# FALSE VACUUM DECAY VIA BUBBLE FORMATION

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*To all my friends*

# Acknowledgments

I would like to thank all of my friends.

**Abstract**

This thesis analyses a BEC experiment and some data analysis

# Contents

# Introduction

# Chapter 1

# Theoretical background

In this chapter we will briefly discuss the theoretical background used when dealing with two-component coherently coupled spin mixtures of BECs. Since we are dealing with a many-body quantum problem, the standard approach is to use a quantum field to describe the state of the condensate. This leads directly to the Gross-Pitaevskii equation, which will be the starting point of this discussion. The following content is mostly based on Ref. [1].

## 1.1  Gross-Pitaevskii equation

For a 1D single-component BEC, namely made of only one species of $N$ indistinguishable bosons, one can use a single wavefunction $\psi(x,t)$ to describe its ground state (GS) by exploiting a mean-field approximation, thus revealing the Gross-Pitaevskii equation (GPE):

$$i\hbar\frac{\partial\psi(x,t)}{\partial t} = \left[-\frac{\hbar^2}{2m}\nabla^2 + V(x,t) + g|\psi(x,t)|^2\right]\psi(x,t).\tag{1.1}$$

The unusual term in this equation is the one proportional to the square modulus of the wavefunction through the constant $g$, called the *contact interaction constant*, that describes the interactions between bosons. In fact, for an ideal gas of non-interacting bosons, $g = 0$ and one retrieves the standard Schrödinger equation, but this situation is not realistic for our purposes. The interaction constant can be written in terms of the boson-boson scattering length $a$, a typical property of elastic collisions, by

$$g = \frac{4\pi\hbar^2}{m}a\,,$$

with $g > 0$ for a stable BEC (for $g < 0$ the system is unstable and collapses on itself).

The GPE can be written in its stationary form as

$$\left[-\frac{\hbar^2}{2m}\nabla^2 + V(x) + g|\psi(x)|^2\right]\psi(x) = \mu\psi(x)\,,\tag{1.2}$$

where $\mu$ is the chemical potential and accounts for the energy contribution of a single particle. Spatial properties of the condensate can arise from this equation, especially in the case of $N \gg 1$ and when the interaction term is dominating. By neglecting the kinetic energy term from Eq.

(1.2), one easily gets the stationary solution

$$|\psi(x)|^2 = n(x) = \frac{\mu - V(x)}{g},$$

where $n(x)$ is the density distribution, and the association of the latter with the square modulus of the wavefunction leads to the normalization condition $\int |\psi(x)|^2 \mathrm{d}x = N$. A relevant case is when the external potential is harmonic, yielding a parabolic distribution

$$n(x) = \frac{\mu - \frac{1}{2}m\omega^2 x^2}{g} = 0 \qquad \Leftrightarrow \qquad x = R_{\mathrm{TF}} = \sqrt{\frac{2\mu}{m\omega^2}},$$

with $R_{\mathrm{TF}}$ being the Thomas-Fermi radius, a parameter indicating the spatial confinement of the condensate.

Another important property to study is the elementary excitations spectrum due to small perturbations of the GS. It is called the Bogoljubov spectrum and yields

$$E(k) = \hbar\omega(k) = \sqrt{\frac{\hbar^2 k^2}{2m}\left(\frac{\hbar^2 k^2}{2m} + 2mc^2\right)} \approx \begin{cases} \hbar c k & \text{if} \quad \hbar k \ll mc \\ \frac{\hbar^2 k^2}{2m} & \text{if} \quad \hbar k \gg mc \end{cases}.$$

