

2/19/24:

- uploaded [Fitbit Fitness Tracker Data](#) dataset to BigQuery
 - **dailyActivities_merged.csv**
 - **schema:** Id (INTEGER), ActivityDate (DATE), TotalSteps (INTEGER), TotalDistance (FLOAT), TrackerDistance (FLOAT), LoggedActivitiesDistance (FLOAT), VeryActiveDistance (FLOAT), ModeratelyActiveDistance (FLOAT), LightActiveDistance (FLOAT), SedentaryActiveDistance (FLOAT), VeryActiveMinutes (INTEGER), FairlyActiveMinutes (INTEGER), LightlyActiveMinutes (INTEGER), SedentaryMinutes (INTEGER), Calories (INTEGER)
 - changed ActivityDate to day_of_week (Monday, Tuesday, etc.) using FORMAT_DATE(); summed all minute schema and saved them as total_VAM, total_FAM, total_LAM, total_SM → this table is now dailyActivity_clean
 - added all active minutes (VAM, FAM, LAM) and saved them as total_active_minutes, ordered descending → this table is now dailyActivity_total
 - verified no entries were lost by querying sum(VeryActiveMinutes) from dailyActivities_merged and sum(total_VAM) from dailyActivity_clean
 - **dailyCalories_merged.csv**
 - **schema:** Id (INTEGER), ActivityDay (DATE), Calories (INTEGER)
 - changed ActivityDay to day_of_week (Monday, Tuesday, etc.) using FORMAT_DATE(); summed Calories and saved it as total_calories → this table is totalCalories_by_day
 - **hourlyCalories_merged.csv**
 - **schema:** Id (NUMERIC), ActivityHour (STRING), Calories (NUMERIC)
 - schema were not automatically detected, ActivityHour is meant to be of type DATETIME but had to be input as STRING: further cleaning had to be done to isolate hourly times from date for analysis
 - took time portion of ActivityHour string and saved it as ActivityTime using SUBSTRING() and removed leading and trailing spaces using TRIM(); summed Calories as total_calories_by_hour → this table is hourlyCalories_clean
 - summed total_calories_by_hour as agg_total_calories; grouped by ActivityTime; ordered by agg_total_calories descending → this table is hourlyCalories_agg
 - verified no entries were lost in cleaning process by querying sum(Calories) from hourlyCalories_merged and sum(agg_total_calories)

from hourlyCalories_agg

- uploaded [Fitness Consumer Survey Data](#) dataset to BigQuery
 - **survey 605.csv**

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- uploaded [Fitbit Fitness Tracker Data](#) to BigQuery
 - **sleepDay_merged.csv**
 - **schema:** Id (INTEGER), SleepDay (STRING), TotalSleepRecords (INTEGER), TotalMinutesAsleep (INTEGER), TotalTimeInBed (INTEGER)
 - schema again not automatically detected, SleepDay is meant to be of type DATETIME but was input as STRING
 - summed TotalMinutesAsleep as agg_sleep_minutes, summed TotalTimeInBed as agg_time_bed, divided two sums as sleep_proportion, grouped by Id → saved as sleepDay_agg
 - changed SleepDay from STRING type into DATE using FORMAT_DATE(), PARSE_DATE(), and SUBSTRING()
 - queried Id, sum(Calories) as total_calories from **dailyCalories_merged.csv**, grouped by Id → saved as totalCalories_by_user
 - joined sleepDay_agg with totalCalories_by_user → saved as sleep_calories
 - queried Id, sleep_proportion, total_calories from sleep_calories → saved as SleepVsCalories
 - Joined SleepVsCalories with dailyActivity_by_user → saved as SleepVsActivity_Minutes
 - queried Id, sleep_proportion, total_VAM+total_LAM+total_FAM as total_active_minutes, total_SM, and total_calories → saved as SleepVsActivity

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- further cleaned **hourlyCalories_merged.csv**
 - split ActivityHour into ActivityDate and ActivityHour using TRIM(SUBSTRING())
 - converted ActivityDate and ActivityHour from STRING data type to DATE and TIME respectively using PARSE_DATE() and PARSE_TIME() → saved as hourlyCalories_clean_time
 - changed ActivityDate to day_of_week using FORMAT_DATE(), summed Calories as total_calories_by_hour → saved as totalCalories_by_dayHour
- uploaded [Fitbit Fitness Tracker Data](#) to BigQuery
 - **minuteSleep.csv**

- **schema:** Id (INTEGER), date (STRING), value (INTEGER), logId (INTEGER)
 - schema not automatically detected, date is meant to be of type `TIMESTAMP` but was input as `STRING`
- converted date to `TIMESTAMP` using `PARSE_TIMESTAMP()`