# **DINNERLY**



# Korean Beef Burgers

with Pickled Cucumber and Sesame Fries





30 minutes 2 Servings

This fusion burger combines Korean flavours with comfort food indulgence. Pack flavour into beef mince with fermented chilli paste, for those who like heat, then team it will quick pickles and sesame-speckled fries.

#### WHAT WE SEND

- 1 potato
- · 10a toasted sesame seeds 11
- beef mince
- · 30a Korean chilli paste 1,6
- · 1 Lebanese cucumber
- · 2 white bread rolls 1,6

#### WHAT YOU NEED

- · 3 tsp vegetable oil
- · 2 tsp white vinegar
- 1 tbs barbecue sauce
- · 2 tbs mayonnaise 3

#### **TOOLS**

- · 2 oven travs
- baking paper
- medium frypan

Our veggies come straight from the farm, so please wash them before cooking.

### **ALLERGENS**

Gluten (1), Egg (3), Soy (6), Sesame (11). May contain traces of other allergens.

#### **NUTRITION PER SERVING**

Energy 985kcal, Fat 51.0g, Carbs 63.8g, Proteins 47.6g



#### 1. Bake fries

Preheat the oven to 220C. Line an oven tray with baking paper. Peel the **potato** and cut into 1cm-thick fries. Put the fries on the lined tray, drizzle with 2 tsp vegetable oil and scatter over half the sesame seeds. Season with salt and pepper and toss to coat. Bake on the lower oven shelf for 25 mins or until golden and tender.



## 2. Shape patties

Meanwhile, put the beef mince and chilli paste (see Make it yours) in a bowl and season with salt and pepper. Using damp hands, combine well, then shape into 2 equal patties, slightly larger than the base of a bun.



#### 3. Pickle cucumber

Thinly slice the cucumber. Put 2 tsp white vinegar in a bowl, add the cucumber and toss to coat. Set aside to pickle, tossina occasionally, until needed.



Heat 1 tsp vegetable oil in a medium frypan over medium-high heat. Cook the patties for 3 mins each side. Brush with 1tbs barbecue sauce and cook for a further 1 min each side or until cooked through. Remove the pan from the heat. Meanwhile, cut the rolls in half. Put on an oven tray, cut side up, and bake on the upper shelf for 5 mins or until lightly toasted.



5. Serve up

Drain the cucumber, discarding the pickling liquid. Spread the roll bases and tops with mayonnaise. Layer the bases with the pickled cucumber and beef patties, then scatter with the remaining sesame seeds. Sandwich with the roll tops. Serve with the **fries** and enjoy!



6. Make it yours

We've suggested this amount of Korean chilli paste (known as gochujang) for flavour, but feel free to reduce to taste or leave some of the beef mince without it for those who prefer less heat.

