

# Meta-analysis based on Sisks et al. (2018) - V.2

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```
# Load packages
library(tidyverse)

## -- Attaching packages ----- tidyverse 1.3.0 --
## v ggplot2 3.3.5      v purrr  0.3.4
## v tibble  3.0.4      v dplyr  1.0.2
## v tidyr   1.1.2      v stringr 1.4.0
## v readr   1.4.0      v forcats 0.5.0

## -- Conflicts ----- tidyverse_conflicts() --
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()    masks stats::lag()

library(meta)

## Warning: package 'meta' was built under R version 4.0.5
## Loading 'meta' package (version 5.2-0).
## Type 'help(meta)' for a brief overview.
## Readers of 'Meta-Analysis with R (Use R!)' should install
## older version of 'meta' package: https://tinyurl.com/dt4y5drs

library(metafor)

## Loading required package: Matrix
##
## Attaching package: 'Matrix'
##
## The following objects are masked from 'package:tidyr':
##
##     expand, pack, unpack
##
## Loading the 'metafor' package (version 3.0-2). For an
## introduction to the package please type: help(metafor)

library(readxl)
```

```
# Import data  
df1 <- read_excel('data/mindset.xlsx', sheet = 'Meta-analysis 1')
```

## Data cleaning

```
# Glimpse data
glimpse(df1)

## Rows: 273
## Columns: 35
## $ `Document #`      <dbl> 1, 2, 2, 2, 3, 3, 3, 3, 4, 5, 6...
## $ `Study #`         <dbl> 1, 2, 2, 2, 3, 3, 3, 3, 4, 5, 6...
## $ `Sample #`        <dbl> 1, 2, 3, 4, 5, 163, 164, 165, 6...
## $ `Sample Country`  <chr> "Indonesia", "USA", "USA", "USA...
## $ `ES #`            <dbl> 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, ...
## $ Reference         <chr> "Adatitomo (2015)", "Bagley (20...
## $ N                 <dbl> 123, 400, 1019, 710, 250, 272, ...
## $ `Adjusted N`      <dbl> 123.000000, 400.000000, 1019.00...
## $ `Student Description` <chr> "second semester university stu...
## $ `School Level`     <chr> "post-secondary", "post-seconda...
## $ `Development Stage` <chr> "Adults", "Adults", "Adults", "...
## $ `Risk status`      <chr> "low", "moderate", "moderate", ...
## $ SES                <chr> "not reported", "not reported",...
## $ `MS Measure`       <chr> "Mindset about intelligence", "...
## $ `MS Measure Description` <chr> "6 items, 3 growth and 3 fixed ...
## $ `Mindset Type`     <chr> "Intelligence", "Personal attri...
## $ `Achievement Measure Description` <chr> "Statistics final exam grade", ...
## $ `Academic Achievement Measure Type` <chr> "Course exam", "Course grade", ...
## $ `Lab-based`        <chr> "no", "no", "no", "no", "no", "...
## $ Published          <chr> "yes", "no", "no", "no", "no", ...
## $ `ES type`          <chr> "continuous", "continuous", "co...
## $ Calculation        <chr> "Pearson's r", "sqrt of bivaria...
## $ Variance           <dbl> 0.0079425749, 0.0024188215, 0.0...
## $ `Adjusted Variance` <dbl> 0.0079425749, 0.0024188215, 0.0...
## $ `Significant?`     <chr> "N", "Y", "Y", "Y", "Y", "Y", "...
## $ r                 <dbl> -0.12500000, 0.13266499, 0.1972...
## $ `Growth M`         <dbl> NA, NA, NA, NA, NA, NA, NA, NA,...
## $ `Growth SD`        <dbl> NA, NA, NA, NA, NA, NA, NA, NA,...
## $ `Other M`          <dbl> NA, NA, NA, NA, NA, NA, NA, NA,...
## $ `Other SD`         <dbl> NA, NA, NA, NA, NA, NA, NA, NA,...
## $ `Cohen's d`        <dbl> NA, NA, NA, NA, NA, NA, NA, NA,...
## $ rpb               <dbl> NA, NA, NA, NA, NA, NA, NA, NA,...
## $ rb                <dbl> NA, NA, NA, NA, NA, NA, NA, NA,...
## $ `Calculated r`     <dbl> NA, NA, NA, NA, NA, NA, NA, NA,...
## $ Notes              <chr> "the authors of the study also ...

