Admin

PK	**AdminID**
	Username
	Address
	Gender
	ContactNo

Workouts

PK	**WorkoutID**
	WorkoutName
	WorkoutCategory

Meal

PK	**MealID**
	MealName
	MealCategory

Coach

PK	**CoachID**
	Username
	Address
	Gender
	ExperienceHistory
	ContactNo

Reservation

PK	**BookingID**
	ScheduledDate
	Username
FK	MemberID
FK	ClassID

Member

PK	**MemberID**
	Username
	Address
	Gender
	ContactNo
	MembershipType

Class

PK	**ClassID**
	ScheduleDate
	MemberID
	CoachID
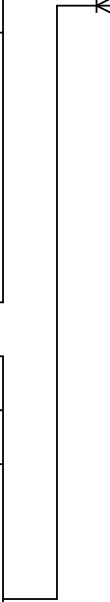
Assigned Workouts

PK	**AssignedWorkoutID**
	BookingID
	WorkoutName
FK	MemberID
	CoachID

Assigned MealPlan

PK	**AssignedMealPlanID**
	BookingID
FK	MemberID
	CoachID
FK	AssignedWorkoutID