

Caresma Platform Architecture

This document describes the complete system architecture for the Caresma cognitive health assessment platform.

System Overview

Caresma is a cognitive health assessment platform that enables:

- **Real-time voice conversations** with an AI-powered avatar
- **Cognitive assessment** across key domains (Memory, Language, Executive Function, Orientation)
- **Diagnostic-style reporting** with risk level indicators
- **Automated session scheduling** based on assessment severity
- **Calendar integration** for appointment management

Technology Stack

Layer	Technology
Frontend	React 19, HeyGen Streaming Avatar SDK, WebSocket
Backend	FastAPI (Python), AsyncIO, WebSockets
Database	PostgreSQL with SQLAlchemy ORM
AI Services	OpenAI Realtime API, OpenAI GPT-4
Avatar	HeyGen Streaming Avatar (WebRTC)
Calendar	Google Calendar API / Outlook API

Complete Architecture Diagram





