

$M_{\text{BH}} = 7.32 M_{\odot}$ ,  $a_* = 0.70$ ,  $\eta_D = 0.2$

$\log j \text{ (cm}^2 \text{ s}^{-1}\text{)}$

- $j_{\text{Schwarzschild}} (a_* = 0.0)$
- $j(r) (a_* = 0.70)$
- $j_{\text{Kerr}} (a_* = 1.0)$
- $j_{\text{LSO}} \text{ (MESA)}$
- $j_{\text{ISCO}} = j_{\text{LSO}}$

$9.25 M_{\odot}$

$M_r (M_{\odot})$

