

1.An Essay about the Energy Crisis in Sri Lanka

1. Today Sri Lanka is facing a serious energy crisis.
2. Energy is a vital input in fields of production.
3. We need more energy to produce more.
4. One can say that economic development and prosperity of a nation largely depends upon the availability of energy.
5. Energy is required to do all kinds of works.
6. We need energy to drive vehicles, to cook food, to run factories even for keeping ourselves fit.
7. Electricity is generated from water.
8. But sufficient water is not available everywhere.
9. Both coal and crude oil are limited in quantity.
10. Thus we have to tap new sources of energy as well as by conserving energy because energy saved is energy generated.
11. In Sri Lanka, there is also an acute need to reduce the dependence on thermal power as burning fuel means burning money.
12. Being a tropical country, Sri Lanka is blessed with an abundance of sunshine and wind year-round.
13. Thus we have to tap these two sources of renewable and non-polluting energy.
14. In the meantime, we can all do a little bit to help save energy.
15. For example we can switch off unwanted bulbs and avoid using air-conditioners unnecessarily.
16. Using LED bulbs would also save energy.
17. Little things can also go a long way in addressing the power crisis.

2.Unity is Strength

Hello everyone,

1. Today, I want to talk to you about the power of unity.
2. You may have heard the saying "Unity is Strength," and it's true.
3. When we come together and work towards a common goal, we can achieve great things.
4. Think about a time when you were part of a team.
5. Maybe it was a sports team or a group project at school.
6. When everyone worked together and helped each other, you were able to accomplish more than you could have on your own.
7. The same is true in life.
8. When we work together, we can solve problems, make progress, and create positive change.
9. We all have different strengths and weaknesses, but when we unite our strengths, we become stronger than we could ever be alone.
10. So, let's remember the power of unity.
11. Let's work together, respect each other, and help each other.
12. Whether it's in our families, our communities, or our country, let's remember that we are stronger together than we are apart.

3.Sri Lanka's economic crisis

1. Sri Lanka's current economic crisis is a result of several years of mismanagement and lack of good governance.
2. Insufficient foreign reserves at Sri Lanka's Central Bank and loss of access to international capital markets resulted in the country defaulting on debt for the first time in history.
3. Unchecked external borrowings, tax cuts that widened the existing budget deficit, the chemical fertilizer imports ban and the sudden floating of the Sri Lankan rupee are among several factors that contributed to the economic collapse.
4. Tourism, together with apparel and tea exports – some of Sri Lanka's main income sources – were affected in recent years due to various internal and external factors such as the 2019 Easter Sunday attacks followed by COVID-19 in 2020.

4.An Essay on Drug Addiction

1. Drug Addiction is one of the serious problems of the present times.
2. The narcotics like heroin, hashish, ice and brown-sugar are commonly called drugs and young men and women either take these drugs orally or inhale their smoke.
3. Sociologist says that drug-addiction is an addiction which has come to Sri Lanka and other oriental countries from the western-countries.
4. The Sri Lankans are imitating the west and becoming drug-addicts.
5. In the modern Sri Lankan society there are several family-problems.
6. The lack of love and affection forces youths to get addicted to drugs.
7. Sometimes the peer pressure tempts the youth to become an addict.
8. Drug-addicts must be treated with love and kindness.

9. The society should take strong measures to control the smugglers of drugs and drug-traffickers.
10. There are laws of drug-control all over the world, yet drug-addiction is increasing gradually.
11. What is needed an anti-drugs consciousness which can be instilled at the young age among the youth of Sri Lanka.
5. Now, the economic crisis presents multiple challenges including severe threats to nutrition, food security, healthcare, and education.

5.Sources of Information Essay:

1. Today we live in an age of information with internet becoming the super highway of information.
2. Books have been the traditional source of information.
3. There are, however, many other sources of information which should not be overlooked.
4. Such sources include: newspapers, journals, radio or TV programmes, leaflets, photographs etc. Newspapers supply us updated information while TV programs can present information in a visually appealing manner.
5. So are the photographs.
6. It is important to understand that all information is not reliable.
7. A document can be easily forged or altered, especially on the internet where anybody can publish anything.
8. It is therefore necessary to use judgment when using information.

