RPG CONSENT CHECKLIST

GM Name:					
Player Name: (or leave blank)					
Planned Game Theme:					
If this game were a movie, its movie rati	ng wou	ıld b	e: G	PG PG-13 R NC-17 Other:	
Mark the color that best illustrates your	comfoi	t le	vel w	with the following plot or story elements.	
☐ Green = Enthusiastic consent; bring ☐ Yellow = Okay if veiled or offstage; m ☐ Red = Hard line; do not include.		oka	ıy on	stage but requires discussion ahead of time; und	certain.
ΠΟDDOD	G	Y	R	MENTAL AND PHYSICAL HEALTH	G Y R
HORROR			\bigcirc		
Bugs			Ö	Cancer	
Blood			\bigcirc	Claustrophobia	
Demons			\bigcirc	Freezing to death	
Eyeballs		\triangle	\bigcirc	Gaslighting	
Gore		\triangle	\bigcirc	Genocide	
Harm to animals			\bigcirc	Heatstroke	
Harm to children		\triangle	\bigcirc	Natural disasters (earthquakes, forest fires)	
Rats		\triangle	\bigcirc	Paralysis/physical restraint	
Spiders		Δ	\bigcirc	Police, police aggression	
		Δ	\bigcirc	Pregnancy, miscarriage, or abortion	
	🗆	\wedge	$\bar{\bigcirc}$	Self-harm	$\Box \land \overline{\Box}$
		$\overline{\wedge}$	Ŏ	Severe weather (hurricanes, tornados)	
				Sexual assault	
RELATIONSHIPS		\wedge	\bigcirc	Starvation	
Romance			_	Terrorism	
Fade to black			_	Torture	
Explicit				Thirst	
Between PCs and NPCs			$\tilde{\cap}$		
Between PCs		\wedge	$\widetilde{\cap}$		
Sex		\wedge	\preceq		
Fade to Black		\wedge	\preceq		
Explicit		\wedge	\preceq		
Between PCs and NPCs		\wedge	\simeq		
Between PCs		\triangle	\simeq	ADDITIONAL TOPICS	
between FCS		\triangle	\simeq	IDDITIONIL TOTICS	
		\triangle	\times		
		\triangle	\times		
	— Ш	\triangle	\cup		
SOCIAL AND CULTURAL ISSUES					
		\triangle	\supset		
Homophobia			$\overline{}$		
Racism			\bigcirc	D CM CM CH	1
Real-world religion			\bigcirc	Do you want the GM to follow up with you to	o clarity
Sexism			Ö	any of these responses? If so, which ones?	
Specific cultural issues		\triangle	\bigcirc		
		\triangle	\bigcirc		
		\triangle	\bigcirc		
		\wedge	\bigcap		

©2019 Monte Cook Games, LLC. Cypher System and its logo are trademarks of Monte Cook Games, LLC in the United States and other countries. Permission granted to duplicate for personal us

EXPECTATION CHECKLIST:

ROLEPLAY:	PLEASE	- WAY	- THANKS
We're more interested in the rules than the roleplay.	0		0
We mostly talk in the third person; "My character"	0	0	0
Out-of-character talk happens as needed.	0		0
We are happy knowing things our characters do not.	0		0
We're ready for great roleplay to outweigh a die roll any time.	0		0
MECHANICS:	YES PLEASE	EITHER -	- NO THANKS
Rules light sounds right! We love a cozy game.	0		0
We'll pick & choose the rules we want to use from the game.	0		0
We're just as happy using mechanics as we are roleplaying.	0		0
We play by the book just as the game rules were made.	0		
The crunchier the better! We can handle a lot of math.			0
FLAVOR:	YES PLEASE	WAY -	- NO THANKS
We're just here to cause pandemonium!	Õ	Q	O
Actions have very few consequences here; it's all for fun.	0	O	O
We'd like to see our characters win more than they lose.	Õ	Q	O
It's a dangerous world and the risk of failure is high!	0	O	O
We'll explore the character's backstory in depth as we go.	\bigcirc		\bigcirc
	YES	EITHER	NO
GAMEPLAY:	PLEASE	WAY	THANKS
We want to create a deeply immersive environment!	\bigcirc	\bigcirc	\bigcirc
We don't mind having player conflict at the table.	\bigcirc	\bigcirc	O
We want to use our imaginations & theater-of-the-mind.	O	\bigcirc	\bigcirc
A few interruptions while we're playing are not a big deal.	\bigcirc	\bigcirc	\bigcirc
We don't expect for everyone to know all the rules!	\bigcirc	\bigcirc	\bigcirc
	YES	EITHER	NO
OUT OF GAME:	PLEASE	WAY	THANKS
We want a game we can pick up now and then.	0	0	\bigcirc
Getting together is also about catching up, not just playing!	0	\bigcirc	000
We only play when everyone can make it.	0	\bigcirc	\bigcirc
We're looking for a longstanding game to commit to.	0	\bigcirc	O
We'll be plotting and planning a lot between sessions!			\bigcirc

