DR.MALINI GOPAL

* **Academic Profile:**
  + State Matriculation topper with unbroken record of full score in English and Malayalam.
  + CBSE aggregating 92% in Mathematics, Physics & Biology stream.
  + Gold medalist in Biochemistry in 1st Year MBBS.
  + Recipient of the prestigious **UGADI PURASKAR** award for overall excellence in multiple cultural events (given by Government of **ANDHRA PRADESH**)
  + 1st Runner up for the **SARGA KALA PRATHIBHA** title.
  + Editor of the first college magazine : **AGNI.**
  + Headed the convocation designing committee and Arts club in MBBS.
  + First class with 72% marks in final year MBBS.
* **Post MBBS Achievements:**
  + Completed Diploma in Yogic Science and was awarded the **YOGA RATNA PURASKAR** at All Kerala Level.
  + Completed Basic & Advanced level in NLP through Nonformal Education from world famous E-Platforms **MIND VALLEY & UDEMY**.
  + Completed Level I Advanced (Upgraded Diploma )
  + Fellowship in Internal Medicine & Certificate of Fellowship in Clinical Counselling from **MedVarsity with AHERC –** Asia’s largest online E-Tech learning platform for MBBS students in India.
* **Career in Clinical Case Management** 
  + Started career as Tutor in Biochemistry, pursuing academics.
  + 6 months of Clinical practice in polyclinic with average 75 daily OP & 10 IP.
  + Brief residency of 3 months in Psychiatry Department at **ELITE HOSPITAL, TRICHUR**
  + Worked as HOME BASED PHYSICIAN in Geriatrics for one year.
* **Career in Administration and Public health:**
  + As **M.O INCHARGE**., individually handled the responsibilities of Clinical case management and Administration at the grassroot level (PHC) in **KERALA SECONDARY HEALTH SERVICES**
  + Awarded Outstanding Doctor with high standard of clinical acumen and performance by a distinguished ISRO Head and Retired IAS officer.
  + Participation in 4 In-service training programs including Induction, Orientation, Infectious diseases control, Immunization and Top level Administrative training in **INDIAN INSTITUTE OF GOVERNANCE BARTON HILL TRIVANDRUM.**
  + Reference Dr. Abraham A (Prof. MD .Dermatology) NHS USA
  + During the brief stint of service at Idukki, spearheaded integration of medical services and imparted coaching to all staff personnel bringing the colorful laurel of **“KAYA KALPA Award”** for Holistic Medical services.
* **PROJECTS:**
  + Within a brief period of 2 months pre-covid times, conducted training sessions on Gender empowerment and Adolescent Health through collaborated project of **HINDUSTAN LIFE CARE LIMITED** and Sate GOVT. Of KERALA( HEALTH & FAMILY WELFARE). Covered a record No. of 4000 School students in HS and + 2 Level.
* **WORKSHOPS/ SEMINARS**
  + 3 day workshop on Hypnotherapy and Parapsychology.
  + State level conference at **AYUSH BHARAT** In **TRICHUR** on Integrative Medicine : A Holistic Approach to Inter-disciplinary wedding of Allopathy and Allied Medical Sciences
  + State level conference on NCD control.
* **INNOVATION/TECHNOLOGY:**
  + Design of **BETTER LEARNING SCIENTIFIC TOOL AND EDUCATION PARADIGM** **RITHAMBARA** for Differently Abled people.
* **RESEARCH IDEA and PROPOSAL:**
  + Augmented and Virtual Reality tools for rehabilitation and management of Chronic Depression patients.
  + EMOTIONAL FREEDOM TECHNIQUE AND SHAPPIRO’S RAPID EYE BLINKING THERAPY- Combined therapy in reactive depression:

**P.S:**

Total 10 years of diversified and vast portfolio of clinical experience in my field of interest and life long passion : INTERNAL MEDICINE(Academic Diploma Level 1 cleared)

Future Plans:

Fellowship in Diabetology

Phd. In Neuroscience.