

DISCHARGE SUMMARY

GENERAL INFORMATION

Hospital No.: 3048235

Name : Mr Govardhan Reddy C B

Address: Thanapalli
Kuntrapakam
Thirupathi
Chittoor
Andhra Pradesh 517 561

Age : 49 Yrs

Sex : Male

Blood Group : O +ve

Date Of Admission : 23/03/15

Date Of Discharge : 02/04/15

Name of Surgeon : Dr L F Sridhar
Name of Cardiologist : Dr-Vijayachandra Reddy Y
Catheterising Cardiologist : Dr B Rajasekar
Hospital : Sri Venkateswara Institute of Medical Sciences
Date of Catheterisation : 03/03/15
Date of Surgery : 26/03/15
Diagnosis : Coronary Artery Disease
Allergy : Nil

SYMPTOMS AND HISTORY

This 49 years old gentleman, hypertensive and diabetic since 8 years, was admitted with symptoms of effort angina and with a positive stress test for further cardiac evaluation. He was evaluated elsewhere by cardiac cath and coronary angiography, which revealed single vessel disease with normal LV function (by echo). He was advised CABG surgery.

CLINICAL EXAMINATION:

On admission, he was haemodynamically stable and had a pulse rate of 78 bpm and a blood pressure of 100/80 mm Hg. Examinations of the cardiovascular and respiratory system were normal.

BASELINE INVESTIGATIONS:

X-RAY CHEST	-	Normal
ECG	-	Within normal limits
BLOOD SUGAR – F/PP (mgs%)	-	138/189
CHOLESTEROL (mgs%)	-	124
HDL (mgs%)	-	28
LDL (mgs %)	-	70
TRIGLYCERIDES (mgs%)	-	168
CHOLESTEROL : HDL	-	4.4
HBsAg	-	-ve
UREA (mgs%)	-	25
CREATININE (mgs%)	-	0.9
URIC ACID (mgs%)	-	5.2
URINE	-	Normal

PRE OP ECHO : No regional wall motion abnormality, LV normal in size, normal LV systolic function, trivial tricuspid regurgitation, no PAH. EF 69%

CARDIAC CATH - Done elsewhere

CONSULTATION REFERRALS :

1. Dr Shantharam (Diabetologist)

In view of his symptoms and angiographic findings, he was taken up for CABG surgery on 26/03/15

SURGERY INFORMATION

DATE OF SURGERY - 26/03/15

Through a limited median sternotomy on a beating heart without conventional cardio pulmonary bypass aorto coronary saphenous vein grafting to.

- Right coronary artery
- The left internal mammary artery was grafted to Left anterior descending artery

POST OP PERIOD : Uneventful

POST OP ECHO : No regional wall motion abnormality, LV normal in size, normal LV systolic function, trivial tricuspid regurgitation, no PAH, EF 67%

ADVICE ON DISCHARGE :

Diet : 1500 K cal, low fat, low cholesterol, low salt, diabetic diet.

MEDICATION: *Review at 15*

- ☒ Syp. Linctus Codeine 2 tsp twice daily whenever there is dry cough (2tsp-0-2tsp)
- ☒ Syp. Cremaffin 30 ml once daily at bedtime for 5 days
- ☒ T. Dolo 650 mg thrice daily after food for 5 days (1-1-1)
- ☒ T. Alprax 0.5 mg 1 tab. at bedtime for 5 days (0-0-1)
- ☒ T. Pantocid 40 mg twice daily 15 minutes before food for 2 weeks (1-0-1) 14/4/15
- ☒ C. Haemup once daily after food for 1 month (0-1-0)
- ☒ C. Becosules once daily after food for 1 month (0-1-0)

✓ T. Ecosprin 150 mg once daily after food till review (0-1-0)

✓ T. Clopilet 75 mg once daily after food till review (1-0-0)

✓ T. Rozavel 20 mg once daily after food till review (0-0-1)

✓ T. Nikoran 5 mg twice daily after food till review (1-0-1)

✓ T. Betaloc ⁵⁰ 25 mg twice daily after food till review (1-0-1)

✓ T. Ivabrad 5 mg twice daily after food till review (1-0-1)

✓ Inj. Novomix 6 units before breakfast

✓ T. Semireclimet 1 tab before breakfast and 1 tab. before dinner

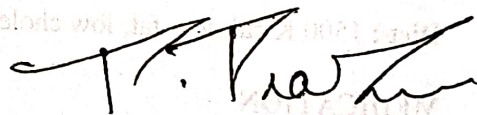
To do FBS and PPBS after 3 days and review with Dr Shantharam

Periodic monitoring of blood pressure and blood sugar and anti-hypertensives and anti-diabetics to be adjusted if necessary as advised by the Diabetologist/Physician

To come for review after 3 months with prior appointment



Dr L F Sridhar
Consultant Cardio Thoracic Surgeon
Dept. of Cardio Vascular & Thoracic Surgery



Dr Prabhakaran P
Resident

Please call emergency 04428294343, if you have any of the following symptoms :

1. You have fever $> 101.5^{\circ}\text{F}$
2. Onset of new pain or worsening of previous pain
3. Vomiting
4. Altered level of consciousness
5. Discharge from the operative wound
6. Worsening of any symptoms
7. Other significant concerns

VERIFIED
CL. PHARMACIST

A-SABANA

AP30426

Please visit our website : www.apollohospitals.com