

FitFusion AI: Personalized Fitness & Nutrition Assistant

Al-powered platform combining personalized workouts and nutrition guidance in one seamless experience

Presented by

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Dallas AI Hackathon Success



Two Ambitious Projects, One Vision

We participated in the Summer Dallas Al Hackathon and developed two passionate projects: **Fitness Agent** for personalized workouts and **FoodFit Al** for intelligent nutrition tracking.

Now we're combining these innovations into FitFusion Al – the unified fitness and nutrition assistant.

Meet Our Team

Fitness Agent Team

- Jack Skjong-Nilsen
- George Kavalaparambil
- Vedanshi Sreeramoju

FoodFit AI Team

- Madhusudan Nagaraja
- Meenu
- Manas Muppala
- Mike Adeniran



Core Requirements & Features

01

Photo Analysis

Advanced computer vision to analyze body fat percentage and lean muscle mass, Food Image from smartphone photos

03

Wearable Device Connectivity

Seamless integration with Apple Watch, Fitbit, and other fitness trackers for real-time data

02

Personal Data Integration

Incorporates ethnicity, age, weight, height, and individual preferences for maximum personalization

04

Adaptive Planning System

Personalized, Dynamic exercise and diet plans that evolve based on progress tracking and user feedback

SING MEDIAN V O OPTIONS START RENDER VS BOUNCE RATE 100 % Median Start Render (LUX): 1.031 80 % 40 % 20 % Start Render (LUX) -O OPTIONS SESSIONS WS (LUX) Bounce Rate (LUX) Sessions (LUX) Session Length (LL 40.6% 479K 17min DVS 500K 100% 400K 80% 300K 60% 2.4 pvs 200K 40% 1.6 pvs

Massive Market Opportunity

\$46B

\$35B

AI Fitness Market 2034

Home Fitness Apps 2030

Growing from \$9.8B in 2024

Up from \$2.24B in 2023

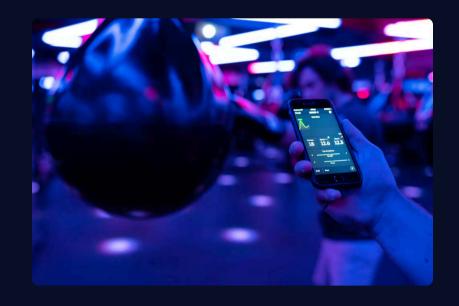
Post-pandemic acceleration has driven unprecedented demand for personalized health solutions, with consumers increasingly seeking Al-powered wellness guidance. Heightened health consciousness and preventative wellness focus among consumers.

Current Market Gaps

Existing Solutions Fall Short

Current competitors like Zing Coach, MyFitnessPal, iTrainer, BodBot, and Fitbod offer fragmented experiences.

© Critical Gap: No single app integrates comprehensive workouts, personalized nutrition, wearable data, and advanced photo analysis into one unified platform.



FitFusion AI: Our Revolutionary Solution

Unified Platform

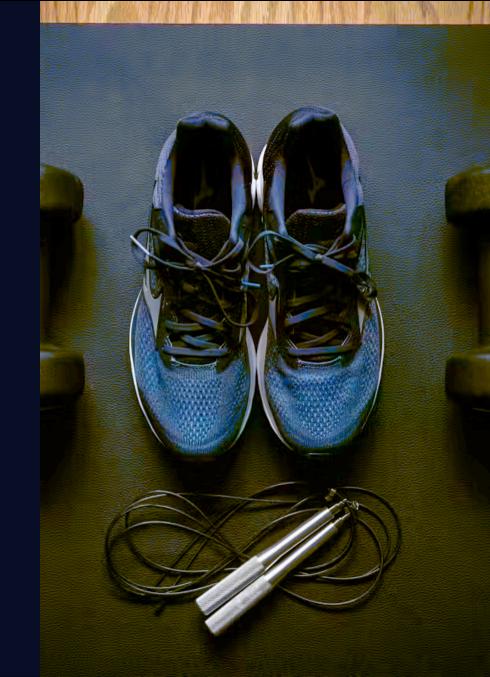
Combines Fitness Agent and FoodFit Al into one powerful application

AI-Powered Analysis

Photo-based body composition tracking and food image analysis with intelligent chatbot motivation

Complete Integration

Seamlessly connects workouts, nutrition, and wearable data for holistic health management



Unveiling the FitFusion AI System Architecture

Mobile Application

Intuitive user interface and data input

Personalized Programs

Tailored workout and nutrition strategies

FitFusion AI Data Flow

AI Processing Engine

Intelligent data analysis and decision-making

Secure Cloud Backend

Robust data storage and backend services

Computer Vision Module

Advanced pose estimation and video analysis

Foundational System Components

- Intuitive Mobile App Interface
- Powerful Al Processing Engine
- Sophisticated Computer Vision Module
- Seamless Wearable Integration APIs
- Reliable Secure Cloud Backend

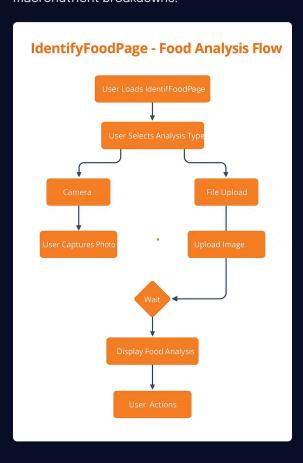
Advanced Specialized Modules

- Dynamic Workout Planning Algorithm
- Intelligent Nutrition Guidance System
- Precise Pose Estimation & Form Analysis
- Accurate Food Image Recognition

Key Features

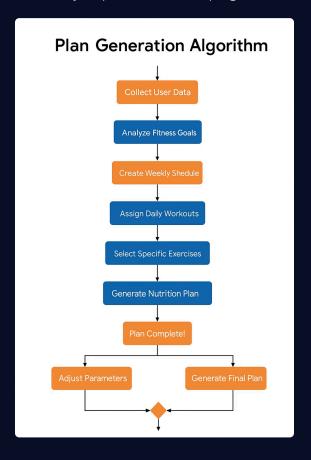
Intelligent Food Identification

Snap a photo: FitFusion Al identifies your food for instant caloric and macronutrient breakdowns.



Personalized Workout Plans

Al-generated workout routines tailored to your goals and equipment. Real-time adaptation based on your performance and progress.





Exciting Future Roadmap

1 — Q2 2024: Real-Time Form Correction

Advanced computer vision for live workout form analysis and injury prevention

2 — Q3 2024: Cultural Personalization

Culturally-aware diet recommendations respecting diverse culinary traditions

Q4 2024: Community Features

Social challenges, peer motivation, and community-driven fitness goals

Thank you! Questions & Feedback Welcome