Interior eigenvectors of symmetric matrices are saddle points*

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Every eigenvector of a symmetric matrix is a critical point of the Rayleigh quotient

$$R\left(\mathbf{A}, \mathbf{x}\right) = \frac{\mathbf{x}^T \mathbf{A} \mathbf{x}}{\mathbf{x}^T \mathbf{x}}, \quad \|\mathbf{x}\|_2^2 \neq 0.$$
 (1)

In fact, this relationship can be used to *define* matrix eigenvalues, with the critical point condition on the Rayleigh quotient being the eigenpair equation $\mathbf{A}\mathbf{x} = \lambda \mathbf{x}$.

Obvserve from the eigenpair equation that the eigenvector magnitude is unimportant so long as it is nonzero, which motivates the common choice to 2-normalize eigenvectors. If one does this, all eigenvectors of $\mathbf{A} \in \mathbb{R}^{n \times n}$ lie on the unit (n-1)-sphere, and the extreme value theorem can be used to prove that all symmetric matrices with $n \geq 2$ must have at least two eigenvectors, corresponding to the maximum and minimum of the Rayeleigh quotient. However, this only classifies $\mathcal{O}(1)$ critical points. What can be said of the other n-2 critical points compirising the interior of the spectrum?

To answer this question, consider an interior eigenpair $(\mathbf{x}_i, \lambda_i)$ of a symmetric matrix \mathbf{A} with n > 2 and some scaled vector $\beta \mathbf{x}_j$ in the direction of eigenvector \mathbf{x}_j . Let the respective norms of $\mathbf{x}_i, \mathbf{x}_j$ be α_i, α_j .

² The Rayleigh quotient at $\mathbf{x}_i + \beta \mathbf{x}_j$ is

$$R(\mathbf{A}, \mathbf{x}_i + \beta \mathbf{x}_j) = \frac{(\mathbf{x}_i + \beta \mathbf{x}_j)^T \mathbf{A} (\mathbf{x}_i + \beta \mathbf{x}_j)}{(\mathbf{x}_i + \beta \mathbf{x}_j)^T (\mathbf{x}_i + \beta \mathbf{x}_j)}$$
(2)

$$= \frac{\mathbf{x}_i^T \mathbf{A} \mathbf{x}_i + 2\beta \mathbf{x}_j^T \mathbf{A} \mathbf{x}_i + \beta^2 \mathbf{x}_j^T \mathbf{A} \mathbf{x}_j}{\mathbf{x}_i^T \mathbf{x}_i + 2\beta \mathbf{x}_j^T \mathbf{x}_i + \beta^2 \mathbf{x}_j^T \mathbf{x}_j}$$
(3)

$$= \frac{\lambda_i \alpha_i^2 + \lambda_j \beta^2 \alpha_j^2}{\alpha_i^2 + \beta^2 \alpha_i^2} \tag{4}$$

where we've expanded and used the symmetry of \mathbf{A} between the first two steps. Between the last two steps we utilized \mathbf{x}_i and \mathbf{x}_j being eigenvectors of \mathbf{A} and the fact that eigenvectors of symmetric matrices are mutually orthogonal. The change in Rayleigh quotient from the original critical point \mathbf{x}_i is then

$$R(\mathbf{A}, \mathbf{x}_i + \beta \mathbf{x}_j) - R(\mathbf{A}, \mathbf{x}_i) = \frac{(\lambda_j - \lambda_i) \beta^2 \alpha_j^2}{\alpha_i^2 + \beta^2 \alpha_j^2}$$
(5)

Note that the sign of the quantity above depends only on $\lambda_j - \lambda_i$ since all other quantities are defined to be real numbers. So for an interior eigenpair λ_i there exist at least two unique values of j such that $\lambda_j - \lambda_i < 0$ and $\lambda_j - \lambda_i > 0$, for concreteness one can choose j = 1, n for spectrum $\lambda_1 < ... < \lambda_n$. Therefore, any interior eigenvector \mathbf{x}_i has an arbitrarily close point (we placed no magnitude restrictions on β) that is larger in Rayleigh quotient and another point that is smaller. This condition defines a saddle point.

¹The gradient of the Rayleigh quotient is $2\frac{\mathbf{A}\mathbf{x}}{\mathbf{x}^T\mathbf{x}} - 2\frac{\mathbf{x}^T\mathbf{A}\mathbf{x}}{(\mathbf{x}^T\mathbf{x})^2}\mathbf{x}$. Critical points are defined by a zero gradient, and using the nonzero norm condition on \mathbf{x} one finds $\mathbf{A}\mathbf{x} - R(\mathbf{A}, \mathbf{x})\mathbf{x} = \mathbf{0}$. Recognizing that the Rayleigh quotient is a scalar (call it λ), we recover the familiar $\mathbf{A}\mathbf{x} = \lambda\mathbf{x}$. At first, it may appear replacing the Rayleigh quotient by some arbitrary scalar could define different conditions if there exists λ such that $\mathbf{A}\mathbf{x} = \lambda\mathbf{x}$, but $\lambda \neq R(\mathbf{A}, \mathbf{x})$. However, this is not possible, which one can prove by taking the inner product of the eigenpair equation with eigenvector \mathbf{x} and rearranging to show that any scalar satisfying the eigenpair equation is precisely the Rayleigh quotient defined by the matrix and eigenvector.

²Although employing the extreme value theorem requires a compact domain like the (n-1)-sphere, one can classify interior eigenpairs without such a closed domain. Furthermore, it is trivial to reformulate this proof to work on the (n-1)-sphere.

 $^{^{3*}}$ This enforces algebraic multiplicity one for all all eigenvalues. When the spectrum has algebraic multiplicity greater than one at the edges (i.e. $\lambda_1 = \lambda_2 < ...$ for the lower end), it is possible to show that this cluster of eigenpairs are all local minima or maxima by observing that the eigenvectors form a basis for \mathbb{R}^n , and so there exist no directions that decrease the Rayleigh quotient, respectively. Similar arguments apply for degenerate maxima at the top of the spectrum.