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# THE RED BULLETIN

BEYOND THE ORDINARY

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SCOTT RANSOM

SCOTT

# EDITOR'S LETTER

# CHANGE THE WORLD

The power to make a difference – it's a theme that runs through this issue. **Imani Wilmot** (page 62) is a Jamaican who spent her formative years being told surfing wasn't for women. Her response? To empower girls in her community to grab a board and hit the waves. Growing up in a rough Manhattan district in the '80s, Kenny Stevens, Omar Booth and Michael Jenkins just wanted to shoot hoops. Today, the **Dyckman Tournament** (page 50) draws NBA stars, celebs, and local kids dreaming large.



Photographer Greg Coleman shoots cover star Ben Stokes at the Rajasthan Royals' cricket ground in India. "It's my fourth time working with Stokesy," says Coleman. "It's always an honour." [Page 38](#)

**Nuby Garcia** (page 34) is part of a new generation of London musicians spearheading a resurgence in jazz, while in Hollywood we talk to **Mikey Alfred** (page 28), who knew at the age of 10 that he'd quit school to make skate films; today, at 24, that's just one of his talents.

And then there's **Ben Stokes** (page 38), our cover star and the man capable of changing England's cricket fortunes in the World Cup and the Ashes during this epic summer of sport, and who, himself, has realised the power of personal transformation.

Enjoy the issue.

## CONTRIBUTORS THIS ISSUE



### RICHARD EDWARDS

The Winchester-based journalist flew to Jaipur, India, to interview Ben Stokes at the home of his IPL cricket team, the Rajasthan Royals. "I first interviewed Ben when he was a teenager and way off England selection," says Edwards. "He's the same guy he was back then – a sportsman who has never taken himself too seriously, loves what he does and knows he's lucky to do it." [Page 38](#)



### DAVE HOWARD

Growing up in basketball-mad Connecticut, USA, the author of our Dyckman Tournament feature would scrape snow off his front drive to shoot hoops. "This story brought together many threads of my life – I lived in NYC for five years and played on the outdoor courts, although never at the level to get in the Dyckman games. This was one of the most enjoyable stories I've written." [Page 50](#)



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Rider: Martin Maes

Photo: Sven Martin

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Summer 2019

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Four days in an open-pit mine in Austria? For the cream of the dirt-bike racing world, it's irresistible

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**Caramel  
Curves**

# BIKE GIRL MAGIC

Meet the women putting  
sparkle into New Orleans'  
motorcycle culture

**W**hen clouds of pink smoke drift through the streets of New Orleans, this can mean only one thing: the Caramel Curves Motorcycle Club is out in force. The US city's all-female bike crew – currently with a membership of 13 – is seeking to inspire and empower other women through its passion for riding and its larger-than-life presence in the local community.

Formed in early 2005, the club was the brainchild of a small core of committed female motorcyclists who needed like-minded bikers to ride with. When Hurricane Katrina hit later that year, however, they were among New Orleans' many →

LIFE & STYLE BEYOND THE ORDINARY

# BULLEVARD





Riding out the storm: Caramel Curves were a source of healing post-Katrina

→ displaced residents who had to flee the city. The club returned in 2006 when New Orleans began to rebuild, but this time the Caramel Curves Motorcycle Club was more than a social space: it also provided an environment where its members could heal.

"Anybody could ride a motorcycle, and anybody could dress cute, but we wanted to show that women could come together," says Shanika Beatty, aka Tru, one of the two remaining founder members, along with Nakosha Smith, known as Coco.

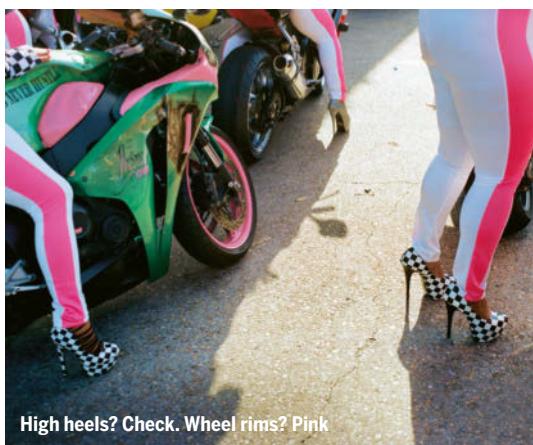
"It's good to have others you can count on; people you can call if something is wrong. We've been there for each other through deaths in our families, through divorces, through whatever. With the Caramel Curves, you always have a sister you can call. We're there for each other."

The group's name is a bold statement on how it differs from most other biker gangs in the US. Tru explains, "We're called Caramel because we're African-American women who are smooth like caramel."

## "IN OUR CLUB, YOU ALWAYS HAVE A SISTER YOU CAN CALL"

We're called Curves because we take curves on our motorcycles better than the guys do. We didn't want to be a part of some bigger male organisation; we're all about female empowerment."

Wearing sky-high stilettos and (sometimes) sequinned jackets, and sitting astride huge Suzuki Hayabusa, Gixxers and Can-Am Spyders – some with airbrushed pink rims – the Caramel Curves are hard to miss on the street. And when they pull off stunts such as burnouts – remaining static



High heels? Check. Wheel rims? Pink

but spinning the rear wheel to create smoke – and wheelies, the air turns pink.

"Once, when I was burning out, I burnt out some pink smoke and all of the girls loved it," says Tru. "It quickly became one of our signature moves. Then one of the girls got a pink mohawk on her helmet, and it was just decided that we'd all get one of those, too. The idea of a style was added to the group to make us more unified. We just wanted to be together."

The world of biking is a predominantly male space, and the group are aware that when they ride down the street together they're much more than a display of playful outfits; their riding represents a powerful statement.

"We're all entrepreneurs or businesswomen. We all started as very skilled riders on our own, but we're stronger together," says Tru. "I'm a mum and I'm a wife and I'm someone's daughter. I own two businesses. When I'm on my motorcycle, though, I'm able to free my mind and actually relax – it's kind of like my therapy. It's for me."

The Caramel Curves are keen to add to their number, with two prospective members looking to join them in New Orleans, and they have almost 90,000 worldwide followers on social media.

"We definitely would like to have other chapters: Curves in different countries, Curves all over the place," says Tru. "They don't have to be African-American; we will take Asian Curves, Hispanic Curves... We're totally down for taking Curves of all different nationalities and ethnicities. Other groups of women just like us all over the planet? Now that would be good to see..."

**Facebook:** @Caramelcurves



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Celestial  
slacklining

# ECLIPSING THE ECLIPSE

Few people can lay claim to having slacklined across a 46m-deep crevasse. Fewer still have done it during a total solar eclipse. Luckily, photographer Keith Ladzinski was on hand to catch the moment that pro slackliner

Alex Mason crossed a 23m-long line at Jackson Hole, Wyoming. The photo is almost as remarkable as the feat itself: Ladzinski had only two minutes to capture the double-exposure image as the moon blocked the sun.

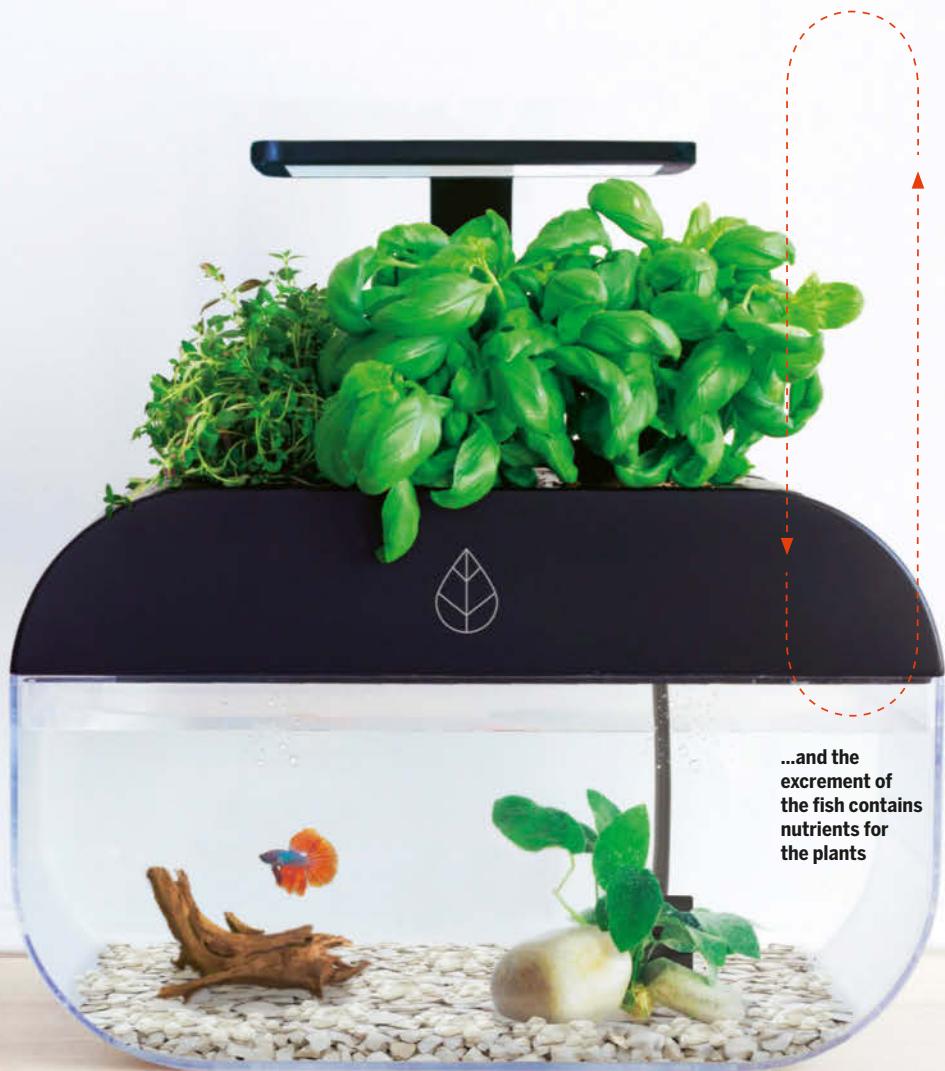
"I was just looking to see where the sun's position was, and it kind of locked me in... it was hypnotising," he later told *National Geographic*. "And then I had to snap back out of it and get to work."

Instagram: @alexomason

## EcoGarden

# LIFE IN A FISHBOWL

No mere aquarium, this micro-ecosystem could hold the answer to our sustainable food needs. And it looks great in your front room



**RECIPROCAL SYSTEM**  
The plants filter the water, providing a clean habitat for the fish...

...and the excrement of the fish contains nutrients for the plants

In his search for alternatives, Qadoumi has shunned modern concepts for an ancient method. Aquaponics is a technique of cultivating food that was used as far back as the time of the Aztecs, who grew crops on artificial islands known as *chinampas* in fish-filled swamps. The principle is simple: the fish are fed; their excrement provides the plants with nutrients; the plants, in turn, clean the fishes' habitat; we eat the plants. On a grand scale, aquaponics could make a real difference to our ecological footprint as it uses 90 per cent less water than traditional farming methods and can grow up to six times more food per square metre.

Qadoumi's project scales this idea down and brings aquaponics into the home. His EcoGarden is part miniature greenhouse, part aquarium, using the symbiosis between fish and plants to create a self-sustaining ecosystem. Herbs and seedlings such as basil and cress can be grown year round without fertile soil. And it even comes with an app to operate the device, feed the fish remotely and connect to other EcoGardeners.

Qadoumi believes his EcoGarden will make sustainable food production accessible to everyone. "We're extremely inefficient with our resources because we've lost our connection to plants and food cultivation," he says. Luckily, our pet goldfish can now grow our food for us.

[ecobloom.se](http://ecobloom.se)



The app allows the user to remotely feed the fish and share information with other EcoGardeners



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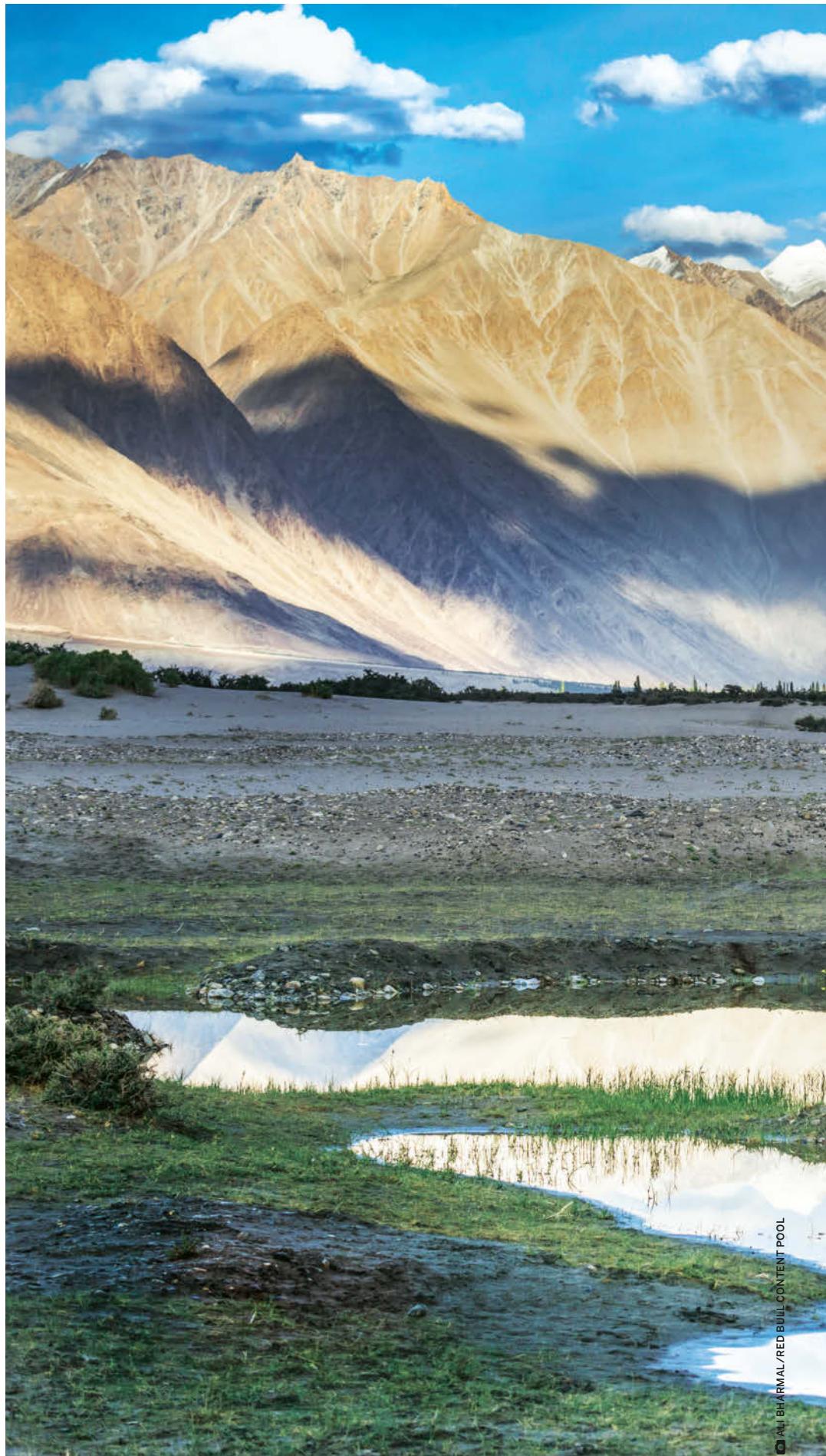
odlo.com

## Kayak odyssey

# GOING SOLO

Travelling on camelback across the sparsely populated region of Ladakh in northern India, in the shadow of the Himalayas, this is the moment when Nouria Newman could finally breathe a deep sigh of relief at the end of a seven-day solo adventure. One week prior to this photo being taken, the French world-champion kayaker had embarked on an unprecedented journey, paddling 375km unsupported across India on the Tsarap and Zanskar rivers, before reaching the Indus, one of Asia's mightiest waterways.