6.An essay on saving electricity

1. We need electricity at every moment and in every walk of life.
2. Electricity is considered the soul or the life without which the entire world remains dead and dormant.
3. Our health, education, agriculture, engineering and other technical activities all now depend on electricity.
4. The surgeon in the operation theater, the engineer in the factory, the motor-mechanic in the garage, the officer in the office, the passengers at the railway platform, all are enjoying the service rendered by electricity.
5. Many means of modern transportation depends upon electricity.
6. Trams and electric trains in big cities serve thousands of people every-day. Electricity has given a great boost to modern civilized life.
7. Generation of electricity costs a huge amount of money and it can be a heavy drain on the economy of the country.
8. Therefore, it essential that we must save electricity as much as possible. Even our small attempts to save electricity will be helpful.
9. At home, we should be very careful regarding the electric apparatus used by us.
10. Fans, lights, air-conditioners, refrigerators, water heaters should be used properly.
11. Television sets should be turned off when we do not need them.
12. We should use lights and bulbs that consume less power.
13. By saving electricity in this way, we can save money while contributing to the development of the country.

7. Brain Drain:

1. Brain Drain refers to the immigration of scientists, engineers, doctors and other technically qualified persons usually from an underdeveloped and undeveloped country to a more advanced or developed country.
2. Every year hundreds of skilled professionals and Sri Lankans trained abroad make frantic efforts to leave Sri Lanka and stay abroad.
3. There are some sad facts behind the great brain drain in Sri Lanka.
4. One of the main reasons is the widespread unemployment and underemployment in our country.
5. The excess of skilled professionals in Sri Lanka has bred an army of educated unemployed.
6. Rather than return home to unemployment, skilled Sri Lanka prefer to stay back in the West, where professionals command at better market value.
7. The lack of research facilities in Sri Lanka is also one of the causes for Brain Drain from Sri Lanka.
8. Scientists and other research professionals need sophisticated equipment to carry on their research related works.
9. The better job conditions and higher standard of living in those countries lure these qualified professionals to decide to stay on there.
10. It is high time that the people in power should think of a solution for this problem.
11. Otherwise, we may lose more youngsters to brain drain and face this massive national loss.

8. An Essay on Deforestation

1. Deforestation means cutting down trees in large scale.
2. Today it has become a global problem.
3. This problem is increasing day by day.

- There are many causes of deforestation. Population explosion is the main cause of deforestation.
- People use wood for different purposes.
- They make their house in forestland cutting down trees.
- As a result, trees are being cut down rapidly.
- There are many bad effects of deforestation on men and animals.
- Deforestation causes global warming. It hampers ecological balance.
- It brings about various natural disasters.
- Deforestation also causes great harm to the animals.
- Most of the animals have lost their living place due to deforestation.
- It has many bad effects on climate.
- Today our climate has changed drastically.
- The sea level is rising at an alarming rate.
- Effective measures should be taken by the government to stop deforestation.
- People must be aware about the bad effects of cutting trees.

9.The advantages and disadvantages of tourism

- Nowadays tourism has become a major industry at global level as it generates a significant portion of national income for many countries, but it has certain drawbacks too.
- The two main advantages of tourism industry are boost in the country's economy and a large number of new job openings for the local people.
- Firstly, tourists spend money on a wide range of services, including hotels, amusements, transportation, food and medical services.
- This way, tourism yields an additional income, greatly supporting the country's economy.
Secondly, tourism increases the level of employment by bringing new jobs.
- For instance, the influx of tourists results in a larger demand in restaurant workers, tour guides, hotel staff and employees of retail services, compelling business owners to hire more people for these positions.
- But tourism also has some major disadvantages like destruction of popular tourist destinations and development of illegal economic activities.
- Ancient buildings, temples and monuments struggle to cope with a vast amount of visitor's traffic and get damaged.
- Also, the large number of tourists can cause environmental problems.
- For instance, when places of interest are overcrowded, natural resources often become over exploited.
- Marine water pollution in the Unawatuna beach area is a good example for this.
- Tourism can also lead to an increase in the crime rate.
- To conclude, although tourism can have certain negative effects like destructive impact and growth of crime rate, it has an extremely positive influence on country's economy and provides a large number of new jobs for the local people

10.Road accidents

- Road accidents happen suddenly and unexpectedly.
- When accidents happen, the person whom it is done and the persons involved will have to be taken to the hospital and the police station.
- Road accidents take place due to many reasons.
- Some of them can be due to drunkenness or drowsiness.
- As humans we can avoid drunkenness and drowsiness by stopping the use of alcohol and drinking water or washing the face.
- Accidents can also happen due to competitiveness.
- That is why they say "Be wise but not too bold." Some bus drivers forget the largeness of the bus and try to enter them through small spaces in traffic jams. Three-wheeler drivers too forget that the three-wheeler isn't that strong and try to compete with buses and lorries.
- These are causes for accidents.
- Accidents are man-made, so they can be increased or decreased.
- So people should be more careful about their health and reputation as both can be damaged severely due to road accidents.

