Ladies and gentlemen of the class of 2016
If I could offer you one piece of advice,
Drinking plenty of water would be it
Water has been proven by scientist to help your skin.
However the rest of my advice is no more reliable than my own experience
Now this is where I begin

Enjoy the power and beauty of your flaws You will not understand the beauty of yourself but trust me the more confident you are the more people will like you and want to be around you I had to learn that the hard way

Don't worry so much about school don't worry so much worrying is as effective as using mud to sanitize your hands (simile)

Cherish memories

Be you

Think about yourself before a relationship there are plenty of fish in the sea

be positive

Realize that people suck and there is no way to change it. instead of focusing on other people focus on yourself. you are more important they may be your best friend but once the opportunity comes they will leave you as fast as a cheetah after a gazelle (simile)

friends come and go. once you accept this, the more happy you will be.

don't talk about people behind their backs

don't lie

Don't dwell on other peoples opinions believe in yours don't let those views change the relationships you have with people

No ones going to throw you a pity party

if you get the chance travel

Believe in karma
what goes around comes around
but don't spend your whole life dwelling on what people did to you.
show them they didn't break you.
prove them wrong.
don't be afraid of what people think.
risk something, take back whats yours, your happiness

smile... you're alive. live it

sing

don't be scared to speak

you shape yourself

your parents are right, not stupid

understand that life sucks and you just have to deal with it not everything is going to go according to plan not everything is going to go the way you want it not everything is going to be perfect deal with it

face your fears. overcome them, conquer them. they can't hurt you.

go out of your comfort zone

Be careful whom you let into your life you never know if they are there for you or themselves it's most likely the second one.

But remember drink water