Watch her adventure at:  
[win.gs/KayakingInIndia](http://win.gs/KayakingInIndia)





**Tayla Parx**

# "THERE ARE A MILLION WAYS TO SAY 'I LOVE YOU'"

From writing chart-topping songs for others to becoming a pop star herself, the 25-year-old maverick has learnt a thing or two about cultivating success

**W**hen acclaimed music stars such as Janelle Monáe, Anderson .Paak and Christina Aguilera experience writer's block, they give Tayla Parx a call. The Dallas-born actress-turned-songwriter – she played Little Inez in the 2007 film musical *Hairspray*, alongside John Travolta – has written some of the biggest hits for other singers. Last year alone, Parx co-wrote four US top 10 singles, including Ariana Grande's global number one *Thank U, Next* (and the follow-up *7 Rings*, also a chart-topper). Now, she has stepped into the limelight herself. To celebrate the recent release of Parx's debut album, *We Need to Talk*, we did just that. The 25-year-old musical prodigy tells *The Red Bulletin* why listening is the secret of her creative success, and how she's able to stand her ground when working with those she admires.

**THE RED BULLETIN:** Being a songwriter sounds like a thankless job: you're building

the success of others, but not really getting credit yourself. Why do it?

**TAYLA PARX:** You know, I just write a lot of songs and not all of them are for me.

**We heard you write more than 200 per year...**

I can't help myself. There's so much music inside of me, I just have to let it come out.

**What fuels your creativity?**

Listening to other people's experiences. For everything that isn't a story from my own brain, it's conversations I've had with other people, plus a little bit of imagination. Keeping your heart and mind open is what allows you to have a consistent amount of creativity and inspiration. The moment I feel uninspired, I need to go and talk to somebody new.

**Are you worried you could potentially give your most successful song to someone else – like Ariana Grande's *7 Rings*, for instance?**

No. Everything happens for a reason. The song could have gone to any [other] superstar and it wouldn't have had the same impact, because it was meant for that particular artist. In the same way that if you had just anybody singing [Beyoncé's 2003 hit] *Crazy in Love*, maybe it wouldn't have been a big smash.

**What made you decide to record your own songs?**

We're at a time in music where people are looking for something unique. I've created a world for these other artists, and now I have this unique world that I've created for myself but no one has seen before.

**Is there still uniqueness to be found in pop music right now?**

If you're talking to the love of your life, are you going to buy her the same bouquet of roses you've given her for the past 10 years? Are you going to

take her to the same restaurant you've been going to for the past five years? Exactly! There are a million different ways to be unique and say "I love you". I don't mean unique as in never been done before, rather that it's never been done *in that way* before.

**But how does that apply to music?**

Just mix two worlds that you never thought would exist together. Like when Lil Wayne put hip hop with rock, similar to what Run DMC had done before, but in a different way. In my case, I try to blur the lines of what pop music is, of what R&B and hip hop are. Mix them all together and things get interesting.

**How do you overcome your awe when working with artists you admire?**

It's crazy. Imagine having to tell your idol, "I don't like that," or, "I'd prefer you do it this way." In that situation, you have to remind yourself you're in this room for a reason: to add a different perspective that somebody else couldn't give. And that goes back to making sure you know what you have to say is valuable.

**That's a bold mindset. How do you get to that place of confidence?**

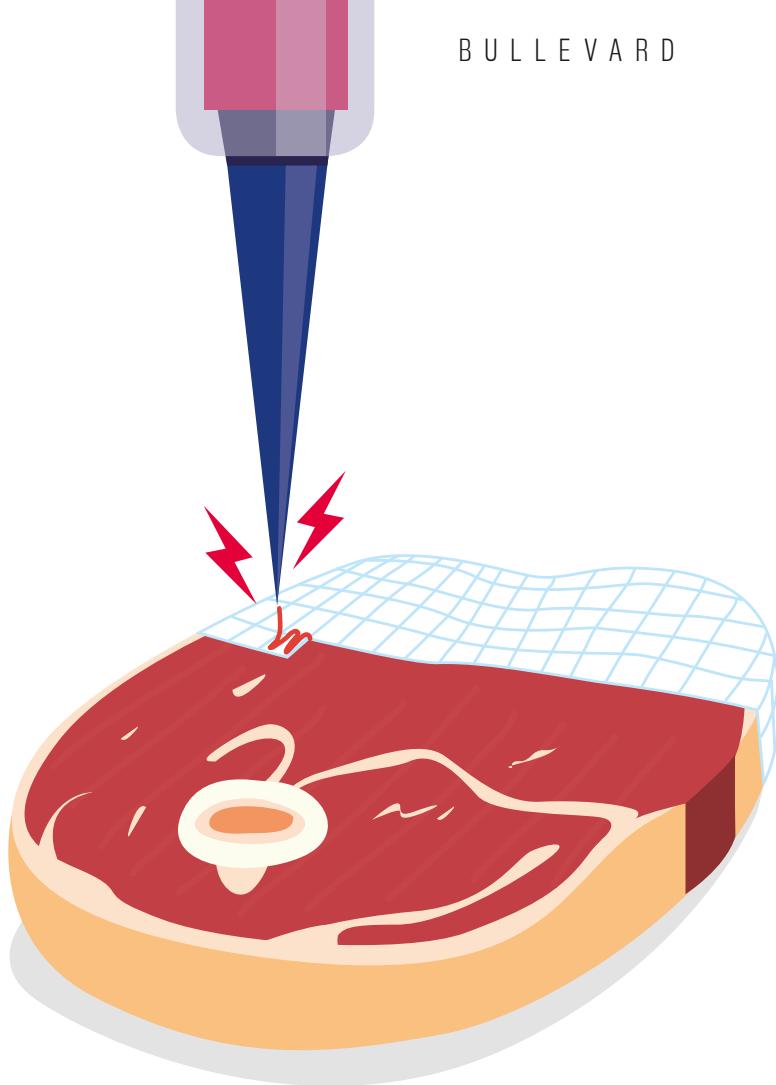
I'm a young black female, so the odds are a bit against me. Also, I don't have any family in the industry, so I'm going to have to work three times harder than anybody else. Simply put, I have to believe in myself. Who else is going to do it?

Tayla Parx's debut album, *We Need to Talk*, is out now; [taylaparx.com](http://taylaparx.com)





"THERE'S SO  
MUCH MUSIC  
INSIDE OF  
ME, I JUST  
HAVE TO  
LET IT OUT"



**Novameat**

# DOWNLOAD YOUR OWN STEAK

One company is 3D printing anatomically accurate meat from rice and peas. It could save the world...

**A**s the fight to save the environment intensifies, we need inventive solutions. Researchers have found that if we all changed to a plant-based diet, this would reduce our carbon footprint by up to 73 per cent and reduce global farmland use by 75 per cent – more than the area of Europe, the US and Australia combined.

Bioengineer Giuseppe Scionti, founder of Spanish start-up Novameat, stumbled upon an alternative to meat consumption while studying artificial organs.

“I was generating human parts by creating tissues and organs, and I developed a prototype of an ear that had the appearance and texture of an actual piece of tissue,” he says. “That gave me an idea: I could use the technology to generate tissue and create a plant-based steak

## “AN ARTIFICIAL HUMAN EAR GAVE ME THE IDEA”

with the taste, texture, appearance and nutritional properties of meat.”

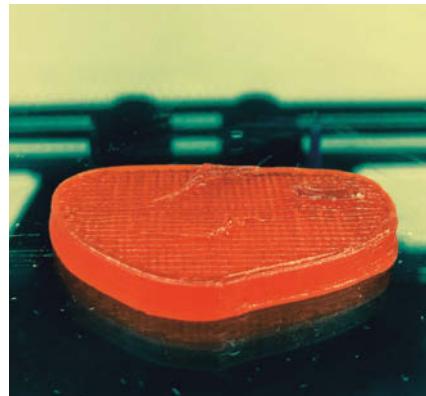
To make the steak, a beige paste consisting of protein from rice, peas and seaweed is fed through 3D printer technology; this forms the shape and structure of a piece of meat. (An early prototype, pictured below, had a jelly-like appearance and was bright red thanks to the addition of paella colourant.)

“I extrude the paste to position the proteins at a micro level so they organise as if muscular fibres,” Scionti says. “Through 3D printing, you can recreate animal muscle structure and tissue, as well as taste and appearance.”

Now that the right texture has been achieved, Novameat is working with chefs on flavour, and the possibility of tailoring the steak to different customers, boosting levels of protein, nutrients and vitamins as required.

“Customisation could be interesting for sports, or even for space agencies,” says Scionti. “It could be used for humanitarian purposes where there’s no access to a balanced diet. We could customise food for populations in need.”

[novameat.com](http://novameat.com)



A jelly-like prototype of the 3D-printed steak

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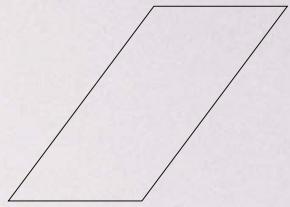
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*Photo: Stuart Alfonso*

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**T**here are many compelling reasons to dig deeper on your deadlifts, but it's unlikely you will ever have found motivation in the threat of an approaching elemental fire enemy twirling a spear. That's because you haven't been to Black Box VR, the world's first virtual-reality gym, which opened in April in San Francisco, across the street from the HQ of Twitter, Uber and Dolby Laboratories. If ever there was a crucible of early adopters, it's here.

"In this game, your body is the controller," says Black Box VR co-founder Preston Lewis. Each rep generates a fireball you can aim with your VR headset. Making selections on hovering dashboards, you rotate through six exercises: chest presses, squats, rows, deadlifts, overhead presses and lat pull-downs. The harder you lift and the faster you recover between sets, the greater your chances of winning battles, levelling up and unlocking new characters.

The most impressive virtual feature, though, is the weight itself. The proprietary machine harnesses electricity to deliver resistance, meaning it can ramp up the difficulty as you progress through a set, and change the weight by increments as small as 0.5kg. And the system uses AI to adjust your future workouts based on recent performance.

Black Box VR is a game, but the workout is no joke. To reach higher levels, you need to bang out reps without long pauses between sets, borrowing from the proven principles of high-intensity



## Black Box VR SHREDDY PLAYER ONE

At the world's first virtual-reality gym, your workout is a game and your body is the controller



interval training. The gameplay is engaging enough that eventually you can lose sight of just how hard you're working. Which, of course, is the point. "People are having so much fun that they just adhere to a routine without it seeming like work," says Lewis (pictured left).

Finally, your half-hour workout ends and you slide

off your headset to re-enter the real world. Compressed air blasts your sweat from the headset and medical-grade ultraviolet light decontaminates and dries the nanotech-coated lining. Level complete, achievement unlocked: your real-world avatar has been upgraded with a buffer skin.  
[blackbox-vr.com](http://blackbox-vr.com)



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**Karen O**

# "I GOT STEVIE WONDER TO BLESS MY KID"

The iconic Yeah Yeah Yeahs singer on four songs that are guaranteed to lift her spirits

**A**pril 2003 saw the release of one of rock's most exciting debuts. Oscillating between noisy guitar riffs and jittery new-wave, New York trio Yeah Yeah Yeahs' album *Fever To Tell* was a catalyst in the decade's dance-punk explosion, and it made singer Karen O – the daughter of a Korean mother and a Polish-American father – a cultural icon. On her second 'solo' album, *Lux Prima*, a team-up with producer Danger Mouse, she addresses the current socio-political climate and offers songs as a means of escape. "Music is my favourite way of dealing with anything," says O, now 40. Here are four tracks that build her up when she feels overwhelmed... [karenomusic.com](http://karenomusic.com)



**THE RAMONES**  
**JUDY IS A PUNK (1976)**

"The Ramones were a band with a lot of charisma. They were one of a kind and their music is just undeniable – it always makes me want to jump and dance around like a teenager. It's simple and energising and the lyrics are so good. *Judy Is A Punk* is the kind of song that is guaranteed to get me going, no matter what the situation or context."



**STEVIE WONDER**  
**A PLACE IN THE SUN (1966)**

"This is a 'young Stevie Wonder' song and it's like a warm, happy place for me. It's so pure and beautiful and it really makes me feel good. I met Stevie when I was pregnant [with her son Django, now aged three]. I didn't even know how to talk to him, so I just said, 'Can you put your hand on my belly and bless my child?' He did, and hopefully it worked wonders."



**MOSES SUMNEY**  
**DOOMED (2017)**

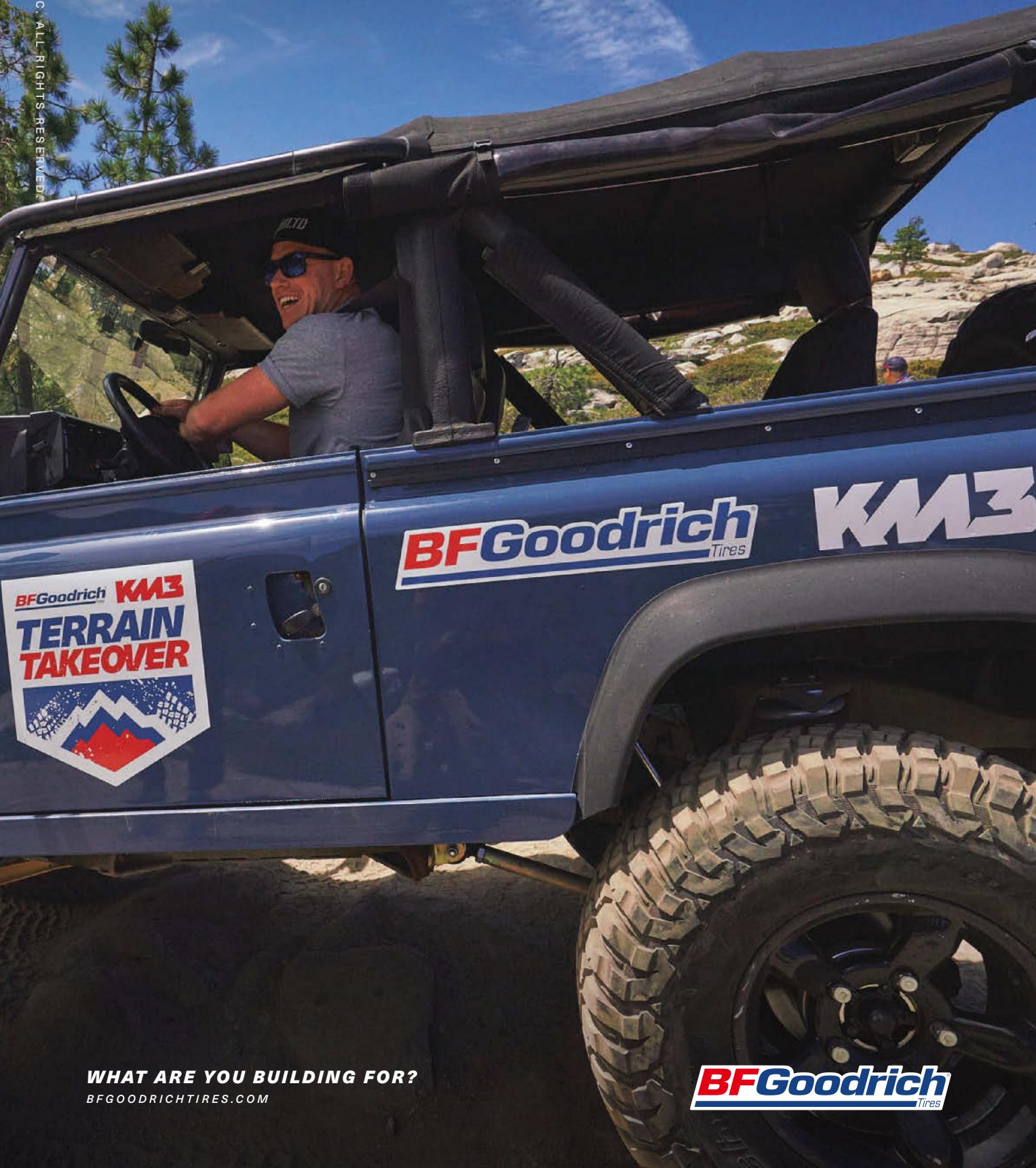
"This is a sad song, because even sad songs make you feel good sometimes. And this one is definitely cathartic. It has a beautiful, transcendent quality that I haven't heard in many, many years. And there's a sadness in it, but because his voice is so beautiful, it's not heavy, it's almost light. There's a lightness to it, but it's sad. [Laughs.] I'm having trouble describing music."



**ZHANÉ**  
**HEY MR DJ (1993)**

"This is such a laid-back song, but it still makes you want to dance. I don't go to clubs so much to dance these days, but if I'm meeting up with a group of friends then I'll dance no matter what, because it's a necessary ingredient to my life. And hey, we all need music that makes us feel good – especially in these current times."

