

Diagnosis :

Comorbidities :

Medicines

காலை Morning	மதியம் Afternoon	மாலை Evening	இரவு Night	Food/ ஆகாரத்திற்கு		DAYS
				Before முன்	After பின்	

✓ ~~INR~~ PCT IN/30 - given

ATFL Sprain (L)

hot saline fomentation

Diclofenac gel locally

✓ Ray (L) Ankle AP (AF) 7. Niclast P 1-0-0-1 } X 5d
 (BF) 7. Somprogd 1-0-0-1 }
 Crepe bandage

1/Sm

To review on

In case of any adverse reaction or allergy after taking medicines, kindly stop medicines and report immediately.

Signature

