

# **MFront in Biomechanics: Abdominal muscle simulation.**

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# MedSim Main Objective:

- MedSim Main Objective:
- Current Projects

Muscle Simulation

Conclusions

Thanks

To work in **biomechanics** problems arising directly from **medical** professional experience



using exclusively **Open Source Software (OSS)**



# Current Projects

- MedSim Main Objective:
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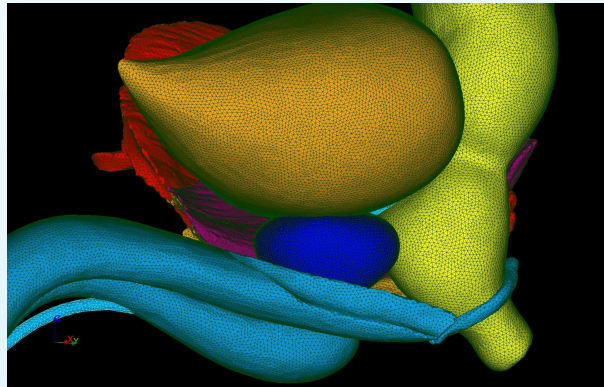
Muscle Simulation

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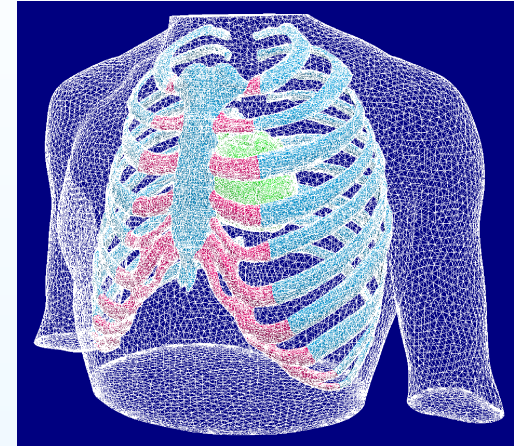
Thanks



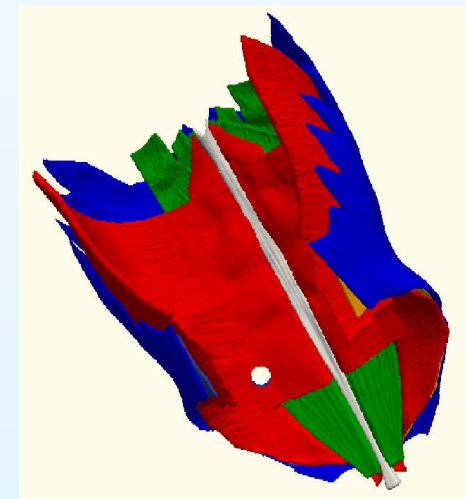
Inferior Vena Cava Filters



Dynamics of Prostatic Region



Cardiopulmonary Resuscitation



Dynamics of Abdominal Wall

# Abdominal muscle simulation

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## Muscle Simulation

- Abdominal muscle simulation

- Formulation
- Model
- Polynomial
- Jacobian
- MFront: example
- Simulations
- Stretch parallel to the fibers
- Stretch parallel and transverse to the fibers
- Results. Simulation of one full muscle.

## Conclusions

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- We propose a new transversely isotropic hyperelastic model (TIHM) for the human abdominal wall tissues.
- The novelty of our formulation is that both the isotropic and the fiber contributions to the strain energy function are characterized exclusively by polynomial convex functions.
- We studied the following abdominal wall tissues: linea alba, rectus sheath, external oblique muscle, internal oblique muscle, transversus abdominis muscle and rectus abdominis muscle.
- Our formulation, closely reproduces tensile test data for each tissue in the corresponding FE numerical simulation.

# Formulation

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Soft tissues are usually modelled as **hyperelastic materials** for which a strain energy function (SEF), also known as Helmholtz free-energy function, is used. In the case that tissue is assumed to be **slightly compressible**, the SEF is decoupled into a volumetric and an isochoric part:

$$\Psi(J, \mathbf{C}) = U(J) + \Psi_{ich}(J, \mathbf{C})$$

and the second Piola–Kirchhoff stress tensor,  $\mathbf{S}$ , is:

$$\mathbf{S} = \mathbf{S}_{vol}(J) + \mathbf{S}_{ich}(J, \mathbf{C}) = 2 \left( \frac{\partial U(J)}{\partial \mathbf{C}} \right) + 2 \left( \frac{\partial \Psi_{ich}(J, \mathbf{C})}{\partial \mathbf{C}} \right)$$

$\mathbf{C}$  denotes the right Cauchy–Green symmetric tensor, defined as  $\mathbf{C} = \mathbf{F}^T \mathbf{F}$ , where  $\mathbf{F}$  is the deformation gradient and  $J$  is the determinant of  $\mathbf{F}$ .