Also, the healing length is a quantity that expresses how small can spatial changes of the wavefunction be at most. It is

$$\xi = \frac{1}{\sqrt{8\pi n a}} = \frac{\hbar}{\sqrt{2mng}}.$$

## 1.2  Two-component spin mixture

When the system is composed of two different species ($a$ and $b$), Eq. (1.2) splits into two coupled stationary GPEs:

$$\left[-\frac{\hbar^2}{2m}\nabla^2 + V(x) + g_{aa}|\psi_a(x)|^2 + g_{ab}|\psi_b(x)|^2\right]\psi_a(x) = \mu_a\psi_a(x),$$

$$\left[-\frac{\hbar^2}{2m}\nabla^2 + V(x) + g_{ab}|\psi_a(x)|^2 + g_{bb}|\psi_b(x)|^2\right]\psi_b(x) = \mu_b\psi_b(x).$$

This is due to the possibility of collisions not only between bosons $a$-$a$ or $b$-$b$, but also of the type $a$-$b$, thus producing three interaction constants $g_{aa}, g_{bb}, g_{ab}$. Depending on those constants' values, the system can assume different behaviours and GS configurations.

For example, take the case of a flat box potential in a total fixed volume $V$, yielding constant densities. Letting $n_a = |\psi_a|^2$ and $n_b = |\psi_b|^2$, we can express the energy density in the following way:

$$\mathcal{E} = \frac{1}{2}g_a n_a^2 + \frac{1}{2}g_b n_b^2 + g_{ab}n_a n_b - \mu_a n_a - \mu_b n_b,$$

where the first three terms represent the interactions between particles of the same type and between different ones, while the last two terms account for the chemical potentials. Now, we

state that the system is thermodynamically stable and miscible if and only if the Hessian of $\mathcal{E}$ with respect to $n_a$ and $n_b$ is positive-definite. The calculation is straight-forward:

$$H = \begin{bmatrix} \frac{\partial^2 \mathcal{E}}{\partial n_a^2} & \frac{\partial^2 \mathcal{E}}{\partial n_a \partial n_b} \\ \frac{\partial^2 \mathcal{E}}{\partial n_a \partial n_b} & \frac{\partial^2 \mathcal{E}}{\partial n_b^2} \end{bmatrix} = \begin{bmatrix} g_a & g_{ab} \\ g_{ab} & g_b \end{bmatrix} > 0 \qquad \Leftrightarrow \qquad \begin{cases} g_a > 0 \\ g_b > 0 \\ g_a g_b > g_{ab}^2 \end{cases}.$$

The first two conditions ensure that neither $a$ nor $b$ collapse, while the latter expresses the condition for miscibility. Intuitively, if $g_{ab}$ is small with respect to the other constants, it means that the two species do not interact much one with the other, thus letting themselves mix and spatially overlap. On the other hand, if $g_{ab}$ is big (and positive), they strongly repulse and undergo a phase separation. From now on, only repulsive interactions will be considered, so the only possibilities will be immiscible or miscible (no collapse).

In the more general case of a non-uniform trapping potential, the densities depend from the position and the distributions are correlated with the interaction constants. Considering the harmonic trap and the miscible case, if $g_a > g_b$ then the species $b$ will be confined in a small central region, while the species $a$ will occupy more space. This is shown in the lower section of
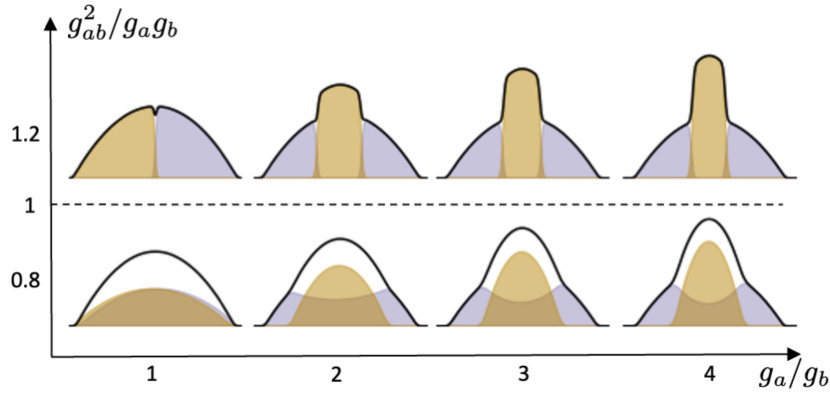


Figure 1.1: GPE simulation of a two-component balanced mixture in a harmonic potential. The shaded purple region shows the density distribution of population $a$ and the yellow one the population $b$. Here, a small magnetic field is used to break the left-right simmetry. The total density profile is drawn in black.