DON'T ASK THE WORLD FOR ADVENTURE. **FIND IT.**



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**MIKEY ALFRED**

# The Collaborator

**He has made a movie with Jonah Hill, toured with Kendrick Lamar, directed a *Vogue* shoot with Kendall Jenner and Tyler, the Creator, and founded his own creative collective. And this 24-year-old is only getting started...**

Words MOLLY OSWAKS

A classic coming-of-age dynamic plays out in Jonah Hill's film *Mid90s*, the Hollywood actor's directorial debut, inspired by his own adolescence in the LA skate scene. The film's 13-year-old protagonist, Stevie, is drawn into a world of drinking, smoking and fooling around with older girls by his new friends and skateboarding mentors, Ray and – yes, this is the character's name – Fuckshit. The latter starts drinking heavily, crashes a car while under the influence, and injures Stevie. Ray does the emotional clean-up time and again, and mourns the gradual loss of his living friend.

The movie shows us it's never too late to reinvent yourself, but that the decisions we make as teenagers – drink or abstain, skate or study – set the tone for everything that comes after. It's a lesson we could equally learn by studying the life choices of Hill's co-producer on the film, Mikey Alfred. Although in his case it's an example of precocious success and resounding respect.

"My first impression of Mikey was how engaged, mature and thoughtful he was," Hill tells *The Red Bulletin*. "His poise seemed extraordinary for someone so young." Alfred turned 24 in February, making 2019 his golden year. Take a look at his career to date, though, and you could say that Alfred has had nothing

but golden years since he was around the age of *Mid90s*' Stevie.

Alfred is the founder of Illegal Civilization, a skate collective and film/fashion outfit based in North Hollywood, California. Together with his friends Davonte Jolly and Shawn Rojas, he and his brand have featured in *Vice*, created videos for *Vogue*, and had their own three-episode arc in Dwayne 'The Rock' Johnson's sports comedy series *Ballers*.

Most recently, IC threw its own daytime party at the iconic Pink Motel in nearby Sun Valley, with performances by Tierra Whack, Show Me The Body, Sunni Colón, and *Mid90s* actor Na-Kel Smith (*Ray*). There were food trucks and vendors set up to sell LA-based brand Crap Eyewear and IC merchandise, as well as pastel tees and sweatshirts from the female-founded LA collective Moon Citizen, and thermals from Hot Lava.

Skaters swooped and crested the dry concrete walls of the '50s-era motel's swimming pool in front of the stage as teen fans with cool hair, cool denim and hip sunglasses looked on. A beak-nosed and hairless orange creature in pink overalls and a white tee – the IC cartoon brought to life as a plush mascot costume – wandered the motel's grounds carrying a hamburger on a tray; an ideal photo op for brand fans to post to their social channels, in turn providing free press for the company.

Alfred arrived mid-afternoon, wearing a starched white shirt and marigold tie, a red knit cardigan with his company's name embroidered on the back, khaki trousers, white ankle socks, black-leather loafers and thick-framed glasses. He was the coolest kid at the party – *his* party – dressed like the prototypical nerd; a kind of sartorial social privilege that few but the coolest can pull off. Alfred floated through the crowd, shaking people's hands and waving. The party effortlessly highlighted how IC blends skateboarding with fashion, music, commerce, style, performance art and other aspects of popular culture.

Two weeks later, I meet Alfred at his home, a spacious and spare high-rise

**"I try to use my company and my voice to inspire kids"**



Alfred mingles  
with the crowd at  
*Red Bull Presents  
Illegal Civilization*  
in LA last February



Nerd gets around: Alfred's North Hollywood collective, Illegal Civilization, blends skateboarding, fashion, music, film, commerce and more

**"At 10, I was like,  
I'm done with  
school. I want to  
film skating"**

apartment in Century City (a business district in west LA) with big views of Downtown LA and the Hollywood Hills.

Having spent the first 20 minutes of our interview alone while Alfred took a work call, I've been able to familiarise myself with his personal effects, to get a window into his mind. There are cabinets and shelves packed with hundreds of DVD boxes containing full-series volumes of shows including *The Simpsons*, *Curb Your Enthusiasm*, *The Sopranos* and *The Wire*, plus numerous books on old Hollywood, filmmaking and music.

A sideboard behind his beige couch displays dozens of issues of a Japanese skateboarding magazine alongside back issues of *Rolling Stone*. A special edition

of *Life* magazine with Michelle Obama on the cover sits on his kitchen counter. Above all this hangs a large stretched canvas, painted bright yellow with the 10 'Civ Commandments' in neon coral:

1. Don't talk in movies.
2. Attention is the greatest gift you can give.
3. Work hard for what you want.
4. Don't make excuses.
5. Chase after those who chase after you.
6. Respect your parents.
7. Don't lie about your feelings.
8. Address problems when they arise.
9. Take time for yourself.
10. Hit people up to hang out and just hang out. Don't expect anything out of them.



"I'm about to go meet with [business and media mogul] Barry Diller at his house," Alfred tells me, matter-of-factly, though the reason for the meeting cannot yet be discussed. "I'm very excited to sit down with him. Then I'm going to come back here and play video games." (He's currently playing Rockstar's 2011 crime thriller *LA Noire*.) This may sound like a brag, but it's the kind of meeting that Alfred's career was built on.

"I was 10 years old, altar-serving and singing in the choir at St Charles Borromeo [a Roman Catholic church in North Hollywood]," Alfred says, explaining how it all began. "And I said to my mum, 'I'm done [with] going to school. I'm done [with] singing in the choir. All I want to do is film skating."

## "My first impression of Mikey was how engaged, mature and thoughtful he was"

Jonah Hill

In response, Alfred's mother, who has for the past 36 years worked as the personal assistant to Robert Evans – the legendary Hollywood producer of movies including *Chinatown*, the first two *Godfather* films and *Rosemary's Baby* – brought her son to work and sat him in front of the boss.

"I'm sitting across the table from him," Alfred recalls. "He says to me, 'Do you want to go to film school?'" The following summer, Alfred was enrolled onto a film course for 10 to 17-year-olds at Columbia University in New York City.

His final project was a short film about a boy who gets robbed on the way from his dorm to class. It was met with little encouragement. "The lights went up and the teacher was like, 'Next.'" The 13-year-old who followed him screened eight minutes of a New York sidewalk without dialogue or a score. The class gave the kid a standing ovation. The teacher called his work "brave" and "inventive" – Alfred mimics a pompous tone. "When I got back to LA, I told my mum, 'I'm never going to college. I'm never going to film school. But I know I can do this.'" The following year, at the age of 12, Alfred started his company, Illegal Civilization.

"He knows so many people, and is so well-liked by many, that he has the bizarre ability to be able to kind of make anything happen – and fast," says Hill. The director is referring to Alfred's ability to execute on set, but it's an apt point to make about the young entrepreneur, who has made all sorts of professional connections and deals rather quickly.

"At first, all we'd do was make skate videos and T-shirts," Alfred says. "Everyone in North Hollywood knew about our skate crew." Then, when he was 15, he met LA rapper Tyler, the Creator, and soon they were touring together, with Alfred selling tees and skate videos at every stop. That led to tours with Frank Ocean, Kendrick Lamar and Mac Miller, with Alfred continuing to distribute Illegal Civilization merchandise, organically growing a loyal, like-minded fan base.

A decade on, Alfred has collaborated with Converse, produced his first feature film and played himself on TV. Now, he's at work on a new movie, *North Hollywood*, about a kid who wants to be a skater, but whose dad wants him to go to college. "At the core of the story, it's about when you want to follow your heart, but your parents want you to do the safer thing," says Alfred. "That's my story." He later adds that "skating taught me everything I know about life".

From the start, Alfred understood that skating is far more than just a cool way to get around. It's a way to express yourself. It's a lifestyle and a look. It's fashion. It's art. It has given birth to a genre of film. And now it's closely tied to the music scene – hence IC's appeal when Alfred first began touring as a teen with Tyler, then with Kendrick Lamar and the others.

"I try to use my company and my voice to inspire kids," Alfred says. "I came from blue-collar parents. I don't know how to talk about my movies or art in this highfalutin way... I'm not that kind of guy, but I'm doing it, and you can, too."

I wonder whether Alfred relates to the character conflict in *Mid90s*, the relationship between Ray and Fuckshit, and how ambition and partying can create a fissure between two childhood best friends. Did he experience anything like that? Was he Ray, passing on the hard partying in order to get ahead?

"That film is Jonah's story and his experience," Alfred replies. "In my experience, I was hanging out with kids who partied every weekend... and their water polo or football or academic [life] started to fade. In skating, people would party and do drugs, and then all of a sudden some of them would stop skating or go to jail."

Alfred rubs his closely shorn head as he talks, the way a much older man might twirl his beard. It's a gesture that on screen might be performed to suggest wisdom, reflection or thoughtfulness. In Alfred, it's the fidget of a young man who's already done a lot; who has a decade of professional experience behind him by the time others his age might be experiencing a quarter-life crisis.

"I remember being a 15-year-old kid and going, 'OK, I don't want to be a fucking bum... I'm not going to party and I'm not going to be that guy.' I had to make a choice."

[illegalcivilization.com](http://illegalcivilization.com)

A man with short brown hair and blue eyes is standing outdoors. He is wearing a dark brown leather jacket over a white button-down shirt. He is holding a black leather duffel bag over his shoulder with his left hand. He is also wearing blue jeans. The background is blurred, showing some greenery and possibly a body of water.

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## NUBYA GARCIA

# Blowing hot and cool

**The jazz saxophonist who's channelling UK soundsystem culture for festival crowds and sweaty dancefloors**

Words LOU BOYD

Portrait ADAM JALLOH

When Nubya Garcia played at London's Village Underground this March, the gig was a sell-out, with a line of punters wrapped all the way around the building and up the street. But the 28-year-old from Camden, north London, isn't some big-name DJ or well-known indie artist – the usual preserve of this 1,000-capacity venue – she's a musician who plays jazz, a genre viewed by some to be 'difficult' and not easily accessible. And certainly, while her music will get you dancing, Garcia isn't afraid to spin off in modal and improvisational directions.

The tenor saxophonist and composer is a leading light on the UK's exciting current jazz scene; part of a generation of young artists making music that belongs not in dusty, elitist dinner clubs but on the sweaty dancefloors of late-night party venues.

"The backbone of what I listen to is dance music and soundsystem culture," says Garcia, recently tipped to be the next 'female Coltrane' – a reference to saxophonist, composer and jazz icon John Coltrane. "The thing is, people forget that jazz has always been dance music."

Garcia tells *The Red Bulletin* about how she channels the energy of UK club culture in her live sets, and how it feels to be one of the most exciting new artists in a scene that's experiencing a rebirth...

**THE RED BULLETIN:** Has playing music always been a big part of your life?

**NUBYA GARCIA:** For as long as I can remember. I began playing the tenor saxophone at the age of 10, but I was reading music by the time I was five. Before the saxophone, it was the piano, violin, viola... It was never my plan to keep on playing music for ever; it just kind of happened.

**Camden is perhaps best known for its indie-rock scene – was it unusual to be a teenager playing jazz?**

For sure. I was never an indie kid, but I also wasn't into chart music or pop. We had loads of old records in the house, but most of my tastes came from my mum's CDs and from going to gigs. My older siblings were musical, too. We grew up with our own kind of musical energy.

**There are so many different influences and styles permeating jazz right now, from Afrobeat to grime and bass. How**

**"You always bring little bits of flavour from what you listen to"**





Reed and learn: Nubya Garcia's dancefloor-friendly fusion will cure any jazzophobe of their affliction

**have your own personal tastes shaped your music?**

You always bring little bits of flavour from what you listen to. UK soundsystem culture and bass music are the backbone of what I listen to, but you can hear other influences like grime, dancehall, dub and house all over the jazz world. We're starting to intertwine the different types of music that we love in every single way. It's in our sound, it's in the type of venues we play and it's even in the mixture of people that we're getting at our gigs. It's a natural progression and a good one.

**You play at a lot of mainstream music festivals that don't usually book jazz acts. Did you expect your career to lead to these opportunities?**

No, not at all. Growing up, there were jazz venues that I ached to get a gig at, like Ronnie Scott's, and there were jazz

## "You can hear other influences like grime and dancehall all over the jazz world"

festivals, but that's all I really imagined. Now, it's a totally limitless space and just a phenomenal time for live music.

**When did you begin to notice the mainstream appeal of your music?**

The change really started happening when I was booked for Latitude Festival with Nerija [García's group project] a few years ago [in 2015]. That really opened doors for me. It was a completely mainstream festival and none of the 2,000 people in the audience knew who we were, or that we studied jazz.

We weren't banging down the door to that festival, like, "Let us in" – the organisers approached us for our energy. That encouraged me to believe there was a place for us and our sound.

**You honed your craft as part of a group of like-minded young jazz musicians, some of whom are now successful artists like you. How did you all meet?**

It was really through all of us learning to play music at the Roundhouse [performing arts centre in Camden] and Tomorrow's Warriors [initiative for young jazz musicians]. I still remember my first day at Tomorrow's Warriors really clearly, meeting [trumpeter] Sheila Maurice-Grey, [drummer] Moses Boyd and [jazz tuba player] Theon Cross. There are loads of little pockets of jazz across the city, but New Cross in south-east London is where we all cut our teeth. We played gigs in the area, hung out and listened to music, and performed with each other's bands.

**And now you're selling out huge venues. Have you felt jazz growing in popularity over the past few years?**

I notice it when I'm selling out the huge venues that I once hoped for a chance to just play in. I can also feel it because it's not just one person from our group who's making it, it's everyone I know. Moses Boyd filled Islington Assembly Hall, Sheila Maurice-Grey released her EP with [Afrobeat band] Kokoroko, and Theon Cross' EP sold out in a flash. It's crazy.

**Was playing together instilled in you right from those youth club meetings?**

I guess so! As musicians, we all have little pockets of friends that we play with, and then we meet more people and play with them too. It becomes a beautiful ecosystem of people to call on. It's really encouraging and heart-warming that we are still all playing together in each other's bands, as well as doing our own thing.

**And now your music has made its way to the US...**

It's mad. It doesn't feel real. After playing the SXSW Music Festival, I'm doing a US tour later this year, plus I've got some big secret projects for the summer. It's not until I get a chance to stop and look back on these seminal moments that I realise I'm actually travelling the world doing what I love. It's beautiful that this style of music is continuing to spread.

[nubyagarcia.com](http://nubyagarcia.com)



Lend us a tenor: as well as playing solo and with Nerija, García is in six-piece group Maisha



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*Creative Director, Kygo Life*

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A moment of contemplation for Stokes in the Rajasthan Royals' changing room



# Return of the King

A collage of cricket equipment including pads, bats, bags, and a leather sofa.

All hail  
a wiser, greater  
Ben Stokes

Words RICHARD EDWARDS  
Photography GREG COLEMAN

# **Ben Stokes doesn't believe in second chances, but in this long, hot summer of cricket that's what he's getting**

**T**he mercury is nudging 100°F and the walkways around Jaipur's Sawai Mansingh Stadium are packed with cricket fans of all ages, clamouring for a view of their heroes. The scene is a riot of pink – the colour associated with the capital of the Indian state of Rajasthan since 1876, when Prince Albert popped by on a royal visit and the citizens of Jaipur went crazy with paintbrushes, coating the city in the symbolic local colour of hospitality to honour his arrival.

In the bowels of the cricket ground in late April, Ben Stokes is preparing for one of his final matches in this season's Indian Premier League, having missed his team's last two. This hasn't been his most successful stint in the world's richest Twenty20 cricket league, but the locals don't appear overly bothered. Everywhere you look, there are shirts bearing his name and number – 55 – which, it would appear, is also roughly the number of motorised vehicles driving abreast at high speed in the pollution-choked dual carriageway that snakes around the ground.

"It's Stokesy, it's not [Ajinkya] Rahane or any of the Indian guys, it's Stokesy," beams our taxi driver when asked which player most of the fans cramming into the stadium have come to see. Perhaps the most high-profile cricketer of his generation, the England all-rounder appears to have elevated himself to something approaching magisterial status at the aptly named Rajasthan Royals. Even a second-ball duck against the visiting Mumbai Indians in front of his adoring public – continuing his rough trot in the



**Ben Stokes, April 2019. Shot at the Rajasthan Royals' cricket ground in Jaipur, India**



At Jaipur's Sawai Mansingh Stadium, the ground where he and the Royals play to sell-out crowds in the IPL

oppressive heat of the country's 10th most populous city – does little to dampen enthusiasm for the flame-haired 28-year-old, who is about to assume centre stage back home at the start of a potentially history-defining period for the nation's summer sport.

t's early afternoon the next day, following Rajasthan's victory over Mumbai, and Stokes is in the team's playroom on the top floor of the Jaipur Marriott hotel, applying ice to one of his feet. He and the Royals' South African coach, Paddy Upton, are watching two of Stokes' teammates play *FIFA 19*, perched on beanbags – incongruously, their match is between England and Belgium. Close by, other members of the squad play pool. Stokes

himself is badgered for a game of table tennis. "Ten minutes," he booms. Almost an hour later, Stokes is still talking.