# Model

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In the **TIHM**, the soft tissue is assumed to be a **composite** formed by a **ground isotropic material** and one **family of fibers** which have a preferred direction,  $\mathbf{a}_0$ . In terms of the modified SEF,  $\bar{\Psi} = \bar{\Psi}(\bar{\mathbf{C}}, \mathbf{a}_0)$ , where  $\bar{\mathbf{C}} = J^{-2/3}\mathbf{C}$  is the modified right Cauchy–Green tensor

In the TIHM formulation, a fibrous tissue is modeled by decomposing the modified SEF,  $\bar{\Psi}$ , into a **ground isotropic contribution**,  $\bar{\Psi}_{iso}$ , plus a **fiber contribution**,  $\bar{\Psi}_{fib}$ :

$$\bar{\Psi}(\bar{\mathbf{C}}, \mathbf{a}_0) = \bar{\Psi}_{iso}(\bar{\mathbf{C}}) + \bar{\Psi}_{fib}(\bar{\mathbf{C}}, \mathbf{a}_0) = \\ \bar{\Psi}_{iso}(\bar{I}_1(\bar{\mathbf{C}}), \bar{I}_2(\bar{\mathbf{C}})) + \bar{\Psi}_{fib}(\bar{I}_4(\bar{\mathbf{C}}, \mathbf{a}_0), \bar{I}_5(\bar{\mathbf{C}}, \mathbf{a}_0))$$

# Polynomial

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where:

$$\bar{I}_1(\bar{\mathbf{C}}) = \text{tr}(\bar{\mathbf{C}})$$

$$\bar{I}_2(\bar{\mathbf{C}}) = \frac{1}{2} \left[ (\text{tr}(\bar{\mathbf{C}}))^2 - \text{tr}(\bar{\mathbf{C}}^2) \right]$$

$$\bar{I}_4(\bar{\mathbf{C}}, \mathbf{a}_0) = \bar{\mathbf{C}} : (\mathbf{a}_0 \otimes \mathbf{a}_0) = \mathbf{a}_0^T \cdot \bar{\mathbf{C}} \cdot \mathbf{a}_0 = \lambda^2$$

$$\bar{I}_5(\bar{\mathbf{C}}, \mathbf{a}_0) = \bar{\mathbf{C}}^2 : (\mathbf{a}_0 \otimes \mathbf{a}_0) = \mathbf{a}_0^T \cdot \bar{\mathbf{C}}^2 \cdot \mathbf{a}_0$$

We set the target on polynomial functions of the form:

$$\bar{\Psi}(\bar{\mathbf{C}}, \mathbf{a}_0) = \bar{\Psi}_{iso}(\bar{\mathbf{C}}) + \bar{\Psi}_{fib}(\bar{\mathbf{C}}, \mathbf{a}_0)$$

$$\bar{\Psi}_{iso} = C_1 (\bar{I}_1 - 3) + C_2 (\bar{I}_1 - 3)^2$$

$$\bar{\Psi}_{fib} = C_3 (\bar{I}_4 - 1)^2 + C_4 (\bar{I}_4 - 1)^4$$

# Jacobian

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The global Jacobian has to be provided in the form of the **fourth order tangent tensor**,  $\mathbb{E}$ :

$$\mathbb{E} = \mathbb{E}_{vol} + \mathbb{E}_{ich}$$

$$\mathbb{E}_{vol} = K \left( J^2 \mathbf{C}^{-1} \otimes \mathbf{C}^{-1} - (J^2 - 1) \mathbf{C}^{-1} \odot \mathbf{C}^{-1} \right)$$

$$\begin{aligned} \mathbb{E}_{ich} = & \mathbb{P}^T : \overline{\mathbb{E}} : \mathbb{P} - \frac{1}{3} J^{-2/3} (\overline{\mathbf{S}} \otimes \mathbf{C}^{-1} + \mathbf{C}^{-1} \otimes \overline{\mathbf{S}}) + \\ & + \frac{1}{3} (\overline{\mathbf{S}} : \overline{\mathbf{C}}) \left( \mathbf{C}^{-1} \odot \mathbf{C}^{-1} + \frac{1}{3} \mathbf{C}^{-1} \otimes \mathbf{C}^{-1} \right) \end{aligned}$$



