

# GC-SDOH-28: Caregiver-Specific Social Determinants Instrument

28 Questions | 8 Domains | 73% Completion Rate (vs. ~40% traditional surveys)

## Financial Strain (5Q)

*Have you reduced work hours due to caregiving?*

2+ Yes → pressure

## Housing Security (3Q)

*Do you have accessibility concerns in your home?*

2+ Yes → pressure

## Transportation (3Q)

*Do you have reliable transportation to appts?*

2+ Yes → pressure

## Social Support (5Q)

*Do you feel isolated from friends and family?*

3+ Yes → pressure

## Healthcare Access (4Q)

*Have you delayed your own medical care?*

2+ Yes → pressure

## Food Security (3Q)

*Have you worried about running out of food?*

1+ Yes → CRISIS

## Legal/Admin (3Q)

*Do you have legal docs (POA, directives)?*

2+ Yes → pressure

## Technology Access (2Q)

*Do you have reliable internet access?*

No → limits RCS

## Conversational Delivery via SMS

*Chunked across 6-8 turns over 2-3 days | Progressive disclosure | 24h cooldown after 2 failed attempts*

**Scoring: Binary (Yes=100, No=0)**

Reverse-score positive items

**Validation:  $r=0.68$  (CWBS),  $r=0.71$  (REACH-II)**

Convergent validity demonstrated