Talking is something he hasn't done an enormous amount of since his altercation outside a Bristol nightclub in late September 2017. The cricketer was charged with affray and subsequently acquitted last August. When the verdict was delivered, his wife Clare shed tears of relief. Stokes, meanwhile, looked to the heavens in gratitude. The verdict left him free to continue his career without a sizeable cloud hanging over him.

Some eight months on, there are few better places for Stokes to celebrate his second coming as a cricketer than in a country that has rebirth as



## **Stokes is the man most camera lenses will be focused on at the current World Cup**

a central tenet of its religious philosophy. And although Stokes dismisses the notion, there is certainly a sense that this summer presents him with a priceless opportunity for redemption after his recent troubled past.

"We've got the World Cup and the Ashes, and people have said to me, 'Are you trying to prove yourself all over again?'" he reveals. "But I don't have to do that. I don't have to prove myself to anyone. I only have to prove things to myself. I'm not looking to please anyone, or to go out there and do something individually great. As long as England win, I don't really care about trying to prove a point to people."

He may not feel he has anything additional to prove, but, regardless, Stokes is the man most camera lenses will be focused on as the current World Cup progresses, and also in the Ashes series against Australia, which follows this August and September. The tabloids will also be keen to see if he has learnt any lessons from that infamous night in Bristol.

"I went through that plenty of times," Stokes says of the soul searching that followed, starkly aware that his actions that night could have cost him everything. "But thankfully I've come out the other side now."

In this year's *Wisden Cricketers' Almanack* – the annual cricket bible which, now in its 155th edition, remains one of the most respected publications in world sport – editor Lawrence Booth states that it is incumbent on Stokes to retain his "inner mongrel" while otherwise behaving "like a puppy".

This assertion sums up the widespread expectation that England's talisman should be a changed man after everything that has happened. So, is he?

"I'm not going to suddenly be an angel, because that's not me," Stokes says. "It's just about trying to make better decisions, but I don't think of this in terms of it being a second opportunity."

"What I have learnt is that the people I need – who are important to what I do and who I want to be



**Stokes helps sink the Aussies in the fourth Ashes Test in 2015**

# Indian schoolkids argue over which of them should play the role of Ben Stokes





Batting practice  
in the nets outside  
the Sawai Mansingh  
Stadium in Jaipur



Stokes' incredible back tattoo, which depicts his family as lions, took 28 hours to complete

## "People are always going to ask me about that night. I've dealt with that"

there – are around me. Before [you've learnt that], you try to please everyone, but you just can't do it. There are other lessons, obviously, but that's the main thing. It has made me understand who the right people are, and who I need in my life."

One of these rocks in Stokes' life is his agent, Neil Fairbrother, the former England player who himself toured India with his country back in 1993. And the 55-year-old Lancastrian, who has travelled to Jaipur for a brief stay, interjects to remind the younger cricketer of another lesson that life has taught him. "Nothing good happens after midnight," Fairbrother imparts, sagely.

Stokes and his right-hand man have worked their way through a whole host of phrases to sum up the carnage that landed him in such hot water just hours after he had helped England to demolish the West Indies at the County Ground in Bristol. "It will all be chip-paper news by tomorrow" – that's just one of them," says Stokes. "It's always going to be there, it's always going to be with me, and people are always going to ask me about it. I'm fine with that; I've dealt with it."

**S**tokes' performance levels have remained remarkably consistent following his return to the England side after missing the 2017/18 Ashes series in Australia. But perhaps this shouldn't come as any surprise: here is a sportsman who has had to bounce back from adversity in the past. In February 2013, Stokes was sent home from an England Lions tour to Australia for breaching disciplinary standards. He was 21 at the time, but battled back from the self-imposed blow to play his way into the England Ashes squad just eight months later.

In front of baying Aussie mobs in the stands, and with England crumbling physically and mentally against an onslaught led by Queenslander Mitchell Johnson – a bowler capable of propelling the ball at speeds in excess of 150kph – Stokes walked out to make his Test match debut in the second Test of the series in Adelaide. "Nothing prepared me for that first ball," he recalls. "It hit me on the pad and my bat hadn't even started coming down yet. The

thought process of knowing that it's going to be fast – 95mph [152kph] – and then actually trying to go out there and face it, are two completely different things. I had never faced anything like that before."

It's a measure of Stokes' grit that in the following Test at Perth – commonly regarded as the fastest pitch in world cricket – he scored a century. As a retort to his critics, following that brush with authority, it was impressive.

Despite being many kilometres from home, Stokes is clearly comfortable in an IPL environment that springs up for two months every year before being hurriedly packed away again as soon as the winner is crowned. And he manages to stay relaxed even with the loss of anonymity that comes with having your face plastered across the billboards of Jaipur. "Even just stepping onto the [team] bus is crazy," Stokes says. "And you see the excitement of the locals when the bus drives past them on the road – they're more interested in looking at us than concentrating on driving in a straight line. You don't get that anywhere else in the world. I don't envy Indian cricketers. I only do it for five or six weeks – this is their life every day."

Stokes laughs at the contrast between this and England, where people just stare out of the corner of their eye while pretending not to notice him. And despite being one of the country's most high-profile sportsmen, he prefers to keep a low profile – even on the school run. "I don't do small talk," he says. "I'll drop the kids off at school, and when it's time for pick-up I'll stand in the corner."

In reality, his cricketing ability guaranteed he'd never end up anywhere other than centre stage. But, having moved to Cumbria in north-west England from the New Zealand city of Christchurch at the age of 12, he never could have imagined that, one day, schoolkids on makeshift pitches in the wastelands of India would argue over which of them should play the role of Ben Stokes. "It's crazy to think about how things have gone," Stokes says. "When I was told we were moving to England, obviously I didn't like it. I said, 'I'm not going. I'm staying here – Mum and Dad can go.'

"I can remember that first day at school – I was petrified. Then, when everyone at school found out I was from New Zealand, they just kept following me around, asking me to read out what it said on signs or on school noticeboards. They found the accent hilarious. I shed it very quickly."

It's this kind of experience – a leap into the unknown – that seems to drive Stokes on. In his first season in the IPL, in 2017, he joined the Rising Pune Supergiants for £1.7 million – a record fee for an overseas signing. And at the end of the season he was named the competition's most valuable player. Stokes appeared to have the world at his feet and Indian cricket fans eating out of the palm of his hand.

On the other side of the world, the man responsible for instilling Stokes' inner steel and drive – his father, Ged – must be enormously proud. After



Crease lightning: Stokes in match-winning form on the second day of the third Test against Sri Lanka in November last year

## "I'm not going to be an angel. That's not me"

all, he could hardly have set a tougher example. A pro Rugby League player in New Zealand, Ged Stokes suffered a finger injury towards the end of his playing career, which would have necessitated a considerable period away from the sport and a lengthy stretch of unpaid leave. The solution was a no-brainer.

"He got paid by the game, so he said, 'Just cut it off,'" says the younger Stokes. "He couldn't afford to have the surgery, because it would have meant having too much time off for rehab."

Ben Stokes is lucky enough to have all his fingers intact, although injuries to his digits have dogged him throughout his career. He can, though, only blame himself for breaking his hand while punching a locker following his dismissal in the final match of England's tour of the Caribbean in 2014. Again, eyebrows were raised, but Stokes bounced back, and by February 2017 he was England's vice-captain. It proved a short-lived role, but Stokes admits that if the chance to captain his country arose again – not

an entirely fanciful notion – he would take the job. "If you get the opportunity and they ask you to do it, you're not going to say no, but at the moment that's not in my mind," he says.

If this passion for competition is a trait acquired from his father, it's one that Stokes also seems to be filtering into his own image of parenthood. When asked whether he lets his own children – aged four and six – beat him at anything, the answer is succinct: "No. Not yet anyway."

For now at least, Stokes' competitive energies are focused on opponents a little older – he's champing at the bit to get the serious business of the World Cup and the Ashes underway.

"I just want it to start," he says. "You see the adverts everywhere and you just think, 'Wow, I'm going to be a part of that.' The anticipation is probably the hardest bit to deal with, because you want it to have come around already. I'm not the most patient of people; I just want to get out there."

Across Jaipur, there are adverts bearing Stokes' name alongside that of an Indian cement maker and one of the region's leading pipe manufacturers – an earthy reminder that this mega-bucks league is still in its relatively early days of construction.

This comeback king will be hoping that, when summer ends, he'll not only have rebuilt his reputation but firmly established himself as cricket royalty.

Instagram: @stokesy



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# HOOP DREAM

**The legend of how New York's Dyckman Tournament, which turns 30 this year, became the domain of rap gods and NBA stars – and transformed a neighbourhood for ever**

Words DAVID HOWARD  
Photography ANDRE JONES

**"Kids here don't dream about getting good enough to play in the NBA; they dream about getting good enough to play in Dyckman"**





## Dyckman



Pro ballers Chris McCullough (left) and Rondae Hollis-Jefferson at Dyckman



Long before the arrival of Kevin Durant and Kemba Walker and the other transcendent basketball talent from across the planet; the big-time sponsorship deals; the movie cameras; the rappers; the 100-plus teams playing on summer nights in front of 2,000 people in an arena so swollen with howling spectators that they'll spill onto the court; before all that, there were just three buddies, a ball and a court.

Kenny Stevens, Omar Booth and Michael Jenkins grew up together in the Dyckman Houses, a housing project in Inwood, New York, right at the tip of the finger protruding from the top of Manhattan. The boys had been friends for as long as

anyone could remember, and they spent so much time in each other's company that their mums fed, watched and disciplined each of them like their own.

The trio loved all sports, but the highlight each year was the Holcombe Rucker League, a citywide basketball tournament held at the local Monsignor Kett Playground. But always, even after the tournament was gone, the painted concrete and hoops formed the nexus of their lives and friendships. This was the place that, even after they grew up and started to scatter, pulled them back together. As Stevens explains, "The basketball court was home."

Stevens was in college back then in the late '80s, playing basketball at Kingsborough Community College,

while Booth was at West Virginia State University and Jenkins had a full-time job. But when the long summer days arrived and they all returned home, they naturally wanted to find a few other guys for a game, then sit around the park for hours afterwards with a six-pack, laughing and trash-talking each other about this steal or that rejected layup.

That was about the best you could hope for in Dyckman in those days, when the crack epidemic was ripping the neighbourhood apart. "The crack era destroyed a lot of families," says Stevens. "Our safe haven was playing sports."

For a lot of New York City kids, sports meant streetball: a bruising, showboating style of playground basketball that had blown up around



# On the biggest nights at Dyckman, the crowd spills onto the court

the city – in Harlem's Rucker Park and on West 4th Street in Lower Manhattan in particular – drawing big, noisy crowds. Stevens, Booth and Jenkins decided it would be fun to round up a few friends, ask them to bring a few other guys, and put on their own event – their own modest little streetball tournament. So they scrounged together six teams and drew up a schedule. They assigned each team their own T-shirt colour, each guy added a number to the back in marker or tape, and the five-game season commenced.

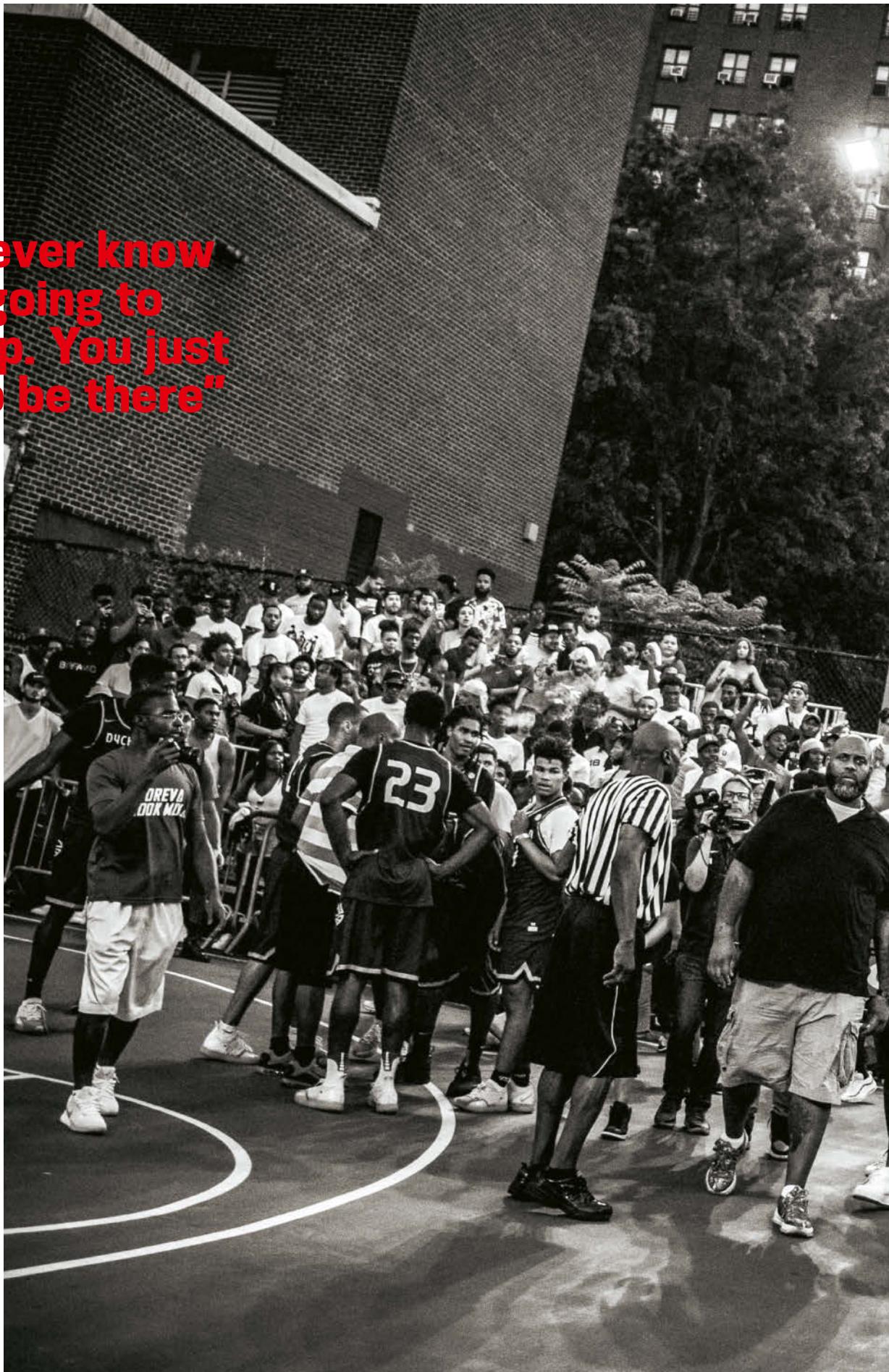
What happened next was striking to the three young men: there were no crowds, but even though no one else was paying attention, the players began to take things pretty seriously. They played



Above: For three decades, the Dyckman Tournament has been a summer staple in New York

Left: Eric Weaver is a regular referee at the tournament

**"You never know  
who's going to  
show up. You just  
have to be there"**



NBA sensation Kevin Durant of Golden State Warriors (pictured in the Dyckman T-shirt) made a surprise visit last summer



hard, and, while everybody stayed friendly enough, no one wanted to lose. Stevens, Booth and Jenkins quickly determined that they needed referees, so each of the teams donated \$50 to hire them for the remaining games, thus making the first modest investment in the Dyckman Basketball League. There was barely enough money left over for a trophy. "Fifty dollars didn't really go nowhere," Stevens says now, laughing. "But we made it work."

Things didn't just happen overnight. The story of how that small-scale competition between friends became the Dyckman Tournament now celebrating its 30th anniversary is a saga of steady, measured steps made over endless hours in the heat and sun, intermingled with meteoric leaps forward.

