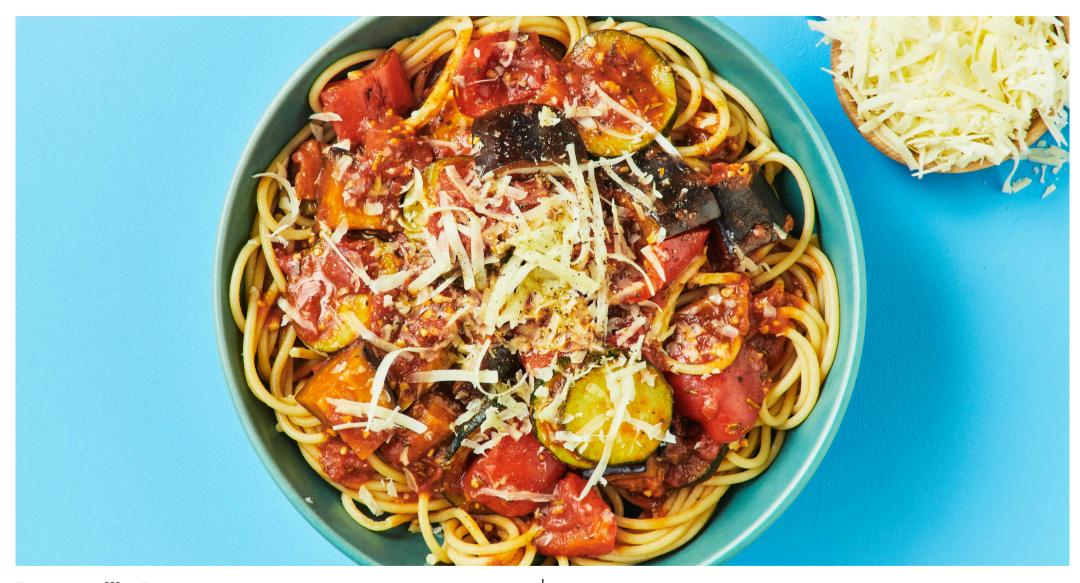
DINNERLY



Ratatouille Pasta

with Cheddar Cheese





When France meets Italy, what results is a perfect partnership. Taking its inspiration from the Provencal ratatouille stew, we've tossed capsicum, eggplant and zucchini through spaghetti to serve up the best of two worlds!

WHAT WE SEND

- · 1 eggplant
- 1 red capsicum
- · 1 zucchini
- · 250g spaghetti 1
- 10g Tuscan seasoning ¹⁷
- · 400g diced tomatoes
- 50g cheddar 7
- * The remainder of this ingredient won't be used in this recipe.

WHAT YOU NEED

- · 2 garlic cloves
- · 1 tbs olive oil
- · 2 tbs tomato paste
- 1tsp sugar

TOOLS

- medium saucepan
- · medium deep frypan
- · box grater

Our veggies come straight from the farm, so please wash them before cooking.

ALLERGENS

Gluten (1), Milk (7), Sulphites (17). May contain traces of other allergens.

NUTRITION PER SERVING

Energy 680kcal, Fat 20.9g, Carbs 90.8g, Proteins 24.4g



1. Prep ingredients

Bring a medium saucepan of salted water to the boil for the spaghetti. Cut the **eggplant** into 1.5cm chunks (see Kitchen notes). Cut the **capsicum** into 2cm chunks. Thinly slice the **zucchini**. Crush or finely chop **2 garlic cloves**.



2. Cook pasta

Cook three-quarters of the spaghetti* in the pan of boiling water for 12 mins or until al dente. Reserve 125ml (½ cup) cooking water, then drain the spaghetti, return to the pan and cover to keep warm.



3. Saute veggies

Meanwhile, heat 1 tbs olive oil in a medium deep frypan over medium-high heat. Cook the eggplant, capsicum and zucchini, stirring occasionally, for 8-10 mins until golden. Add the garlic, Tuscan seasoning and 2 tbs tomato paste and cook, stirring, for 2 mins.



4. Simmer squce

Add the tomatoes, reserved cooking water and 1 tsp sugar to the veggies and bring to the boil. Reduce the heat to medium and cook, stirring occasionally, for a further 8-10 mins until the veggies are tender and the sauce is slightly thickened. Remove the pan from the heat



5. Serve up

While the sauce is simmering, coarsely grate the cheese. Add the spaghetti (see Kitchen notes) to the sauce and toss to combine and warm through. Taste, then season with salt and pepper. Divide the ratatouille pasta among bowls, scatter over the cheese and enjoy!



6. Kitchen notes

Only 300g (3½ cups) eggplant is needed for this recipe, so if your eggplant looks very large, you may want to check this. Either weigh it or fill a measuring jug with the chopped eggplant for a quick way to measure. ~ Is your pasta sticking? It should loosen up once you've tossed it through the sauce, but feel free to add a little hot water or olive oil to the saucepan to free it up a bit.