# MFront: example

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$$\begin{aligned} \mathbb{P}^T : \overline{\mathbb{E}} : \mathbb{P} = & \frac{1}{9} \left( \overline{\delta}_1 \overline{I}_1^2 + \overline{\delta}_4 \overline{I}_4^2 \right) \mathbb{C}_{\otimes}^{-1} + \overline{\delta}_1 J^{-4/3} (\mathbf{I} \otimes \mathbf{I}) \\ & + \overline{\delta}_4 J^{-4/3} (\mathbf{a}_0 \otimes \mathbf{a}_0 \otimes \mathbf{a}_0 \otimes \mathbf{a}_0) \\ & - \frac{1}{3} \overline{\delta}_1 \overline{I}_1 J^{-2/3} (\mathbf{I} \otimes \mathbf{C}^{-1} + \mathbf{C}^{-1} \otimes \mathbf{I}) \\ & - \frac{1}{3} \overline{\delta}_4 \overline{I}_4 J^{-2/3} ((\mathbf{a}_0 \otimes \mathbf{a}_0) \otimes \mathbf{C}^{-1} + \mathbf{C}^{-1} \otimes (\mathbf{a}_0 \otimes \mathbf{a}_0)) \end{aligned}$$

$$\begin{aligned} & (1./9.)*(\overline{\delta}_1*\overline{I}_1*\overline{I}_1+\overline{\delta}_4*\overline{I}_4*\overline{I}_4)*\mathbb{C}_{\otimes}^{-1}+ \\ & (\overline{\delta}_1*J^{-2/3}*J^{-2/3})*(\text{Stensor}::\text{Id}()\wedge\text{Stensor}::\text{Id}()) \\ & +(\overline{\delta}_4*J^{-2/3}*J^{-2/3})*(\mathbf{A}_0\wedge\mathbf{A}_0) \\ & -(1./3.)*(\overline{\delta}_1*\overline{I}_1*J^{-2/3})*(\text{Stensor}::\text{Id}()\wedge\mathbf{C}^{-1} \\ & +\mathbf{C}^{-1}\wedge\text{Stensor}::\text{Id}()) \\ & -(1./3.)*(\overline{\delta}_4*\overline{I}_4*J^{-2/3})*(\mathbf{A}_0\wedge\mathbf{C}^{-1}+\mathbf{C}^{-1}\wedge\mathbf{A}_0) \end{aligned}$$

# Simulations

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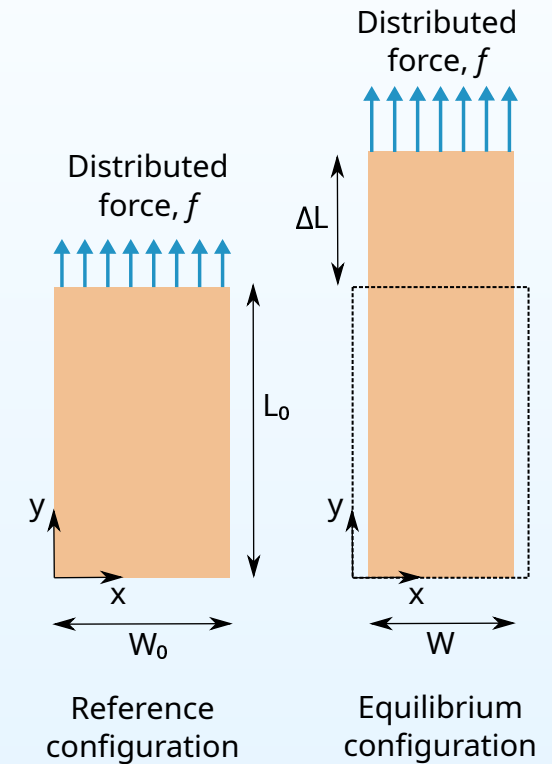
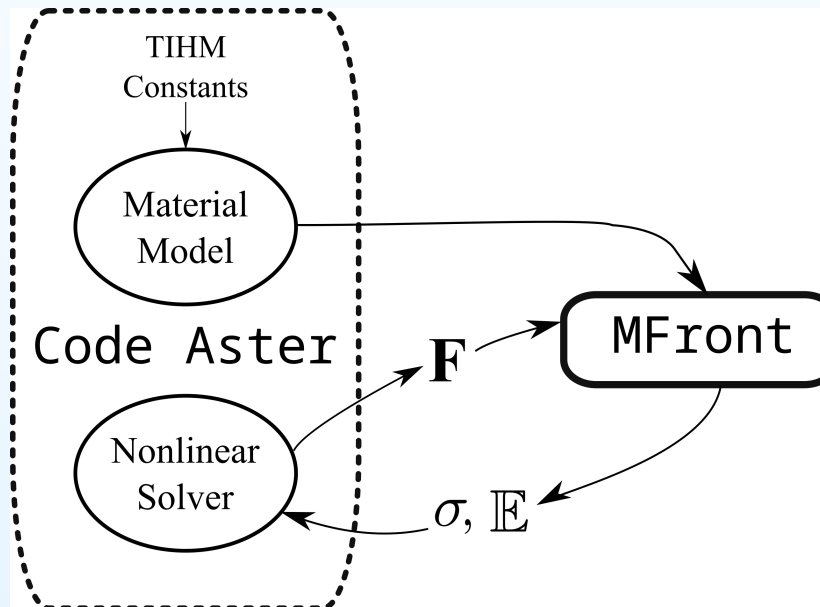
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First simulations are done for a brick-shaped sample:



# Stretch parallel to the fibers

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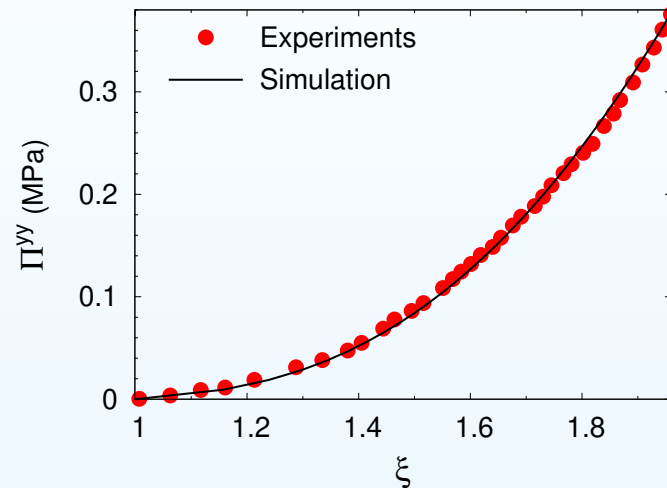
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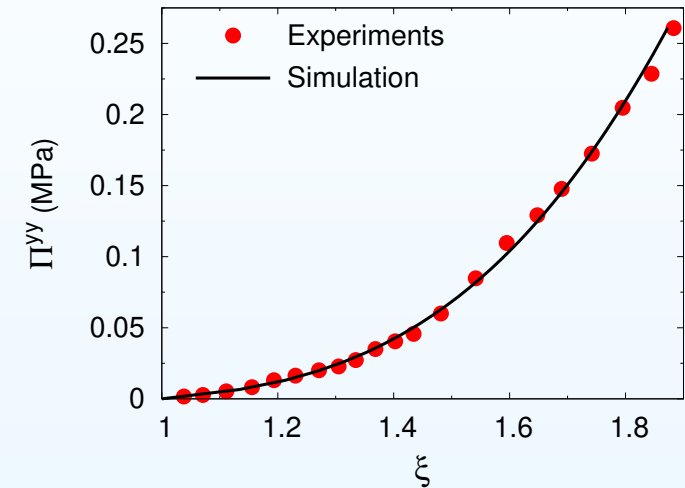
## Conclusions

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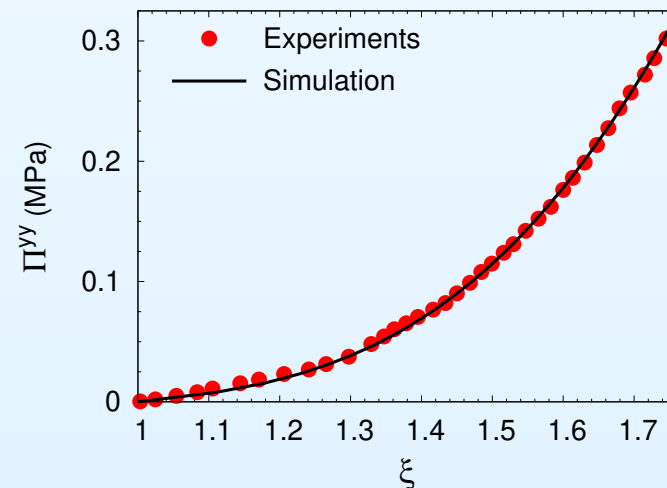
(a) Transverse muscle



