

Curriculum Vitae

Mr. **ASHOK SAMRAT YADAV**



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Permanent Address

Vill. Umariya, post. Gyanpur, S.R.N.
(Bhadohi) U.P. Pin Code- 221304

Personal Data

Date of Birth : 10-05-1994

Sex : Male

Nationality : Indian

Mother Tongue : Hindi

Languages Known: English, Hindi

Highest Education

- **Master of Physical Education (M.P.E.S.)** (GSRM P.G. College, Bhadohi, Lucknow, India)

Academic and Research Interests

Sports psychology, Philosophy of sports, Nutrition, and health management.

Area of Specialization : SQUASH / TENNIS

Professional Experience

- January 15, 2019 - till date
Organization: Pathways World School, Aravali, Gurugram.
Designation: Physical Education teacher and Squash Coach
Duties: Organizing intra and interschool competitions of all games, Delivering theory classes (Physical Health Education, (PHE)) for 6TH and 8TH grades. taking primary, middle, and senior school sports classes, implementing morning conditioning and evening sports/games for Students, preparing students for march past and mass display competition, tailoring formations and exercises suitable for students. Performing duties in school annual production (primary school, middle school & senior school) program, perform other responsibility in school's program and sports events, Coaching in sports specialization Program.
- September 14, 2015- December 21, 2018
Organization: G.D.Goenka World School, Sohna, Gurugram
Designation: Physical Education teacher and Squash / Tennis Coach.
Duties: Organizing intra and interschool competitions of all games, Delivering theory classes (Physical Health Education, (PHE)) for 6TH and 8TH grades. Implementing morning conditioning and evening sports/games for Students, perform duties as hostel warden, preparing students for march past and mass display competition, tailoring formations and exercises suitable for students. Performed duty as a proctor in SAT exam.
- July 2014 to August 2014
Organization: Selaqui International School, Dehradun, India.
Designation: Internship Trainee Tutor
Duties: Implementing morning activities and games for students, Coaching Tennis team, Organizing inter house tournaments, Yoga classes, Dorm Parenting

- January 2014 to February 2014
Organization: K.P. Convent school, Gwalior, India.
Designation: Sports Trainer
Duties: Assigning tasks to the teams, preparing students for march past and mass display competition, tailoring formations and exercises suitable for students.

- May 2013 to June 2013
Organization: LNIPE, Gwalior, India.
Designation: Camp trainer
Duties: Squash training for both girls and boys, supervising assemblies of the campers, Maintenance of the court, Conducting competitions.

Achievements

- Participate in 62nd Squash senior national championship (Mumbai) in (2014)
- Represented LNIPE Gwalior in All India Squash Inter University Championship (Mumbai) in (2013)
- XI M.P. Open Squash Championship (2012)
- 37th Senior U.P. State Kabaddi Championship (2010-11)
- Delhi Squash Championship (2017)

Computer proficiency and Soft skills

- Diploma in Computer Application (D.C.A)
- Windows, Microsoft Office, Excel.
- Designing of posters and Banners related to sports events.

Area of Special Interest

- Coaching and Officiating
- Teaching Classes
- Organizing Competition
- Organizing Intramural and Extramural Activity
- Organizing Annual Sports Day

Academia

Year	Course	University/ Board
2019	M.P.Ed	Lucknow University
2015	B.P.Ed	L.N.I.P.E, Gwalior
2010	12 th	U.P. Board
2008	10 th	U.P. Board

Other Skills, Achievements and Activities

- Teaching through virtual classes during pandemic
- N.C.C. 'B' Certificate
- 10 days leadership camp held at Pachmarhi (M.P)
- LNIPE Clinic on Track & Field (Modern Officiating and Advanced Coaching Trends)
- Participated in Pathways Learning Fest -2019 (Organized for all Pathways School Faculty 14 September 2019)
- Appreciation letter for collecting all state entries details, making fixtures, and resulted in an effective event of 65th National SGFI Squash Tournament, 9 Feb 2020.
- Also having knowledge and skills of various Game & Sport: -
Athletics, Swimming, Hockey, Badminton, Weight Training, Kho-Kho, Kabaddi, Table Tennis and Tennis

Coaching Trainings and Life Saving Skills

- **World Squash Federation Level 1 Coach (2016)**
- **Participated in 65th National School Games Squash Championship, 2 Feb 2020**
(U-19 Boys coach from International Board Schools Sports Organization (IBSO)).
- **Basic Life Support, Cardiopulmonary Resuscitation and First Aid Training**
- **Lifeguard Pool and Beach (SPF/Q1104) National Skills Qualifications Framework Level-4**