Fig. 1.1, while the upper section shows the immiscible case and the buoyancy (again, $g_a > g_b$). One notes that the total density profile is not Thomas-Fermi anymore when $g_a \neq g_b$.

It is natural to wonder what the excitation spectrum might look like when two components are present, especially when there is spatial overlap between them. The Bogoljubov spectrum of Eq. (1.1) is preserved, but now divided into two energy channels, namely spin and density:

$$E_{d,s}(k) = \hbar \omega_{d,s}(k) = \sqrt{\frac{\hbar^2 k^2}{2m} \left( \frac{\hbar^2 k^2}{2m} + 2mc_{d,s}^2 \right)},$$

with the speeds of sound ($+$ for the density and $-$ for the spin) being

$$c_{d,s}^2 = \frac{(g_a n_a + g_b n_b) \pm \sqrt{(g_a n_a - g_b n_b)^2 + 4g_{ab}^2 n_a n_b}}{2m} .$$

There are also two distinct healing lengths,

$$\xi_{d,s} = \frac{\hbar}{\sqrt{2}mc_{d,s}} .$$

## 1.3 Coherently coupled mixture

When the system is composed of two species of the same atom, such as two hyperfine states, the dynamics become more interesting because of the possible interconversion processes. One possibility is to use a homogeneous microwave radiation, which couples the two internal states $|a\rangle$ and $|b\rangle$, of the type

$$\Omega_R(t) \exp\left\{-i\omega_{\text{cpl}}t + \phi\right\}, \qquad \omega_{\text{cpl}} = \omega_{ab} + \delta,$$

where the coupling frequency $\omega_{\text{cpl}}$ differs from the transition frequency between the state $\omega_{ab}$ by a parameter $\delta$ called *detuning*.

## 1.4 Experimental platform

The experimental platform is composed of a bosonic gas of $^{23}$Na atoms, optically trapped and cooled below the condensation temperature. The initial spin state in which the system is prepared is $|F, m_F\rangle = |2, -2\rangle = |\uparrow\rangle$, with $F$ being the total angular momentum of the atom ($\mathbf{F} = \mathbf{I} + \mathbf{J}$, takes into account the nuclear spin and the total angular momentum of the electrons) and $m_F$ its projection on the quantization axis. The $|\uparrow\rangle$ state is then coupled to $|1, -1\rangle = |\downarrow\rangle$ through microwave radiation with amplitude $\Omega_R$. The relevant scattering lengths concerning the two states are $a_\uparrow = 64.3a_0$, $a_\downarrow = 54.5a_0$ and $a_{\uparrow\downarrow} = 64.3a_0$.

The trapping potential is harmonic in all three directions, but strongly asymmetric concerning the radial ($\rho$) and axial ($x$) directions. In fact, the trapping frequencies are respectively $\nu_\rho = 2$ kHz and $\nu_x = 20$ Hz, yielding an elongated system (cigar-shaped) with inhomogeneous density. The spatial size of the system is given by the Thomas-Fermi radii $R_\rho = 2$ µm and $R_x = 200$ µm. This particular setup is helpful for suppressing the radial spin dynamics of the condensate and thus being able to study its longitudinal properties.