11.Time Management

- Everyone says that time is precious.
- This is because time once lost cannot be regained.
- Time is more precious than money.
- This is very true as money once lost can be regained but time once lost is lost forever and it can never be regained.
- We always hear people speaking about having no time at all, but I think a person who is systematic will never feel the lack of time in their lives.
- People who are successful in life are those who use their time intelligently and do their work on time without wasting it at all.
- We have heard the saying, "Early to bed, early to rise."
- This is how successful people use their time as rising early gives them lots of time to do all their work and also enough time for leisure.

- There won't be any confusion in their life.
- When we are young we feel that we have lots of time to do our work, so we enjoy by eating, drinking and merry making with our friends.
- Later when we grow up we regret, but we have already wasted our time and that time will never come back. Making the right use of time makes us responsible.
- Eating proper food on time keeps us healthy.
- Doing exercises at the right time also keeps us fit and strong.
- Thus those who eat and exercise at the right time can lead a healthy life.
- We as students should make the right use of time by doing our homework and learning our lessons daily.
- This will be the correct use of our time. If we learn our lessons daily it will help us during our exams, we can score good marks.
- If we manage our time properly, we can become successful in our lives.

12. A speech on Cleanliness

- Good morning to the sir, madam and my friends. My name is ... I study in class ...
- Today, I am going to make a speech on cleanliness.
- I have especially selected this topic because it is very important in our daily lives.
- Actually, cleanliness means complete absence of dirt, dust, stains, and bad smells at home, working places or surrounding areas.
- The most important purpose of maintaining cleanliness is to get health, beauty, remove offensive odour as well as avoid the spread of dirt and contaminants.
- We clean our teeth, clothes, body, hair on daily basis in order become fresh and achieve cleanliness.
- Commonly, there are two types of cleanliness, one is physical cleanliness and the other is internal cleanliness.
- Physical cleanliness keeps us clean from outside dirt and gives us feeling of wellbeing with confidence.
- However, internal cleanliness keeps us mentally peaceful and free from anxiety.
- Internal cleanliness means a mind free of dirty, bad and negative thinking. Keeping the heart, body and mind clean and peaceful is the complete cleanliness.
- However, we also need to keep clean our surrounding areas so that we can live in a healthy and clean environment.
- It will keep us away from the epidemic diseases and give us a feeling of social wellbeing.
- Cleanliness should be given a priority in all the homes from the childhood so that a little one can practice it as a habit and can be benefitted all through the life.
- Cleanliness is a good habit which not only benefits a person but also benefits the family, society and country and thus the whole planet.
- It can be developed at any age. However it is best to practice it from the childhood.
- I, as a child would like to request from all the parents to please help your kids to practice this habit as it is you who can give this country a good citizen.
- Thank You!

13. Uses and abuses of Mobile Phones

- We all carry a mobile phone or a smartphone with us. It helps us to communicate with our relatives or friends who are not near to us physically.
- The invention of the mobile phone is a great success of science.
- Though the main uses of the mobile phone are to make calls or to send messages, it can also be used for multi-purpose tasks.
- In addition to calls or messages, the mobile phone can also be used as a calculator, camera, voice recording device, audio and video player etc.
- One can browse the internet on his/her mobile phone.
- No doubt mobile phone has changed our lifestyle, but there are some abuses of the mobile phone, or we can say that there are a few disadvantages of mobile phones.
- According to a recent survey, more than 35% to 40% road accidents are due to the use of mobile phones while driving.
- That is really a serious problem.
- Again some students misuse the mobile phone and give way to social pollution. On the other hand, the radiations emitted by mobile phones and its towers are very harmful to our health.
- In the conclusion, we must admit that there are both uses and abuses of the mobile phone.
- But mobile phone plays a vital role in the development of our civilization.
- It should be used properly or in a proper manner.