

NYU Langone Grossman School of Medicine

Transition to Residency Advantage Program

NYU Grossman School of Medicine is implementing a new approach to the medical school to residency transition called the Transition to Residency Advantage (TRA) program. TRA is rooted in helping students have a smoother transition from medical school to intern year, and for their early residency training to be informed by medical school experiences and goals. Internal Medicine, Emergency Medicine, Pathology, Orthopedic Surgery, and Obstetrics and Gynecology residencies are participating in this program.

A key aspect of TRA is a **post-Match meeting between you as the student, your Violet Society Coach, and your newly-assigned GME Bridge Coach from your residency program**. This meeting helps link your advising and journey through medical school, with new opportunities as you begin internship.

Staff from the NYU Transition to Residency Advantage program will help facilitate the scheduling of this meeting.

Meeting Tips:

- You as the student run this meeting and drive which of your medical school goals and accomplishments are shared with your new GME Bridge Coach. Meet with your Violet Society Advisor prior to this meeting and strategize.
- This is an opportunity for your GME program and your new Coach to get to know you. The more you share about your goals and focus areas, the more they can help you meet this in residency.
- Review your digital portfolio in [Navigator](#), including your medical school goals.
- Bring questions for your GME Bridge Coach.

Suggested Agenda:

1. Introductions
2. Questions for student:
 - a. Tell your coaches something you are proud of from medical school.
 - b. What about yourself did you bring to that to make that experience successful?
 - c. What are you fearful about during the transition to residency?
 - d. Tell your coaches about your favorite relationship with a faculty member in medical school. What made it great?
 - e. Have you ever worked with a coach before? Talk about that experience.
3. Each coach should share something about their own background and journey, and a challenge or story from their own residency transition.
4. GME bridge coaches can ask what data the student wants to share from their UME experience to help the coach understand where they are in their learning process. Coach can provide background on internship, the resources and opportunities of the program and department.
5. The Violet Society Advisor comments on the progress of the student and how the goals they shared have changed over time.
6. End the meeting with next steps and setting up a future meeting with your GME Bridge Coach.

After the Meeting:

In addition to setting up follow-up meetings, you can share items and goals from medical school forward to your GME Bridge Coach. Log in to [Navigator](#) and view your portfolio to share.

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