The league generated a modest buzz and the number of teams grew to 10 after the first year, then increased to 12 a couple of summers later. By the sixth year, the organisers had added divisions incorporating players of a wider range of ages and abilities. Sets of bleachers – tiered stands for spectators – were shoehorned into the set-up and soon an announcer began calling out the action over a PA system. Stevens and the others didn't invent the format – that drew on the earlier success in Rucker Park and West 4th – but the area already had a proud heritage, having been the first hoops haunt of Ferdinand Alcindor Jr, later better known as NBA legend Kareem Abdul-Jabbar, a generation earlier.

On Dyckman's 10th anniversary, with the league now attracting top-level talent from NCAA Division 1 – the highest tier of US college basketball – Converse signed on as a sponsor. But Stevens made sure the neighbourhood knew that this was its own event, created for Dyckman by people from Dyckman. This included the large incoming Dominican population who found a home in Inwood and elevated the whole clamorous, drum-banging courtside scene.

Word spread, and various basketball luminaries began making the trip to the top of Manhattan to experience these physical games and their raucous atmosphere. Marcus Camby was the first NBA player to show up, in the late '90s,

**"If you're not going  
to play hard, don't  
get dressed. There's  
no coasting at  
Dyckman Park"**



Many of the most talented  
streetball legends in New York  
cut their teeth at Dyckman



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The Reaction TM Pro is the heart of the Reaction range. To our designers, that means one thing: they can really go to town.

The combination of RockShox's new 130mm Sektor fork and 2.6in Kenda Hellkat and Nevegal 2 tyres serves up a serious dose of technical trail-taming ability, backed up by the Kind Shock LEV dropper post - so you can tackle steeps with ease - and a Newmen cockpit with 760mm handlebar for superb control. With powerful hydraulic disc brakes to keep your speed in check and Sram's 1x11 NX transmission with a Race Face Ride crankset, you've everything you need to take the fight to the mountain... and come out on top.

### FRAME

Aluminium Lite, Trail Motion Geometry

### FORK

RockShox Sektor, 130mm

### GROUPSET

Sram NX, 11-Speed

### BRAKES

Magura MT Thirty, (180/180)

### WEIGHT

13,6 KG

### PRICE

£ 1.299,-



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NEAREST CUBE DEALER, PLEASE VISIT [WWW.CUBE.EU](http://WWW.CUBE.EU)



when he played for the New York Knicks. That was the first time it occurred to Stevens that Dyckman was becoming something bigger than he could ever have imagined.

Other basketball heavyweights soon followed. Ron Artest, a Queens native who played for several different NBA teams and won a title with the Los Angeles Lakers, began to make regular appearances. The announcer would playfully poke fun at him, reminding the crowd that they were watching the NBA's reigning defensive player of the year – right after someone drove past Artest and scored. Longtime NBA player Michael Beasley showed up and drew headlines in 2011 for pushing a fan in the face during a verbal exchange. Kyrie Irving (now at Boston Celtics) Tyreke Evans (Indiana Pacers) and Brandon Jennings (last at Milwaukee Bucks) all played there, but regardless of their star power, the crowd always let them know if they weren't putting in sufficient effort. "If you're not going to play hard, don't get dressed," Stevens tells people. "There's no coasting at Dyckman Park."

NBA All-Star Kemba Walker, who grew up in the Bronx, started playing at Dyckman while in middle school. The Charlotte Hornets' point guard (an offensive position similar to a playmaker in football) still comes, year after year.

## A subway driver would stop his train to catch some of the game

"There's a magic to Dyckman," says Bobbito Garcia, a streetball player and hip-hop legend who has played in 43 countries and at Madison Square Garden. "The only time in my adult life I've ever been shook [during a game] was my first time at Dyckman."

Garcia had heard the credo of the place: "Bring your game, not your name." But he didn't fully appreciate it until, instead of automatically applauding him for gracing the court, someone in the crowd started calling him out for wearing the newest, out-of-the-box, low-top Adidas sneakers, which were deemed insufficient for the game. Next thing he knew, the entire section was laughing. "When I went up to Dyckman, I was a nobody," recalls Garcia, laughing. "It's not a warm, welcoming environment."

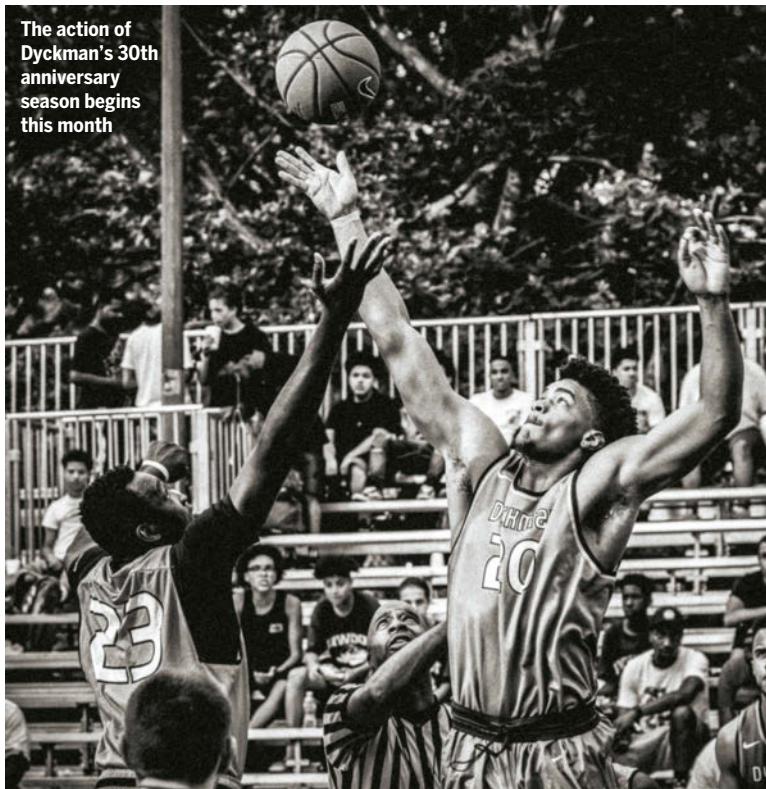
In streetball, that's a high compliment. This is a crowd that booed rapper and reality TV star Safaree out of Dyckman last summer because it didn't appreciate his performance.

Scouts and recruiters have naturally become part of the mix at Dyckman. One summer, an assistant coach for Toronto Raptors was in attendance the night that a local legend named Corey 'Homicide' Williams torched the opposition, racking up 30 points by halftime. Such exposure later won Williams a trial with the Raptors – unheard of for a guy banging around a city playground. Williams was the last man cut from the team's roster just before the following season, then hovered on the fringes of the league before going on to play pro ball in Australia, where he won an award for MVP (Most Valuable Player).

In July 2011, Dyckman was home to the game of the decade for New York City streetball: Team Nike versus Team Ooh-Way (a Bronx hip-hop record label), each roster packed with local legends. Three thousand people wedged into every available crevice with any kind of view, including the tops of tree branches. Cops had to shoo kids off a nearby roof.

Stories of Dyckman nights have been told, retold and passed into legend. Some talk of how the driver of the 1 train – the subway line that passed overhead – would linger at the Dyckman Street stop, holding up everyone on board so he could catch some of the game, then blast his horn in tribute before finally moving off into the night. Whether this really happened, or

The action of Dyckman's 30th anniversary season begins this month



there was just an unusually large number of people exiting the train on the nights in question, hardly seems to matter.

You never know who'll be at Dyckman. In 2011, Dallas Mavericks' billionaire owner Mark Cuban showed up to watch the action, sending tremors through the crowd, but no one had bothered to tell Sharon Bond, vice president of marketing for Dyckman, until mid-afternoon. Same with Floyd Mayweather's appearance last summer, and also with megastars such as Durant, who played in a game in 2011 and dropped by to watch the action and sign autographs in 2016 and '18. "You never know who will show up," Bond says. "You just have to be there. We were viral before the word viral came out."

Not that anyone in or around Dyckman cares which VIP might show up that night – they're going to the park anyway. "The people who really make this happen are the community," says Bond. "It's like glue, the people who come every day and bring their energy. The NBA players and rappers, they come because of that energy."

Driving by in the off-season, Stevens is always gratified to notice that no one tags or trashes the court, the bleachers or the lights like they did back in the '80s. For kids growing up in the neighbourhood

today, that would be like vandalising your bedroom walls. "If you live in Washington Heights or Inwood, it's an aspirational tournament," Garcia says. "Kids there don't dream about getting good enough to play in the NBA; they dream about getting good enough to play in Dyckman."

For those who don't possess elite skills, there are other entry points. As part of a city programme, around 125 youths get a summer job with the league each year, providing essential vitality when the heat and the demands of the schedule exhaust everyone else by week four. Other kids stay involved in different ways, some by participating in the year-round skills-and-drills programme. As executive director of operations for Dyckman, Stevens is proud of these achievements: "The inspiration of seeing these kids' faces, knowing they

**"The community brings the energy, and NBA players and rappers come because of that"**

don't have any place to go... them being part of it every summer is priceless."

But what you really notice when you plug into Dyckman is how many people have a stake in it: the neighbourhood families whose kids are playing in the games help support themselves by selling sausages, shish kebabs and drinks around the court; longtime regulars have de facto assigned seats and newcomers are nudged toward the back. On the biggest nights, the crowd spills onto the court, and when the ball goes out, the players throw it back in from in front of the spectators.

If you visit Monsignor Kett Playground at lunchtime any day this summer, there isn't much more to see than the hoops, empty seats, some kids and a ball. The place looks neater than most city playgrounds, but otherwise it's like it was when Kenny, Michael and Omar met up to play when young. But around 4pm the mood changes. A set-up process begins and electricity starts to build. "You blink," Bond says, "and it happens in a matter of seconds."

By 6pm, as the day begins to shed the worst of its syrupy heat and the shadows stretch and bend, all 1,600 seats are filled, mostly by people from the neighbourhood. A DJ pumps out music and announcers take their mics. The teams gather for a jump ball and the night is off and running.

This transformation is remarkable – especially for anyone who watched that first homespun tournament 30 years ago. Except that, in the most profound way, what happens now at Monsignor Kett Playground is exactly what it was when the three friends started it: the same court, the same community and the same game, showcased in all of its grace and thunderous force, its ferocity and beauty.

For Stevens, who remains good friends with Booth and Jenkins and now coaches the sons of the ball players he managed when he was younger, Dyckman mirrors life itself. You can grow older and wiser, but you don't have to fully grow up, because you always have the game.

"A lot has happened since then," says Stevens with a soft laugh. "I don't even realise it's 30 years, because it still feels like yesterday."

The Dyckman Basketball Tournament runs from June 1 to August 27 this year; [dyckmanbasketball.com](http://dyckmanbasketball.com)

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# TURNING THE TIDE





Imani Wilmot  
carves the waves  
in Eight Miles,  
Bull Bay, Jamaica

**Imani Wilmot is on a mission to empower the women of Jamaica and inspire an entire generation of Afro-Caribbean surfers**

Words LOU BOYD Photography ISHACK WILMOT

**Wilmet has been providing surf teaching and emotional support to local women since she was aged just 17**



# W

hile growing up in Eight Miles, Bull Bay, on the south-east coast of Jamaica, Imani Wilmot didn't see many women in the ocean. As the daughter of Billy 'Mystic' Wilmot – founder of the JSA (Jamaican Surf Association) and known locally as 'the Godfather of Jamaican Surfing' – she spent most of her childhood on the beach and surfing waves with her brothers, but quickly realised that rarely were there any other women out there with her.

"Historically, women in Jamaica have been told to stay out the water," says Wilmot, who manages the Jamnesia Surf Camp in Eight Miles. "They're worried about their hair in the salt water, and their skin being out in the sun all day. I never thought about that, because I grew up with it."

As she grew older and started to travel to surf competitions, it was always the same handful of women from across the island competing against her, too. "My school really supported my surfing," Wilmot says. "They brought me out in assembly when I won competitions and showed off my trophies, but it didn't hide the fact that I was the only girl doing it. I started to realise back then how much we needed more girls in the sport, how much we need more girls of colour on the waves, so that others would see them and realise they could do it, too."

She set up her first female surf school at 17 and began to teach local women. "It's something I felt was missing, like nobody else would fill the gap. I felt this big urge that I was the one to do it."

Caribbean surf culture is rarely represented in the wider industry. While there's an exciting and growing community on Jamaica in particular, it's one that is overlooked in the global narrative of the sport. Wilmot believes this is one of the main reasons why many of the women around her didn't see a place for themselves on the waves.

"Nothing in mainstream media is representative of surf culture here," she says. "There's a lack of representation in surfing that is down to money. The media is controlled by what makes money, and I don't think they see the worth in having a black woman in their adverts."

Wilmot believes that change will come when more women of colour make themselves visible in the sport. "It's about empowering yourself, because people of colour put the most money into places where they see themselves represented," she says. "If other women see me doing my camps, that will make them think, 'If those women can do it, so can I. This is a place for me, too.'"

The space that Wilmot's surf camps provide is needed in more ways than one: it's become a safe place for many women in Bull Bay and the surrounding areas. Jamaican culture can be particularly misogynistic and violent, says the 28-year-old. "The camp is just a place that is nurturing and comfortable for girls to come and learn to surf," she explains. "I'm really concerned about how these girls are doing emotionally. People need to feel like they are supported and



**"Historically, women in Jamaica have been told to stay out of the water"**

that their dreams and what they want to achieve in life are valid."

Women from all walks of life started to join the camps, looking for space and time away from their problems. "Being a woman in Jamaica can be tough," says Wilmot. "Sometimes the way that people are treated can be hard to deal with, and surfing can be time away from things that are happening in society – whether it be corruption, abuse or a whole array of things that put a strain on people."

Leading groups of around 10 to 15 at a time, Wilmot began to teach more and more local women how to ride the waves on their doorstep, while creating a space for them to meet and support each other. "When it comes to personal things, we all show up for each other's stuff," she says. "In every aspect, we feel like we have somebody who's there. It doesn't have to be to do with surfing – by having this community, we share personal experiences that will help us cope. Nobody has to go into things feeling like they're completely on their own and lost."

Wilmot's story has recently been made into a documentary by British filmmakers





Filmmakers Lucy Jane and Joya Berrow shot these photos of Melissa Fearon (above, left), Imani Wilmot (right) and her daughter Nya (opposite page) in the local community during the making of their documentary *Surf Girls Jamaica*

Joya Berrow and Lucy Jane. The two went to Jamaica to tell not only Wilmot's tale but also to relate the journeys of others who joined her surf camps. Melissa Fearon, a local woman who found the camps when experiencing difficulties in her life, caught the attention of the filmmakers and became a major character in their story. "Growing up in Jamaica is rough," Fearon says in the film. "As a woman, it's rough. There's no meaningful relationships; having sex is like nothing. If a man rapes you, they will say you asked for it."

Fearon's personal troubles include being arrested for attempting to smuggle marijuana into America. "The mental slavery that we grow up into, like classes and races, upper middle-class and uptown and downtown, that messes us up," she says. "People can't find the money to educate themselves, so they find themselves doing jobs they don't want to do. This job was to bring herb to the States, and [as a consequence] I was facing two years' hard labour in a women's prison. Being arrested and not being able to get a proper job because I've got a police record, it shifted my life; it really made me unstable."

It was around this time that Fearon started surfing with Wilmot, and gradually her outlook began to change. "One day, I came up by the beach and Imani said, 'Come surf with me,'" she recalls. "Surfing helped to liberate me; gaining back some level of oneness with myself, with how I felt about myself, to feel some self-worth."

After joining the camps, she began to get involved in Wilmot's mission. "Mel is seeing all of these changes in herself and liking them," says Wilmot. "As a result, she wants to pass that on to other people. She wants to be a surf coach and introduce others to the idea that there's this sport that can really change your life."

The efficacy of surfing as a form of therapy has been known for decades, and these camps aren't the first to utilise the sport as a means of social nurturing. But Wilmot has provided something totally new to her neighbourhood. And the camps reflect the woman herself, being caring and supportive but also expecting the best efforts of members.

"Surfing is one of the most positive sports, because it takes your eyes away from the negativity that's in society and turns them to the horizon," says Wilmot. "The ocean is so much bigger than you; it's something that is not confined. If you

**"Surfing takes your eyes away from the negativity in society and turns them to the horizon"**

can tap into that power and use it for something positive, for a global good, that can only be a good thing."