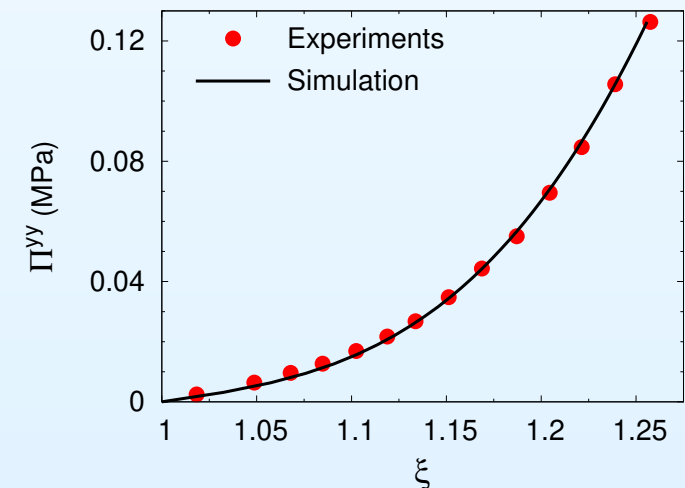
(b) External oblique muscle



(c) Internal oblique muscle



(d) Rectus abdominalis muscle



# Stretch parallel and transverse to the fibers

## MedSim Main

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## Abdominal muscle simulation

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## Simulations

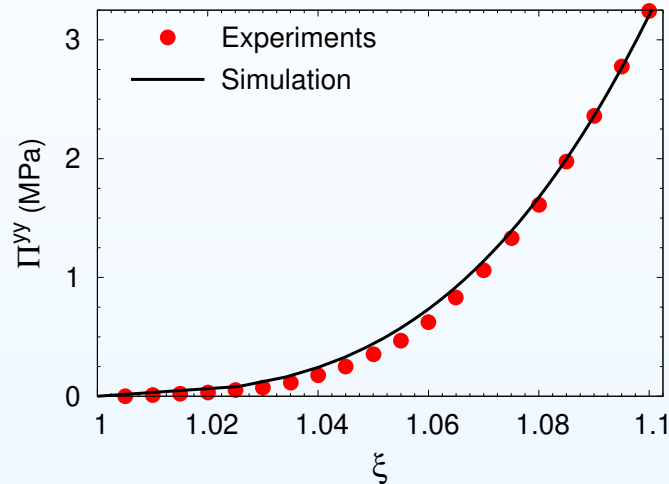
## Stretch parallel and transverse to the fibers

## Results. Simulation of one full muscle.

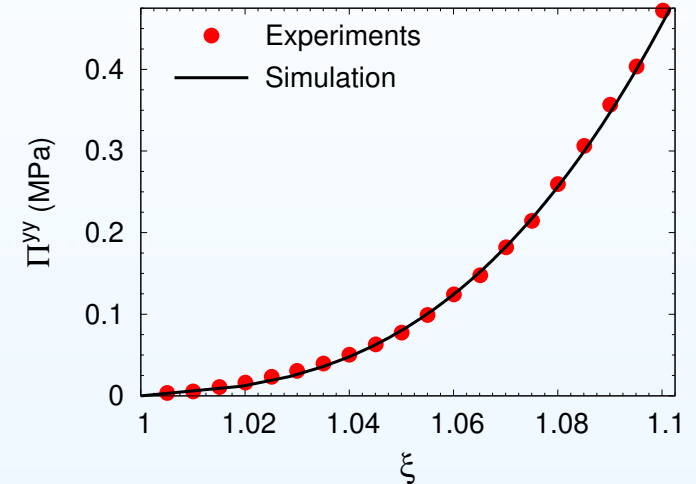
## Conclusions

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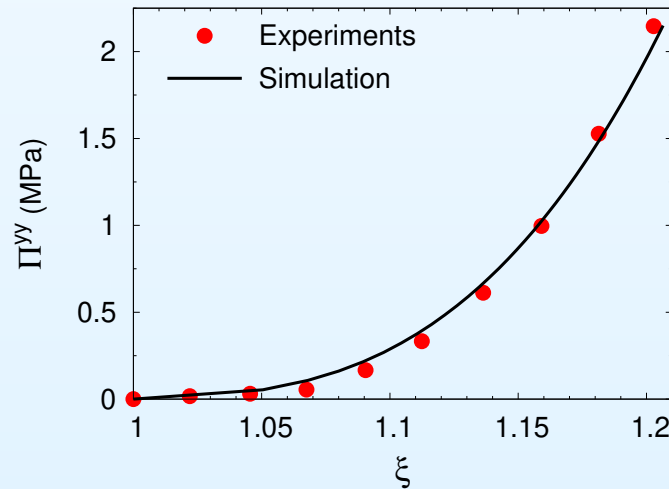
(a) Linea Alba parallel



