

As a dancer, the process and the creation of a work are what capture my interest the most. Because of this, my interests as a performer and creator intertwine, and the values I seek during a rehearsal process are the same in both respects/roles.

In particular, I am invested in rehearsal processes where research and collaboration are brought as a forefront. Although there can be many successful and rewarding processes where all that is done is having dancers reproduce already created movement, I believe that works which incorporate these tools reflect a work that lives beyond its final product. While working in these ways, the process essentially becomes one of growth, with everyone in the room giving a new way to see movements and concepts.

As dancer, I thrive from being able to deeply consider what is being presented to me and asked of me creatively, in turn challenging my perceptions. I strive to stay curious during processes in order to allow this development. By doing this, I am able to further explore myself as artist in practice, which in turn allows me to grow in a way that is mirrored to the evolution of the work. As a performer on stage, I aim to continue to present this same authenticity and curiosity that were created in the studio, allowing the audience a chance to explore the fascination and wonderment within how the work evolved.

Serving as a choreographer, I use both research and collaboration to expand the possibilities to explore within the work. It gives me the opportunity to curate a work which more specifically connects to myself and the cast, allowing for a deeper and a more genuine investment from all involved. This then cycles around to creating a more inquisitive environment for us all to be inspired to explore beyond the finality of that single work. I often find that throughout the process, more answers and questions come up that I didn't even know I was interested in before.

Ultimately, by going beyond a product or a presented finished work, both as a dancer and choreographer, I am able to curate and develop my artist-citizenry. I'm given the chance to grow and cultivate something that can then lead to exponential impacts for my future artistry, and therefore, the community I will share it with.