



# Practice Facilitation Handbook

## Sample Medical Record: [REDACTED]

[REDACTED]

[REDACTED]

Table of Contents
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Use for April 2011 abstraction

WeServeEveryone Clinic	
1111 First Street California 111-111-11111 Fax: 111-111-1111	Chart Summary

[REDACTED]

Home: 444-444-4444 Female DOB: 04/04/1950	0000-44444	Ins: Commercial xxxxx
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### Patient Information

Name: [REDACTED]	Home Phone: 444-444-4444
Address: 4444 Coffee Ave Chocolate, California	Office Phone:
Patient ID: 0000-44444	Fax:
Birth Date: 04/04/1950	Status: Active
Gender: Female	Marital Status: Divorced
Contact By: Phone	Race: Black
Soc Sec No: 444-444-4444	Language: English
Resp Prov: Carl Savem	MRN: MR-111-1111
Referred by:	Emp. Status: Full-time
Email:	Sens Chart: No

Home LOC:WeServeEveryone

External ID:

MR-111-1111

## Problems

DIABETES MELLITUS (ICD-250.)

HYPERTENSION, BENIGN ESSENTIAL (ICD-401.1)

## Medications

PRINIVIL TABS 20 MG (LISINOPRIL) 1 po qd

Last Refill: #30 x 2 : Carl Savem MD (08/27/2010)

HUMULIN INJ 70/30 (INSULIN REG & ISOPHANE (HUMAN)) 20 units ac breakfast

Last Refill: #600 u x 0 : Carl Savem MD (08/27/2010)

## Directives

### Allergies and Adverse Reactions (! = critical)

### Services Due

FLU VAX, PNEUMOVAX, MICROALB URN

3/18/2011 - Office Visit: F/u Diabetes

Provider: Carl Savem MD

Location of Care: WeServeEveryone Clinic

## OFFICE VISIT

### History of Present Illness

Reason for visit: Routine follow up

Chief Complaint: No complaints

## History

### Diabetes Management

#### Hyperglycemic Symptoms

Polyuria: no

Polydipsia: no

Blurred vision: no

#### Sympathomimetic Symptoms

Diaphoresis: no

Agitation: no

Tremor: no

Palpitations: no

Insomnia: no

#### Neuroglycopenic Symptoms

Confusion: no

Lethargy: no

Somnolence: no

Amnesia: no

Stupor: no

**Seizures:** no

## Review of Systems

**General:** denies fatigue, malaise, fever, weight loss

**Eyes:** denies blurring, diplopia, irritation, discharge

**Ear/Nose/Throat:** denies ear pain or discharge, nasal obstruction or discharge, sore throat

**Cardiovascular:** denies chest pain, palpitations, paroxysmal nocturnal dyspnea, orthopnea, edema  
**Respiratory:** denies coughing, wheezing, dyspnea, hemoptysis

**Gastrointestinal:** denies abdominal pain, dysphagia, nausea, vomiting, diarrhea, constipation

**Genitourinary:** denies hematuria, frequency, urgency, dysuria, discharge, impotence, incontinence

**Musculoskeletal:** denies back pain, joint swelling, joint stiffness, joint pain

**Skin:** denies rashes, itching, lumps, sores, lesions, color change

**Neurologic:** denies syncope, seizures, transient paralysis, weakness, paresthesias

**Psychiatric:** denies depression, anxiety, mental disturbance, difficulty sleeping, suicidal ideation, hallucinations, paranoia

**Endocrine:** denies polyuria, polydipsia, polyphagia, weight change, heat or cold intolerance

**Heme/Lymphatic:** denies easy or excessive bruising, history of blood transfusions, anemia, bleeding disorders, adenopathy, chills, sweats

**Allergic/Immunologic:** denies urticaria, hay fever, frequent UTIs; denies HIV high risk behaviors

## Vital Signs

<b>WeServeEveryone Clinic</b>	<i>March 24, 2011</i>
1111 First Street California 111-111-11111 Fax: 111-111-1111	Page 2 Chart Summary

