

EDUCATION

Case Western Reserve University	2018 – 2020
<i>MA Medical Anthropology</i>	
<i>MPH Candidate, Population and Quantitative Health Sciences Track</i>	<i>(Anticipated 2022)</i>
<i>PhD Candidate , Medical Anthropology</i>	<i>(Anticipated 2022)</i>
Stanford School of Medicine	2015 – 2016
<i>Health for All Fellow, Stanford Prevention Research Center</i>	
Wake Forest University	2011 - 2015
<i>B.A. Anthropology, Biology and Chemistry Minor</i>	

RESEARCH EXPERIENCE

Graduate Student Researcher, Case Western Reserve University, August 2018 - Present

- Collaborate with community leaders and key stakeholders in Cleveland to collect qualitative data on mental health and depression among resettled Bhutanese refugees through in-depth interviews.
- Awarded Eva Pancoast Fellowship to research postnatal depression among new mothers in Nepal, using ethnographic methods, in-depth interviews, focused questionnaires, and participant observation.

Research Intern, Palo Alto Medical Foundation Research Institute, 2015 - 2016

- Transcribed, coded, and analyzed qualitative data collected from focus groups and interviews with teenagers and their parents to identify key themes around health behavior, beliefs, and behavior change.
- Adapted original Diabetes Prevention Program and Group Lifestyle Balance Program manual to be more relevant to high-risk, pre-diabetic teenagers based on latest research findings.

Undergraduate Researcher, Wake Forest University, 2012-2015

- *Manifestation of gender differences among Tibetan Buddhist monks and nuns in Nepali monastic institutions*
- *Effect of smoke from indoor fireplaces on respiratory health of Dalit and Brahmin villagers in rural Nepal*
- Developed protocol for independent research studies (listed above) with IRB approval and funding to travel to Nepal and collect data through semi-structured interviews, focus groups, and participant observation
- Presented findings at several conferences including the annual Society for Applied Anthropology conference.

Program Intern, Kate B. Reynolds Charitable Trust, May 2014 – June 2014

- Wake Forest University Institute of Public Engagement Nonprofit Immersion Program Scholar
- Conducted literature research for: Diabetes public awareness campaigns, Effectiveness of Community Health Workers under the Affordable Care Act, Portable Dental Units, & initiatives for adolescent health
- Prepared progress reports, articles, and presentations and summary of results for donors and board members.

WORK EXPERIENCE

Consultant (2017 - 2019), **Program Coordinator** (2015 – 2017), One Heart World-Wide

- Program development and oversight of monitoring and evaluation activities in Nepal. Reduced maternal and neonatal mortality by 30% in multiple districts from baseline.

Strategy Associate, Human Rights Foundation, 2017 - 2019

- Nonpartisan organization promoting and protecting human rights globally with a focus on closed societies.
- Worked with Chief Strategy Officer to secure \$5 million in funding through grants, private foundations, and independent donors. Developed grant reports and donor communications. Managed Salesforce CRM.

MISCELLANEOUS

- Experience with NVivo, Dedoose, REDCap, SPSS