

SAMPLE PHYSICAL EDUCATION RESUME - CHRONOLOGICAL FORMAT

LeBron James

lebron.james@gmail.com

128 Devon Street, Chicago, IL 60606

(773) 555-4346

OBJECTIVE

The opportunity to help secondary school students learn the importance of physical activity and to enjoy participating in individual and team sports. Available to coach volleyball and basketball.

EDUCATION

Northeastern Illinois University, Chicago IL
Bachelor of Arts in Physical Education
Minor: Health

Dec 2012

CERTIFICATION

IL Type 10 K-12 with endorsements in Physical Education and Health
Red Cross CPR Certification – Children and Adults

TEACHING EXPERIENCE

Student Teacher, 9th Grade Physical Education and Health

Sept – Dec 2012

Roberto Clemente High School, Chicago IL

An urban high school in turnaround mode with a new culture of evaluation by assessment

- Led a unit on nutrition and health from which 90% of students met learning objectives at or above 85% as assessed by an objective, multiple choice, true/false and short essay exam adapted from district curriculum
- Taught students how to work with others through team building activities such as the human knot, relays, and the action name game
- Prepared and taught a lesson on basketball from which, based on a formal assessment, 100% of students learned the rules, shots, and proper dribbling technique

Clinical Experience, K-8 Physical Education

Jan – May 2012

Scottie Pippen Elementary School, Chicago IL (80 hours)

A diverse urban school with a majority African-American student population and a culture of high expectations for all students

- Helped to organize age appropriate activities, such as wiffleball, baseball, T-ball, and kickball, focusing on students' learning of strategy, teamwork, and cooperation
- Ensured safety of children, utilizing cones, providing water breaks, equipment inspections, and close supervision of class
- Discussed the dangers of violence, peer pressure, and the importance of health and hygiene

Clinical Experience, Secondary Physical Education

Jan – May 2012

Walter Payton Secondary School, Highland Park IL (80 hours)

A suburban high school with a high proportion of mainstreamed special education students

- Helped to supervise cardiovascular and weight training equipment use during physical education classes and team practice

- Demonstrated and explained the benefits of Tai Chi and other martial arts
- Mentored students who were having difficulty with team sports

LeBron James

Page 2

COACHING EXPERIENCE

Walter Payton Secondary School, Highland Park IL

Jan – May 2012

- **Girls' High School Basketball** Assistant Coach
- **Girls' High School Volleyball** Assistant Coach

RELATED EXPERIENCE

After School All Stars Activities Assistant

Scottie Pippen Elementary School, Chicago, IL

Jan – Dec 2011

- Helped K-3rd grade students engage in cooperative sports
- Assisted 4th and 5th grade students organize and play a variety of team sports
- Assisted in the formation of a debate club

Intern, Outward Bound Wilderness Adventures, Boundary Waters, MN

Dec 2009

Ski and Snow Adventure Winter Break (2 weeks)

- Quickly learned proper techniques for snowshoeing and how to instruct others in preparation for helping with group
- Instructed teenagers and adults, in small groups of ten, how to snowshoe
- Assisted Leader in group processes and activities and in team building
- Counseled individuals having difficulty with the adventure and assisted them in overcoming fears

Camp Counselor/Activities Coordinator, Camp Sunshine, Bemidji, MN

Jun – Aug 2009

- Provided instruction on activities such as volleyball, kickball, and other outdoor games to children ages 10-15
- Created lesson plans and coordinated scheduling of activities so all kids could participate
- Recognized by supervisors for providing activities that kept campers interested and engaged
- Sought out by campers for extra lessons in basketball

VOLUNTEER EXPERIENCE

Special Olympics, Chicago IL

Aug 2010

- Officiated basketball games and recruited day-of-event volunteers
- Helped with day-of-event organization and information for participants

SKILLS

- Computer: Microsoft Office Word, Excel and PowerPoint
- Language: Proficient in Spanish

PROFESSIONAL ASSOCIATIONS

Illinois Association for Health, Physical Education, Recreation and Dance (IAHPERD)