The documentary on Wilmot's camps, titled *Surf Girls Jamaica*, was released in January and has garnered widespread praise, winning Best British Film at the London Surf Film Festival. "It was really important that we went to just observe and allow the truth of the story to come from the women in the group," says filmmaker Jane. "It's their story, and the film is their voice. We were so inspired by Imani. There are so many levels at which surfing is transformative. Each person takes something completely different from it – it allows you to take what you need."

Wilmot's three-year-old daughter, Nya, now joins her on the beach for many of her camps, and the surf leader hopes that by the time the youngster is old enough to ride the waves herself, she will not have to be the only girl in the line-up. "I've dedicated my life to empowering girls of colour to get into surfing, to enjoy surfing and get the peace that they need from the sport," Wilmot says. "There's something very special about surfing in Jamaica. Even though we have competitions and even though everybody's trying to get better, it's not very competitive. It's more like a big family and everybody is very supportive."

"That's what I want to see continue. I want it to be more open, more diverse. I want there to be more people involved who can adapt to this kind of gentle, nurturing outlook. If we can create that kind of environment for the kids around here to think differently and to express more love and compassion, a little more gentleness, things can only improve."

Watch *Surf Girls Jamaica* on the Real Stories channel on YouTube. As we went to press, we received the sad news that a fire had destroyed Billy Wilmot's family home. Links to his Go Fund Me page can be found on Instagram: @jamnesiasurf

# AGONY IN NUMBERS

Twenty-five years of flying head over heels and getting back up; of broken bones and battered bikes; of suffering and starting again regardless. On the silver anniversary of the Red Bull Hare Scramble, we look at the hard facts of this bruising bike race

Words WERNER JESSNER





## 45,000 IN ATTENDANCE

The number of spectators over the four days of the Erzbergrodeo, held in an open-pit mine in Austria. Fans help the riders through the key stages with ropes and harnesses, cheer them on with horns, and get blistered hands and grazed shins. They experience the Erzberg spirit as intensely as the riders themselves.

# 1,500 RIDERS ON THE GRID

So you think you're pretty good on a bike? Well, how far did you get on the Erzberg this year? The number of checkpoints ticked off on this enduro race is hard currency among the international off-road community. The hardest, in fact.







# 500

## REACH THE FINAL STAGE

A giant cloud of dust engulfs the slopes during the Erzbergrodeo's Iron Road Prologue. Setting off at 30-second intervals, 1,500 riders tear uphill for 13.5km. Only the quickest third make it through to the Red Bull Hare Scramble on the final day.



# 3

## SERIOUS INJURIES

...is the average annual tally for the race doctor to deal with. And 'serious' means that the rider is unable to leave the scene of carnage by himself and is taken to hospital. Cuts, flesh wounds, torn ligaments and even broken bones don't fall into this category.





# 97% MAXIMUM GRADIENT

The steepest section is the top of the Water Pipe checkpoint, followed by the Bathtub and the Three Kings. It's the last of these that really sends chills down the spines of the riders as they have to approach it from a standing position, whereas a little momentum can be built up ahead of the other two.







## 4 HOURS OF RACING

It doesn't matter where you are, how much energy you think you've got left in the tank or what smart line you think you've discovered, the flag is waved after precisely four hours. If you haven't made it to the finish line by then, you won't.



25

## TIMES THE RACE HAS BEEN RUN

A whole generation of bikers has now grown up with the Erzberg. What's more remarkable is the fact that 55 per cent of the competitors are aged under 30. So, as it hits a quarter of a century, the world's toughest enduro race keeps on getting younger and younger.



The 25th Erzbergrodeo Red Bull Hare Scramble took place from May 30 to June 2, 2019. Catch up with the action on Red Bull TV; [redbull.tv](http://redbull.tv)

# LOST HIGHWAY

**The rider doesn't get to choose their bike – the terrain does that for them. Here's what you need for every kind of turf, from tarmac and trails to the tallest of tors**

Photography TIM KENT

Road to nowhere:  
three bikes to tackle  
every terrain, from  
metropolitan streets  
and unsealed tracks  
to the backyard  
and way beyond.  
From top: TIFOSI  
Mons Disc X Cole  
Coatings road bike,  
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CANYON Grail  
AL 8.0 gravel bike,  
[canyon.com](http://canyon.com);  
INTENSE Sniper Trail  
Mountain Bike Pro,  
[intencycles.com](http://intencycles.com)





Left to right, from top left: VOID Capsule jersey, [voidcycling.com](http://voidcycling.com); ENDURA FS260-Pro Adrenaline race cape, [endurasport.com](http://endurasport.com); GIRO Aether MIPS helmet, [giro.com](http://giro.com); PEARL IZUMI Elite thermal armwarmers, [pearlizumi.co.uk](http://pearlizumi.co.uk); ENDURA Hyperon Mitts II, [endurasport.com](http://endurasport.com); BUFF Mash neckwear, [buffwear.co.uk](http://buffwear.co.uk); SPECIALIZED Air Tool Mini Road pump, [specialized.com](http://specialized.com); CHAPEAU! Madeleine polka stripe jersey, [chapeau.cc](http://chapeau.cc); CASTELLI Gabba 2 jersey, [castelli-cycling.com](http://castelli-cycling.com); SPECIALIZED Standard Presta Valve inner tube, [specialized.com](http://specialized.com); LEZYNE Mega XL GPS, [lezyne.com](http://lezyne.com); 100% Speedtrap Soft Tact sunglasses, [ride100percent.com](http://ride100percent.com); SPECIALIZED Torch 2.0 Road shoes, [specialized.com](http://specialized.com); SILCA Seat Roll Premio, [silca.cc](http://silca.cc); CHAPEAU! Lightweight cap, [chapeau.cc](http://chapeau.cc); STANCE Keep Going Lite Tab socks, [stance.eu.com](http://stance.eu.com); SHIMANO PD-EH500 SPD pedals, [shimano.com](http://shimano.com); SPECIALIZED Element 1.0 jacket, [specialized.com](http://specialized.com)

## ROAD WARRIOR

The Tifosi Mons street bike was released in 2017 as the world's lightest production bike at 4.61kg – an accidental by-product of a desire to build the ultimate daily ride. The carbon-fibre frame of the Disc X model seen here weighs a mere 860g. [tifosicycles.co.uk](http://tifosicycles.co.uk)





Left to right, from top left: PEARL IZUMI Versa Softshell hoodie, [pearlizumi.co.uk](http://pearlizumi.co.uk); ENDURA Hummvee Lite jacket, [endurasport.com](http://endurasport.com); GIRO Rumble VR shoes, [giro.com](http://giro.com); BIRZMAN Light-Er chain tool, [birzman.com](http://birzman.com); BIRZMAN Roar CO2 cartridge pump set, [birzman.com](http://birzman.com); BLACKBURN Switch multitool, [blackburndesign.com](http://blackburndesign.com); EXPOSURE LIGHTS Six Pack Sync light, [exposurelights.com](http://exposurelights.com); KNOG Cobber rear light, [knog.com](http://knog.com); MONS ROYALE Redwood Enduro VLS top, [monsroyale.com](http://monsroyale.com); SCOTT SPORTS Centric Plus helmet, [scott-sports.com](http://scott-sports.com); BIRZMAN Horizons-Apogee mini floor pump, [birzman.com](http://birzman.com); ENDURA Hummvee Chino shorts, [endurasport.com](http://endurasport.com); ARCADE Adventure belt, [arcadebelts.eu](http://arcadebelts.eu); CHROME INDUSTRIES Summoner backpack, [chromeindustries.com](http://chromeindustries.com); CHAPEAU! Chamois creams, [chapeau.cc](http://chapeau.cc); SPECIALIZED LoDown gloves, [specialized.com](http://specialized.com); 100% S2 Soft Tact Flume sunglasses, [ride100percent.com](http://ride100percent.com); SPECIALIZED Standard Presta Valve inner tube, [specialized.com](http://specialized.com); PANARACER GravelKing 700 x 32 tyres, [panaracer.com](http://panaracer.com); STANCE Wheelie Quarter socks, [stance.eu.com](http://stance.eu.com)



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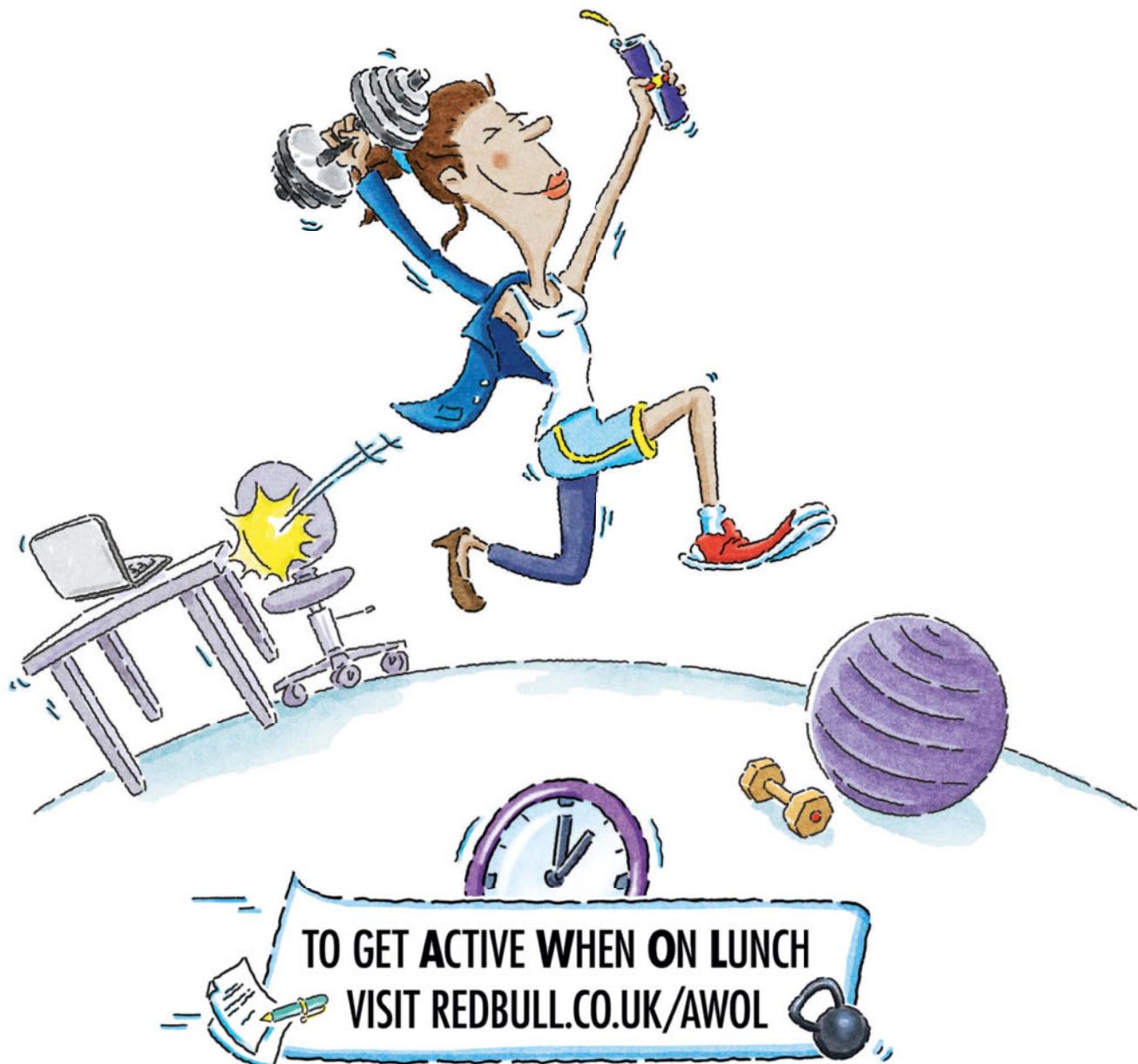
Left to right, from top left: 100% Fortis knee guards, [ride100percent.com](http://ride100percent.com); MICHELIN Air Stop MTB 27.5 inner tube, [bike.michelin.com](http://bike.michelin.com); GRANITE DESIGN Rockband carrier strip, [granite-design.com](http://granite-design.com); TROY LEE DESIGNS Skyline shorts, [troyleedesigns.com](http://troyleedesigns.com); DYNAPLUG Megapill repair kit, [dynaplug.com](http://dynaplug.com); ENDURA SingleTrack LiteKnit gloves, [endurasport.com](http://endurasport.com); VOID Orbit T-shirt, [voidcycling.com](http://voidcycling.com); TSG Scope helmet, [ridetsg.com](http://ridetsg.com); CUBE Edge round-neck jersey, [cube.eu](http://cube.eu); CUBE ATX OX shoes, [cube.eu](http://cube.eu); SPECIALIZED Co2 trigger, [specialized.com](http://specialized.com); 100% Racecraft Hot Rod goggles, [ride100percent.com](http://ride100percent.com); 100% Speedtrap Soft Tact sunglasses, [ride100percent.com](http://ride100percent.com); BLUEGRASS EAGLE Legit Carbon helmet, [bluegrasseagle.com](http://bluegrasseagle.com); CRANK BROTHERS Stamp 7 pedals, [crankbrothers.com](http://crankbrothers.com); BIRZMAN Feextube with tire levers, [birzman.com](http://birzman.com); SPOT Spot X two-way satellite messenger, [findmespot.eu](http://findmespot.eu); DAKINE Syncline 12L bike hydration backpack, [dakine.com](http://dakine.com); SILVERLINE Folding shovel, [silverlinetools.com](http://silverlinetools.com); SCHWALBE Hans Dampf Addix soft tubeless 27.5+ tyres, [schwalbe.com](http://schwalbe.com); LEZYNE Digital pressure drive, [lezyne.com](http://lezyne.com); STANCE Endo Crew socks, [stance.eu.com](http://stance.eu.com); LEATT DBX 2.0 jacket, [leatt.com](http://leatt.com)



## HEAD FOR THE HILLS

If you're serious about mountains, you need a steed dedicated to the task. The Intense Sniper Trail Pro features founder Jeff Steber's JS Tuned suspension – two counter-rotating links that deliver stability and traction whether heading up or down. [intencycles.com](http://intencycles.com)

# WORKOUT MEETS WORKLOAD.



RED BULL GIVES YOU WINGS.



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# guide

## RACE READY

Staying fit for the saddle is a matter of balance, says enduro ace Wade Young

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How augmented reality games are changing the world around us. As in real life. Really

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## GET THE DRIFT

This month's essential dates, including drifting with Mike Whiddett, plus Red Bull Soapbox

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## SULTANS OF STRIDE

The Oman by UTMB ultramarathon is 137 foot-shredding, lung-punishing kilometres of rugged terrain and mountain trails. Brave enough?

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# Do it



Moving mountains: one of the 326 ultrarunners passes through a canyon at Jebel Akhdar

OMAN BY UTMB

## BEAST IN THE MIDDLE EAST

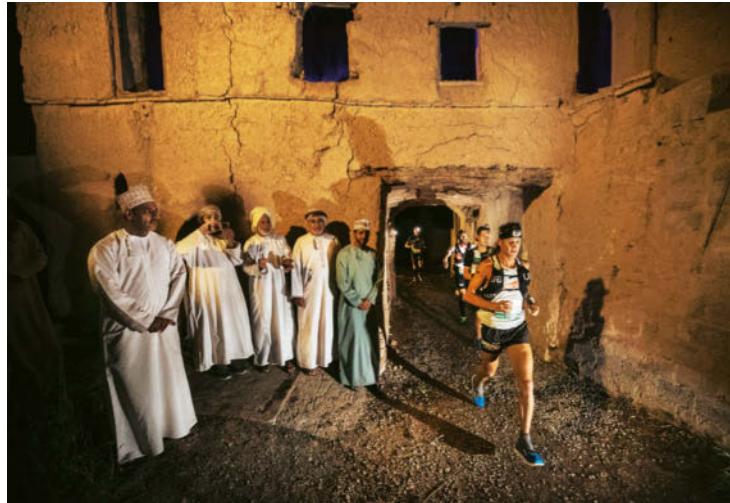
**Oman's first mountain ultramarathon is a gruelling 137km race across hazardous ridges and untouched landscape. Lou Boyd bore witness to this tough new adventure**

It's 5am, and from our vantage point on a cliff edge of Oman's Jebel Akhdar – aka the 'Green Mountain' – we spot a line of small white lights bouncing across the rock face opposite: the leading pack in the Oman by UTMB have reached the 82km mark.

