## YOUR DISCOUNT, CASHBACK AND REWARD BENEFITS

WE HELP YOU UNDERSTAND **HOW YOU CAN IMPROVE** YOUR HEALTH

**WE MAKE IT CHEAPER AND EASIER** TO GET HEALTHY

**WE GIVE YOU** REWARDS THAT KEEP YOU MOTIVATED

#### UNDERSTAND YOUR HEALTH



Vitality Healthcheck through our pharmacy network<sup>1</sup>



50% off a health screen with BMI Healthcare, Nuffield Health or Bluecrest screening<sup>2</sup>



Fitness assessments at Virgin Active



#### **GET HEALTHIER**

50% off monthly gym membership fees with Virgin Active (a joining fee will apply)<sup>3</sup>



Save 50% on monthly gym fees at selected Nuffield Health Fitness & Wellbeing Clubs (a joining fee will apply)4



50% off monthly membership fees at selected David Lloyd clubs (a joining fee will apply)<sup>5</sup>



Up to 50% cash back on a bike with Evans Cycles<sup>6</sup>



50% off a pair of sports shoes with Sweatshop available in-store and online



Download our free Vitality Member app and link to your Apple Health Kit on your phone



Free mobile app, Moves Activity Diary



Up to 40% discount on selected Garmin and Polar devices<sup>7</sup>



Earn Vitality points with parkrun



Sign up to Weight Watchers Monthly Pass for six months for just £30



75% off one, two and three night Spa Stays and Spa Days at Champneys Spa Resorts<sup>8</sup>





Stop smoking programme with Allen Carr's Easyway to Stop Smoking





Get Apple Watch. Get active. Get rewarded



Get up to 25% off healthy food and free delivery\*9



Up to 25% off luxury and boutique hotels with Mr & Mrs Smith\*10



10% - 50% cash back when you shop in-store or online at LloydsPharmacy<sup>11</sup>



Up to 40% off return economy flights within the UK and Europe with British Airways (includes taxes and charges)\*12



Up to 40% off rail tickets with Eurostar\*



Get active and be rewarded with a cinema ticket every week with Cineworld or Vue\*13



Get active and be rewarded with a drink at Starbucks every week\*14



# REGISTER TODAY TO ACCESS YOUR VITALITY BENEFITS AND MORE

### How to register







MEMBER.VITALITY.CO.UK

Click to register

ANSWER A FEW QUESTIONS

Set your password

ACCESS YOUR BENEFITS
via the Partners and rewards menu

\* Only available to members with Vitality Plus.

Details correct as at September 2017. Terms and conditions apply to all Vitality partners.

- 1. The principal member can have one Vitality Healthcheck at no cost each plan year. All other adults on the plan are able to have a Vitality Healthcheck, which are available for £15 each.
- 2 To qualify for a half price health screen, employees without Vitality Plus will need to be specifically recommended to have a full health screen by a GP, or if the results of one or more of the health measurements from a Vitality Healthcheck are not in the 'green zone'.
- 3. Flexible individual monthly membership. Joining fees are up to £50 for all clubs other than Classic Collection clubs, where joining fees are up to £150. This offer does not apply to Chiswick Riverside Health and Racquet club.
- Applies to one month contracts. A joining fee of £30 applies.
- 5. A joining fee of £50 applies. Initial three month membership period and then rolling month-to-month membership. Individual Flexible Platinum membership or Individual Flexible Racquets membership at selected clubs.
- 6. Up to a maximum of £500, depending on Vitality status.
- 7. Up to 40% off a range of Garmin and Polar products. One device per adult member per plan year. P&P charges apply.
- 8. Minimum four week booking period applies. This offer does not apply to Eastwell Manor.
- 9. To qualify for free delivery, the total value of your order must be £40 or more before the Vitality discount is applied and at least 30% of your total food and drink spend must be on healthy food. A monthly spend cap applies.
- 10. Up to a maximum amount of £125 depending on Vitality status.
- 11. All employees are eligible for 10% cashback. Employees with Vitality Plus are eligible for up to 50%, subject to the online Health Review being completed. Excluding nappies, infant formula milk, prescription charges (NHS or Private), mobile phone top ups and codeine products. Subject to a maximum £50 spend per plan per calendar month.
- 12. The discount applies to return economy flights within the UK and Europe. Based on your Vitality status you could make up to a maximum of two discounted bookings per member per plan year. Subject to a minimum stay depending on the
- 13. Excludes viewings at Cineworld Leicester Square. Upgrades for special viewings, seating options and all screenings at Vue Leicester Square are available for an additional cost.
- 14. Applies to handcrafted drinks at participating stores only. Excludes Venti-sized drinks and seasonal featured drinks. Weekly drinks can be earned by regularly tracking exercise.