In order to extract the density distribution, the two spin states are treated independently one from another, and two imaging sequences are obtained at the end of each experimental realization. Then, an integration along the transverse direction is performed, obtaining two 1D density profiles $n_\uparrow(x)$ and $n_\downarrow(x)$, from which one can extract the relative magnetization

$$Z(x) = \frac{n_\uparrow(x) - n_\downarrow(x)}{n_\uparrow(x) + n_\downarrow(x)} . \tag{1.3}$$

It is possible to study the two-component system by separating the treatment on the density ($n = n_\uparrow + n_\downarrow$) and the spin ($nZ = n_\uparrow - n_\downarrow$) degrees of of freedom. While the density is described by a continuity equation, the spin behaviour is ruled by a magnetic mean-field Hamiltionian,

that presents a first-order phase transition in the central region of the system when $\Omega_R < |k|n$, where $k \propto \Delta a$. At fixed values of $\Omega_R$, the experiment can be tuned by the parameter $\delta$, expressing the *detuning*. In general, the mean-field energy landscape $E(Z)$ is described by an asymmetric double-well, that becomes symmetric for $\delta = 0$. In the case of $\delta > 0$, the energy is minimized by positive values of $Z$, and the absolute minimum will correspond to [2]

# Chapter 2

# Data analysis

Raw data is organized in a hierarchical system. At a fixed instant, the condensate's measured data are called a *shot* (it refers to the imaging process). Each shot is part of a series of them that can be analyzed as the time evolution of a single system: this series is called a *sequence*. Eventually, during a *day* of measurements, many sequences may be collected, and a selection of them will be studied in the following analysis. For each sequence, the experimental data contains also the radiation coupling $\Omega_R$ in a range between 200 and 800 Hz (it changes from one day of measurements to another) and the detuning $\delta$.

A shot contains all the information on the system at a certain instant, including the two population densities, $n_\uparrow(x)$ for to the atoms in the state $|\uparrow\rangle$ and $n_\downarrow(x)$ for the atoms in the state $|\downarrow\rangle$, distributed on a length scale from 0 to 400 pixels. The spatial resolution of the image is 1 pixel $= 1$ μm, so the two length units will be often used interchangeably. The magnetization data $Z(x)$ is calculated with Eq. (1.3) and, by definition, composed of a series of values ranging from $-1$ to 1.

## 2.1 Magnetization data

Our focus here is to study the magnetization of the system, developing a method to analyze the effects of its bubble formation.

### 2.1.1 Bubble parameters and shot sorting

In order to study the bubble dynamics, the most interesting parameters to retrieve from a shot are the bubble center $x_0$ and width $\sigma_B$. However, not all shots contain a bubble, namely the ones taken when the bubble was not formed yet. We can easily classify the two types of shots by computing the magnetization average in the central region and using a threshold value of $Z_{thr} = -0.2$. The no-bubble shots will be useful later, when dealing with the noise frequency spectrum.

To find the bubble parameters, the magnetization data is fitted with a double-arctangent function

$$Z_{\text{fit}}(x) = -A \left[ \frac{2}{\pi} \arctan\left( \frac{x - c_1}{w_1} \right) - \frac{2}{\pi} \arctan\left( \frac{x - c_2}{w_2} \right) \right] + \Delta, \tag{2.1}$$

where $c_1$ and $c_2$ are the centers of the arctangent "shoulders", and $w_1$ and $w_2$ are their characteristic widths. Then, for a better result, a further fit is performed on each shoulder with a

single-arctangent function

$$Z_{\text{fit}}(x) = -A\frac{2}{\pi}\arctan\left(\frac{x-c}{w}\right) + \Delta\,,$$

yielding the shoulder center $c$. Eventually, we obtain the bubble center $x_0 = (c_1 + c_2)/2$ and the bubble width $\sigma_B = c_2 - c_1$.

In some cases, especially when the bubble is narrow, the fitting procedure to optimize the parameters of Eq. (2.1)'s function fails and we are forced to use a gaussian profile such as

$$Z_{\text{fit}}(x) = -A\exp\left[-\frac{(x-c)^2}{2\sigma^2}\right] + \Delta\,,$$

with $x_0 = c$ being the bubble center and $\sigma_B = 2.335\,\sigma$ its width.
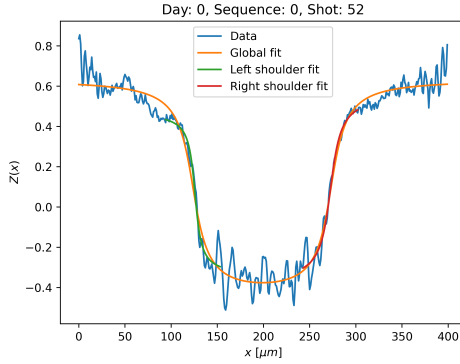


