# **DINNERLY**



Fan Fave: Shepherd's Pie with Cheesy Sweet Potato

30 minutes 2 Servings



mashed sweet potato and golden melted cheese – it's a warm hug of a meal.

# WHAT WE SEND

- 1 carrot
- 2 sweet potatoes
- beef mince
- · 2 chicken-style stock cubes
- · 50g cheddar 7
- 150g peas
- \* The remainder of this ingredient won't be used in this recipe.

# WHAT YOU NEED

- · 2 garlic cloves
- · 2 tbs olive oil
- 125ml (1/2 cup) boiling water
- · 1 tbs tomato paste

#### **TOOLS**

- · medium saucepan
- medium ovenproof frypan
- box grater

Our veggies come straight from the farm, so please wash them before cooking.

#### **ALLERGENS**

Milk (7). May contain traces of other allergens.

# **NUTRITION PER SERVING**

Energy 850kcal, Fat 50.0g, Carbs 41.9g, Proteins 52.4g



# 1. Prep ingredients

Crush or finely chop **2 garlic cloves**. Peel the **carrot** and cut into 1cm chunks. Peel the **sweet potatoes** and cut into 2-3cm chunks. Put the sweet potato in a medium saucepan, cover with water and bring to the boil. Reduce the heat to medium and cook for 12-14 mins until tender. Drain, then return to the pan.



# 2. Brown mince

Meanwhile, heat 1 tbs olive oil in a medium ovenproof frypan (see Kitchen hack) over medium-high heat. Cook the beef mince and garlic, breaking up the lumps with a spoon, for 3-4 mins until browned



# 3. Make stock

While the mince is cooking, crumble 1 stock cube\* into a heatproof jug, add 125ml (½ cup) boiling water and stir to dissolve. Coarsely grate the cheese.



4. Simmer filling

Stir the stock, carrot and 1 tbs tomato paste into the mince mixture, then season with salt and pepper. Bring to the boil, then reduce the heat to low and cook for 8-10 mins until most of the liquid is evaporated. Stir in the peas and cook for a further 2 mins or until warmed through. Taste, then season with salt and pepper.



5. Grill and serve up

Meanwhile, preheat the grill to medium-high. Add 1 tbs olive oil to the sweet potato, season with salt and pepper and mash. Spread the mash over the mince mixture in the pan, top with the grated cheese and grill for 5-6 mins until golden and slightly crispy. Divide the shepherd's pie among plates and enjoy.



6. Kitchen hack

If you don't have an ovenproof frypan, use any frypan, then in Step 5, transfer the mince mixture to an ovenproof dish, cover with the mash and continue cooking as directed.