# Rename columns
df2 <- rename(df1,
  document_id = 'Document #',
  study_id = 'Study #',
  sample_id = 'Sample #',
  sample_country = 'Sample Country',
  es_id = 'ES #',
  reference = 'Reference',
  n = N,
  adjusted_n = 'Adjusted N',
  student_description = 'Student Description',
```

```

school_level = 'School Level',
development_stage = 'Development Stage',
risk_status = 'Risk status',
ses = SES,
ms_measure = 'MS Measure',
ms_measure_description = 'MS Measure Description',
mindset_type = 'Mindset Type',
achievement_measure_description = 'Achievement Measure Description',
academic_achievement_measure_type = 'Academic Achievement Measure Type',
lab_based = 'Lab-based',
published = 'Published',
es_type = 'ES type',
calculation = 'Calculation',
variance = 'Variance',
adjusted_variance = 'Adjusted Variance',
is_significant = 'Significant?',
growth_m = 'Growth M',
growth_sd = 'Growth SD',
other_m = 'Other M',
other_sd = 'Other SD',
cohen_d = "Cohen's d",
calculated_r = 'Calculated r',
notes = Notes)

```

```

# Check that variable types is correct
glimpse(df2)

```

```

## Rows: 273
## Columns: 35
## $ document_id      <dbl> 1, 2, 2, 2, 3, 3, 3, 3, 4, 5, 6, ...
## $ study_id         <dbl> 1, 2, 2, 2, 3, 3, 3, 3, 4, 5, 6, ...
## $ sample_id        <dbl> 1, 2, 3, 4, 5, 163, 164, 165, 6, ...
## $ sample_country   <chr> "Indonesia", "USA", "USA", "USA",...
## $ es_id            <dbl> 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11...
## $ reference        <chr> "Adatitomo (2015)", "Bagley (2016...
## $ n                <dbl> 123, 400, 1019, 710, 250, 272, 27...
## $ adjusted_n       <dbl> 123.000000, 400.000000, 1019.0000...
## $ student_description <chr> "second semester university stude...
## $ school_level     <chr> "post-secondary", "post-secondary...
## $ development_stage <chr> "Adults", "Adults", "Adults", "Ad...
## $ risk_status      <chr> "low", "moderate", "moderate", "m...
## $ ses              <chr> "not reported", "not reported", "...
## $ ms_measure       <chr> "Mindset about intelligence", "Dw...
## $ ms_measure_description <chr> "6 items, 3 growth and 3 fixed fr...
## $ mindset_type     <chr> "Intelligence", "Personal attribu...
## $ achievement_measure_description <chr> "Statistics final exam grade", "D...
## $ academic_achievement_measure_type <chr> "Course exam", "Course grade", "C...
## $ lab_based        <chr> "no", "no", "no", "no", "no", "no...
## $ published        <chr> "yes", "no", "no", "no", "no", "n...
## $ es_type          <chr> "continuous", "continuous", "cont...
## $ calculation      <chr> "Pearson's r", "sqrt of bivariate...
## $ variance         <dbl> 0.0079425749, 0.0024188215, 0.000...
## $ adjusted_variance <dbl> 0.0079425749, 0.0024188215, 0.000...

```

```
## $ is_significant      <chr> "N", "Y", "Y", "Y", "Y", "Y", "Y"...
## $ r                   <dbl> -0.12500000, 0.13266499, 0.197230...
## $ growth_m            <dbl> NA, NA, NA, NA, NA, NA, NA, NA, N...
## $ growth_sd           <dbl> NA, NA, NA, NA, NA, NA, NA, NA, N...
## $ other_m             <dbl> NA, NA, NA, NA, NA, NA, NA, NA, N...
## $ other_sd            <dbl> NA, NA, NA, NA, NA, NA, NA, NA, N...
## $ cohen_d             <dbl> NA, NA, NA, NA, NA, NA, NA, NA, N...
## $ rpb                 <dbl> NA, NA, NA, NA, NA, NA, NA, NA, N...
## $ rb                  <dbl> NA, NA, NA, NA, NA, NA, NA, NA, N...
## $ calculated_r        <dbl> NA, NA, NA, NA, NA, NA, NA, NA, N...
## $ notes               <chr> "the authors of the study also me...
```

