPAP check-in
Resmed S9 Series Bipap

1. From the Home screen, press the 'i' (information) button.
2. This will take you to the Sleep Quality screen.
3. Turn the push dial clockwise to access the Sleep Report.
4. Read the last line 'Used Hours'.
5. Type this number into the box.

Date (dd/mm/yyyy): 04/10/2014 06:48 PM

hours of CPAP usage: 250

Comment: Getting a mask refit

Record measure

No previous record

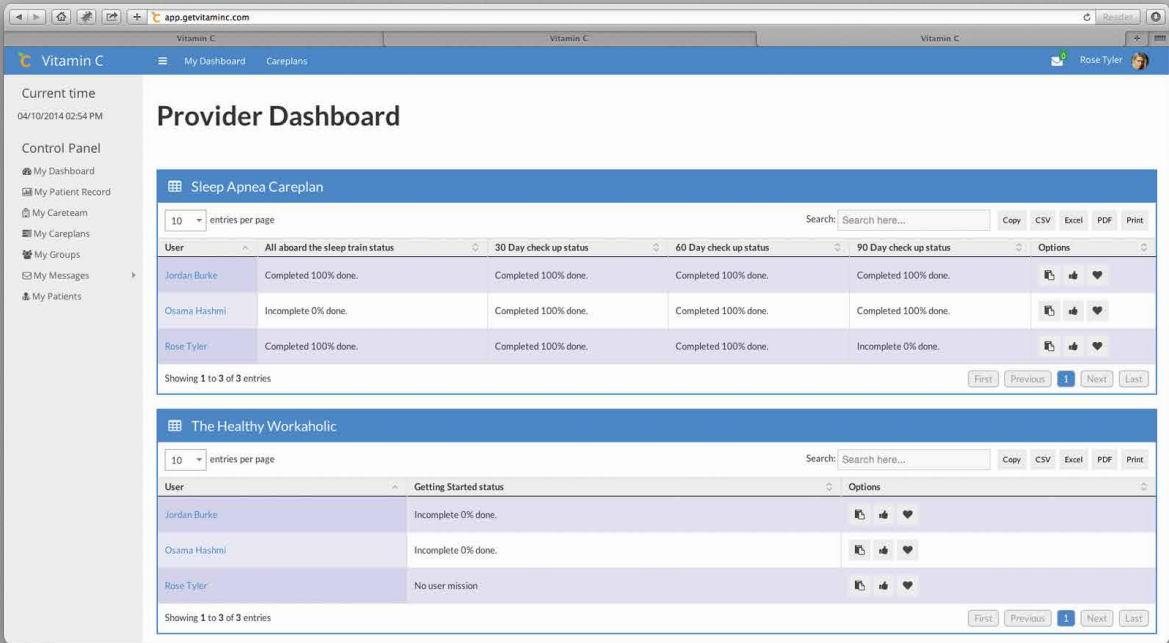
Completed Missions

Sleep Apnea Careplan

- All aboard the sleep train **Ready to be confirmed**
 - Verified by Jordan Burke
- 30 Day checkup **Ready to be verified**
- 60 Day checkup **Ready to be verified**

Step Two: Track your patients

A patient or any member of their careteam can complete an action for the careplan. You can now see a patient's progress without them having to walk in for a followup appointment or wait to receive a fax. This action can include instructions for completion and verification options.



Step Three: Report Progress

The provider dashboard shows you progress on every one of your patients. You can engage the care team right from the dashboard as well as click on the patient to view more information. This holistic data can be used for internal quality improvement projects, achieving additional reimbursement, or to receive national recognition and certifications.

About Vitamin C

Vitamin C is a people focused healthcare IT company. We are based in Athens, Georgia and have a strong commitment to understanding the unique aspects of your organization. If you have any questions, feel free to reach out to our management team.

Vitamin C Management Team



Jordan Burke | Chief Technical Office | jordan@getvitaminc.com

Jordan Burke has a passion for healthcare and technology. His previous experience includes server administration and security, developing applications for nonprofits and small business, and applying principals of UX design to everything he does. He holds several certifications in A+, Network +, and Security +. His passion for healthcare comes from his own experiences as a sleep apnea patient.



Osama Hashmi | Chief Product Officer | osama@getvitaminc.com

Osama Hashmi has a passion for improving healthcare organizations. As a Masters student at the University of Georgia, he has extensive experience in helping large and small hospitals improve population health management. Vitamin C is based off of research he conducted at Stanford in patient engagement and communication.



For additional information
or to keep up with
our team, please visit:

www.getvitaminc.com



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