CHARACTER WORKSHEETS

Use this worksheet to create the background for your character in this game. Consider the setting, flavor, and goals of the party when developing your character. Remember, the more you put into this background now, the more your DM can incorporate you into the main story line.

RACE	ALIGNMENT	CLASS
What does yo	ur character look like? (Generic	Description)
brainstorm definir to shine! It can be character looks lik	nerve-racking trying to come up with trait	e they wearing? This is great time to really I for your character introduction. Don't be afraid is on the fly when the DM asks you what your the group. Feel free to reference back to this
What are 1-2 u	unique appearance/clothing/qui	irks your character has?
These are VERY un your backstory wit	nique defining characteristics. You want the th these traits and invite other PC's to ask a	
These are VERY un your backstory wit from film, books, T memorable. Ex: Jack Sparrow h has a very purpose	nique defining characteristics. You want the th these traits and invite other PC's to ask a TV, etc. You'll notice that each of those cha mas a unique walking gait. Yennefer has cap	ese to be stark and memorable. Try to foreshadow about them. Think of your favorite characters racters have unique qualities that make them otivating amethyst eyes. Perhaps your character om head to foot. Maybe they speak to their sword
These are VERY un your backstory wit from film, books, T memorable. Ex: Jack Sparrow h has a very purpose	nique defining characteristics. You want the th these traits and invite other PC's to ask a TV, etc. You'll notice that each of those char has a unique walking gait. Yennefer has cap eful stark tattoo that encapsulates them fro	ese to be stark and memorable. Try to foreshadow about them. Think of your favorite characters racters have unique qualities that make them otivating amethyst eyes. Perhaps your character om head to foot. Maybe they speak to their sword
These are VERY un your backstory wit from film, books, T memorable. Ex: Jack Sparrow h has a very purpose	nique defining characteristics. You want the th these traits and invite other PC's to ask a TV, etc. You'll notice that each of those char has a unique walking gait. Yennefer has cap eful stark tattoo that encapsulates them fro	ese to be stark and memorable. Try to foreshadow about them. Think of your favorite characters racters have unique qualities that make them otivating amethyst eyes. Perhaps your character om head to foot. Maybe they speak to their sword
These are VERY un your backstory wit from film, books, T memorable. Ex: Jack Sparrow h has a very purpose	nique defining characteristics. You want the th these traits and invite other PC's to ask a TV, etc. You'll notice that each of those char has a unique walking gait. Yennefer has cap eful stark tattoo that encapsulates them fro	ese to be stark and memorable. Try to foreshadow about them. Think of your favorite characters racters have unique qualities that make them otivating amethyst eyes. Perhaps your character om head to foot. Maybe they speak to their sword

What does your character love/prefer?
Everyone has likes and dislikes. When utilized in roleplay, it makes your character feel more real! These also present great roleplay opportunities in your game and with your fellow players.
Ex: A character only having a taste for wine. Perhaps you have a character that prefers to sleep on the floor or can't help but dance every time a lutist begins a tune.
What does your character hate/dislike?
We all have something that just really grinds our gears. Your character should have that thorn in their side as well. Be careful, it could be conflicting if another PC is roleplaying something you hate.
Ex: Your character is terrified of water, afraid of spiders, or can't stand acapella singing. Perhaps they prefer to sleep in the woods vs the hustle and bustle of the city.
Does your character have any hobbies?
Hobbies pass the time when you journey across the land. They can also be helpful in aiding our allies, building relationships, and even passing a skill check!
Ex: Your character is a bit of a botanist. They collect plants and press them into their journal. Their knowledge of plants give them insight into rare plant made poisons as well as healing herbs.

