



## Wirtinger's inequality

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**Theorem:** Let  $f: \mathbb{R} \rightarrow \mathbb{R}$  be a periodic function of period  $2\pi$ , which is continuous and has a continuous derivative throughout  $\mathbb{R}$ , and such that

$$\int_0^{2\pi} f(x) dx = 0 . \quad (1)$$

Then

$$\int_0^{2\pi} f'^2(x) dx \geq \int_0^{2\pi} f^2(x) dx \quad (2)$$

with equality if and only if  $f(x) = a \cos x + b \sin x$  for some  $a$  and  $b$  (or equivalently  $f(x) = c \sin(x + d)$  for some  $c$  and  $d$ ).

**Proof:** Since Dirichlet's conditions are met, we can write

$$f(x) = \frac{1}{2}a_0 + \sum_{n \geq 1} (a_n \sin nx + b_n \cos nx)$$

and moreover  $a_0 = 0$  by (??). By Parseval's identity,

$$\int_0^{2\pi} f^2(x) dx = \sum_{n=1}^{\infty} (a_n^2 + b_n^2)$$

and

$$\int_0^{2\pi} f'^2(x) dx = \sum_{n=1}^{\infty} n^2 (a_n^2 + b_n^2)$$

and since the summands are all  $\geq 0$ , we get (??), with equality if and only if  $a_n = b_n = 0$  for all  $n \geq 2$ .

Hurwitz used Wirtinger's inequality in his tidy 1904 proof of the isoperimetric inequality.