

Charity The WHSF Journal Projects

Issue April 2006



Our projects in Sri Lanka

- Construction of a school
- Support for people suffering hardship
- Equipment for "Martin Wickramasinghe School"
- Child sponsorship



vita-life® World Health & Sports Foundation

www.whsf.org

The Founder of vita-life®

Mario Hintermayer
International Sales Director

Andreas Guenther CEO Research & Development

Ingrid BrandstötterCEO – CFO Headquarter Europe



"In front of a successful woman are two strong men."

In the heart of Europe - vita-life® Headquarter Europe and vita-life® International

With the eastward expansion of the EU, the European headquarters has become even more central, forming the heart of our operations in Europe.



The vita-life® European headquarters is the linchpin of the entire vita-life® corporation. Order processing, marketing, commission calculations, accounting, seminar arrangements, distribution of the products all taken care of in one central location.

The company headquarters for vita-life® International located in Balzers (FL) covers the international licence rights and is responsible for the markets in Switzerland and Liechtenstein.

Starting point for world-wide expansion

vita-life® WHSF

The Foundation

Founding of the World Health Sports Foundation in September 2000.

Even before the company was founded, founders Ingrid Brandstötter, Andreas Günther and Mario Hintermayer were welcome guests at events for social engagement. During the first years the

a-life foundation offered financial support international help organisations, organised numerous individual projects and gave more than 1,000 vitalife® magnetic resonance systems to needy and physically challenged individuals. (www.whsf.org)

Purpose - World Health & Sports Foundation

- To offer help where help is needed directly without going through lots of red tape
- Support in cases of particular hardship
- Support for athletes by donating more than 1,000 vita-life® magnetic resonance systems
- Projects to promote children
- Support for the blind
- Support for athletes who have suffered injury
- Cooperation with the Special Olympics in Germany
- Cooperation with the Special Olympics in Monaco
- Cooperation with "Licht ins Dunkel" Austria (Light in the Darkness)
- Project "Rettet den Schlosspark" (Save the Palace Garden) - protecting the jewels of nature from destruction















vita-life® WHSF Our Projects in Sri Lanka

"We would like to build up independent social villages in the poorest countries of the world, children's villages, schools, centres for natural medicine and an academy to give the people better perspectives for their future and to help them become self-sufficient and independent.

Prefered countries:

- China
- Madagascar
- Sri Lanka
- Indonesia
- France
- Brasil
- Africa



Project 1: Equipment for school

Construction of a school in Sri Lanka equipped with a computer room (complete with PCs and furniture)



Reason: Children need a solid education to ensure professional opportunities in the future.

Budget: 10.000,- euros **Realisation:** Spring 2006



Expansion of an existing school in the tsunami zone: Instruction often has to take place under



trees because the renovation work is only proceeding very slowly. There simply is not enough money.



Project 2: Support for people suffering hardship

Construction of a house for the Saliya Kusum family, whose home was destroyed by the tsunami, with the help of vita-life® business partners.

This young family with two children lost everything they had when the tsunami struck. Saliya, an extremely talented artistic woodworker, was able to earn enough money to ensure his family was well cared for by creating wooden objects in his humble workshop. The tsunami not only destroyed his house and workshop, but all of his tools were also lost. High prices make it impossible for Saliya to replace his tools, making it impossible for him to pursue his profession and care for his family.

To this day, the family finds itself forced to live in a makeshift, self-made, wooden hut with only the most basic facilities, so that it is just possible to provide the children with a roof over their heads.

Touched by their fate, the WHSF has decided to help this family. A piece of property has already been purchased, and in the next few months a house will be built there.

Costs: 5 000 euros



Project 3: Construction of a school

Support of a French private initiative.

Through our local contacts we came across the private initiative of a French woman who has lived in Sri Lanka for years. Her association is called "Reconstruire et Vivre". She has already built a fishing village with 25 houses. Currently a school is being constructed for the village.

A new project with 51 duplex houses will begin construction shortly. At the time of our visit in September 2005, 46 of the 51 houses had already been financed.

With the help of friends, the vita-life® Foundation WHSF will build and finance the school for this village.



Presidente: Patricia Wickramasinghe - web: www.reconstruire.lk

Budget: 20.000,- euros **Realisation:** Spring 2006

A further 20.000,- euros in donatations must still be raised.

