THE FACTS ABOUT



BENEATH THE SHEETS

A GETSTDTESTED.COM GUIDE

THE FACTS ABOUT GENITAL HERPES

GENITAL HERPES IS AN EXTREMELY CONTAGIOUS AND COMMON STD IN THE UNITED STATES.

Over 50 million Americans are impacted by genital herpes. The CDC reports that one in six people between the ages of 14-49 have herpes simplex virus-2 (HSV-2), the most common cause of genital herpes.

WHAT ARE THE SYMPTOMS?

The most common symptom of genital herpes is a recurring outbreak of genital sores in men and women. The frequency and intensity of a herpes outbreak is unpredictable, and it's recommended that people with genital herpes avoid sex during those outbreaks. Typically, a herpes outbreak will happen 4-5 times a year.

It is possible for no visible sore or only mild symptoms to be present during a genital herpes outbreak, which can lead to some people remaining undiagnosed for years. However, that does not mean they are any less contagious.

IT GETS COMPLICATED

Genital herpes is not lifethreatening, but it is incurable and can be a highly uncomfortable, disruptive and embarrassing STD. Psychological stress caused by genital herpes is not uncommon. Initial genital herpes outbreaks may be accompanied by flu-like symptoms.

Because of the open-sore nature of genital herpes, people with herpes are more susceptible to HIV and more likely to infect someone with HIV.

HOW DO YOU TREAT IT?

Get tested regularly! Since symptoms don't always appear, it's important that you get tested regularly—especially if you have a new sexual partner. A genital herpes test can be administered by your local health care provider or by a private STD testing service, such as getSTDtested.com. Results from getSTDtested.com are completely private and hospital-accurate.

There is no cure for herpes, but antiviral medication can lessen the frequency and intensity of genital herpes outbreaks. If you test with getSTDtested.com, our staff of inhouse physicians can direct you to the appropriate treatment options.

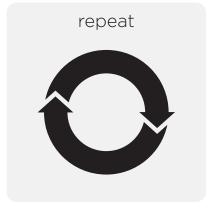


REDUCE YOUR RISK OF CATCHING AND SPREADING GENITAL HERPES









PREVENT

People with genital herpes should abstain from sex during outbreaks. Latex condoms can reduce the risk of genital herpes, if the infected area is protected. Always use protection, especially with a new partner.

TEST

If you are sexually active, test regularly. Between outbreaks, genital herpes can show no symptoms. A genital herpes test is available through your local health care provider or through getSTDtested.com.

TREAT

There is no cure for genital herpes, however, antiviral medications can shorten and prevent outbreaks. Tell your partner!

REPEAT

Make safe sex and STD testing regular habits. Even if you are in a committed relationship, it doesn't hurt to get tested annually—you never know!





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We offer in-home and same-day local lab testing at over 4,000 nationwide locations.

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