# **DINNERLY**



# Feed A Crowd: Crunchy Baked Bean Pie Same Meal Price, More Servings!





Want extra bang for your buck? Serve up more with our Feed A Crowd recipes. We've added more hearty ingredients like filling carbs and veggies to satisfy hungry tummies. If you're on a 2-person plan, these recipes make 4 portions; on a 4-person plan, they make 8 portions.

## WHAT WE SEND

- 1 onion
- 2 red capsicums
- · 2 x 400g cannellini beans
- 100g cheddar <sup>7</sup>
- 20g smoky barbecue seasoning <sup>17</sup>
- 400a diced tomatoes
- 2 x 2 wholemeal rolls 1,6

#### WHAT YOU NEED

- · 2 garlic cloves
- · 2 tbs olive oil
- · 2 tbs barbecue sauce
- · 2 tsp sugar

#### **TOOLS**

- box grater
- · large deep frypan
- 1.5L (6 cup) baking dish

Our veggies come straight from the farm, so please wash them before cooking.

#### **ALLERGENS**

Gluten (1), Soy (6), Milk (7), Sulphites (17). May contain traces of other allergens.

## **NUTRITION PER SERVING**

Energy 465kcal, Fat 19.8g, Carbs 48.0g, Proteins 20.2g



# 1. Prep ingredients

Preheat the oven to 220C. Thinly slice the onion (see Feed A Crowd). Thinly slice the capsicums. Crush or finely chop 2 garlic cloves. Drain and rinse the beans. Coarsely grate the cheese.



# 2. Soften veggies

Heat 2 tsp olive oil in a large deep frypan over medium-high heat. Cook the onion and capsicum, stirring, for 6-7 mins until softened. Stir in the barbecue seasoning and 2 tbs barbecue sauce and cook, stirring, for 1 min.



# 3. Simmer filling

Add the beans, tomatoes, 2 tsp sugar and 125ml (½ cup) water to the pan and stir to combine. Bring to the boil, then reduce the heat to medium-high and cook for a further 5-7 mins until slightly thickened. Taste, then season with salt and pepper. Transfer to a 1.5L (6 cup) baking dish.



4. Make crunchy topping

Meanwhile, cut the **rolls** in half. Combine the **garlic** and 1½ **tbs olive oil** in a bowl. Brush over the cut sides of the rolls, then tear into 2cm chunks and scatter over the filling. Scatter over the **cheese**.



5. Bake and serve up

Bake the pie for 15-17 mins until the topping is golden and crispy. Divide the **baked bean pie** among plates and enjoy!



6. Feed A Crowd

Make light work of meal prep by getting the kids involved! Ask them to cut up the veggies and grate the cheese, or perhaps make the garlic oil and crunchy topping in Step 4 while you get on with other things.

