#### Day 9: Design 2

sday, July 26, 2023 10:07 AM

#### Goals:

- . Work on the Design (pseudo code for App software and define variables needed for project)
- . Try to work on making the SD card module function
- Begin testing some integration between Arduino and App
- · Do the team assessment
- Figure out needed items and if we do a PCB. (Due at 1pm!!)

#### Accomplishments:

- SD card module is now working, but finicky
- · Requirements signed off!
- Improved pseudo code detail for Arduino DAQ

#### Arduino DAO:

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External Libraries:
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SD

PulseSensorPlayground

uRTCLib

ArduinoBI F

UnixTime

#### Global Variables and Constants:

Bluetooth:

hrvService: ArduinoBLE::BLEService

Bluetooth Low Energy HRV Metric Service hrvChar: ArduinoBLE::BLECharacteristic

Bluetooth Low Energy Characteristic to send HRV records

errorChar: ArduinoBLE::BLEByteCharacteristic
Bluetooth Low Energy Characteristic to send error codes to application

requestChar: ArduinoBLE::BLECharacteristic

Bluetooth Low Energy Characteristic to receive data requests from application transferInProgress: bool

Whether a transfer is currently in progress transferFile: SD::File

Current file used in transfer transferFilename: string

Current file name (see regs)

transferFilePosition: uint32\_t

Current read position from the file

connectedDevice: ArduinoBLE::BLEDevice Current connected device

CHIP SELECT: const int

Digital pin for the SD card's chip select

RTC:

rtc: uRTCLib::uRTCLib

uRTCLib library object

Pulse Sensor:

PULSE\_INPUT: const int

Analog pin for pulse sensor

THRESHOLD: const int

Threshold for pulse sensor signal for the PulseSensorPlayground library

pulseSensor: PulseSensorPlayground::PulseSensorPlayground PulseSensorPlayground library object

HRV calculation:

rmssd: float

The calculated RMSSD in ms (the HRV metric)

numRRDetected: int

Counter for the number of RR intervals found in the 5 minute measurement period

hrvStartTime: unsigned long
Millisecond where the HRV measurement began

lastPeakTime: unsigned long
Millisecond where the last peak was found

lastRRInterval: unsigned long

Duration of the last RR interval

rrDiffSquaredTotal: float

Intermediate value for calculating RMSSD (the numerator under radical).

heartbeatsTilMeasure: int

Number of heartbeats to detect before measurement (initial value is 5).

## Arduino Functions: setup: () => void

If BLE fails to start: Hang execution

Set the BLE local name to Tranquil+

Set the BLE advertised service to hrvService

Add hrvChar, errorChar, requestChar to hrvService

Add hryService to BLE

Write null values to each BLECharacteristic

Advertise the BLE device

Start SD library using CHIP\_SELECT as the chip select pin

If SD card fails to initialize:

Hang execution

Begin RTC module

Set up all the pulseSensor information (PULSE\_INPUT and THRESHOLD)

Begin pulseSensor

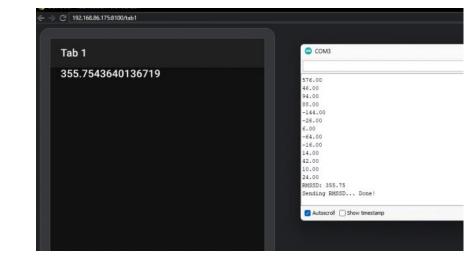
Initia lizing SD card...Wiring is correct and a card is present.

Card type: Blocks x Cluster: Total Blocks: 31099904

Volume type is: FAT32 Volume size (Kb): 15549952 Volume size (Mb): 15185 Volume size (Gb): 14.83

Files found on the card (name, date and size in bytes):

2023-07-26 12:08:22 2023-07-26 12:08:22 76 SYSTEM-1/ INDEXE-1



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If pulseSensor fails to start
                      Hang execution
            Initialize all HRV variables
loop: () => void:
           If requestChar is written to from another device and not transferInProgress:
                      Set transferInProgress to true
                      Set transferFilename and transferFilePosition according to the requestChar value
          If transferInProgress:
          If hrvStartTime is set and 5 minutes have passed since hrvStartTime:
Let beatsPerMinute: float be (numRRDetected+1)/ 5 mins
                      If 40 bpm < beatsPerMinute < 240 bpm
Set rmssd to be sqrt(rrDiffSquaredTotal/(numRRDetected+1))
                                  storeRecord
                      Else:
                                 Write 1 to errorChar
                      resetHrv
          If pulseSenor detects a new beat:
                      If hrvStart is not set:

Decrement heartbeatsTilMeasure
                                 If heartbeatsTilMeasure <= 0:
                                             Set hrvStartTime to current millisecond
                                            updateHrv
                      Else:
                                 updateHrv
Defined Functions:
storeRecord: () => int
          If transferInProgress:
Close transferFile
          Let unix: unsigned long be the current unix millisecond (obtained from RTC) Let date: string be the current ISO 8601 UTC date
          Let datafile: string be "HRV-{date}.txt" (according to requirement doc)
           Open datafile from SD card for writing
           Write a record using unix and rmssd (according to requirement doc)
          Close datafile
          If transferInProgress:
                      Open transferFilename from SD card for reading and store the file object in transferFile
sendRecords: () => int
If transferFile is not set:
                     Let filename: string be "HRV-{transferDate}.txt"
                      If filename exist:
                                 Open "HRV-{transferDate}.txt" from SD card for reading and store the file object in transferFile
                      else:
                                 Write 2 to errorChar
                                 Return 1
          Let data:string be the next line of data from transferFile (starting from transferFilePosition and ending at the
           position of the next newline character)
           Set transferFilePosition to the start of the next line (next newline character + 1)
           If transferFilePosition is greater than the size of the file:
                      Close transferFile
Set transferDate to next day
                      Let filename: string be "HRV-{transferDate}.txt"
                      If filename exist:
                                  Open "HRV-{transferDate}.txt" from SD card for reading and store the file object in transferFile
                                 Set transferFilePosition to 0
                                  Write current file and position to transferChar
                                 Set transferInProgress to false
           Return 0
updateHrv: () => void
           Let currentPeakTime: unsigned long be current millisecond
          If lastPeakTime is not set:
                      Set lastPeakTime to currentPeakTime
                      Let currentRRInterval: unsigned long be currentPeakTime - lastPeakTime
                      Increment numRRDetected
                      if lastRRInterval is not set:
Set lastRRInterval to currentRRInterval
                                 Let rrDiff: float be currentRRInterval - LastRRInterval
                                 Add rrDiff^2 to rrDiffSquaredTotal
           Reset\ last RRInterval,\ last Peak Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ rr Diff Squared Total,\ num RR Detected,\ hrv Start Time,\ rmssd,\ r
RTC initialization:
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TODO (one time run before hand)

App Code: Framework: Ionic/React Using "Tabs" template as a baseline

(TODO)

# Day 10: Design 3

Sunday, July 30, 2023 3:21 PM

### Goals:

- Continue working on software design
  - $\circ \;\;$  Pseudocode for app and RTC init still need to be written
  - o Revising DAQ pseudocode based on preliminary testing
- Begin developing some of the software for the DAQ and App
- Aid with other parts of the design, time permitting