

## Activity 5.2 Debate vs Dialogue Conflict Management Activity

from <https://symondsresearch.com/conflict-management/>

Activity: 20 minutes.

1. Please work in pairs.
2. Stand facing each other and hold out one of your fists (like in the game rock, paper, scissors) and say together: "Nothing, something, anything!" Once you say the word "anything", you will have to say the name of one object you can think of (for example, car, table, cat, flower).
3. Now, debate with each other to argue that your item is better than your partner's item.
4. You have about 3 minutes to debate.
5. After 3 minutes, engage in dialogue this time. This means asking each other questions about your items, listening to the answers, and coming to an agreement between yourselves. You have about 5 minutes for this.
  - a. How did you feel about each situation (debate vs dialogue)?
  - b. How did you react to each situation?
  - c. How would you behave in real conflict situations?
  - d. How did things change when you switched from debate to dialogue?
  - e. Is it difficult to listen when somebody disagrees with you? Why? How did you come to an agreement?