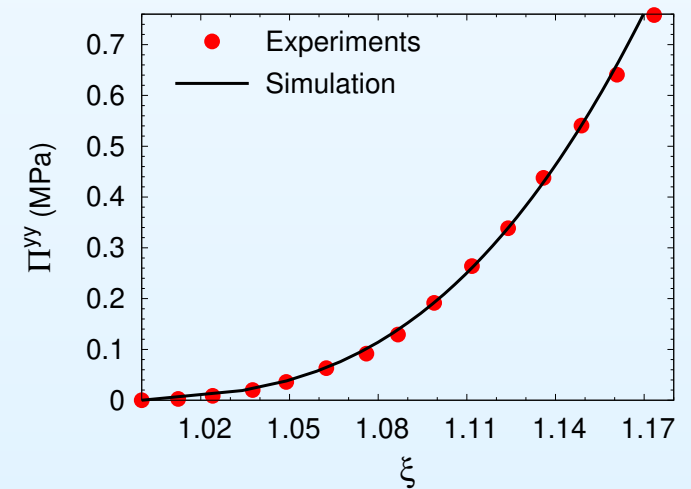
(b) Linea Alba transverse



(a) Rectus sheath parallel



(d) Rectus sheath transverse



# Results. Simulation of one full muscle.

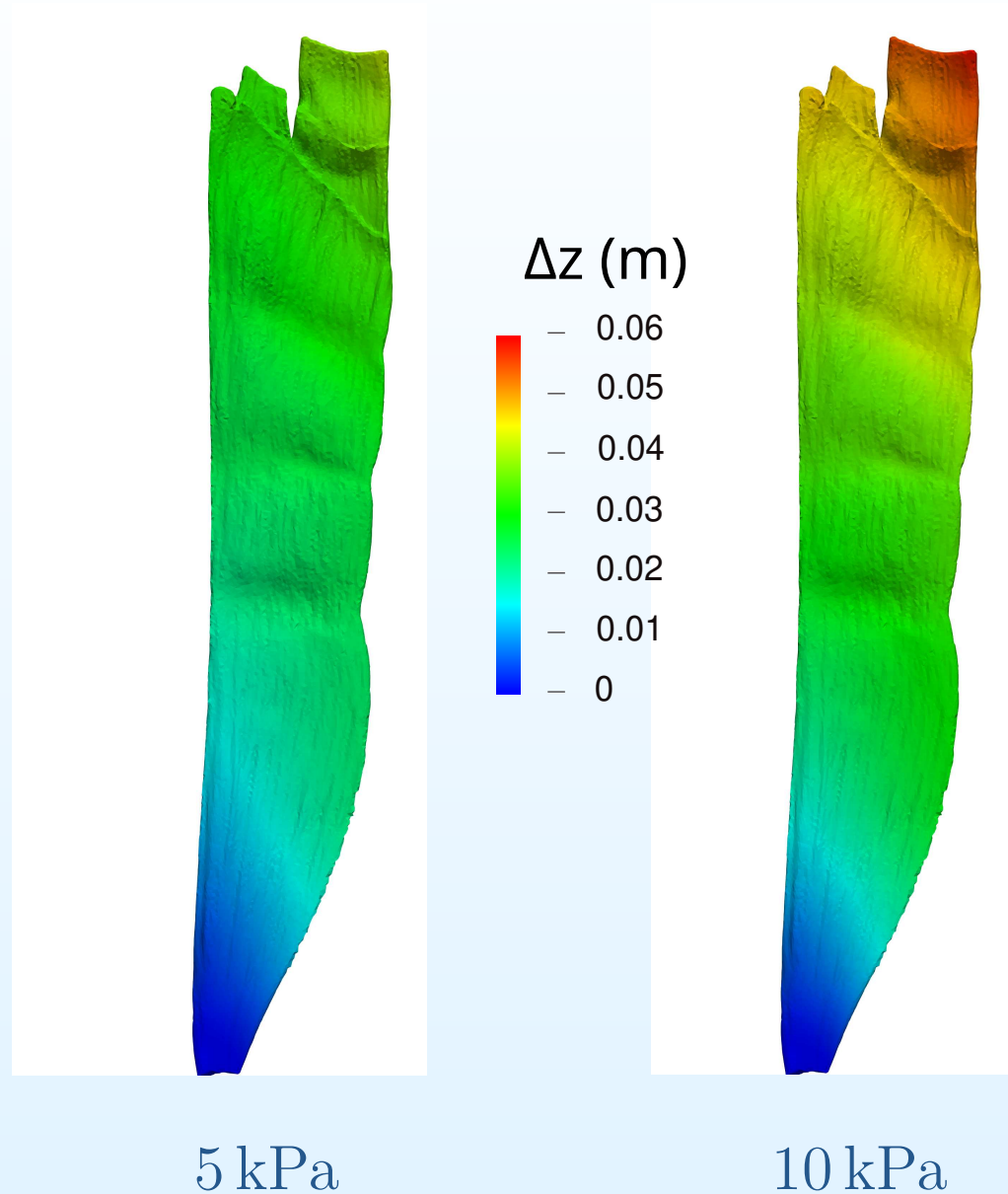
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# Conclusions

- The methodology implemented in the present study can be easily extended in the future to develop and implement a **TIHM for active muscles and/or a different type of constitutive model** which might be suitable to characterize other tissues of biomedical interest.
- The **new TIHM formulation is suitable** for a future numerical investigation of the abdominal wall, which will in turn help us to assess the best zone to **practice a colostomy**.
- **MFront** is a well suited tool to provide answers to very diverse kind of problems that arise in biomechanics.

