

**BANASHANKARI ORTHO CLINIC**

Dr. SUJAYENDRA D.M
MBBS, MS(Ortho), DNB(Ortho)
Fellowship in Joint Replacement Surgery
(Formerly Assistant Professor @ Kasturba Hospital, Manipal)
KMC Reg No. 103771

Name: - Mr. Deepak - N. Age: - 52Y. Sex: - Male. Date: - 07/07/2025

Early osteoarthritis of both knees.

(R) knee is more symptomatic.

X-Ray: Grade 2 KL changes.

Adv: Precautions.

Physiotherapy.

- Ultrasonic therapy to both the knees.

- Quadriceps and hamstring exercises.

Medications.

1. TAB. CARTIAGEN DUO 1-0-0 x 6 weeks (A/F).

2. TAB. ETOSHINE 60mg 1 SOS — (10) (A/P).

3. Freeflex Emulgel for L/A ✓-o-✓.

Blood tests - ESR, CRP and serum uric acid.

1. Diabetes Mellitus

2. Hypertension

3. IHD

4. Hypothyroidism

5. Kidney Disease

6. Drug Allergy

Sujay

Dr. SUJAYENDRA D.M
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No. 1993, 9th Main Road, Banashankari 2nd Stage,
Bengaluru - 560 070. Mob: 9740981655
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CONSULTANT ORTHOPAEDIC SURGEON

Timing: - 5.00 PM TO 8.00 PM
Sunday Holiday

For Appointment Call: 9845370055
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