Figure 2.1: Example of double arctangent fit results performed on a shot.
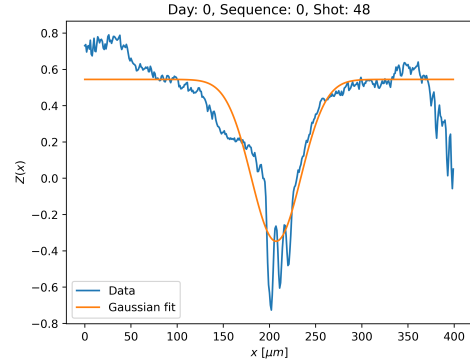
Figure 2.2: Example of gaussian fit results performed on a shot.

An example of fitting with the arctangent functions is provided in Fig. 2.1, while a gaussian fit is shown in Fig. 2.2.

Once the width is retrieved, it is useful to order the shots in a sequence by this parameter. This process lets us display the system evolution, in contrast to the original shot ordering based on the experimental time waited before observing the bubble. Furthermore, we can obtain a nicer picture by aligning the bubbles to their center and removing the no-bubble shots. An example sequence is shown in Fig. 2.3 with a colormap displaying the magnetization profiles (blue is for positive $Z$ and red for negative $Z$).

## 2.1.2 FFT and ACF analysis

Since we are interested in the dynamics of the bubble, energy propagation is an important feature to focus on. In order to study it, a spectral profile is much needed, from which one can extrapolate the main frequencies of the signal.

We will first approach the problem of deriving such a profile using Fast Fourier Transform (FFT), an algorithm that implements the Discrete Fourier Transform (DFT) in an efficient manner. Given the input as a sequence of $N$ discrete values $Z_0, \ldots, Z_{N-1}$ sampled with spacing $\Delta x$, by definition the DFT is a series of $N$ discrete values $\mathcal{Z}_0, \ldots, \mathcal{Z}_{N-1}$ spaced by $\Delta k = 1/(N\Delta x)$
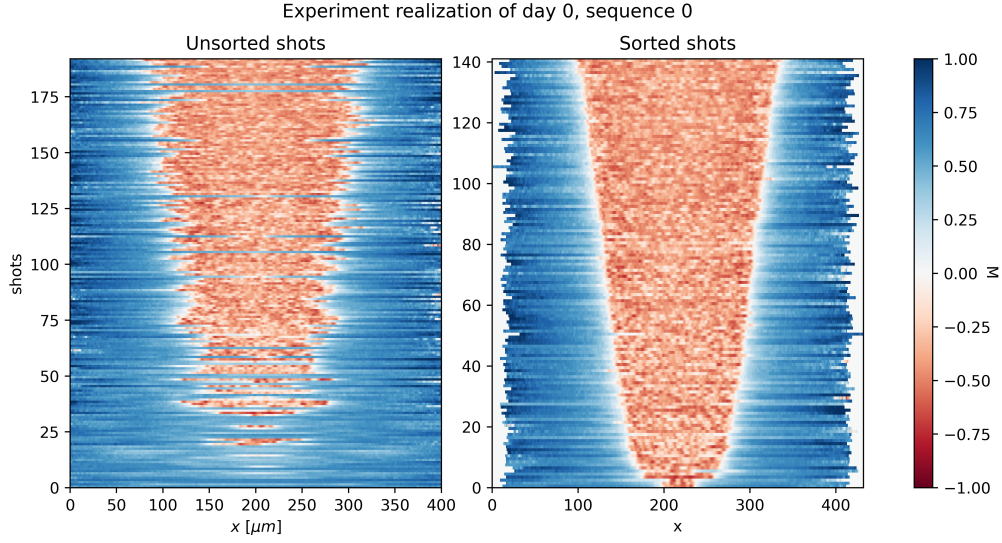
Figure 2.3: Shot sorting based on bubble width and alignment based on bubble center. Both parameters are estimated from the previous fitting procedure.