The 137km race – the sultanate's first-ever mountain ultramarathon – starts in the village of Birkat Al Mawz and takes athletes through more than 7,800m of elevation, past forests, abandoned villages, palm plantations, deep wadis and narrow gorges, and up extreme



Jason Schlarb on the ascent to the Alila hotel, set high on a cliff



Making history: the race leaders pass through the ruins of Birkat Al Mawz



Top team: UTMB's running crew plan out the route before the arrival of the entrants

mountain trails. More than 10 hours in, most of the competitors will have covered less than 50km. The task has already proved too much for some: a third of runners have already given up and are waiting to be found and picked up by the organisers.

Only the best of the best will have reached this point by sunrise; athletes more than 50km behind the frontrunners will probably face a second night on the trail if they're to reach the finish line. As the sun finally makes an appearance, elite runners Jason Schlarb and Diego Pazos are the first to come into clearer view. Emerging from the valley, they scramble up the technical rocks,

## Many runners speak of tears, injury, even hallucinations in their darkest moments

passing us with smiles and waves before striding on towards another 10 hours of running.

Many of the world's top endurance athletes have travelled to Oman for its inaugural mountain ultramarathon, organised by the prestigious, Chamonix-based UTMB (Ultra-Trail du Mont-Blanc). Prior to the race, very few official running trails existed in

## TRAVEL TIPS

### ARABIAN NIGHTS (AND DAYS)

Make the most out of your visit to Oman with our handy guide

Part of the Al Hajar mountains, Jebel Akhdar is located 150km from Oman's capital, Muscat, and is the historic home of the ancient Bani Riyam tribe. Amid the mountain range, at 2,000m above sea level, sits the Saiq Plateau, an abundantly fertile region with its own microclimate



#### PAY

**OMANI RIAL**  
£1 = 500 baisa  
1,000 baisa = 1 rial



#### TALK

Márhaba	Hello
Shúkrán	Thank you
Maa ismuk?	What's your name?
Ismee...	My name is...
Anaa laa afham	I don't understand
Na'am	Yes
Laa	No



#### EAT

##### MAJBOOS

A traditional rice dish similar to India's chicken biryani. The meat (which can also be lamb or fish) is spiced and marinated



#### KNOW

Scientists have detected signs of early human life in Oman dating back 106,000 years

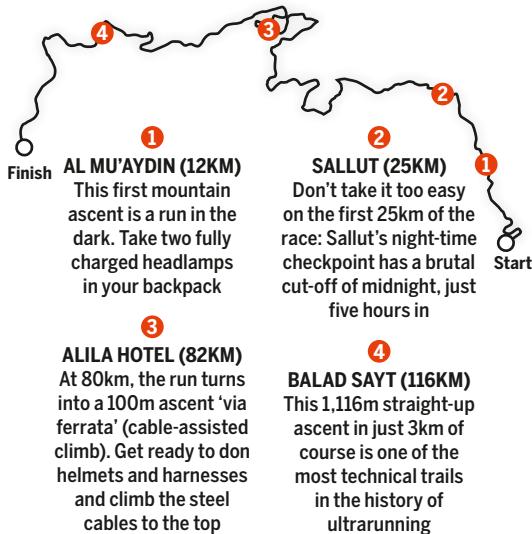
Non-Muslims with a residency visa can buy alcohol with a licence, but to a limit of 10 per cent of their monthly salary

More than 43 per cent of Oman's 4.6 million population are expatriates

AIM HIGH

## OMAN, WHAT A CHALLENGE

Want to take on the 'most technical race' ever? Here are the gnarliest points to watch out for during the Oman by UTMB...



### RUN ON FOUR MUST-PACKS FOR YOUR NEXT ULTRA-ADVENTURE



**Garmin Fenix 5s Plus**  
This GPS watch uses the European Space Agency's Galileo system for accurate positioning in remote areas.  
[buy.garmin.com](http://buy.garmin.com)



**Riemann P20**  
'Once-a-day' sun lotion that is water-resistant, fragrance-free and offers 10 hours of protection.  
[p20.com](http://p20.com)



**LifeStraw**  
An ultra-light tool that makes contaminated water safe to drink by removing bacteria and parasites.  
[lifestraw.com](http://lifestraw.com)



**Anker PowerCore 10000**  
This power bank has the capacity for more than three full phone charges, but weighs only 180g.  
[anker.com](http://anker.com)



Lone ranger: a trail runner covers the route prior to the official race

the Omani mountains, and UTMB had just five months to plan out and build 80 of the 137km of trail from scratch. The course is mapped out with – incredibly – 22,000 coloured markers, but the route lacks the smoothness of age, and its newness poses challenges for even the most experienced of athletes. Although clearly marked, it's not always safe: sheer drops and hairpin turns surprise the runners at points and are especially dangerous at night, with only a head-torch to navigate through the darkness.

In the town of Al Hamra the following day, only 142 of the 326 starters cross the finish line; the final runner clocks a time of just over 45 hours. Some lying on the ground, others rubbing their tattered feet or eating a well-deserved hot meal, the athletes discuss the astonishing difficulty of the route. Many speak of tears, injury and even hallucinations during their darkest moments. "I was crying every single time I made it to the top of a climb," says one runner, who made it to the finish line just in time.

Oman's spectacular mountain scenery was always expected to be memorable for competitors,

but the setting will now have gained a degree of infamy, too.

Schlarp and Pazos, who raced hard against each other for most of the route, finished arm in arm at hour 20 to claim a joint win. "We were racing each other for the first part of the race, then it changed," says Schlarp. "On the last climb we talked quite a lot, because it was terrible, it was blistering. Having someone else there meant neither of us slowed down. After all that time together, we both thought, 'I'm not going to let go of him now.'" Pazos agrees: "We needed each other. It only felt right to finish together."

Oman has made quite an entrance in the world of ultrarunning, and the plan is to get even crazier; a 160km route is planned for this year's event on November 28-30, incorporating the country's highest mountain – the 3,009m Jebel Shams – plus a friendly 50km option. Will these runners be back? Everyone we ask says yes. With transcendental landscapes and a route that sends you to hell and back, Oman's mountains perfectly embody the spirit of ultrarunning.

**Entry for Oman by UTMB 2019 is now open;** [omanbyutmb.com/registration](http://omanbyutmb.com/registration)



ALPHATAURI



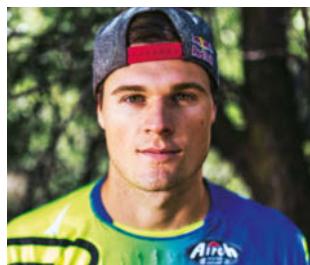


TRAIN LIKE A PRO

## GET ON TRACK FOR OFF-ROAD

**Only the toughest survive in hard enduro. South African racing prodigy Wade Young talks us through his preparations for the rigours of a rally**

**A**t the tender age of 23, Wade Young is already considered to be one of the giants of hard enduro. The rider took first place in the Roof of Africa in 2012, aged just 16 – the youngest-ever winner of the legendary motorcycle rally through Lesotho – and he's the reigning champion of both that competition and Red Bull Romaniacs, staged in Sibiu, Romania, each year. So, what's the secret of his success? "Hard work and mental strength." Here are Young's tips on how to prepare for those long journeys on an enduro bike...



Destination Red Bull guests will get to meet Wade Young

### Train on two wheels

Fitness is everything, especially when it comes to competitions lasting several days. I train for eight hours a day before a race: four on my bike, four on my motorbike. I could go running,

of course, but the more time I spend on two wheels the better equipped I am to deal with the obstacles and surprises that await me in the race.

### Stay balanced

I don't get much out of weight training – I'm naturally strong. At the gym, I focus more on training my core. A stable core is important for dealing with the constant knocks you get when riding off-road, and for good balance. Balance is key in other ways, too: [sometimes I just] want to hang out with friends, listen to music – deep house – or go fishing. And on Sunday I ditch the low-carb diet and eat whatever I like.

### Protect your rear wheel

If you want to go flat out, you need not only good kit but a lot of strength, too. I always advise not to fight with your bike, and to protect your rear wheel. It might not make you quicker on a short course, but it'll help you retain grip and energy to the end of the race.

### Talk to yourself

When I'm physically fit, I feel mentally fit, too, but your concentration is bound to wane after a few hours. As soon as my mind starts to drift, I begin talking to myself. I speak to myself in a positive way, like, "Hey, you can do it!" With all the noise that bikes make, no one will hear me anyway. It helps recollect my thoughts.

### Think of the agony your rivals are feeling

When I come up against my physical limits, I imagine what my fellow competitors are going through at that very moment. I assume they're as exhausted as I am, because everyone's racing in the same conditions. That thought rouses my ambition. I want to prove to everyone that I can hack it for longer than they can!

## DESTINATION RED BULL

### RIDE OF KINGS

**Destination Red Bull offers unique adventures around the world with athletes and legends. This issue: off-road in Lesotho with Alfie Cox**



#### YOUR JOURNEY

Experience the sights of South Africa and the hilly kingdom of Lesotho by motorbike on the route of the Roof of Africa rally from November 25 to December 2. Off-road legend Alfie Cox will be travel guide/coach for your group (maximum guests: four). Included are an overnight stay along the route, a meet-and-greet with enduro superstar Wade Young, rental of a KTM 1090 Adventure R, an escort vehicle for additional luggage, and a visit to the Gwahumbe Game & Spa.



#### YOUR TRAVEL GUIDE

Alfie Cox is a giant in the worlds of enduro and rally driving. A KTM works driver for many years, the tough, 56-year-old South African has won the Roof of Africa a record nine times, and has made it onto the Dakar podium three times in eight attempts in the bike category. He won the first-ever Red Bull Hare Scramble in 1995.

For further information on the trip and how to book, go to: [destination.redbull.com](http://destination.redbull.com) or call +43/664/88 11 07 06

**SHAUNA COXSEY**  
CLIMBER



**MADDIE HINCHE MBE**  
HOCKEY GOALKEEPER



**JACK NOWELL**  
RUGBY PLAYER



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WHAT CAN YOU LEARN FROM THE PROS?

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SNOWBOARDER



**LUCY CHARLES**  
TRIATHLETE



**BEN STOKES**  
CRICKETER



[redbull.co.uk/pro](http://redbull.co.uk/pro)

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RED BULL GIVES YOU WINGS.





## LIVE SMART

## AUGMENT YOUR REALITY

**Harry Potter: Wizards Unite** will unleash a phone-gaming fever not seen since *Pokémon Go*, which is good news for you and the planet

Three years ago, life as we know it changed for ever. Augmented reality – overlaying interactive digital information onto our real-world environment – had existed for a while, but *Pokémon Go* took it to another level. Public spaces across the world were filled with people frantically capturing and battling creatures they had found digitally in actual geographical locations. At its peak, there were 45 million players a day immersed in the game worldwide. For some, that statistic might sound frighteningly unhealthy, but AR has many benefits to ourselves and the world around us, ‘gamifying’ positive activities we might not normally perform. Now, with *Pokémon Go* creator Niantic releasing *Harry Potter: Wizards Unite* – a smartphone game that interweaves the boy wizard’s world with our own – everyone is set to go AR-crazy again. Gamification expert Marc Woodhead reveals how augmented reality can literally enhance our real life... [harrypotterwizardsunite.com](http://harrypotterwizardsunite.com)

## BRAIN TRAINING

AR games such as *Wizards Unite* offer the player a unique multitasking experience: we’re simultaneously living in two worlds (our own and the game’s), with new rules, characters and achievements. “Players will know every detail of every character,” says Woodhead. “With the young, that’s good for teaching the usage and retention of complex and abstract information.” In fact, a study co-authored by Princeton neuroscientist Jesse Gomez showed that adults who played *Pokémon* as kids have a region in their brains solely for recognising the game’s images.

## SAVING THE WORLD

*Pokémon Go* features cooperative mechanics, where capturing ‘legendary’ Pokémons such as Zapdos requires players to team up in a ‘raid’ with other people (sometimes strangers) in real life. This has led to interesting spin-offs such as 17,000 players of *Pokémon Go* and Niantic’s first AR game, *Ingress*, working together to pick up 145 tonnes of rubbish across 41 countries for Earth Day 2019. “AR has great potential in a world that we have to look after better,” says Woodhead. “You can imagine gamifying collecting bottles after a festival – the more bottles, the higher your score – and AR can overlay information on which are recyclable.”

## GETTING ACTIVE

In 2016, *Pokémon Go* players walked a collective distance of 8.7 billion km – the distance from here to the end of the solar system. A study published in the *Journal of the American Heart Association* found that by gamifying movement *Pokémon Go* had boosted players’ step counts by almost 35 per cent on average, and the number of players hitting 10,000 steps per day had risen by 13.2 per cent. “AR is helping us to become more active,

absolutely,” says Woodhead. “We saw people who’d done only one hour of workouts now doing five or six a week, just to collect the steps. Competing has a positive effect on people’s desire to do better.”

## MOOD BOOSTING

By overlaying gameplay onto our reality, *Wizards Unite* grants us the opportunity to gain rewards at any time, and we’re hardwired to feel good as a result. “I’ve watched people play these games – from the young to the old – and there’s no question: they get a positive, natural endorphin release that puts them in a good mood,” says Woodhead. Of course, not catching that AR beastie could be disappointing in equal measure, so keeping a sense of perspective is vital, too.

## TECH SMARTS

Emerging AR technology is set to become a part of everyday life in the near future, and, according to Woodhead, games such as *Wizards Unite* are laying the groundwork. “There’s a great interactive full-field-of-view experience [*The Body VR* on the HTC Vive] where you’re shrunk down and go inside the human body, which is extraordinary.” As well as teaching aids, we’ll soon be able to access more AR information to help us navigate the real world – so it pays to be ahead of the curve.

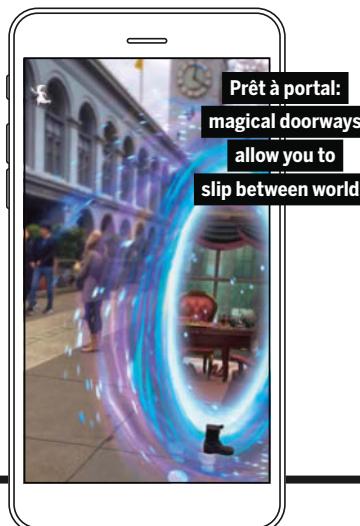
## EXPERT PROFILE

### MARC WOODHEAD

The Gamification Guru



A digital entrepreneur and founder of Holograph, a company that has created digital, gamification and AR solutions for major brands. He has also run an online competition to find the world’s most popular M&Ms character. [holograph.digital](http://holograph.digital)





SHOWER IN A CAN

# SO FRESH, SO CLEAN

**Want to avoid feeling grubby on outdoor adventures? These guys have found the answer...**

**W**hen you're up a mountain, finishing a gruelling Ironman, or wild camping in the middle of nowhere, getting clean and fresh can seem almost impossible.

Knowing that there had to be a better solution to getting clean and fresh when showers are either non-existent or just unpleasant, Ben Cooper and Stuart Budd set about creating Shower in a Can.

Launched in December, Shower in a Can is a dry shower product in an aluminium can. It's a vegan-friendly antibacterial foam you apply to your skin and hair, that requires no rinsing and dries quickly and naturally, with no need for a towel.

Great for all situations where you can't get clean and fresh, such as hiking, climbing, camping, triathlons, festivals and even stunt skating. As Jenna Downing, World Champion inline skater, says, "Love the fresh and clean feeling this little bottle can provide." [www.shower-in-a-can.co.uk](http://www.shower-in-a-can.co.uk)



**Shower in a Can will be at the London Triathlon on July 27-28, 2019**

100ml £1 | \$2.05 CAD

# GIVES YOU WINGS.

ALSO WITH THE TASTE OF COCONUT & BERRY.



**Save the date**

Summer

**5****to 8 September****DRAG RACING  
EURO FINALS**

Missed RuPaul's Werq the World tour in May? Never mind, here's a wilder drag race: the finals of the FIA/FIM Championships, featuring the fastest straight-line cars and bikes, headlined by Top Fuel dragsters, the world's most powerful racing cars – 10,000hp and 0–482kph in less than four seconds.