Why is your character adventuring?
The age-old question of DnD! What made your character leave to become an adventurer. This is perhaps one of the most important questions. Think of your character's goals and motivations while brainstorming.
Ex: Your family farm was burned to the ground. So, you now spend your days hunting down the assailants that took everything from you.
Do you have a hidden past? Running from something? Secrets?
Secrets are the currency of intimacy. We all have them and revealing a secret is a great way to grow closer to other players. Be aware of the gravity of your secret, if it's something that informs your personality or behavior, the sooner you get that out in the open, the better.
Ex: You were asked to assassinate the mayor. you didn't know why, but you did and its haunted you ever since.
What are your flaws and weaknesses?
No one is perfect. Our flaws and weaknesses make us unique. When we are at our worst because of them, our friends are able to step in and be the support we need. Think of your character backstory. What in your backstory would define these flaws and weaknesses? Did your house burn down? Is that why you fear fire? Flaws are an opportunity for your character to grow, develop, and change.
Ex: Your character plays it tough. They are intimidating, bulky, and terrifying. You once finished a bandit in the most ferocious way possible. Yet, you can't help but melt in the presence of field rabbits.

What are your character's motivations?

Wh	nat drives your character	r's de	ecision making? What sh	ape	s their goals? What do	they	want out of life?				
	LOVE		KNOWLEDGE		SELF-PRESERVATION		POLITICAL CHANGE				
	GUILT/REGRET		REVENGE		ACCEPTANCE		OTHER				
	FAMILY		REDEMPTION		PIETY/ RELIGION						
	POWER		FIND WHAT YOU LOST		RESTITUTION	_					
	GREED		FRIENDSHIP		CHANGE						
Where are you from?											
you IN7	urself to one. You may se TERESTING!). These answ	elect vers	pecific location after you more than one <u>when re</u> will lend to your childho nnect this to your other	<u>leva</u> od a	<u>nt</u> . EX: Tower + Swamp and how you may have	or C	astle + Sewers (HOW				
	MOUNTAINS		LIBRARY		TEMPLE		THIEVES HIDEOUT				
	CITY NOBLE		ISLAND		AIRSHIP		SMITHY				
	CITY SLUMS		CIRCUS		ARENA		TANNER				
	SEWERS		SHIP AT SEA		CLIFFS		TAILOR				
	BAYOU		FEYWILD		TUNDRA		соок				
	SWAMP		ANOTHER PLANE		CATHEDRAL		ALONE				
	FOREST DARK		RACIAL		JAIL		ENCHANTED				
	FOREST		ORPHANAGE		VOLCANO		CURSED				
	CAVE		SEASIDE		SHOP		KIDNAPPED				
	SMALL TOWN		DESERT		BAKERY		BARRACKS				
	PLAINS		CARAVAN		MINE		OTHER				
	FARM		NOMADIC		VILLAGE						
	UNDERDARK		THEATER/OPERA		TRIBE						
	CASTLE		TAVERN		UNDERWATER						
	TOWER		JUNGLE		MONASTERY						
Un.	ble' emotionally and m	evil, enta	every character needs ai ally. Even Chaotic Neutra uild, or a parent or mento	l ch		-					
_											

