DINNERLY



Speedy Indonesian Beef Noodles

with Pak Choy and Toasted Coconut





25 minutes 2 Servings

When you're tight on time, stir-fries are the answer. Simply flash-fry beef mince and Asian greens in our Indonesian spice paste, then toss through slippery noodles and top with toasted coconut.

WHAT WE SEND

- 1 carrot
- · 1 bunch pak choy
- · 20g shredded coconut 17
- 150g egg noodles 1,3
- beef mince
- 55g ayam goreng paste

WHAT YOU NEED

- · 2 garlic cloves
- · 1 tbs vegetable oil

TOOLS

- · medium saucepan
- · julienne peeler or box grater
- · large frypan

Our veggies come straight from the farm, so please wash them before cooking.

ALLERGENS

Gluten (1), Egg (3), Sulphites (17). May contain traces of other allergens.

NUTRITION PER SERVING

Energy 885kcal, Fat 41.9g, Carbs 84.0g, Proteins 49.5g



1. Prep ingredients

Bring a medium saucepan of water to the boil for the noodles. Peel the **carrot**, then shred using a julienne peeler or coarsely grate with a box grater. Cut the **pak choy** into thin wedges. Crush or finely chop **2 garlic cloves**.



2. Toast coconut

Put the **coconut** in a cold large frypan over medium heat. Toast, tossing, for 5 mins or until evenly golden. Remove from the pan, reserving the pan.



3. Cook noodles

Cook the **noodles** in the pan of boiling water for 2 mins or until tender. Drain, then rinse under hot water to prevent the noodles from sticking (see Kitchen 101).



4. Stir-fry beef

Heat 1tbs vegetable oil in the reserved pan over high heat. Cook the beef mince, breaking up the lumps with a spoon, for 3-4 mins until browned. Add the carrot, ayam goreng paste, garlic and 80ml (½ cup) water and cook, stirring, for 2 mins or until the carrot is softened.



5. Serve up

Add the **pak choy** and **noodles** to the beef mixture and stir-fry for a further 1 min or until the pak choy is tender but still with crunch. Divide the **stir-fry** among bowls and scatter over the **toasted coconut**. Enjoy!



6. Kitchen 101

Rinsing the noodles helps to prevent them sticking together by removing some of the starch. If desired, after rinsing, toss the noodles in a small amount of oil to help prevent them clumping.

