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proof of  $L^p$ -norm is dual to  $L^q$

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Let  $(X, \mathfrak{M}, \mu)$  be a  $\sigma$ -finite measure space and  $p, q$  be Hölder conjugates. Then, we show that a measurable function  $f: X \rightarrow \mathbb{R}$  has  $L^p$ -norm

$$\|f\|_p = \sup \{ \|fg\|_1 : g \in L^q, \|g\|_q = 1 \}. \quad (1)$$

Furthermore, if either  $p < \infty$  and  $\|f\|_p < \infty$  or  $p = 1$  then  $\mu$  is not required to be  $\sigma$ -finite.

If  $\|f\|_p = 0$  then  $f$  is zero almost everywhere, and both sides of equality (??) are zero. So, we only need to consider the case where  $\|f\|_p > 0$ .

Let  $K$  be the right hand side of equality (??). For any  $g \in L^q$  with  $\|g\|_q = 1$ , the Hölder inequality gives  $\|fg\|_1 \leq \|f\|_p$ , so  $K \leq \|f\|_p$ . Only the reverse inequality remains to be shown.

If  $1 < p < \infty$  and  $\|f\|_p < \infty$  then, setting  $g = |f|^{p-1}$  gives

$$\|g\|_q = \left( \int |f|^p d\mu \right)^{\frac{1}{q}} = \|f\|_p^{p-1} < \infty.$$

Therefore,  $g \in L^q$  and,

$$K \geq \|f(g/\|g\|_q)\|_1 = \| |f|^p \|_1 / \|g\|_q = \|f\|_p^p / \|f\|_p^{p-1} = \|f\|_p.$$

On the other hand, if  $p = 1$  so that  $q = \infty$ , then setting  $g = 1$  gives  $\|g\|_q = 1$  and

$$K \geq \|fg\|_1 = \|f\|_1.$$

So, we have shown that  $K = \|f\|_p$  when  $p < \infty$  and  $\|f\|_p < \infty$ , and when  $p = 1$ . From now on, it is assumed that the measure is  $\sigma$ -finite. Then there is a sequence  $A_n \in \mathfrak{M}$  increasing to the whole of  $X$  and such that  $\mu(A_n) < \infty$ .

Now consider the case where  $1 < p < \infty$  and  $\|f\|_p = \infty$ . Let  $f_n$  be the sequence of functions

$$f_n = 1_{A_n} 1_{|f| \leq n} f$$

then,  $|f_n| \leq |f|$  and monotone convergence gives  $\|f_n\|_p \rightarrow \|f\|_p = \infty$ . Therefore,

$$K \geq \sup \{ \|f_n g\|_1 : g \in L^q, \|g\|_q = 1 \} = \|f_n\|_p.$$

and letting  $n$  go to infinity gives  $K = \infty$ .

We finally consider  $p = \infty$ . Then, for any  $L < \|f\|_p$  there exists a set  $A \in \mathfrak{M}$  with  $\mu(A) > 0$  such that  $|f| \geq L$  on  $A$ . Also, monotone convergence gives  $\mu(A \cap A_n) \rightarrow \mu(A)$  and, therefore,  $\mu(A \cap A_n) > 0$  eventually. Replacing

$A$  by  $A \cap A_n$  if necessary, we may suppose that  $\mu(A) < \infty$ . So, setting  $g = 1_A/\mu(A)$  gives  $\|g\|_1 = 1$  and,

$$K \geq \|fg\|_1 = \int_A |f| d\mu/\mu(A) \geq L.$$

Letting  $L$  increase to  $\|f\|_p$  gives  $K \geq \|f\|_p$  as required.