



National
Foundation
Center

GLOSSARY FOR THE LESSON 8





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- peak - the top of a mountain
- exhausted - very tired
- area - a part of a place
- low - not high or tall
- ordeal - a painful or difficult experience
- painful - causing the feeling that you have been hurt
- cope (with) - face, manage to do
- discover - find sb/sth that was hidden or unknown
- excitedly - in a way that shows you are happy and excited
- ground - the surface of the earth
- memory - a thought of sth that you remember
- imaginative - having new and exciting ideas
- safety - being safe from danger
- tragically - in a way that makes you feel very sad
- strength - physical power or energy
- conditions - the way things are around you
- limit - the maximum point or level of sth/sb
- extraordinary - very unusual
- mental - relating to the mind