# WELCOME TO NORWICH

A GUIDE TO A FINE CITY



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### Welcome!



Welcome to The Chapel Outreach Norwich and our vibrant city of Norwich! We extend our warmest greetings to you, whether your visit is a brief stopover, an extended stay, or if you've decided to make Norwich your home. Your presence with us is a reason to celebrate!

In our commitment to making your experience here as pleasant as possible, we have curated a wealth of valuable information designed to assist you in acclimating to our wonderful community. Whether it's discovering a place to call home, navigating our historic streets, or grabbing a family shop, we're here to help.

As you embark on your journey in Norwich, know that you are not alone. The Chapel Outreach Norwich is not just a place of worship, but a welcoming community that embraces individuals from all walks of life. We encourage you to explore, connect, and thrive within our city and congregation.

Should you have any questions, require assistance, or simply wish to connect with like-minded individuals, please don't hesitate to reach out. Our doors are always open, and our members are eager to lend a helping hand or engage in enriching conversations with you.

Once again, welcome to The Chapel Outreach Norwich and to the vibrant area of Norwich itself. We look forward to sharing this beautiful journey with you, and we hope your time here is filled with joy, growth, and wonderful memories.

Pastor Kalu & Dcns. Dora

## **Accommodation**

'Except the Lord build the house, they labour in vain that build it: except the Lord keep the city, the watchman waketh but in vain.' - Psalm 127:1

To streamline your house-hunting process and ensure you secure your ideal accommodation, consider utilizing these helpful apps and following these essential tips for renting for the first time.

Here's a list of helpful platforms when searching for a house.

- Rightmove
- Zoopla
- Spareroom
- OnTheMarket

All you need to do is go on your app store, and download & register for the app. You can then set the filter to the postcode, number of rooms, etc. You could also check their websites, setting the filter to your desired postcode/Norwich.

Be sure to 'be on top of the matter' – the lettings market can be quite competitive. Check the platform frequently and be sure to contact the agent once you see a property you like. Follow up if you have not heard back from them.

#### Useful tips for renting for the first time:

- Try to get a viewing booked as soon as possible (and arrive early).
- If you like a property you have viewed, let the agent know immediately.
- Be clear on what comes with the house i.e., furniture, white goods (fridge/freezer/washing machine etc). Don't be afraid to ask questions and ask for clarifications.
- Confirm if you need to pay the bills or if included in the rent.
- While there may be room for negotiating the rent, this is not always advisable as the landlord may rent to someone willing to pay the listed price.

# **Transportation**

'The Lord shall preserve thy going out and thy coming in from this time forth, and even for evermore.' - Psalm 121:8

#### Walking

As you may have noticed, Norwich is very 'walking friendly'. Walking, particularly if it's a short distance journey, is a cheap (and free!) way of going from one place to the other. It is also good for both your physical and mental health. Just check out where you are off to on <u>Google Maps</u> and off you go! However, take care in winter, as it gets very cold and icy. Allow more time to get to your destination in winter and when you are going to an unfamiliar place.

#### **Bus**

The bus routes in Norwich are usually reliable and run fairly frequently. First Bus runs most of the buses in and close to Norwich.

You can download the app on your play store <u>here</u>. With the app, you can check up to date bus times, see where your bus is and add your regular stops for easy access. It is cheaper to buy a weekly/monthly ticket, depending on how often you travel. This may be a good option if you travel by bus often.

You can get a discount with your student ID or work ID if you work with the NHS or social care. Commuter travel club discount for employees can be found <a href="https://example.com/here">here</a>.

#### **Driving**

You can drive in the UK with an international driver's license for up to 1 year after moving. Following this, you will need to obtain a full UK driver's license.

#### To obtain a driving license in the UK, you generally need to follow these steps:

Apply for a Provisional License: You can apply online at <a href="https://www.gov.uk/apply-first-provisional-driving-licence">https://www.gov.uk/apply-first-provisional-driving-licence</a>. The licensing agency will send a form to you which you will need to return to them and send your BRP. The BRP will be returned soon after, however be sure to avoid sending this close to any potential travel dates.

- 2. Pass the Theory Test: You'll need to pass a theory test, which includes multiple-choice questions and a hazard perception test. You can book the theory test online <a href="here">here</a>. Book early as slots may be limited. The 'Official DVSA Theory Test Kit' can be found on your app store. It costs £4.99 and contains the information required to pass the test.
- 3. **Take Driving Lessons:** Continue taking driving lessons with an approved driving instructor. They will help you prepare for the practical driving test. Speak with a driving instructor as soon as you can as the good ones often have waiting lists.
- 4. **Pass the Practical Test:** When you feel confident in your driving skills, you can book and take the practical driving test. This test assesses your ability to drive safely and confidently.
- 5. **Apply for a Full License:** Once you pass the practical test, you can apply for a full driving license. If you've passed your test in an automatic vehicle, your license will be restricted to automatic vehicles, but if you passed in a manual vehicle, you can drive both manual and automatic cars.

