



## Fatwa no. 446

**Q. Is it permissible to recite Surah Al-Ikhlās, Al- Mu`awwidhatayn (Surahs Al-Falaq and Al-Nas) as well as Al-Fatihah as a cure for illness? Did the Messenger (peace be upon him) or the Salaf (righteous predecessors) do so? Please, guide us.**

**A:** Reciting Surah Al-Ikhlās, Mu`awwidhatayn, Al-Fatihah and other Surahs is regarded as a permissible Ruqyah (reciting Qur'an and supplications over the sick as a cure) which the Messenger legislated by performing it himself and approving it for his Sahabah (Companions). [Al-Bukhari and Muslim](#) narrated in their two Sahih (authentic) Books of Hadith on the authority of Ma`mar from [Al-Zuhry](#) from `Urwah that [`Aisha](#) (may Allah be pleased with her) said: [« During the Prophet's fatal illness, he used to recite Al-Mu`awwidhatayn and then blow his breath over his body. When his condition worsened, I used to recite those two Surahs and blow my breath over him and make him rub his body with his own hand for their blessings.](#)

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Ma`mar said: [I asked Al-Zuhry how he used to blow into them, and he said that he would blow on his hands and then pass them over his face. »](#) [Al-Bukhari](#) narrated on the authority of [Abu Sa`id Al-Khudry](#) (may Allah be pleased with him): [« Some of the Companions of the Prophet \(peace be upon him\) came across one of the Arab tribes and asked them to host them but they refused to welcome them, but before they departed the chief of the tribe was stung. They asked the Companions of the Prophet \(peace be upon him\), "Have you got any medicine with you or anyone who can treat with Ruqya?" The Prophet's Companions said, "You refused to host us, so we will not treat \(your chief\) unless you pay us for it." So they agreed to pay them a herd of sheep. One of them \(the Prophet's Companions\) began reciting Surah-Al-Fatiha and gathering his saliva and spitting on it \(the snake-bite\). The patient was cured and his people presented them with the sheep, but they said, "We will not take them unless we ask the Prophet \(peace be upon him\) \(whether it is lawful\)." When they asked him, he smiled and said, "How do you know that Surah-Al-Fatiha is a Ruqyah? Take it \(herd of sheep\) and assign a share for me." »](#) The first Hadith indicates that the Prophet (peace be upon him) did recite over himself during his illness, while the second shows his approval of his Sahabah' recitation of Al-Fatihah as Ruqyah.

May Allah grant us success! May peace and blessings be upon our Prophet Muhammad, his family and Companions!

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