

आयुर्वेदोऽमृतानाम्

AYURVEDA is the foremost amongst the bestowers of LIFE



shubhankari
Ayurveda Chikitsalaya

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Medical Certificate

Date: 14-11-2025

To Whomsoever It May Concern,

This is to certify that Smt. Sreevalli Prakash, aged 45 years, has been under my medical care for **bronchial asthma**. The patient experiences episodes of wheezing, shortness of breath, and respiratory discomfort, which can be triggered or worsened by **poor ventilation, exposure to allergens, stress, and crowded or enclosed environments**.

In view of the patient's current respiratory condition, it is **medically advisable to avoid staying in congested rooms or environments with inadequate airflow**, as these conditions may precipitate an acute asthma exacerbation.

Shubhankari Ayurveda Chikitsalaya
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Authorised Signatory

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