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proof that normal distribution is a distribution

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$$\begin{aligned}
\int_{-\infty}^{\infty} \frac{e^{-\frac{(x-\mu)^2}{2\sigma^2}}}{\sigma\sqrt{2\pi}} dx &= \sqrt{\left(\int_{-\infty}^{\infty} \frac{e^{-\frac{(x-\mu)^2}{2\sigma^2}}}{\sigma\sqrt{2\pi}} dx\right)^2} \\
&= \sqrt{\int_{-\infty}^{\infty} \frac{e^{-\frac{(x-\mu)^2}{2\sigma^2}}}{\sigma\sqrt{2\pi}} dx \int_{-\infty}^{\infty} \frac{e^{-\frac{(y-\mu)^2}{2\sigma^2}}}{\sigma\sqrt{2\pi}} dy} \\
&= \sqrt{\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \frac{e^{-\frac{(x-\mu)^2+(y-\mu)^2}{2\sigma^2}}}{\sigma^2 2\pi} dx dy}
\end{aligned}$$

Substitute $x' = x - \mu$ and $y' = y - \mu$. Since the bounds are infinite, they do not change, and $dx' = dx$ and $dy' = dy$. Thus, we have

$$\sqrt{\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \frac{e^{-\frac{(x-\mu)^2+(y-\mu)^2}{2\sigma^2}}}{\sigma^2 2\pi} dx dy} = \sqrt{\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \frac{e^{-\frac{(x')^2+(y')^2}{2\sigma^2}}}{\sigma^2 2\pi} dx' dy'}.$$

Converting to polar coordinates, we obtain

$$\begin{aligned}
\sqrt{\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \frac{e^{-\frac{(x')^2+(y')^2}{2\sigma^2}}}{\sigma^2 2\pi} dx' dy'} &= \sqrt{\int_0^{\infty} \int_0^{2\pi} \frac{r e^{-\frac{r^2}{2\sigma^2}}}{\sigma^2 2\pi} dr d\theta} \\
&= \sqrt{\int_0^{2\pi} \frac{d\theta}{2\pi}} \sqrt{\int_0^{\infty} \frac{r e^{-\frac{r^2}{2\sigma^2}}}{\sigma^2} dr} \\
&= \sqrt{\frac{\theta}{2\pi} \Big|_0^{2\pi}} \sqrt{\frac{1}{\sigma^2} \int_0^{\infty} r e^{-\frac{r^2}{2\sigma^2}} dr} \\
&= \sqrt{\frac{2\pi}{2\pi}} \sqrt{\frac{\sigma^2}{\sigma^2} \left(-e^{-\frac{r^2}{2\sigma^2}}\right) \Big|_0^{\infty}} \\
&= \sqrt{1} \sqrt{1} \\
&= 1.
\end{aligned}$$