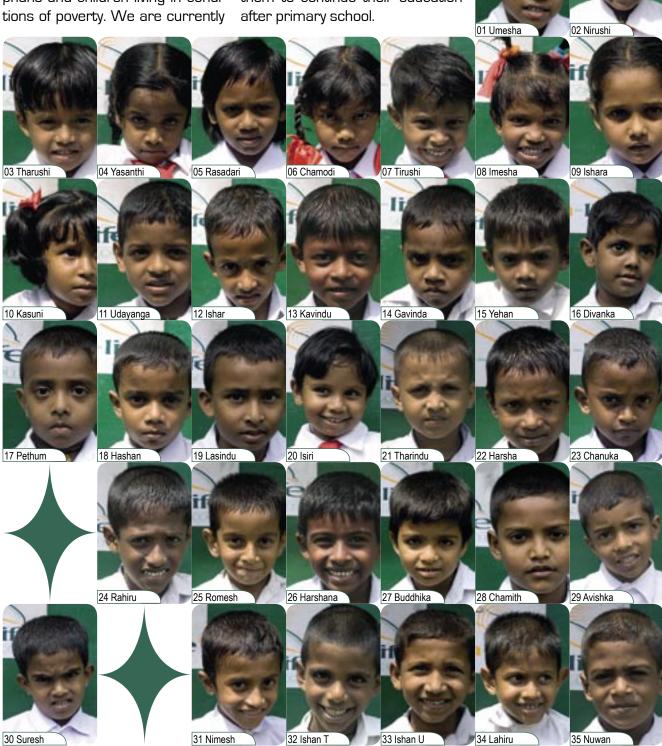


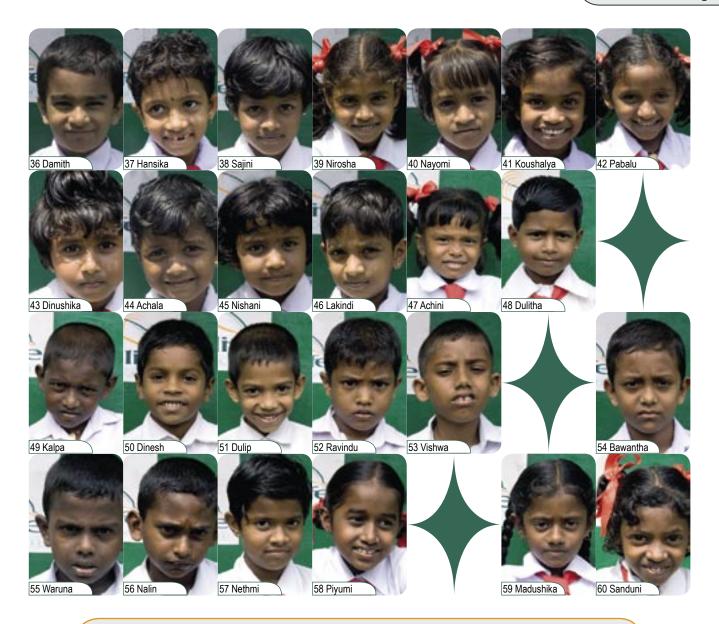
Project 4: Child sponsorship

Child sponsorship for 109 children

Creation of a sponsorship system for needy children of parents who have fallen under hardship, orphans and children living in condiseeking sponsors for 109 children. For just 30 euros a month, these sponsors will not only help support the children in their current situations, but also make it possible for them to continue their education







The beginning is the most important part of the work.





Dreams say what they mean, but they don 't say it in daytime language



What a sponsorship makes possible

Your contribution helps provide ...

Health care

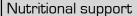
The health of the children is improved, making them less susceptible to illness and disease

Longer and better education and vocational training

Better chances for the future due to the higher degree of education

Improvement of the housing and living conditions

Families enjoy healthier and safer lives



Children are ensured healthy, balanced nutrition and the parents have one less worry

Clothing

Children are provided shoes and socks to go with their school uniforms – they no longer have to run around with shoes that are much too small or even with no shoes at all

Educational materials

Folders, books, writing materials

Medical care

Doctor, Dentist

Financial investment

Savings as a future investment







Information about sponsoring a child

What does it mean to sponsor a child?

When you make the decision to become a sponsor, you personally support a child with 30 euros a month.

As a child sponsor you enter a lasting relationship. Generally you help the child, their family and their community for as long as the child needs it, or as long as you like. Of course a sponsorship might end earlier if for instance the child's family moves away or the child becomes economically independent.

Can you compare sponsorship with adoption?

Sponsoring a child is not the same as adoption. It is rather a lasting companionship and support with a personal touch. The parents remain legally responsible for their child, who grows up with their family in familiar surroundings, yet with your help, he or she will not only receive medical and dental care, but also the chance to attend school in a safe and supportive environment as well as food, clothing and support.

Am I legally or contractually bound if I decide to become a child sponsor?

Sponsorship contributions are a voluntary donation. You do not enter a contract with us and you can terminate your sponsorship at any time without notice if your situation should require. We only ask that you simply inform us early enough so that we can find a new sponsor for your child! If for some reason you should not be able to make your monthly contribution, there is no need to terminate the sponsorship right away. Please talk with us and we will most certainly find a solution that is best for everyone.

Why is there a contribution for a 13th month?

This is a special contribution that you can decide whether or not to make. It is made each year at the beginning of December and enables us to finance working areas that can not be financed with the child sponsorship contributions. Simply let us know if you wish to make this very helpful contribution.

What do I have to do to become a child sponsor?

You already took the first step as soon as you picked up this brochure.

After sending us the attached declaration of intent, you will be entered into our catalogue of interested child sponsors. You will receive further information as soon as the sponsor system has been installed.



vita-life® products for your Health

eMRS® electroMagnetic-Resonance Stimulation System

Since the mid 1990's, vita-life® has made a further development of magnetic therapy extremely popular. **More than 120,000** private users, doctors and members of the medical profession **trust in vita-life® technology**.

This therapy system applies electromagnetic fields that pulse in low energy and low frequency ranges and takes advantage of resonance effects in the body that can be released with a minimal

energy input. The intensity of the eMRS® lies within the range of the Earth's own natural magnetic field.











The following components have been registered for patent:

- Biofeedback components for the automatic control of the treatment process via a finger sensor
- Consideration of the biological daily rhythm according to an organ clock from traditional Chinese medicine
- A wand applicator for precise treatment of an affected area
- Eye glasses for colour therapy
- A constant magnetic field for a balanced organism applied using an equifield[®] applicator





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