```
# Change school_level from character to factor
df2$school_level <- as.factor(df2$school_level)
levels(df2$school_level)
```

```
## [1] "elementary, middle and high"
## [2] "graduate"
## [3] "middle"
## [4] "middle and secondary"
## [5] "middle and secondary (mostly secondary)"
## [6] "post-secondary"
## [7] "primary"
## [8] "primary and middle"
## [9] "secondary"
## [10] "vocational courses"
```

```
# Change development_stage from character to factor
df2$development_stage <- as.factor(df2$development_stage)
levels(df2$development_stage)
```

```
## [1] "Adolescents" "Adults"      "Children"      "Wide range"  "Wide Range"
```

```
# Convert all "Wide range" level to "Wide Range"
df2$development_stage <- recode_factor(df2$development_stage,
                                       'Wide range' = 'Wide Range')
levels(df2$development_stage)
```

```
## [1] "Wide Range" "Adolescents" "Adults"      "Children"
```

```
# Change risk_status from character to factor
df2$risk_status <- as.factor(df2$risk_status)
levels(df2$risk_status)
```

```
## [1] "."      "high"   "low"    "moderate"
```

```
## Note: The category '.' applies to 4 rows
## These are studies from which it was not possible to determine the risk status
## df2 %>%
##   filter(risk_status == '.')
```

```
# Change ses from character to factor
df2$ses <- as.factor(df2$ses)
levels(df2$ses)
```

```
## [1] "low SES"      "not low"      "not reported"
```

```

# Change mindset_type from character to factor
df2$mindset_type <- as.factor(df2$mindset_type)
levels(df2$mindset_type)

## [1] "Ability"
## [2] "Ability and Intelligence"
## [3] "Ability and Performance"
## [4] "Ability to learn"
## [5] "Art Ability"
## [6] "Biology Ability"
## [7] "English Ability"
## [8] "Intelligence"
## [9] "Intelligence and Reading Ability"
## [10] "Intelligence and Talent"
## [11] "Intelligence, Math Ability, and Effort"
## [12] "Math ability"
## [13] "Math Ability"
## [14] "Math intelligence"
## [15] "Math Intelligence"
## [16] "Performance and Intelligence"
## [17] "Personal attributes"
## [18] "Personality"
## [19] "Physics Intelligence"
## [20] "Reading Ability"
## [21] "School Ability"
## [22] "Science ability"
## [23] "Science Ability"
## [24] "Talent for School"
## [25] "Verbal Intelligence"

# Change academic_achievement_measure_type from character to factor
df2$academic_achievement_measure_type <- as.factor(df2$academic_achievement_measure_type)
levels(df2$academic_achievement_measure_type)

## [1] "Course exam"          "Course grade"          "GPA"
## [4] "Standardized test"

# Change lab_based from character to factor
df2$lab_based <- as.factor(df2$lab_based)
levels(df2$lab_based)

## [1] "no" "yes"

# Change published from character to factor
df2$published <- as.factor(df2$published)
levels(df2$published)

## [1] "no" "yes"

# Change es_type from character to factor
df2$es_type <- as.factor(df2$es_type)
levels(df2$es_type)

## [1] "categorical" "continuous"

# Change is_significant from character to factor
df2$is_significant <- as.factor(df2$is_significant)

```

```
levels(df2$is_significant)
```

```
## [1] "N" "Y"
```

## Meta-analysis 1: Random-effects model (REM)

Other notes: REML to estimate tau, no hakn correction.