Santa Pod Raceway, Podington; [santapod.co.uk](http://santapod.co.uk)

**11****June to 31 Aug  
Immersive War  
of the Worlds**

Forget Orson Welles' 1938 radio play or Tom Cruise's 2005 movie – the definitive version of HG Wells' novel is clearly Jeff Wayne's ever-so-cheesy 1978 prog-rock musical. Now you can go one better and live it, battling through alien-invasion Victorian London via a mix of VR, AR, volumetric holograms and real actors. **Leadenhall Street, London;** [dotdot.london](http://dotdot.london)

**11****June onwards  
Body Worlds:  
London Lates**

German anatomist Gunther von Hagens' exhibits of real bodies 'plastinated' to preserve detail have drawn millions of visitors. More than mere morbid curiosity, it's a chance to consider our own wellbeing. On the last Friday of every month, the show will be open until 10pm, with a roster of guest speakers and holistic therapies. **London Pavilion, London;** [bodyworlds.com](http://bodyworlds.com)

**22****June  
Brave New  
World**

In the 1970s, Nigerian musician Fela Kuti pioneered Afrobeat – a blazing mix of West African sounds and US jazz and funk. The founding members of his band, Africa 70, and his son Seun Kuti are launching this new festival, with a line-up that includes Palestinian 'shamstep' pioneers 47 Soul. **Roundhouse, London;** [roundhouse.org.uk](http://roundhouse.org.uk)

**2****July  
Janelle Monáe live**

The R&B star may have been denied the Album of the Year and Best Music Video awards at the 2019 Grammys, but in all other senses she's having the time of her life. Following critical acclaim for her 2018 album, *Dirty Computer*, Monáe has toured the world, performing at Coachella in the US, Primavera Sound in Spain, and now Glastonbury. If you missed those, there's still a chance to catch this one-night-only London show. **SSE Arena, London;** [ssearena.co.uk](http://ssearena.co.uk)



## Save the date



**July**

## RED BULL SOAPBOX

The world's greatest go-kart race returns to London with a new batch of lunatic drivers testing their non-motorised creations on the Ally Pally slalom. Earlier in the year, race teams submitted their vehicle designs – the last London race, in 2017, saw everything from a giant Donald Trump in a bathtub to a Vantage V8 GTE designed by Aston Martin Racing – and now it's time to put the fully-realised machines to the test. **Alexandra Palace, London; soapboxrace.redbull.com**

### How to win at Red Bull Soapbox

Spectators at the 2017 London leg of Soapbox were treated to a gripping finale. Beating a perhaps unfairly professional Aston Martin Racing team to the top of the podium was the humble Team Brooklands Special from Loughborough.

"Our team consists of a graphic artist, a motor mechanic, a computer engineer and a former rail employee," explains its

captain, Ian Shonk. "We've been involved in running soapbox racing in our local village in the past, so that year we thought we'd step up and join the big boys."

The team entered its vehicle – a replica of the 1930s Napier Railton racing car – into the competition with humble hopes of merely completing the course. "We wanted to make a decent showing and not be one of the teams that falls apart on the start ramp," says Shonk. "When we found out that we'd won, we were astounded. We thought that



Lego mover: the 2017 race. Right, from top:  
Team Brooklands Special victorious;  
their 1930s racing-car replica; the judges

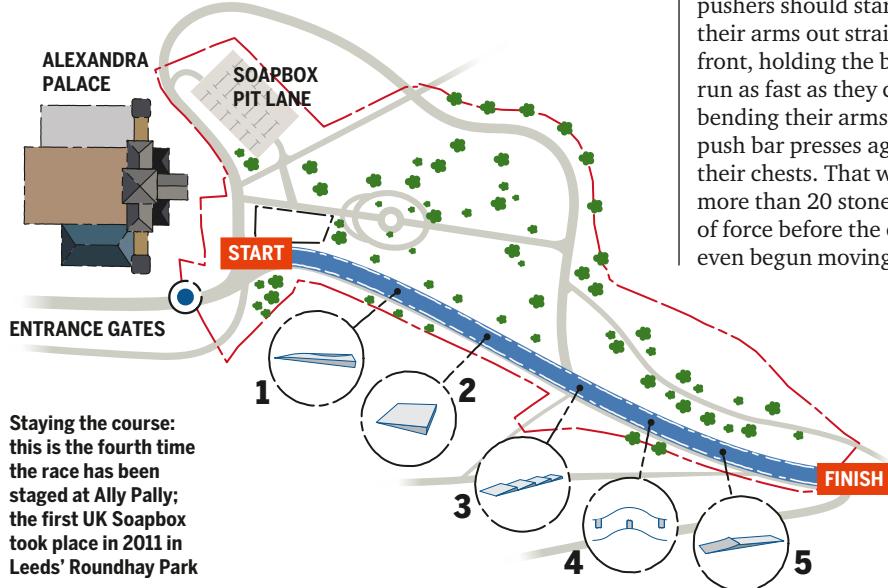


with a bit of luck behind us we'd probably make the top 10, but we ended up on the podium in front of 20,000 people – absolutely brilliant!"

As this year's hopefuls prep their motorless karts to do battle against the hazards of the downhill course, Shonk reveals his team's expert tips on how to pilot a hand-built machine to Red Bull Soapbox glory, fuelled by nothing more than gravity and guts.

#### #1 Vehicle design

"The Napier Railton is a half-scale replica of an original



## The track

### 1 The water feature

"This part is wet and slippery, so you have to hit it straight-on. If there's any steering at all, you'll go flying."

### 2 The wedge

"The first jump. How you survive it will confirm how well you designed your car. We came down hard, cracking the wood beneath the seat."

### 3 The bone rattler

"This bounces you all over the place. Hit it square on or you'll jump off balance and onto the wrong wheel. That could be disastrous."

### 4 The chicane

"Clip a hay bale and it could spell disaster. People get overexcited, start waving to the crowd, overturn the steering wheel and then it all goes wrong. Pay attention!"

### 5 The kicker

"The big final jump, where getting length and air is about speed and balance. Drive smoothly to build up speed ahead of the ramp, then land without rotating or crashing the front of your car."

1930s racing car, constructed from scratch from a one-off design. It's built on a steel chassis to provide extra strength. We debated adding suspension, but that would have weighed us down and made the construction more complicated. In the end, we decided that it was strong enough to take the jumps and survive."

### #2 Showmanship

"A lot of people let themselves down by not having a [pre-race] show. We wanted something that would look spectacular and be relevant to the car's history, so we built a backdrop of the Brooklands race-track pit from the '30s and we dressed in period costume. My wife Anne and I are dancers, so we performed an authentic '30s routine. We also spent time interacting with the public – they took photos and could play with the car – and generally acting the role of the team. That's the point of the show."

### #3 Launch speed

"Any speed you get at the start line will carry you all the way down the course. One evening, we spent four hours practising the best way to run the first paces. The pushers should start with their arms out straight in front, holding the bar as they run as fast as they can, then bending their arms so the push bar presses against their chests. That way, there's more than 20 stone [127kg] of force before the car has even begun moving."

# Save the date

# 4

to 7 July

## GOODWOOD FESTIVAL OF SPEED

It's that time again, when Lord March, owner of the Goodwood Estate, transforms his 11,500-acre country pile into a raucous, revved-up, tyre-smoking, turbo-charged orgy of octane, where any and all vehicles race against the clock in the legendary hill climb. Among this year's challengers are KTM Enduro Factory racers Nathan Watson, Jonny Walker and Taddy Blazusiak; Red Bull's Dakar KAMAZ truck; Jordanian Guinness World Record-holding drifter Ahmad Daham, and New Zealand's 'Mad' Mike Whiddett in a drifting Lamborghini – the beast you can see on these pages. Goodwood Estate, Chichester; [goodwood.com](http://goodwood.com)



Whiddett is hands-on with all of his car customisations. Opposite page: designing the bodywork decals

## How to build a drift supercar

Lamborghini lovers, turn away now. Here's how 'Mad' Mike Whiddett took an air-powered hacksaw to the factory-fresh body lines of a £160k Huracán and made it a drift demon...

**THE RED BULLETIN:** How did this idea come about?

**MIKE WHIDDETT:** I was talking cars with Lord March at the 2018 Goodwood Festival of Speed's Saturday-night ball when he asked, "How do you top your latest build [the Mazda RX7 MADBUL Gen 7.3]?" I explained what my ultimate supercar build would be, and then Lord March turns around and taps the shoulder of Stefano Domenicali, CEO of Lamborghini. A couple of months later, I'm on a 26-hour flight from New Zealand to the Lamborghini factory in Bologna, Italy. This January we signed on the dotted line, and now I have a Lamborghini in the fleet. Even after building the car, it still hasn't really sunk in.

What was your plan for the project?

I wanted a Mad Mike-style street car: slammed to the ground, super-aggressive, wide-body, loud, and, of course, able to drift. Lamborghini pretty much said, "Pick any car you want," so we went for the RWD LP580-2: rear-wheel drive [essential for drifting], V10 engine with 580 horsepower and a huge 540Nm of torque. Lamborghini had just one rule: the engine had to remain naturally aspirated [ie, not turbo or supercharged]. Given our team's love of naturally aspirated Mazda rotary engines, I'm good with that. The V10 had been upgraded to 620hp before we even started working on it, but we're looking to push it as far as we can.

How was the initial shakedown?

We had four weeks before loading it into a shipping container bound for the UK, so there was no time to sit around. We had a few laps to see how well it drifted in standard form. We switched off all driver aids, including traction control, so I knew it would slide, but I wasn't prepared for the torque and acceleration – it's ridiculously fast. Despite not having three pedals and a floor-mounted shifter [the Huracán uses a paddle-shifter dual-clutch transmission instead], I got comfortable pretty quick. The brand-new rear tyres were bald after five laps. Then we got to work.

How hard was it taking a saw to the Huracán's body?

I didn't even think twice. Once I have a vision locked down, I just go for it. I guess there will be purists who say that the car has been ruined, but in creating something wild you have to go to these extremes. The car was given a Liberty Walk [custom wide-body] kit,



GRAEME MURRAY ■ BRAD LORD



**Lambo to Slambo:**  
Whiddett begins his  
ruthless teardown of the  
factory-spec supercar



**Bullshift:** the modded car features airbag suspension, a hydraulic handbrake, turbofan-cooled front wheels and (after Goodwood) nitrous oxide "giving an extra 200hp"

and the front and rear fenders had to be cut up. The result was 100 per cent worth it."

#### What was the biggest challenge you faced?

When a system fault is detected in a modern car, fault lights come on and the engine goes into limp mode for protection. Thankfully, we had Luigi [a factory technician for Lamborghini Auckland] who was able to program these error codes out, meaning we got full functionality and all the power. But we weren't banking on a small fire during the final shakedown. Our new brakes got so hot that some of

the wiring melted, and the next thing I know, the chase car is waving me down. I've crashed into a wall at 200kph, but this was much scarier. Luckily we got it all fixed.

#### So, what's next?

This 'Gen 1' set-up is just the beginning as far as I'm



concerned, because there's more that I want to do. Registering the car for local road use is a priority right now, because I want to share it with as many people as possible. As for my new partnership with Lamborghini, I'm super-pumped about what the future might hold. I've thought about building a proper competition car with factory-built LP 620-2 Super Trofeo or GT3 race cars, or Lamborghini's new rallycross-style series using the Urus ST-X [super SUV]. Now that would be frickin' awesome.

**Save the date**

Summer

**20****July**  
**Moon parties**

This day marks 50 years since the first moon landing. See how it all unfolded in the doc *Apollo 11* (in cinemas June 28); visit UK artist Luke Jerram's 7m-wide moon replica, created using NASA imagery, at the Natural History Museum all year; and enjoy the Moon Festival from July 19-26, with parties, exhibits, lectures, night runs and moonlit films. Various locations, London; [moonfestival.co.uk](http://moonfestival.co.uk)

**18****July to 25 Aug**  
**Backyard Cinema**

Started as an actual garden project with a bedsheet as a screen, London's most laid-back cinema club now hosts shows in some of the capital's most prestigious backyards. The LA Nights season takes place at Camden's iconic engine shed, with a mix of blockbusters, classics and singalongs to musicals. **Roundhouse, London;** [backyardcinema.co.uk](http://backyardcinema.co.uk)

**11****June to 7 Aug**  
**Banquet of Hoshena**

On a limited run, this 'projection dining' experience from the creators of Dinner Time Story brings the table, crockery and even the food to life via incredible 3D-mapped animation and an unfolding fairytale. It's a mesmerising multisensory meal, but the five courses of gourmet cuisine paired with cocktails ensure your taste buds are well served. **Westfield London;** [banquetofhoshena.com](http://banquetofhoshena.com)

**11****June to 15 September**  
**STANLEY KUBRICK: THE EXHIBITION**

The American filmmaker was so meticulous in his art that some still believe he faked the moon-landing footage. The truth is, his amazing body of work – which includes *2001: A Space Odyssey*, *The Shining* and *A Clockwork Orange* – remains a benchmark in cinema. This exhibition draws together footage, photos, interviews and props (including the helmet from *Full Metal Jacket*, pictured) to celebrate one of film's greatest maestros. **Design Museum, London;** [designmuseum.org](http://designmuseum.org)

**01****July**  
**Asics London 10K**

Not one for sightseeing in an open-top bus? Here's a healthier way to view some of London's landmarks, taking you through the true geographical centre of the city, starting at Piccadilly Circus, passing St James' Palace, Trafalgar Square and Big Ben, and finishing near Downing Street. Think of it as a protest march against a sedentary lifestyle, with live bands and DJs along the route, and a party at the finish. **Central London;** [uk.virginsport.com](http://uk.virginsport.com)



## BEYOND THE ORDINARY

The next issue is out on **Tuesday 14th May** with **London Evening Standard**.  
Also available across the UK at airports, gyms, hotels, universities and selected retail stores.  
Read more at [theredbulletin.com](http://theredbulletin.com)

**See it****June/July**

# SETTING WHEELS IN MOTION

The worldwide battle for enduro's most coveted prize, daredevil skating in Deutschland, and the grit and grind of motocross – just some of the highlights on Red Bull TV this month...

## WATCH RED BULL TV ANYWHERE

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To find out more, visit [redbull.tv](http://redbull.tv)



Callaghan: hoping to beat his sixth placing last year

## 11 June **PREMIERE** **ON TRACK WITH GREG CALLAGHAN**

After following the progress of US MTB rider Curtis Keene in previous seasons, *On Track* shifts its focus to Ireland's Greg Callaghan as he bids to become his country's first-ever winner in the Enduro World Series. Brought to you by the team behind UCI MTB World Cup series *Fast Life*, the show plots Callaghan's highs and lows on the trail to potential glory.



## 29 June **LIVE** **RED BULL ROLLER COASTER MUNICH MASH**

Join us at Munich's Olympiapark for the second year of this unique competition, which mixes transition and street skateboarding on a downhill slopestyle course. Who will be crowned Most Versatile Skater?



## 12 July **PREMIERE** **MX NATION SEASON 5**

The Lucas Oil Pro Motocross Championship is the sport's premier professional competition. This six-part series goes behind the scenes to explore how riders handle the pressures of high-octane racing.

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**The Red Bulletin** is published in seven countries. This is the cover of July's Swiss edition, featuring Formula E drivers Sébastien Buemi and Edoardo Mortara...

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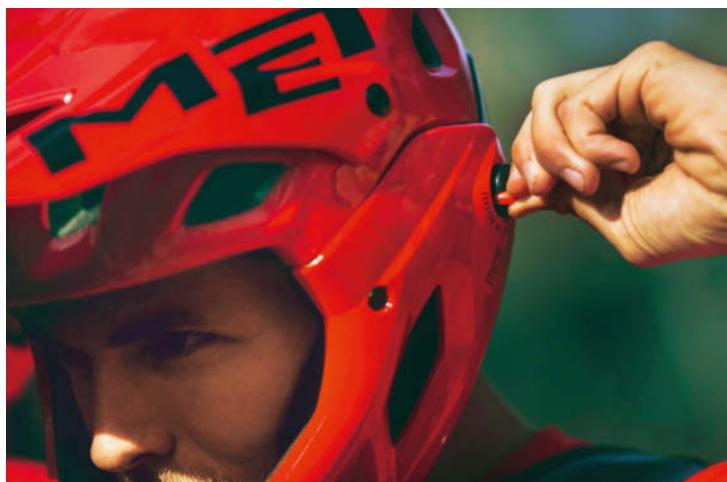
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# Action highlight



## Into the blue

Ice-climbing the frozen Niagara Falls is intrepid, but it's not going to save the world. For his latest adventure, Canadian Will Gadd descended a moulin – a hole in a glacier, through which meltwater gushes – in Greenland to aid climate research. Only the threat of falling ice scuppered his original plan: to dive into the huge lake at the bottom. Maybe next time, eh? For more, go to [redbull.com](http://redbull.com)

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