Workshops and Webinars

- **“Yogic Secrets to Stay Fit COVID Safe”** Organized by The Quaide Milleth College for Men
10 June 2020.
- Participated in **The International Webinar “Pandemic Era of COVID 19: Where we stand? Where we go?”** Organized by Department of Zoology, D.D.U Gorakhpur University,
Gorakhpur from 9th to 10th June 2020.
- Participated in **“Online Awareness Quiz on COVID 19”** conducted by E.B.S.B. Goswami
Tulsidas Gov. P.G. College Karwi, Chitrakoot U.P 2020.
- Participated in **“6th International Day of Yoga”** (Webinar & Workshop from 18-21 June
2020 Conducted by Jawaharlal Nehru University Delhi).
- **“5 Days International E- Workshop on Total Solution for Holistic Health”** from 10th to 14th
June 2020 conducted by Department of Physical Education, S.N.Sen, B.V.P.G. College
Kanpur U.P.

Edu Care Training for International Schools

- Child Protection in Sports and Active Leisure
- Child Protection for International Schools
- Fire Safety for International School
- Food Hygiene and Safety
- Child Protection Basic for International Schools
- Child Neglect for International Schools
- Child Exploitation
- Adverse Childhood Experiences
- Administration of Medication in School
- A Practical Guide to the GDPR for Education
- Child Protection Refresher
- Concussion Awareness
- Dealing with Bereavement and Loss
- Domestic Abuse: Children and Young People
- Equality & Diversity
- Female Genital Mutilation Awareness
- Health & Safety for International Schools
- How to be an Effective Fire Warden on Fire Marshal
- Mental Wellbeing in Children and Young People
- Moving and Handling
- Online Safety
- Overcoming Loneliness
- Preventing Bullying for International Schools
- Raising Awareness of Honour- Based Abuse and Forced Marriage
- Raising Awareness of Peer-on-Peer Abuse
- Raising Awareness of Trafficking and Modern Slavery
- Safeguarding Young People
- The Prevent Duty
- The Send Code of Practice
- Use of Reasonable Force in Schools
- Supporting Staff Wellbeing in Schools
- Sexual Violence and Harassment between Children and Young People

Organised/Hosted Tournaments in School

- Conducted Virtual Fitness Inter-House Tournament 2020
- Hosted **SGFI Squash School National Game 2019-20** (U-14, U-17, U-19 Boys & Girls) in Pathways World School Aravali, Gurugram, Haryana.
- PWS Squash Inter School Tournament 2019-20.
- PWS Individual Squash Championship 2019 (U-11, U-14, U-17, U-19 Boys & Girls) 2019-20.
- Goenkan Trident Tournament 2017 (Girls & Boys)
- Goenkan Trident Tournament 2018
- Conducted Squash Inter House Tournament (Primary School, Middle School & Senior School) in G.D.Goenka World School Sohna in 2016,2017 & 2018.

Student's Achievements

- Karata Dasmahapatra secured 3rd position in 65th SGFI Squash School National Game 2019-20
- Aryavrat Gupta secured 3rd position in 2nd ISSO National Games 2019-20
- Squash School team secured Gold in Interschool Tournament 2019
- 8 players selected for 65th SGFI Squash School National Game 2019-20
- SCJ Sports Fest in SCJ World Academy Gurugram 2017 (Students secured Gold & Silver)

Student's Participations in Tournaments

- ISSO/ IBSO Squash School National Game Jaipur 2019
(International Schools Sports Organization/IB Schools Sports Organization)
- SGFI Squash School National Game 2019-20
- HCL 11TH Indian Junior Open Greater Noida 2019
- Rajasthan Squash Classic Jaipur 2019
- Delhi State Closed Championship 2019
- Northern India Squash Championship 2019
- PWS Inter House Tournament 2019
- PWS Individual Squash Championship 2019
- Delhi Squash Junior & Senior Open Championship 2017
- Hamdard Delton Squash Championship Delhi 2018
- Gymkhana Classic Junior & Senior Squash Championship Delhi 2018
- HCL International Junior Squash Open Tournament Delhi 2018
- Junior National Squash Championship Jaipur 2018
- Northern India Squash Championship Delhi 2018
- Yonex Sunrise Khar Gymkhana All India Tennis Ranking Championship 2018

References

1. A.K. Datta
Retired HOD of Pedagogy
L.N.I.P.E Gwalior
Mobile No- 9711900757
2. Prabhat Pandey
Head of PE Department
Pathways World School Aravali Gurugram
Mobile No. 9873314250
Email: prabhat.pandey@pathways.in
3. Joginder Tanwar
Head of Fitness Club
G.D. Goenka Education City Gurugram
Mobile No: +91-9811163264
Email: joginder.tanwar0@gmail.com
4. Ramesh Karwashra
Head of PE Department
G.D. Goenka World School Sohna Gurugram
Mobile No- 9873191310

Declaration

I hereby declare that the above-furnished details are true to the best of my knowledge.

Place: Gurugram
Date:

Ashok Samrat Yadav