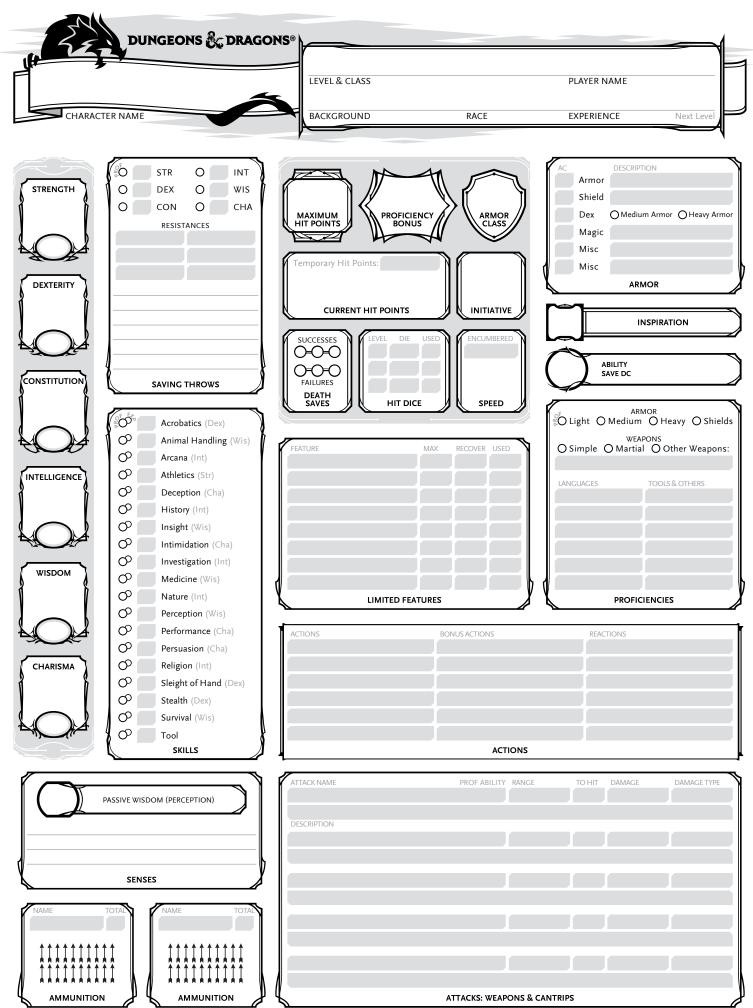
Why is your character their chosen class?

Is your character a cleric because your deity saved your sibling from certain death? Is your character a rogue because their parents were the head of the thieves guild?

Which characteristics would you associate with your character?

Which adjectives would you associate with your character. Use these adjectives to define their personality. This will help you 'hear' and visualize their persona. If you can, try to limit yourself to 10.

	KIND	CRASS	PRESUMPTUOUS	HUMBLE
	SELFISH	CRUDE	QUIRKY	PRETENTIOUS
	THOUGHTFUL	CRUEL	MESSY	INSECURE
	SELF-CENTERED	DISHONEST	CLEAN	CHEERFUL
	BOLD	HONEST	SUPERFICIAL	COMPLEX
	TIMID	LOYAL	PERSISTENT	MOODY
	AWKWARD	DISLOYAL	FORGIVING	BROODING
	IMPATIENT	DISOBEDIENT	ARTICULATE	CURIOUS
	LOUD	EGOCENTRIC	FOCUSED	CHARMING
	QUIET	MONOCHROMATIC	REASONABLE	ALLURING
	RUDE	COLORFUL	ACCEPTING	VEXING
	POLITE	FANCY	STUBBORN	MELLOW
	LOVABLE	ELABORATE	PROUD	RESOURCEFUL
	NEEDY	FICKLE	HELPFUL	PATRIOTIC
	SUPERSTITIOUS	FORGETFUL	GENEROUS	SPONTANEOUS
	ORNERY	FIERY	STINGY	INQUISITIVE
	COURAGEOUS	FLAMBOYANT	CREATIVE	SINCERE
	GOOFY	FRIVOLOUS	TECHNICAL	IDEALISTIC
	FLIRTATIOUS	FRIGHTENING	HARDWORKING	NOSTALGIC
	DETERMINED	GLOOMY	LAZY	REFLECTIVE
	SNEAKY	GRACEFUL	RELIABLE	ENVIOUS
	SECRETIVE	ELEGANT	UNRELIABLE	JEALOUS
	CAUTIOUS	GREEDY	OPTIMISTIC	MISCHIEVOUS
	ALOOF	GULLIBLE	PESSIMISTIC	MYSTERIOUS
	ANXIOUS	HATEFUL	RESPECTFUL	PERPLEXING
	ARROGANT	IMPULSIVE	DISRESPECTFUL	GLAMOROUS
	ASSERTIVE	INDECISIVE	COMPASSIONATE	PATIENT
	STRANGE	IRRATIONAL	SYMPATHETIC	SLUGGISH
	CLUMSY	NAIVE	EMPATHETIC	ENERGETIC
	COMPULSIVE	OBSESSIVE	MODEST	ROUGH
\Box	COWARDLY	POSSESSIVE	IMMODEST	CENTLE



<i>17</i>			$\overline{}$, , , , , , , , , , , , , , , , , , , ,		
ſ			N			
				l / [/		Y
				1		
			—— II	1		
			II	l V ————		
			I	PERSO	ONALITY TRAITS	
			I			
				1 _1		
			—— II	1 1		
			—— II	l		
				1 1	IDEALS	
				L~	102,120	
						─
			II	l II — — — — — — — — — — — — — — — — — —		
			—— II			
				1		
			_ 11	1		
			II	l L	BONDS	
			I	~		
			—— II	l I		
			I			
				l		
			I		FLAWS	
			II			
			lì			
			I			
				Feature Name:		
				l II		
			—— II			
			—— II	 		
			I			
				l II————		
				l II		
			—— II	N BACKG	ROUND FEATURE	J.
			11			
			- 11	•		
	CLASS FEA	TURES		RA	ACIAL TRAITS	
	CLASS FEA	TURES		RA	ICIAL TRAITS	
ADVENTURING GEAR	CLASS FEA	ATURES ADVENTURING GEAR	# LB		ACIAL TRAITS	
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			SP
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			SP
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			SP
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			S S S S S S S S S S S S S S S S S S S
ADVENTURING GEAR			# LB			SI S
ADVENTURING GEAR			# LB			
ADVENTURING GEAR			# LB			SF S
ADVENTURING GEAR			# LB	ADVENTURING GEAR		SF S
ADVENTURING GEAR			# LB			SP S
ADVENTURING GEAR			# LB	ADVENTURING GEAR		SP S
ADVENTURING GEAR			# LB	ADVENTURING GEAR		
ADVENTURING GEAR			# LB	ADVENTURING GEAR		SP S
ADVENTURING GEAR SUBTO	# LB	ADVENTURING GEAR	# LB	ADVENTURING GEAR		SP S

FEAT:	
PEAL:	
FEAT:	
FEAT:	
	$==\bigcirc$
FEAT:	
FEATS	
FEATS	
MAGIC ITEM:	OAttuned
- WAGE TEM.	O, attailed
NOTES	
ADVENTURING GEAR # LB ADVENTURING GEAR # LB	
ADVENTIONING GEAR # LD	
	OAttuned
MAGIC ITEM:	
MAGIC ITEM:	Ontituried
MAGIC ITEM:	Улишней
MAGIC ITEM:	- Critical Co
MAGIC ITEM:	Ontained
MAGIC ITEM:	Ontained
MAGIC ITEM:	Attuned
MAGIC ITEM:	Attuned
MAGIC ITEM:	Attuned
MAGIC ITEM: MAGIC ITEM: SUBTOTAL SUBTOTAL	Attuned
MAGIC ITEM:	Attuned
MAGIC ITEM: MAGIC ITEM: SUBTOTAL SUBTOTAL	Attuned
MAGIC ITEM: MAGIC ITEM: SUBTOTAL EXTRA EQUIPMENT	Attuned
MAGIC ITEM: MAGIC ITEM: SUBTOTAL SUBTOTAL	Attuned
MAGIC ITEM: MAGIC ITEM: SUBTOTAL EXTRA EQUIPMENT	Attuned
MAGIC ITEM: MAGIC ITEM: SUBTOTAL EXTRA EQUIPMENT	Attuned
MAGIC ITEM: SUBTOTAL EXTRA EQUIPMENT SUBTOTAL	Attuned
MAGIC ITEM: SUBTOTAL EXTRA EQUIPMENT SUBTOTAL	Attuned



ATTACK (ACTION)

Make one melee or ranged attack with a weapon, or multiple attacks with the 'Extra Attack' class feature. (See the 'Attack Action' section below.)

CAST A SPELL (CASTING TIME OF THE SPELL)

Effect depends on the spell being cast.

DASH (ACTION)

Gain your speed as extra movement for this turn.

