St Albans South District Raise Challenge Badge

Introduction from Karen Pett:
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St Albans South District

This badge was never intended to be a challenge badge, it evolved from a series of thoughts over the last year in a global pandemic. I am a nurse working for the Trust and was redeployed during the lockdown to help with the overwhelming numbers of COVID patients. During this time our hospitals charity, Raise supported both staff and patients across the three sites of our trust.

Lots of groups within the community rallied around and supported staff by supplying food parcels and hygiene items as staff were unable to leave COVID areas to have breaks. Raise continued to support patients as no visitors were allowed on sites. Through delivering belongings to patients and organising and distributing donated goods to staff, Raise worked hard to work with all who were using the hospital services. Watford football club provided their stadium for space and provided food for breaks. They also provided their premises for staff counselling spaces. Our District had previously held a competition in the first lockdown that asked our members across all sections to enter a design for a badge that celebrated the lockdown and used the Rainbow as its symbol. This was a huge success and my fellow guiders that organised this raised an amazing amount for the NHS charity. This second time around I wanted to concentrate our efforts at a local level to support our local NHS Trust and hospitals. Especially as second time around I had relatives effected by COVID and utilising the services.Throughout the pandemic Raise has continued to support staff and patients across West Hertfordshire Hospitals'. From raising money to provide staff with new technologies to supporting staff with their wellbeing, Raise continues to support the communities that surround Hemel Hempstead, St Albans City and Watford General Hospitals. There are a few suggestions for ideas for your members if you would like to use them as a challenge badge, adapt them or use them as ideas for your own local area. Or you could simply purchase the badge and support the charity.

Activity Suggestions

·   Raise is the official fundraising charity of West Herts Hospitals, visit their social media (this may need to be supervised) and find out the following

·   Where do they operate?

·   What do they do?

·   What colour do their volunteers wear?

·   How can you donate?

·   What kinds of things do you think patients and staff might need to help them on a daily basis ? (Hints – individually wrapped snacks and drinks, magazines, books and colouring pens for patients, radios for ward areas, hand cream and lip balms for sore skin).

·   Find out which other charities support NHS Hospitals both Nationally & locally

·   Consider a fund-raising idea to help a local NHS charity such as a COVID secure bake sale or Car wash. This could be done individually or as a Unit.

·   What other charities operate in your local area that support people? Things like Homeless shelters and refugee charities

·   Ideas to investigate such as Food banks, hygiene banks and book swaps

Does your community have a Olio App to help reduce waste from supermarkets? Olio-sharemore,wasteless www.OLIOex.com

· Does your community have a Community allotment or garden? How to people join or access it?

· Do you know anyone that has made Scrubs or masks for NHS staff. Cooked meals for staff or helped run people to vaccination centres or volunteered to be an NHS volunteer and helped people unable to go out. What kind of tasks did they do to help?

· Look at groups such as You donate, We deliver (again supervision may be required for Social media) and find out about their work

Social Media Handles

Twitter @RaiseWestHerts
Instagram @RaiseWestHerts
Facebook @RaiseWestHerts
Raisewestherts.org.uk

Order Form

Name:

Unit:

Postal Address:

Postcode:

Telephone:

Email:

Number of badges @ £1.50:

Plus Postage + Packing:
1-35 badges: add £1.40
36-90 badges: add £1.90

Total Cost: