

Rendering Provider: Morris, D.C., Andrew
Practice: SHARP Treatment of South Bay
Address: 2557a Pac Cst Hwy, Torrance, CA, 90505-7950 Phone: (310)626-8037

Visit Date: 11/5/2012

Patient: Samora, Arthur
18506 Hass Ave, TORRANCE, CA, 90504
Medical Record #: DOB: 6/23/1968 Sex: Male
cell: (310)901-2118, Atty: (310)273-2211, Atty Fax: (310)273-2240

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CC

low back pain --Improved

HPI

low back pain:

Injury Mechanism - a motor vehicle accident

Pertinent Positives - pain --Improved , stiffness --Improved , decreased range of motion --Improved

Pertinent Negatives - leg weakness , foot weakness , foot drop , urinary incontinence , fecal incontinence , fever

Location - in the right low back

Pain Radiation - right buttock

Pain Quality - sharp , aching , throbbing

Onset Mode - gradual --Worsened --Improved

Timing - frequently

Severity - moderate in severity --Improved

Progression - improving

Exacerbating Factors - prolonged sitting , bending

Relieving Factors - ice , heat , traction , exercise regimen , physical therapy

Compliance/Tolerance/Control - good compliance with treatment

DX

(721.3) - C - LUMBOSACRAL SPONDYLOSIS / FACET SYNDROME

(729.1) - C - MYALGIA AND MYOSITIS UNSPEC

(722.10) - C - LUMBAR DISC DISPLACEMENT

722.0 CERVICAL DISC DISPLACMNT

Services Performed

(97140) MANUAL THERAPY

Qty: 1

(97012) MECHANICAL TRACTION THERAPY

Qty: 1

(97014) ELECTRIC STIMULATION THERAPY

Qty: 1

(98940) CHIROPRACTIC MANIPULATION; Spinal, 1-2 Regions

Qty: 1

Return Visit After 2 days

Plan Note:

Myofascial release, soft tissue mobilization, and joint mobilization techniques were used to reduce or relieve local spasms, increase blood circulation to promote healing, and to release fibrotic adhesions within fatigued or strained muscles, thereby improving their functional capacity. A chiropractic manipulation was applied to the lumbar spine to break adhesions, and improve range of motion at specific vertebral levels. Transcutaneous neurostimulation was applied for 15 minutes to reduce pain and muscle spasm and to

increase circulation to the injured site. Mechanical traction was used to to increase flexibility, reduce pain and reduce muscle spasm.

Exercise: Recommended

Patient Instruction

Continue prescribed at home ROM exercises with heat and ice application; no more than 15 minutes each every 60 minutes. The patient tolerated treatment well and feels increased strength, range of motion and decreased pain.

Provider: Andrew Morris, D.C. 11/09/2012 01:19 PM