See: *Implementation of a new constitutive model for abdominal muscles*. Ll. Tuset, G. Fortuny, J. Herrero, D. Puigjaner, J. M. López. *Computer Methods and Programs in Biomedicine*. 179, October 2019

# Thanks!

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- Thanks!

We want to emphasize especially that this work has been possible thanks to the versatility of MFront.

and ... thank you very much for your attention.



Contact us: [gerard.fortuny@urv.cat](mailto:gerard.fortuny@urv.cat), [josep.m.lopez@urv.cat](mailto:josep.m.lopez@urv.cat)

# Stomas.

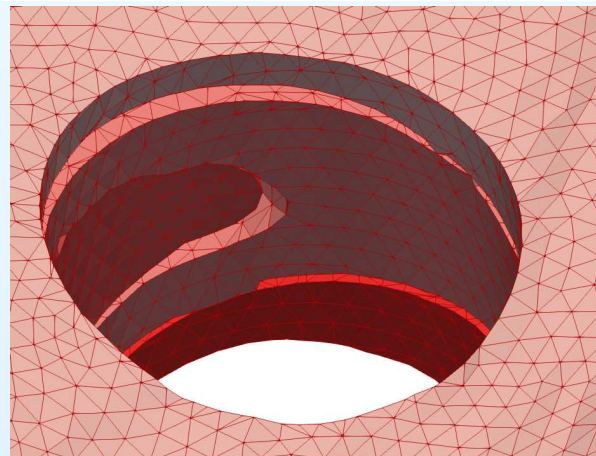
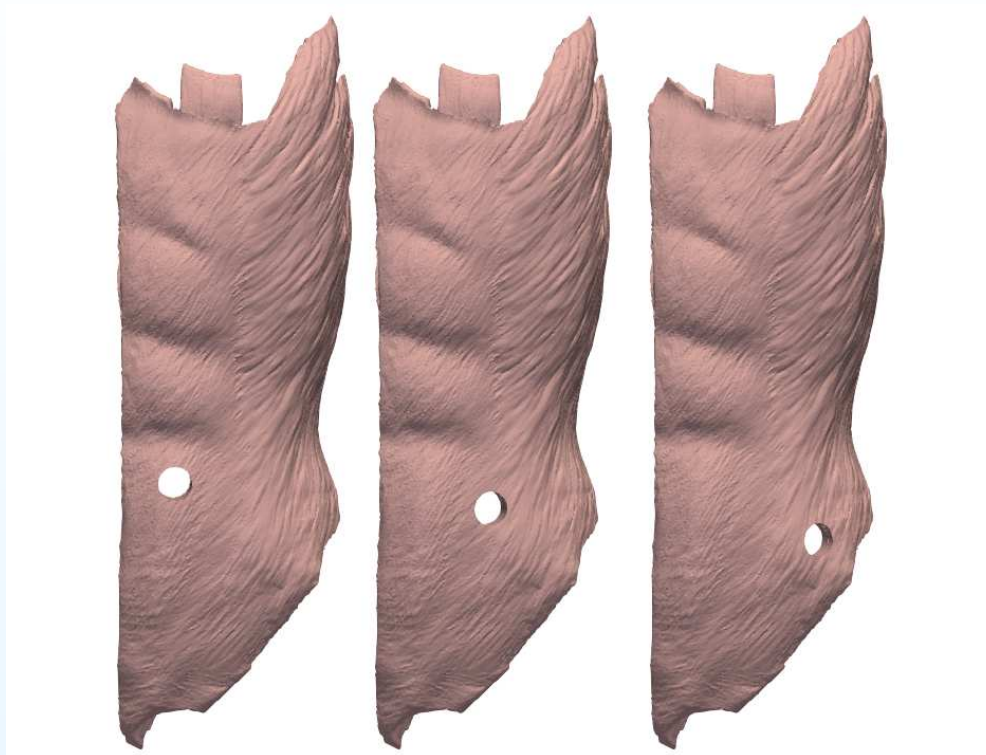
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# Pseudocode

