DINNERLY



20-Minute Hoisin Chicken Noodles with Pak Choy and Peanuts

Stir-fry chicken and veggies in a sweet hoisin sauce, toss in noodles and finish with peanuts. That's what we call smashing out fast flavour!

WHAT WE SEND

- · 1 bunch pak choy
- 1 carrot
- · 20g peanuts 5
- free-range chicken thigh fillets
- 150g egg noodles 1,3
- 2 tbs hoisin sauce 1,6,11

WHAT YOU NEED

- · 2 tsp vegetable oil
- 1 tbs soy sauce 6

TOOLS

- · medium saucepan
- · medium deep frypan

Our veggies come straight from the farm, so please wash them before cooking.

ALLERGENS

Gluten (1), Egg (3), Peanuts (5), Soy (6), Sesame (11). May contain traces of other allergens.

NUTRITION PER SERVING

Energy 610kcal, Fat 17.8g, Carbs 74.8g, Proteins 40.6g



1. Prep ingredients

Bring a medium saucepan of water to the boil for the noodles. Coarsely chop the **pak choy**, keeping the leaves and stems separate. Peel the **carrot**, then halve lengthwise and thinly slice. Coarsely chop the **peanuts**. Thinly slice the **chicken** and season with **salt and pepper**.



2. Cook noodles

Cook the **noodles** in the pan of boiling water for 2 mins or until tender. Drain, then rinse under hot water to prevent the noodles from sticking.



3. Stir-fry chicken

Heat a drizzle of vegetable oil in a medium deep frypan over medium-high heat. Stir-fry the chicken for 3-4 mins until browned. Remove from the pan. Stir-fry the pak choy stems and carrot for 3-4 mins until just tender.



4. Add noodles

Add the chicken, noodles, pak choy leaves, hoisin sauce (see Make it spicy) and 1 tbs soy sauce to the veggies and stir-fry for a further 1-2 mins until combined and warmed through. Remove the pan from the heat.



5. Serve up

Divide the **stir-fry** among bowls, scatter over the **peanuts** and enjoy!



6. Make it spicy

If you like it spicy, add some chilli sauce with the hoisin, or scatter over chilli flakes to serve if it's just for you.