#### **Taxis**

Most taxis in Norwich require you to book before you travel. Different taxi options can be found by googling 'taxis in Norwich'. Most of the companies have apps which you can download. Book your trip as early as you can taxis may not be available at peak times like weekday mornings and weekends (especially Sundays!). If you require a taxi quickly and haven't booked, there is a taxi rank in the following places:

- Outside the Railway station.
- Beside the Norwich Market, opposite Jarrolds.
- In front of Marks and Spencer on St Stephens Street.

At busy times, you may need to queue at the rank. Most of these taxis calculate price per mile, so they may be a bit pricier than the prebooked ones.

## **Education**

'And in all matters of wisdom and understanding, that the king enquired of them, he found them ten times better than all the magicians and astrologers that were in all his realm' - Daniel 1:20

Please register your children as soon as possible for school, as places can be competitive, and most schools in Norwich are close to or at full capacity.

Registering a child for school in the UK involves a few key steps. Here's a general overview:

- Compulsory education begins at age 5: Most children start school full-time in the September after their fourth birthday. This means they'll turn 5 during their first school year.
- 2. Choose a School: This will usually be based on the catchment area of your home address. More information and links to apply can be found here.

The council will inform you if your child has been offered a place. If your child is offered a place, you will need to formally accept the offer within a specified timeframe.

Schools typically ask for certain documents, such as your child's birth certificate, proof of address, and sometimes immunization records. Be prepared to submit these documents. Before your child starts school, make sure you are aware of the school's start date, uniform requirements, and any additional information provided by the school. Uniforms can be found in most big stores, more information in 'Clothing' below.

If you are not happy with the school your child has been offered, you can appeal the decision, explaining the reasons why. Please note that it is important to start the process well in advance, as admissions can be competitive, especially for popular schools. You can find information on appeals here.

# Health and Wellbeing

'But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed' – Isaiah 53:5

It is imperative that you register with a GP as soon as you can. Your GP will depend on where you live (not to worry, this can be transferred if you move). To find a GP, <u>click here</u>.

Enter your Postcode and fill an online registration form. You may need to provide proof of your address, identification, proof of your eligibility for NHS services. Anyone can access NHS services, even without these.

You will receive your NHS number by post once registered. You can make appointments with your GP for medical services, referrals to specialists, prescriptions, and more.

If you begin to feel unwell, please use these services based on the severity of your illness. Please note that 999 should only be used in an emergency.

- Ring your GP explain the symptoms, depending on what it is, you will be offered an appointment.
- 2. <u>Visit the walk-in centre</u> in the city you can attend here even if you are not registered with them.
- 3. Ring 111 for phone advice for semi urgent issues (they can also offer appointments in the walk-in centre)
- 4. Ring 999 and ask for an ambulance if someone is seriously ill or injured, and their life is at risk.

#### **Mental Wellbeing**

It is important to consciously look after your mental wellbeing. The 5 ways to wellbeing provide some simple steps which you can do every single day.

- Connect with family & friends.
- Give.
- Learn something new.
- Get active & exercise.
- Practice mindfulness, take a moment to take notice of things around you, be in the moment.

## **Groceries**

'And ye shall serve the Lord your God, and he shall bless thy bread, and thy water' – Exodus 23:25a

#### **Day to Day Groceries**

There are several grocery stores/supermarkets where you can get your grocery shopping done. In the initial stages, it is helpful to compare prices – you can find some things cheaper in some stores than others.

You can find food budget friendly in places like Aldi, Lidl, Asda. Other options are Tesco, Morrisons, Sainsbury's, Waitrose. Consider delivery if you are doing a big shop and don't drive yet. Delivery slots later in the day are usually cheaper; places like Asda can deliver for as low as £1.50. Many shops also offer 'Click and Collect' services. With these, you order online, they pack your order in store, and you just go to pick them up.

Most stores offer discounts on perishable items in the evenings; you can stock up and freeze them to save money. Look out for a yellow price label (in most stores).

#### **African Food**

There are several 'African shops' in Norwich, where you can find most (if not all) food items, spices, and condiments that you'll need when you want to eat a traditional meal that reminds you of home. They include:

- Food by Cpc in Anglia Square they deliver for free on any shop over £40.
- Spiceland on Dereham Rd.
- Mall Street Foods on Dereham Rd
- G&G farm produce offer a range of meats and some other items for (free) delivery: 07979142886.

#### Household items

Good options for discounted household items can be found in places like Quality discounts, Home bargains, B&M, 'George' at Asda. TK Maxx is a great place to find discounted big brands, gifts, and clothes.

Many stores offer free reward/loyalty cards. These are a great way to save. For example, the Tesco Clubcard will allow lower prices for some items, and you also collect points when you shop. At the end of the month, these points are converted into a voucher you can spend in store.

If you are a student, you can shop at discounted prices in many stores/restaurants. You just need to show your ID and you can get up to 20% off in some places, or more! Platforms like <u>UNiDAYS</u> (free) and <u>Student Beans</u> (free) allow you to gain many of these discounts by signing up in one place.