and convoluted with a complex phase such that

$$\mathcal{Z}_k = \sum_{n=0}^{n=N-1} Z_n e^{-2\pi i \frac{k}{N} n} .$$

When the input $Z_n$ is real-valued, the transform is too, and it is also symmetric between positive and negative frequencies. The physical world contains only positive frequencies, so we will neglect the negative part of the transform.[1]

Another tool that can be used to study the periodic properties of a signal is the autocorrelation function (ACF). Similarly to the DFT, the ACF is also a particular type of convolution, where the signal is convoluted with itself. Taking the same input as before, the output will be a series of values $\mathcal{A}_0, \ldots, \mathcal{A}_{2N-2}$ living in the spatial domain such that:

$$\mathcal{A}_k = \sum_{n=0}^{N-1} Z_n Z_{n-k+N-1}^* .$$

Now, what we shall do is to compute the FFT and the ACF on the data, taking care of the fact that it is necessary to separate the inside region (the bubble) from the outside one and look for periodic signals in both. We will also compute the transforms on the no-bubble shots. An example of the inside region analysis is presented in Fig. 2.4. One can probably (with a good eye) already see in the colormap plot that two or three vertical bands extend over all shots and appear at the same frequencies. This ensures that the FFT averaging is rightful.

### 2.1.3 Border alignment

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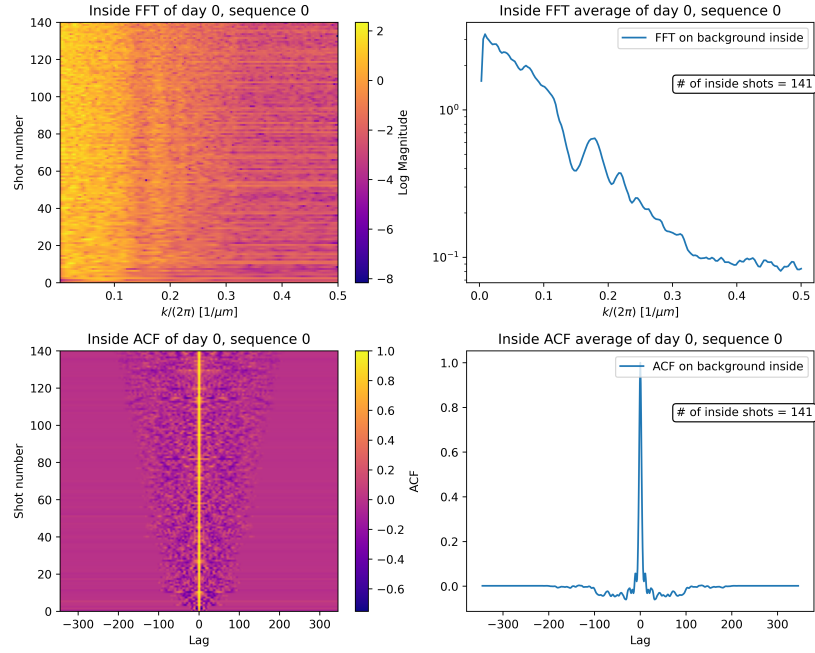[1]This is achievable in `Python` using the function `rfft` instead of `fft`.

Figure 2.4: Example of FFT and ACF calculated in a sequence. The values for each shot are shown in the left plots with colormaps, while the averages are on the right. FFT magnitudes are plotted in log scale.

## 2.2 Density data

# Conclusions

# Bibliography

[1] Giacomo Lamporesi. "Two-component spin mixtures". In: *arXiv preprint arXiv:2304.03711* (2023).

[2] Alessandro Zenesini et al. "False vacuum decay via bubble formation in ferromagnetic superfluids". In: *Nature Physics* (2024), pp. 1–6.

# List of Figures