

21 Phrases

That Instantly

Boost Your Credibility

— Written By: Dr. Carolyn Frost —



① ***"I appreciate that perspective. Here's what I'm seeing..."***

- Shows openness while maintaining authority
-

② ***"Let me make sure I understand correctly..."***

- Demonstrates active listening and precise thinking
-

③ ***"Here's my recommendation, based on..."***

- Links expertise to action
-



④ *"I've noticed a pattern that..."*

- Shows analytical thinking and observation skills
-

⑤ *"Let's break this down step by step"*

- Demonstrates clarity and structured thinking
-

⑥ *"Based on my experience with similar situations..."*

- Establishes expertise without bragging
-



⑦ *"Here's what concerns me about that approach"*

- Shows strategic thinking and ownership
-

⑧ *"I respectfully disagree. Here's why..."*

- Commands respect while inviting dialogue
-

⑨ *"Let me share what's worked in the past"*

- Positions you as a resource, not a critic
-



⑩ *"I've given this careful thought, and..."*

- Shows deliberate **decision-making**
-

⑪ *"Here's what the data is telling us"*

- Shifts from **opinion to evidence**
-

⑫ *"Let's align on our desired outcome"*

- Demonstrates **leadership thinking**
-



13 *"What I'm hearing is... Is that accurate?"*

- Shows precision and validation skills
-

14 *"Here's what we know for certain..."*

- Establishes clarity in uncertainty
-

15 *"Let's explore the implications of..."*

- Shows strategic depth
-



16 *"I want to ensure we address..."*

- Demonstrates proactive thinking
-

17 *"Here's how this connects to our bigger goal"*

- Shows systems thinking
-

18 *"Let me be direct about this"*

- Signals forthright communication
-
- 

19 *"I've prepared some specific recommendations"*

- Shows initiative and solutions focus
-

20 *"Let's look at this from another angle"*

- Demonstrates flexible thinking
-

21 *"Here's what this means for our next steps"*

- Shows execution focus
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