There are also key worker discounts in many stores/restaurants for NHS workers & health and social care workers. You can sign up for some here: <a href="https://healthservicediscounts.com/">https://healthservicediscounts.com/</a> (free) and <a href="https://www.bluelightcard.co.uk/">https://www.bluelightcard.co.uk/</a> (£4.99 for 2 years access).

#### 'Charity' Shops

We all love a good bargain, and one of the places where you can find the best is charity shops. You will find pre-loved clothes, shoes, bags, household items. Many of them also offer items that are brand new at discounted prices.

Options include, but are not limited to YMCA, Scope, Mind, BHF, Oxfam, RSPCA, EACH, Age UK, and Priscilla Bacon.

You can find very good quality used (or sometimes new) furniture in the BHF (British Heart Foundation) on Castle Meadow, just opposite Castle Mall.

You can also donate your clothes/household items to them – just take the items into the store. Smaller items usually have a drop-off area in the shop; bigger items may need to be picked up by the store. 'New-U' in Castle mall offers a swap system where you can drop-off your donations and exchange for swap points. Find more information <a href="here">here</a>.

# **Clothing**

'And why are ye anxious concerning raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin: yet I say unto you, that even Solomon in all his glory was not arrayed like one of these. But if God doth so clothe the grass of the field, which to-day is, and to-morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?' – Matthew 6:28–30

When it comes to clothing in the UK, one thing you'll quickly notice is the importance of dressing for the seasons. It's a good idea to go shopping for warm clothing and thermal wear early.

Keep an eye out for "Seasonal sales." Towards the end of summer and the start of autumn, you'll find discounts on summer clothes, and as winter wraps up and spring begins, winter gear often goes on sale. This is the perfect time to grab clothing for the upcoming season for much lower prices.

And don't forget to pay attention to the quality and material of the clothes you're buying. It's worth investing in pieces that will last and can be mixed and matched to suit different weather conditions. Don't hesitate to ask store staff for recommendations – they can know the best clothes to suit your intentions!

By staying ahead of the game and taking advantage of sales, you can stay comfy and stylish throughout the ever-changing UK seasons without burning a hole in your pocket.

## **Our Church Activities**

'Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.' – Hebrews 10:25

The address of RCCG The Chapel Outreach Norwich is <u>St Anne's Church Hall, Colman Rd, Norwich,</u> NR4 7HD.

Our services are as follows:

#### **Sunday Services**

- Sunday School: 1:00 PM
- Thanksgiving Service: First Sunday of the Month
- Special Prayer and Praise Sunday: Last Sunday of the Month

#### **Weekly Gatherings**

- Tuesday Bible Study: 7:00 PM
- Bible Feast on the Third Tuesday: 7:00PM
- Last Friday of the Month Prayer Meeting: 9PM

#### **Yearly Celebrations:**

- Annual Anniversary Celebration: July
- Christmas Party: December

#### **Fellowships:**

- Men's Fellowship
- Women's Fellowship
- Teenagers/Youth Fellowship

We also hold special men and women's programs from time to time.

# **Church Departments**

'And whatsoever ye do, do it heartily, as to the Lord, and not unto men; Knowing that of the Lord ye shall receive the reward of the inheritance: for ye serve the Lord Christ.' – Colossians 3:23–24

There are many opportunities to serve in The Chapel Outreach Norwich and we encourage you to join us! Find below a list of our church units:

- Ministry & Leadership
- Multimedia/Technical
- Prayer
- Evangelism, Publicity & Community Projects
- Youth Ministry
- Hospitality/Welfare
- Children's Ministry
- Women's Ministry
- Men's Ministry
- Administration
- Choir
- Ushering/Protocol

Think prayerfully about the unit God is leading you to join and we can't wait to serve with you! Use the link below to fill out the volunteering form:

https://forms.office.com/e/zAYwFRvLw5

## Miscellaneous

'And now I commend you to God [placing you in His protective, loving care] and [I commend you] to the word of His grace [the counsel and promises of His unmerited favor]. His grace is able to build you up and to give you the [rightful] inheritance among all those who are sanctified [that is, among those who are set apart for God's purpose—all believers]' – Acts 20:32 AMP.

- Thank you for taking the time to read through, we hope that you have found the information herein useful.
- It is our prayer that Norwich (and the United Kingdom) will be a land flowing with milk and honey for you and your family.
- We have tried to include as much as we can, but this information is not exhaustive. If you have any
  questions, please feel free to ask.

#### **Disclaimer**

The information provided is intended to offer general information and useful insights and is provided in good faith. While we strive to ensure the accuracy and relevance of the content, please be aware of the following:

- 1. **Dynamic Nature of Information:** The details herein are subject to change over time. It is essential to verify the latest information from authoritative sources.
- 2. **Personal Circumstances:** Your individual circumstances and preferences may influence the relevance of the information presented. We recommend considering your personal needs and seeking advice tailored to you.
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