



DR.MALINI GOPAL

- **Academic Profile:**

- State Matriculation topper with unbroken record of full score in English and Malayalam.
- CBSE aggregating 92% in Mathematics, Physics & Biology stream.
- Gold medalist in Biochemistry in 1<sup>st</sup> Year MBBS.
- Recipient of the prestigious **UGADI PURASKAR** award for overall excellence in multiple cultural events (given by Government of **ANDHRA PRADESH**)
- 1<sup>st</sup> Runner up for the **SARGA KALA PRATHIBHA** title.
- Editor of the first college magazine : **AGNI**.
- Headed the convocation designing committee and Arts club in MBBS.
- First class with 72% marks in final year MBBS.

- **Post MBBS Achievements:**

- Completed Diploma in Yogic Science and was awarded the **YOGA RATNA PURASKAR** at All Kerala Level.
- Completed Basic & Advanced level in NLP through Nonformal Education from world famous E-Platforms **MIND VALLEY & UDEMY**.
- Completed Level I Advanced (Upgraded Diploma )
- Fellowship in Internal Medicine & Certificate of Fellowship in Clinical Counselling from **MedVarsity with AHERC** – Asia's largest online E-Tech learning platform for MBBS students in India.

- **Career in Clinical Case Management**

- Started career as Tutor in Biochemistry, pursuing academics.
- 6 months of Clinical practice in polyclinic with average 75 daily OP & 10 IP.
- Brief residency of 3 months in Psychiatry Department at **ELITE HOSPITAL, TRICHUR**
- Worked as HOME BASED PHYSICIAN in Geriatrics for one year.

- **Career in Administration and Public health:**

- As **M.O INCHARGE**., individually handled the responsibilities of Clinical case management and Administration at the grassroot level (PHC) in **KERALA SECONDARY HEALTH SERVICES**
- Awarded Outstanding Doctor with high standard of clinical acumen and performance by a distinguished ISRO Head and Retired IAS officer.
- Participation in 4 In-service training programs including Induction, Orientation, Infectious diseases control, Immunization and Top level Administrative training in **INDIAN INSTITUTE OF GOVERNANCE BARTON HILL TRIVANDRUM**.
- Reference Dr. Abraham A (Prof. MD .Dermatology) NHS USA

- During the brief stint of service at Idukki, spearheaded integration of medical services and imparted coaching to all staff personnel bringing the colorful laurel of **“KAYA KALPA Award”** for Holistic Medical services.
- **PROJECTS:**
  - Within a brief period of 2 months pre-covid times, conducted training sessions on Gender empowerment and Adolescent Health through collaborated project of **HINDUSTAN LIFE CARE LIMITED** and Sate GOVT. Of KERALA( HEALTH & FAMILY WELFARE). Covered a record No. of 4000 School students in HS and + 2 Level.
- **WORKSHOPS/ SEMINARS**
  - 3 day workshop on Hypnotherapy and Parapsychology.
  - State level conference at **AYUSH BHARAT** In **TRICHUR** on Integrative Medicine : A Holistic Approach to Inter-disciplinary wedding of Allopathy and Allied Medical Sciences
  - State level conference on NCD control.
- **INNOVATION/TECHNOLOGY:**
  - Design of **BETTER LEARNING SCIENTIFIC TOOL AND EDUCATION PARADIGM RITHAMBARA** for Differently Abled people.
- **RESEARCH IDEA and PROPOSAL:**
  - Augmented and Virtual Reality tools for rehabilitation and management of Chronic Depression patients.
  - EMOTIONAL FREEDOM TECHNIQUE AND SHAPPIRO’S RAPID EYE BLINKING THERAPY- Combined therapy in reactive depression:

**P.S:**

Total 10 years of diversified and vast portfolio of clinical experience in my field of interest and life long passion : INTERNAL MEDICINE(Academic Diploma Level 1 cleared)

Future Plans:

Fellowship in Diabetology  
Phd. In Neuroscience.