DISENGAGE (ACTION)

Your movement doesn't provoke opportunity attacks for the rest of the turn.

DODGE (ACTION)

Attack rolls from attackers you can see have disadvantage and you have advantage on Dex saving throws until the start of your next turn, until you become incapacitated or your speed drops to 0.

FSCAPE (ACTION)

Escape a grapple by winning a Str (Athletics) or Dex (Acrobatics) check vs. grappler's Str (Athletics) check.

Give an ally advantage on next ability check or attack roll vs. an opponent within 5 ft of you, if done before the start of your next turn.

Hide from those that can't perceive you. Your Dex (Stealth) check is the DC for anybody's Wis (Perception) check to discover you.

OVERRUN (ACTION OR BONUS ACTION)

Move through hostile's space once by winning opposing Str (Athletics) check. Advantage if you are larger or disadvantage if you are smaller than the opponent.

Choose an action that you will take in response to a set trigger. Taking the action uses your reaction. Readying a spell requires concentration and expends the spell slot.

SEARCH (ACTION)

Search for something, possibly with a Wis (Perception) or Int (Investigation) check.

TUMBLE (ACTION OR BONUS ACTION)

Move through hostile's space once by winning opposing

Dex (Acrobatics) check.

USE OBJECT (ACTION) You can interact with an object once per turn for free. A second interaction and special cases take an action to complete (e.g. draw a second weapon, equip a shield, drink a potion, retrieve an item from a backpack).

COMBAT ACTIONS

(PHR 19

MELEE ATTACK (ONE ATTACK)

Normal attack on target within 5 ft. If attacking with a light melee weapon in one hand, allowed to make an attack with a light melee weapon in other hand as a bonus action, see 'Two-Weapon Fighting'. If either weapon has the thrown property, it may be thrown as part of this action.

HALF +2 AC and Dex saving throws +5 AC and Dex saving throws TOTAL Can't be targeted directly by attack or spel COVER

RANGED ATTACK (ONE ATTACK)

Normal attack if up to normal range (first number). Disadvantage on the attack if up to long range (second number) Disadvantage on the attack if a hostile that is not incapacitated is within 5 ft and can see the attacker.

TWO-WEAPON FIGHTING (BONUS ACTION WITH ATTACK ACTION)

If making an attack with a light melee weapon in one hand, allowed to make an attack with a light melee weapon in other hand as a bonus action. This off-hand attack can't add a positive ability score modifier to the damage roll. If the weapon has the thrown property, it may be thrown as part of this action.

DISARM (INSTEAD OF ONE ATTACK)

Knock an item from grasp by winning weapon attack roll vs. opponent's Str (Athletics) or Dex (Acrobatics) check. Disadvantage on the weapon attack roll if the item is being held with two or more hands. Larger opponents have advantage and smaller have disadvantage.

GRAPPLE (INSTEAD OF ONE ATTACK)

With a free hand, give the grappled condition to an opponent that is within reach and up to one size larger than you by winning Str (Athletics) check vs. opponent's Str (Athletics) or Dex (Acrobatics) check.

With a melee attack you can mark the target of that attack. The next opportunity attack against the marked target before the end of your next turn has advantage and doesn't cost you your reaction.

SHOVE (INSTEAD OF ONE ATTACK)

Move opponent 5 ft or make prone by winning opposing Str (Athletics) check. Disadvantage if trying to move the opponent to a side rather than to directly away from you.

ATTACK ACTION

BLINDED

Fail checks involving sight. Attacks have disadvantage. Enemy attacks have advantage

CHARMED

Can't harm/attack charmer. Charmer has advantage on ability checks to interact socially.

DEAFENED

Fail checks involving hearing.

FRIGHTENED

Disadvantage to checks/attacks while the source of fear is in sight. Can't willingly move closer to the source of fear.

Speed 0, regardless of bonus. Ends when grappler is incapacitated or when moved out of grappler's reach by an effect.

3

LEVEL EFFECT (CUMULATIVE)

Speed halved

Death 6

Disadvantage on ability checks

Disadvantage on attacks / saves

(PHB 29

Hit Point maximum halved

EXHAUSTION

Speed reduced to 0

INCAPACITATED

Can't take actions or reactions

INVISIBLE

Can't be seen (normally), but still make noise and tracks. Attacks have advantage. Enemy attacks have disadvantage.

