

Work Experience:

February 2019 – Present: Counsellor and PGT Psychology, The Shriram Millennium School Noida

- Career Counseling for students from grade 8-12.
- Teaching Psychology to ISC Grades 11 and 12.
- Student Advisory Program Co-coordinator for Cambridge Grades 6-9.

June 2016 – January 2019: Career Coach & Expert, Mindler

New Delhi

- Working with students across age groups of 13-25 years. Responsible for conducting counselling sessions (online and offline), creating plan of action as per individual needs of every student, writing content for the website, articles for the blog page, handling student and parent queries, developing and updating the career assessment, conducting school workshops on careers, personality development, and other relevant areas.
- One of the top rated writers in career counselling and career advice on **Quora**.
- Involved in developing a career counselling certification for Mindler, along with content for student workshops in top schools such as La Martiniere Girls College Lucknow, Welham Boys' Dehradun, G.D. Goenka Lucknow, Hopetown Girls' School Dehradun, Scindia Kanya Vidyalaya Gwalior, etc. I am currently the Program Co-ordinator for the **International Certified Career Coach Program** by Mindler and CDA.

February 2016 – May 2016: Research Intern, Indian Institute of Technology (IIT)

New Delhi

- Involved in the research, scoring, and analysis of a study on "Understanding the Cognitive Dimensions of Access, Equity & Quality in Indian Education", funded by Indian Council of Social Science Research (ICSSR), which was conducted in ten states in India on school children; construction of a Cognitive Capacities Scale, under the guidance of Dr. Rukmini Bhaya Nair.

May 2015 – July 2015: Intern of Clinical Psychology, Dr. Ram Mahohar Lohia Hospital

New Delhi

- Responsibilities as an intern included taking case histories and mental status examination of patients in the OPD, giving an appropriate diagnosis, administering IQ and personality tests to patients, and helping in administration of psychotherapeutic interventions as and when required.

Education & Award:

Batch of 2011-14: Bachelor of Arts (Psychology, Economics and Public Administration), 1st Division (67%)

MCM DAV College for Women, Panjab University

Batch of 2014-16: Master of Arts in Applied Psychology, 1st Division (69%)

South Campus, University of Delhi

April 2016: Qualified UGC-NET in Psychology for Assistant Professor

Research Projects Undertaken:

- Completed a master's dissertation titled "Empty Nest Syndrome – A study on empty nest syndrome being a cause of depression, stress, anxiety and loneliness among urban and sub-urban women in India" (June 2016)

- Published a Research Paper titled, “Geriatric Psychology: The source of Inspiration for Old Age.”; **Citation: Jain, K., & Khatri, S. (2014). Geriatric psychology: The source of inspiration for old age. *Indian Journal of Health & Wellbeing*, 5(3).**
- I presented two qualitative research papers in National Conferences held in Chandigarh (Panjab University) and New Delhi (Jawaharlal Nehru University) on Empty Nest Syndrome and Spiritual Healing respectively (October 2012 and October 2013 respectively)
- Published a research paper titled, “Emotional Intelligence in Adolescents and its Implications on their Lifelong Development”; **Citation: Khatri. S (2018). Emotional Intelligence in Adolescents and its Implications on their Lifelong Development. *International Journal of Indian Psychology*, 6(4), 210-215. DIP:18.01.057/20180604, DOI:10.25215/0604.057**

Skills and Qualities:

Cognitive Behaviour Therapy Level 1 | Inquisitive | Voracious Reader | Positive Thinker | Resilient | Focused