```
# Create dataframe for metafor:  
# Calculate r-to-z transformed correlations and corresponding sampling variances  
df3 <- escalc(measure="ZCOR", ri=r, ni=n, data=df2)
```

```
# REM of the transformed correlations  
meta1 <- rma (yi = yi,  
              vi = vi,  
              measure = 'ZCOR',  
              data = df3)
```

```
meta1
```

```
##  
## Random-Effects Model (k = 273; tau^2 estimator: REML)  
##  
## tau^2 (estimated amount of total heterogeneity): 0.0187 (SE = 0.0023)  
## tau (square root of estimated tau^2 value):      0.1369  
## I^2 (total heterogeneity / total variability):   95.68%  
## H^2 (total variability / sampling variability):  23.13  
##  
## Test for Heterogeneity:  
## Q(df = 272) = 8958.2395, p-val < .0001  
##  
## Model Results:  
##  
## estimate      se      zval      pval      ci.lb      ci.ub  
##    0.1071    0.0103  10.4110  <.0001   0.0869   0.1272   ***  
##  
## ---  
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

### Pooled effect size

- Number of studies = 273
- estimate = 0.1071, with 95% CI [0.0869, 0.1272], z = 10.4110 and p-value <.0001. **Question: Is the estimate a Pearson correlation or Fisher's z?**

```
# Transform from z to r and see if the values you obtain make sense:  
transf.ztor(0.1071)
```

```
## [1] 0.1066924
```

```
transf.ztor(0.0869)
```

```
## [1] 0.08668191
```

```
transf.ztor(0.1272)
```

```
## [1] 0.1265184
```

```
# From examples: https://wviechthb.github.io/metadat/reference/dat.molloy2014.html
```

```
# Documentation: predict.rma
```

```
## returns the estimated (average) outcome in the hypothetical population of studies from which the set
```

```
predict(meta1, digits=3, transf=transf.ztor)
```



```
##  
##   pred ci.lb ci.ub  pi.lb pi.ub  
## 0.107 0.087 0.127 -0.161 0.359
```

- When transforming, the values that I obtain do make sense. The transformed values align with the values from the output of meta, which I know that they are already back-transformed. So, I guess I need to use the transformed values:
- estimate = 0.107, with 95% CI [0.087, 0.127]
- The prediction interval ranges is  $r = [-0.161, 0.359]$ . This means that it is possible that some future studies will find a negative correlation between mindset and academic achievement based on the present evidence. But the interval spans also over to a substantial positive effect.

## Analysis of between-studies heterogeneity

- Cochran's Q: If there was no heterogeneity this statistics should be distributed as a  $\chi^2$  distribution with 272 degrees of freedom. In our meta-analysis  $Q = 8958.24$  with  $p < .0001$ . We reject the null hypothesis of homogeneity. There is evidence for heterogeneity.

```
# Obtain confidence interval for tau^2, I^2, H
# Interval for tau^2 is obtained iteratively either via the Q-profile method or via the generalized Q-s
# The square root of the inter- val bounds is also returned for easier interpretation.
# Confidence intervals for I2 and H2 are also provided (Higgins & Thompson, 2002). Since I2 and H2 are
confint.rma.uni(meta1)
```

```
##
##      estimate   ci.lb   ci.ub
## tau^2    0.0187  0.0164  0.0284
## tau      0.1369  0.1279  0.1685
## I^2(%)   95.6770 95.0769 97.1034
## H^2      23.1320 20.3122 34.5233
```

- $I^2 = 95.68$  (95%CI:95.08 - 97.10%), meaning that about 96% of the variability in effect sizes is due between-study heterogeneity. This can be considered substantial heterogeneity (according to Thomppson's rule of thumb).
- $H^2$  is 23.13. Values greater than 1 indicate heterogeneity.
- $\tau^2$ , the between-study variance, is 0.0187 with 95% confidence interval [0.016, 0.0284], which does not include zero. Indicates heterogeneity. The confidence interval for  $\tau^2$  was calculated based on the Q-profile method or the generalized Q-statistic method.
- $\tau$ , is the 'standard deviation of the true effect size and [...] it tells us something about the range of the true effect sizes. The true effect sizes have an estimated standard deviation of  $SD = 0.1369$  expressed on the scale of (**Question: Pearson correlation or Fisher's Z?**)