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#	Variables	Equations	MFront expression
1	Real $J$	$\det(\mathbf{F})$	<code>det(F1)</code>
2	Stensor $\mathbf{C}$	$\mathbf{F}^T \mathbf{F}$	<code>computeRightCauchyGreenTensor(F1)</code>
3	Stensor $\mathbf{C}^{-1}$		<code>invert(C)</code>
4	Real $J^{-2/3}$		<code>pow(J, -2./3.)</code>
5	Stensor $\bar{\mathbf{C}}$	$J^{-2/3} \mathbf{C}$	<code>(J<sup>-2/3</sup>)*C</code>
6	Stensor $\mathbf{A}_0$	$\mathbf{a}_0 \otimes \mathbf{a}_0$	<code>buildFromVectorDiadicProduct(a0)</code>
7	Real $\bar{I}_1$	(12)	<code>trace(C)</code>
8	Real $\bar{I}_4$	(14)	<code>C A0</code>
9	Real $\bar{\gamma}_1$	(22)	<code>2*C1+4*C2*(I1-3)</code>
10	Real $\bar{\gamma}_4$	(23)	<code>4*C3*(I4-1)+8*C4*pow(I4-1,3)</code>
11	Real $\bar{\delta}_1$	(33)	<code>4*C2</code>
12	Real $\bar{\delta}_4$	(34)	<code>4*C3+24*C4*(I4-1)*(I4-1)</code>
13	Stensor $\bar{\mathbf{S}}$	(21)	<code>gamma1*Stensor::Id()+gamma4*A0</code>
14	Stensor $\mathbf{S}_{ich}$	(5)	<code>(J<sup>-2/3</sup>)*(S-(S C)/3*C<sup>-1</sup>)</code>
15	Stensor $\mathbf{S}_{vol}$	(19)	<code>K*(J*J-1)*C<sup>-1</sup></code>
16	Stensor $\sigma$	(2), (37)	<code>convertSecondPiolaKirchhoffStress toCauchyStress(Svol+Sich,F1)</code>
17	Stensor4 $\mathbf{C}^{-1} \otimes \mathbf{C}^{-1}$	$\mathbf{C}^{-1} \otimes \mathbf{C}^{-1}$	<code>C<sup>-1</sup> ^ C<sup>-1</sup></code>
18	Stensor4 $\mathbf{C}^{-1} \odot \mathbf{C}^{-1}$	(35)	<code>circledot(C<sup>-1</sup>)</code>
19	Stensor4 $\mathbb{E}_{vol}$	(31)	<code>K*J*J*C<sup>-1</sup> - K*(J*J-1)*C<sup>-1</sup></code>
20	Stensor4 $\bar{\mathbb{E}}$	(32)	<code>delta1*(Stensor::Id() ^ Stensor::Id()) + delta4*(A0 ^ A0)</code>
21	Stensor4 $\mathbb{P}$	(7)	<code>(J<sup>-2/3</sup>)*(Stensor4::Id() - (1./3.)*(C ^ C<sup>-1</sup>))</code>
22	Stensor4 $\mathbb{P}^T$		<code>(J<sup>-2/3</sup>)*(Stensor4::Id() - (1./3.)*(C<sup>-1</sup> ^ C))</code>
23	Stensor4 $\mathbb{E}_{ich}$	(29)	<code>P<sup>T</sup>*E*P - (1./3.)*(J<sup>-2/3</sup>)*(S ^ C<sup>-1</sup> + C<sup>-1</sup> ^ S) + (1./3.)*(S C)*(C<sup>-1</sup> + (1./3.)*C<sup>-1</sup>)</code>
24	Stensor4 $\mathbb{E}$	(27)	<code>Evol + Eich</code>

# Results. Simulation of one **full muscle**.

Vertical ( $z$ ) component of the **predicted deformation** on the surface of the right RA muscle. The 3D mesh used in this simulation, consisting of 310 497 tetrahedra, was generated from a surface mesh consisting of 65 188 triangles. The dimensions of the bounding box surrounding the right RA model are  $0.0762 \text{ m} \times 0.0727 \text{ m}$  in the  $x - y$  (horizontal) plane and  $0.394 \text{ m}$  in the  $z$  (vertical) direction. The boundary conditions in these simulations were roughly equivalent to the ones prescribed earlier for the rectangular tissue sample; that is, the right RA model was fixed at the bottom edge ( $\Delta z = 0$ ) and a uniform stress load of either (a)  $5 \text{ kPa}$  (left) or (b)  $10 \text{ kPa}$  (right) was applied to the upper edge boundaries. The muscle fibers were assumed to be initially aligned with the  $z - \text{axis}$ .

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