Incapacitated. Can't move or speak. Fail Str and Dex saving throws. Enemy attacks have advantage. Enemy attacks within 5 ft are critical hits.

PETRIFIED

Incapacitated. Can't move or speak. Unaware of surroundings. Resistance to all damage. Immune to poison / disease. Fail Str and Dex saving throws. Enemy attacks have advantage. Stop aging. Weight increases by factor 10.

POISONED

Disadvantage on attack rolls and ability checks.

PRONE

Crawl (at ½ speed) or stand up (costs ½ speed). Attacks have disadvantage. Enemy attacks have advantage within 5 ft and disadvantage if further away.

RESTRAINED

Speed 0, regardless of bonus. Disadvantage on Dex saving throws. Attacks have disadvantage. Enemy attacks have advantage.

STUNNED

Incapacitated. Can't move. Can speak only falteringly. Fail Str and Dex saving throws. Enemy attacks have advantage.

UNCONSCIOUS

Incapacitated. Can't move or speak. Unaware of surroundings. Drop everything. Fail Str and Dex saving throws.

Enemy attacks have advantage. Enemy attacks within 5 ft are critical hits.

CONDITIONS

, ,		(dim light)	Disadvantage on sight Perception chec	cks
HEAVILY OBSCURED (darkness)		(darkness)	Effectively blinded (see conditions)	
BLINDSIGHT Out to range, perceiv			ve without sight.	
DARKVISION Out to range, treat di		range, treat di	im light as bright light. Can't see colors.	
TRUESIGHT			ive everything regardless of (magical) o , shapechanging, or etherealness.	darkness,
		LIC	GHT & VISION	(PHB 183)

Normal 300 feet 3 miles 24 miles

400 feet 4 miles 30 miles -5 passive Perceptio

Slow 200 feet 2 miles 18 miles Able to use stealth

TRAVEL PACE

MOVE (LIMITED BY MOVEMENT SPEED)

You can move your movement speed every turn. You can break up your movement between actions. You can switch back and forth between different types (e.g. from flying to walking), by subtracting the distance already moved

You can freely move through a nonhostile's space, and through a hostile's space if it is two sizes larger or smaller than you. Another creature's space counts as difficult terrain.

CLIMB / SWIM (AT 1/2 SPEED)

May involve a Str (Athletics) check if the climb / swim is difficult.

Crawl while prone (see conditions). Dropping prone costs no movement speed.

DIFFICULT TERRAIN (AT 1/2 SPEED)

Moving through difficult terrain costs twice as much speed. Another creature's space counts as difficult terrain.

After moving at least 10 feet on foot, you can jump your Str score in feet straight forward, or 3 + your Str modifier in feet up. The jump distance is halved when performing a standing jump.

STAND UP (COSTS 1/2 SPEED)

Standing up from being prone costs half your movement speed for this turn.

VEMENT (PHE	3
-------------	---

Marching more than 8 hours per day requires a Con saving throw at DC 10 + 1 per additional hour, at the end of each additional hour. If failed, suffer one level of exhaustion (see conditions).

FOOD (ONE POUND PER DAY)

Go without food for 3 + Con modifier of consecutive

days (1 day minimum). At the end of each day beyond that, suffer one level of exhaustion (see conditions).

If only half a gallon is consumed, DC 15 Con saving throw at end of day. If failed or consumed less than half, suffer one level of exhaustion, or two levels of exhaustion if currently already exhausted (see conditions)

Fast

FALLING

1d6 bludgeoning damage per 10 feet fallen, to a maximum of 20d6. End prone if taken any damage from the fall. SUFFOCATING

Hold breath for 1 + Con modifier in minutes (30 seconds minimum). After that, survive for Con modifier in rounds, after which drop to 0 hit points and dying.

SHORT REST A short rest takes 1 hour of doing nothing too strenuous. At the end of the rest, spend hit dice to regain hit points.

A long rest takes 8 hours with nothing too strenuous for more than 1 hour of that. Regain all hit points and half hit dice at end. If food and water are consumed, reduce exhaustion level by 1. Maximum of 1 long rest per 24 hours.