Ht: **64 in.** Wt: **140 lbs.** T: **98.0** degF. T site: **oral** P: **72** Rhythm: **regular** R: **16** BP: **158/90**

## Physical Exam

**General Appearance:** well developed, well nourished, no acute distress

**Eyes:** conjunctiva and lids normal, PERRLA, EOMI, fundi WNL

**Ears, Nose, Mouth, Throat:** TM clear, nares clear, oral exam WNL

**Respiratory:** clear to auscultation and percussion, respiratory effort normal

**Cardiovascular:** regular rate and rhythm, S1-S2, no murmur, rub or gallop, no bruits, peripheral pulses normal and symmetric, no cyanosis, clubbing, edema or varicosities

**Skin:** clear, good turgor, color WNL, no rashes, lesions, or ulcerations

**Problems (including changes):** Blood pressure is lower. Feet are inspected and there are no callouses, no compromised skin. No vision complaints.

**Impression:** Sub optimal sugar, control with retinopathy and neuropathy, high glucometer readings. Will work harder on diet. Will increase insulin by 2 units.

### Home Glucose Monitoring:

AC breakfast 110 to 220

AC breakfast mean 142

AC dinner 100 to 250

AC dinner mean 120

## Plan

### Medications:

HUMULIN INJ 70/30 20 u ac breakfast

PRINIVIL TABS 20 MG 1 qd

**Treatment:** Will have annual foot exam at next visit.

### Orders:

UA

Metabolic Panel

**Education/Counseling (time):** 5 minutes

**Coordination of Care (time):** 20 minutes

**Follow-up/Return Visit:** 3 months

**Disposition:** return to clinic

<b>WeServeEveryone Clinic</b>	<i>March 24, 2011</i>
1111 First Street California 111-111-11111 Fax: 111-111-1111	Page 2 Chart Summary

**03/18/2011 - Lab Report: Metabolic Panel Provider:** 

### Tests:

(1) Metabolic Panel(ML-03CHEM)

ALK PHOS	72	35-100
BG RANDOM	125 mg/dl	70-125
BUN	16 mg/dl	7-25
CALCIUM	9.6 mg/dl	8.2-10.2
CHLORIDE	101 mmol/l	96-109
CO2	27 mmol/l	23-29
CREATININE	0.7 mg/dl	0.6-1.2
PO4	2.9 mg/dl	2.5-4.5
POTASSIUM	4.5 mmol/l	3.5-5.3
SGOT (AST)	31 U/L	0-40
BILI TOTAL	0.7 mg/dl	0.0-1.3
URIC ACID	4.8 mg/dl	3.4-7.0
LDH, TOTAL	136 IU/L	0-200
SODIUM	135 mmol/l	135-145

(2) HbA1c Test

HbA1c level 6.0%

(3) Lipid Profile

Cholesterol, Total 210 mg/dl

Triglycerides 236 mg/dl

HDL Cholesterol 36

LDL Cholesterol 107

<b>WeServeEveryone Clinic</b>	<i>March 24, 2011</i>
1111 First Street California 111-111-1111 Fax: 111-111-1111	Page 2 Chart Summary

Female DOB: 04/04/1950

0000-44444

Ins: Commercial xxxxx

	<b>Date 03/18/2011</b>
HEIGHT (in)	64
WEIGHT (lb)	140
TEMPERATURE (deg F)	98
TEMP SITE	oral
PULSE RATE (/min)	72
PULSE RHYTHM	
RESP RATE (/min)	16
BP SYSTOLIC (mm Hg)	158
BP DIASTOLIC (mm Hg)	90
CHOLESTEROL (mg/dL)	
HDL (mg/dL)	
LDL (mg/dL)	
BG RANDOM (mg/dL)	125
CXR	
EKG	
PAP SMEAR	
BREAST EXAM	
MAMMOGRAM	
HEMOCCULT	neg
FLU VAX	
PNEUMOVAX	
TD BOOSTER	0.5 ml g
Foot Exam	
Eye Exam	Complete

