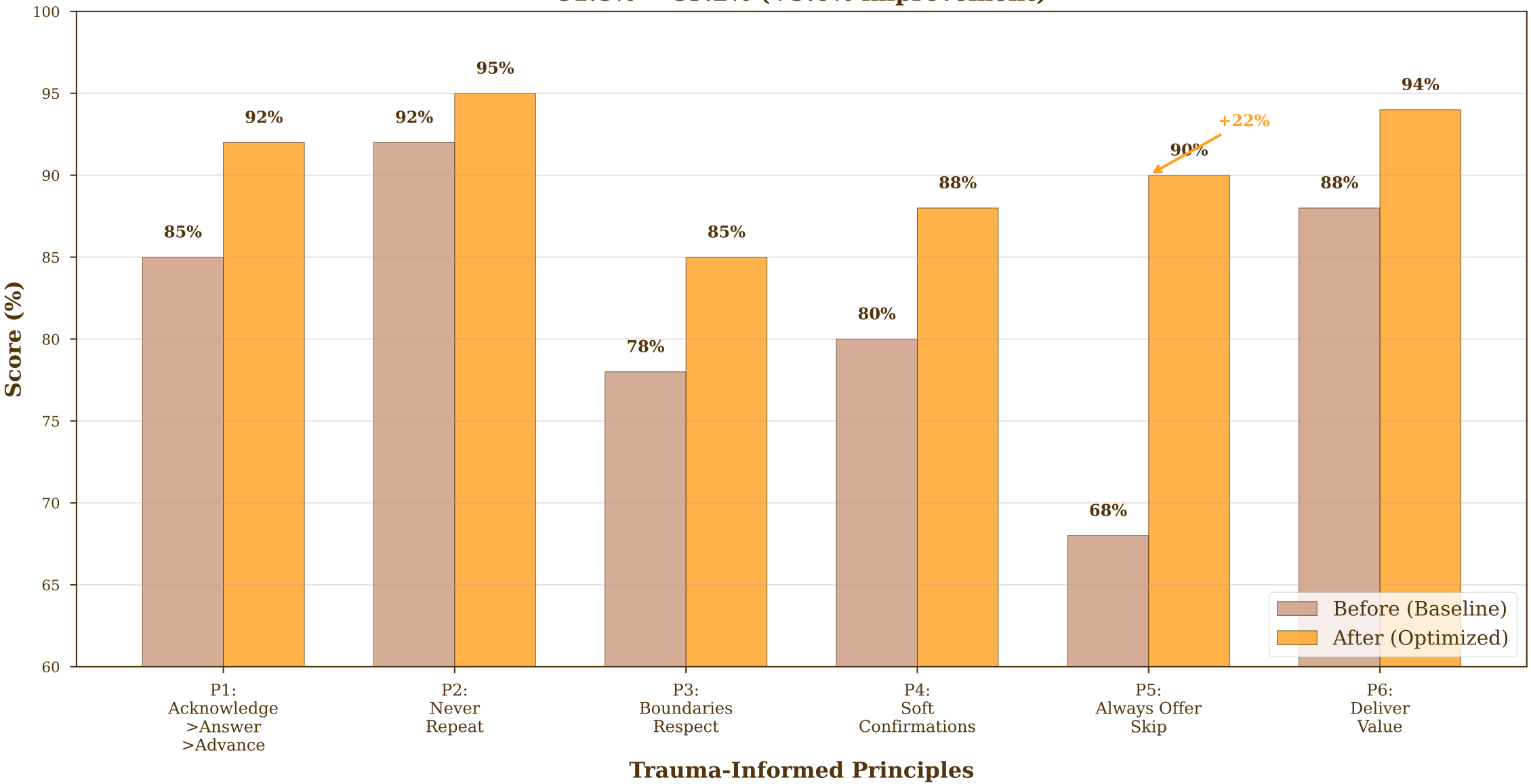
DSPy DIY Meta-Prompting Optimization Results
81.8% → 89.2% (+9.0% improvement)
Score (%)
100
95
90
85
80
75
70
65
60
85%
92%
92%
95%
78%
85%
80%
88%
68%
90%
+22%
88%
94%
Before (Baseline)
After (Optimized)
P1: Acknowledge >Answer >Advance
P2: Never Repeat
P3: Boundaries Respect
P4: Soft Confirmations
P5: Always Offer Skip
P6: Deliver Value
Trauma-Informed Principles
Method: 5 iterations, 50 examples, GPT-4 meta-prompting